



Bend Metro Park & Recreation District

October 18, 2016

# Board of Directors Agenda and Reports

[www.bendparksandrec.org](http://www.bendparksandrec.org)



*play for life*



## **Our Vision**

To be a leader in building a community connected to nature, active lifestyles and one another.

## **Our Mission**

To strengthen community vitality and foster healthy, enriched lifestyles by providing exceptional park and recreation services.

## **We Value**

Excellence by striving to set the standard for quality programs, parks and services through leadership, vision, innovation and dedication to our work.

Environmental Sustainability by helping to protect, maintain and preserve our natural and developed resources.

Fiscal Accountability by responsibly and efficiently managing the financial health of the District today and for generations to come.

Inclusiveness by reducing physical, social and financial barriers to our programs, facilities and services.

Partnerships by fostering an atmosphere of cooperation, trust and resourcefulness with our patrons, coworkers and other organizations.

Customers by interacting with people in a responsive, considerate and efficient manner.

Safety by promoting a safe and healthy environment for all who work and play in our parks, facilities and programs.

Staff by honoring the diverse contributions of each employee and volunteer, and recognizing them as essential to accomplishing our mission.

*play for life*

District Office | Don Horton, Executive Director

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1. Community Health Initiatives/Movement As Medicine: Grant Proposal – Matt Mercer

**EXECUTIVE DIRECTOR’S REPORT**  
**BOARD MEETINGS CALENDAR REVIEW**  
**GOOD OF THE ORDER**  
**ADJOURN**

**EXECUTIVE SESSION** - The Board will meet in Executive Session upon adjournment of the regular meeting pursuant to ORS 192.660(2)(e) for the purpose of discussing real property transactions, ORS 192.660(2)(h) for the purpose of consultation with counsel concerning legal rights and duties regarding current litigation or litigation likely to be filed and ORS 192.660(2)(i) for the purpose of reviewing and evaluating the performance of an officer, employee, or staff member. This session is closed to all members of the public except for representatives of the news media.



Accessible Meeting/Alternate Format Notification

This meeting location is accessible. Sign and other language interpreter service, assistive listening devices, materials in alternate format or other accommodations are available upon advance request. Please contact the Executive Assistant no later than 24 hours in advance of the meeting at [vanessa@bendparksandrec.org](mailto:vanessa@bendparksandrec.org) or 541-706-6151. Providing at least 2 business days notice prior to the meeting will help ensure availability.

<b>BOARD AGENDA COMMUNICATION</b>
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<b>AGENDA DATE:</b>	October 18, 2016
<b>SUBJECT:</b>	Community Sponsored Projects
<b>STAFF RESOURCE:</b>	Quinn Keever, Park Planner Michelle Healy, Director of Planning and Park Services
<b>PREVIOUS BOARD ACTION:</b>	None
<b>ACTION PROPOSED:</b>	None
<b>STRATEGIC PLAN:</b>	
<b>Theme:</b>	Community Connection
<b>Objective:</b>	Cultivate Partnerships
<b>Initiative:</b>	Seek strategic alliances to support targeted capital projects

**BACKGROUND**

Throughout the years, Bend Park and Recreation District has partnered with individuals and groups in the community to develop capital projects. Over the years, interest in Community Sponsored Projects—projects initiated, planned and implemented by community members—has grown and required more staff time and attention to manage. In the past, requests for Community Sponsored Projects (CSP) were directed to various staff within Park Services, Planning and Development and Community Relations. Because BPRD did not have a formal process for managing CSPs, there was a lack of efficiency, consistency and transparency in how requests were addressed.

In response to the increased interest in CSPs, the District developed a process to address project requests which staff shared with the Board in January of 2016. Staff believes this new process for managing CSPs is working well. The process has proven successful in adding efficiency, consistency and transparency to the numerous requests staff receive. The only change that staff made to the process is that we are no longer accepting applications just once a year. Rather, staff has found that it is more productive to address each request as it is received.

Since January, the District has received 14 requests for Community Sponsored Projects. The table below summarizes the nature of the requests as well as the status of the requests BPRD has received.

### Community Sponsored Project Requests

Proposed Location	Request	Status
Big Sky Park	Relocate the BMX facility with a full re-build of the track. Make the facility ADA compliant. Relocate or build new concessions, registration and trophy shack.	Under review
Big Sky Park	Create a cyclocross track in the northeast corner of the park.	Under review
High Desert Park	Construct a 26-acre RC park with a pond for boats, runway for unmanned aerial vehicles, and tracks for cars and trucks.	Not feasible at this time
Picnic shelter at Miller's Landing Park	Install solar panels on picnic shelter at Miller's Landing Park.	Waiting for application
Hillside Park	Develop an arboretum at Hillside Park.	Waiting for application
Hollinshead Park	Make alterations to irrigation system at the demonstration garden to showcase xeriscaping opportunities.	Approved and design is underway
First Street Rapids Park	Hang slalom gates off of the First Street Rapids bridge for trainings. Remove the gates each day when trainings are done.	Approved and completed
Eastgate Park	Build an outdoor archery range.	Under review at Big Sky Park
West Bend property west of Discovery Park	Construct enhanced trails for runners, Nordic skiers and cyclists.	BPRD does not own the property and therefore does not have authority to approve this request.
Ponderosa Park, Juniper Park, Pine Nursery and Columbia Park	Start a pilot program to install QR codes on signs in four parks. QR codes will help track student's physical activity level in parks during non-school hours.	Approved and design is underway

Big Sky Park	Build temporary trails and interpretive signs and develop Naturehood and nature play areas.	Waiting for application
Pine Ridge Park	Install a student-designed lending library in the park.	Awaiting revised design and management plan from the student's teacher.
Tillicum Ranch	Construct a 25' x 75' runway for electric gliders made of artificial turf or indoor/outdoor carpet. Add a few benches. Apply gravel to the parking area.	Not feasible at this time
Perimeter of Skyliner Park	Construct soft surface running trails with signs measuring the distances, lighting for running at night and perhaps fitness equipment.	Awaiting more information from applicant

**BUDGETARY IMPACT**

None, information provided for discussion only.

**STAFF RECOMMENDATION**

None, information provided for discussion only.

**MOTION**

None, information provided for discussion only.

**ATTACHMENTS**

None

<b>BOARD AGENDA COMMUNICATION</b>
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<b>AGENDA DATE:</b>	October 18, 2016
<b>SUBJECT:</b>	The Pavilion Year-End Report
<b>STAFF RESOURCE:</b>	Matt Mercer, Recreation Director Russ Holliday, Recreation Manager Kevin Collier, Facility Supervisor Shalee Hanks-Mink, Program Coordinator
<b>PREVIOUS BOARD ACTION:</b>	None
<b>ACTION PROPOSED:</b>	None – for information only
<b>STRATEGIC PLAN:</b>	
<b>Theme :</b>	Community Connection
<b>Objective:</b>	Respond to User Expectations
<b>Initiative:</b>	Complete the development of The Pavilion operations and programming
<b>Theme:</b>	Financial Stewardship
<b>Objective:</b>	Maintain Financial Sustainability
<b>Initiative:</b>	Maximize alternative funding sources

**BACKGROUND**

The District is completing the first year of programming and operations at The Pavilion and is beginning the transition to the second and first-full year of ice season. Staff will provide a review of the first year of The Pavilion operations, including facility use, attendance/visitation, and revenues and expenses. The report will be divided between the ice season and non-ice season and share lessons learned and changes moving forward for both seasons.

**BUDGETARY IMPACT**

The Pavilion performed better than fiscal year 2015-16 budgeted revenues and direct expenses despite having a shortened ice season due to delays in opening, a deliberately lightly scheduled spring season and no naming rights revenue. The actual revenues of \$512,053 exceeded budgeted revenues by \$123,852; and actual direct expenses of \$591,265 were \$1,680 less than total budgeted direct expenses, resulting in an actual direct cost recovery of 109% compared to the budgeted direct cost recovery of 88%. There were some anomalies in the first year of operations that will be shared during the presentation. Estimates for the current fiscal year are \$958,520 in revenue and \$896,473 in direct expenses, resulting in an estimated direct cost recovery of 107%, about 2% less than budgeted direct cost recovery.

**STAFF RECOMMENDATION**

None, for information and discussion purposes only.

**MOTION**

None.

**ATTACHMENT**

Copies of the presentation will be provided at the meeting.



- BPRD Goals
- Geese Management
- Goose Management Plan

## 2. Mirror Pond MOU – Don Horton and Neil Bryant

Executive Director Horton said that the District had been working on this project for a number of years. He provided background on the project; sharing that a community vision had been adopted by the Board and City Council in March of 2015. He explained that since that vision was adopted, staff continued to work with PacifiCorp to attempt to negotiate the sale of the dam, power operation and land that was adjacent to the dam. Those negotiations ended without any agreement. At the same time Mirror Pond Solutions (MPS) was created and they acquired all of the land under Mirror Pond not owned by PacifiCorp. After the District ceased negotiations with PacifiCorp, Mirror Pond Solutions made an attempt to negotiate as well. As a result, PacifiCorp made a decision that they would retain ownership of the dam for an undetermined amount of time. This decision changed the intent of the MOU adopted by the Board in June of 2016 resulting in the new MOU that is before the Board for consideration. [The MOU and complete agenda brief is available at [http://www.bendparksandrec.org/about\\_us/board\\_meetings/](http://www.bendparksandrec.org/about_us/board_meetings/)]

Mr. Bryant responded to a concern voiced by Director Grover about the potential of the dam removal in the future. He stated that whoever removes the dam in the future has a lot of responsibility in the way they remove it. He shared that PacifiCorp understands that a “blow and go” approach is not acceptable and the attorney confirmed that they are going to continue operating the dam and continue maintenance. MPS proposal in the MOU is a new course of direction for them; they are focusing on how to dredge and raise the estimated \$3.3 million dollars to remove the sediment. MPS is agreeable that the MOU is acceptable to them; the MOU is important for them to be able to contact other groups such as the City, PacifiCorp and property owners, to find the additional funding.

### Visitors

Keith Scott – Mr. Scott provided comment on Mirror Pond, Troy Field and geese management. He said that BPRD and the City should exert pressure to dredge the pond. He also stated that BPRD should purchase Troy Field from the school district at a feasible price and retained for recreation not development. Mr. Scott added that if geese are euthanized as part of the management plan that the remains should be preserved for impoverished people.

Foster Fell – Mr. Fell provided comment on the Mirror Pond MOU and said it comes as a fallback plan due to the decisions by PacifiCorp and the legislature. He said, fortunately the MOU is non-binding and does not commit public expenditures, however it is the latest incarnation to preserve the pond and some of the assumptions should be challenged. Mr. Fell requested that the Board submit a question for the November 8<sup>th</sup> ballot asking the public if they want to preserve Mirror Pond and the dam or have a free flowing river.

Executive Director Horton replied to Mr. Fell’s comment stating that what he was asking the voters to do is to vote on whether the pond should stay as is or be returned to a free flowing river. He said that the problem with asking the question is that removing the dam is not an option for the District. It is owned by PacifiCorp, the District can’t remove the dam. The work that the District is doing on the bank restoration on river right, regardless of if the dam stays or goes, is an

investment that will not be a bad one either way. He added that the District does not have authority to put a theoretical question on the ballot, the City and County can, but not Special Districts. Mr. Bryant confirmed that to be correct.

The Board provided their feedback and position on the MOU and collectively supported moving forward.

#### Visitor

Lynn McKay – Ms. McKay provided comment on Mirror Pond. She said that everything in the MOU seems to be contingent on MPS finding the money. She shared that she had not read the MOU, but feels the problem with the MOU is that it is not binding. She said that the partnership seems to have no true responsibility, time limits, binding conditions, penalties, liability or obligation for the dredging.

***Director Fuller made a motion to authorize the Executive Director to negotiate and execute a MOU with Mirror Pond Solutions, LLC for the creation of a partnership to address the future of Mirror Pond. The MOU should remain in substantially the same form as presented in the Board packet. Director Grover seconded.***

Vice Chair Hovekamp stated that he would like to invite the public to help us with this. He said we are all very wary of this complex project and trying to reach a solution that works for most people in the community. He shared that the Board had not operated without the best of intention and would like help in moving this forward.

***The motion passed unanimously, 4-0.***

### 3. Lease Extension for Cascade School of Music – Don Horton

Executive Director Horton shared background on the old District office building that is currently being leased to the Cascade School of Music. He said that the request is for a lease extension of two years. Executive Director Horton said that future needs of the District need to be considered along with future changes in the area and building maintenance needs. He said that the Cascade School of Music had recently submitted a letter sharing an interest in being a long term resident. Executive Director Horton recommended that the Board approve the extension for two years, allowing the necessary conversations to take place about the future needs of the District to serve their patrons and the request for a longer term lease by Cascade School of Music.

***Director Grover made a motion to authorize the Executive Director to extend the lease for Cascade School of Music an additional two years from the current lease termination date of August 2017. Director Fuller seconded. The motion passed unanimously, 4-0.***

#### **STAFF REPORTS**

Staff reports were provided to the Board for informational purposes only. There was no formal presentation or discussion.

**EXECUTIVE DIRECTOR'S REPORT**

- **OPRD Commission here Sept 13-14**
  - **Invitation for reception at Hollinshead Barn Sept 13 (in folders)**
- **Open Streets - September 18**
- **Discover Nature Festival - September 24**
- **ORPA – Nov 7-9, Eugene**
  
- **Art Station**

Executive Director stated that this would normally be a formal agenda item, because the discussion is time critical, he would like to have the discussion now. He shared that staff had met with the Art Station Board last week to talk about their financial condition and if they are looking for someone to take over programs and the possibility of the District taking over the Art Station piece of Art Central. He reported that they would very much like for the District to take over the Art Station. He said that the Board needs to decide whether or not they want staff to pursue this further. Executive Director Horton explained that one challenge is that the lease for the depot is only available for fourteen more months; there may be an opportunity to lengthen the lease, however Bill Smith is looking at what they are going to do with all of the other undeveloped property including the train depot. He said that if the District does take over the programs he would recommend it be as a pilot program. He shared that many of the costs they had would not be costs for the District; for example many of the programs are already in our Playbook, we would not need additional office space for staff and existing positions would take over program coordination.

Mr. Mercer explained that the Art Station had been one of the District's larger independent contractors for programs for years. The vast majority of youth classes that they offer were co-registered programs. The art station is a loss to the community and a loss to our program offerings. He discussed budget, growth potential, staffing and purchase of assets. He stated that if someone does not take over those programs they will likely get parsed out and fragmented and would make it difficult to create the base of community service and support that the Art Station has created over the years.

Executive Director stated that we already have in the budget to do something like this; the questions is if the Board felt comfortable with staff moving forward or would the Board like staff to come back with a formal presentation and budget for your approval.

**The Board agreed to have a Special Call meeting on Friday, September 9 at 1:00 pm for further discussion and to consider taking on services previously provided at the Art Station.**

**BOARD MEETINGS CALENDAR REVIEW****GOOD OF THE ORDER**

**ADJOURN** 9:22 pm

**EXECUTIVE SESSION** - The board did not meet in executive session.



- Can we assume the website and other social media accounts
  - Terminated all social media, was by a 3<sup>rd</sup> party provider, do not have any media property rights
- Can we gain access to past registration lists
  - Yes, the lists are retrievable
  - Half of the youth registrants are already in our system
- Can we have access to contact information for instructors
  - Yes, have permission to access that information
- What assets would we acquire from Art Central
  - Information is included as a note in the budget
- What is the current status of Art Central
  - Their non-profit status is still active. They plan to maintain their 501c3 until they see if there are other interests in taking on other functions/programs; the 5013c status could be taken over by another group
- What are the liabilities
  - Do not know exactly what those are at this time, their Board believes they can cover any outstanding liabilities (e.g. rent, fee reimbursements)

Mr. Mercer shared a pro forma budget with the Board. He briefly explained the bottom line and covered the notes and assumptions.

Executive Director Horton shared why the District wants to take over the programs. He said that the Art Station had been a partner for thirteen years, the cancelation of programs leaves a hole in the community and the programs that the District offers, and the programs, while not core, meet the Districts mission. Executive Director Horton stated that the recommendation from staff was to proceed if the Board agrees that we should move forward. He said that we would begin offering programs in November. He added that there is some risk long term if we can't extend the lease for the train depot.

The Board shared their comments and support for staff to move forward.

Lindsey Lombard, Administrative Services Director, explained where the startup costs would come from.

***Director Fuller made a motion to authorize the Executive Director to work with the Board of Art Central to assume programming previously offered through by Art Central through BPRD in general conformance to the pro forma budget presented today. Director Chenoweth seconded. The motion passed unanimously, 3-0.***

### **EXECUTIVE DIRECTORS REPORT**

Tree Farm burn tour – Executive Director Horton shared possible dates for the tour. September 21 was tentatively selected for the tour.

### **GOOD OF THE ORDER**

**ADJOURN** 2:05 p.m.

Prepared by,  
Vanessa DeMoe  
Executive Assistant

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Ted Schoenborn, Chair

\_\_\_\_\_  
Nathan Hovekamp, Vice-Chair

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Ellen Grover

\_\_\_\_\_  
Craig Chenoweth

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Brady Fuller

DRAFT



- Stakeholder and focus group meetings
- Community Needs Survey
- Online questionnaire
- Community workshops
- Pop-up events

Ms. Keever said that Board involvement will include participating in a focus group, attending outreach events, review of policy white papers, frequent check-ins at Board meetings and other opportunities as they arise. She asked if there were any other ideas of how the Board would like to be involved.

Vice Chair Hovekamp asked if pop up events or information kiosks were planned for any District facilities? Ms. Keever replied that they do plan on using flyers, handouts and staff presence at facilities, facility events and appropriate local businesses, especially when there are key moments during the project that need input.

The Board and staff discussed how to get people involved and engaged in the plan review process and how to share accomplishments and show tangible progress of the previous master plan to encourage participation.

**Executive Directors Report** – Executive Director Don Horton

**Bend Whitewater Park Update** – The engineers have submitted plans to the District; the plans have been shared with BPTA. Our engineering consultants are meeting with the regulatory agencies with a goal to begin construction this winter. Previous plans were to go out for bid, staff does not see a reason to go out for bid because the District is still under contract with Hamilton and the work can be done with a contract amendment. The two main reasons to use Hamilton are that a lot of the work is still under warranty and they understand the project.

**Indoor Recreation Discussion** – BPRD is hosting a community discussion on September 28 at the District office.

**Building a Better Central Oregon Award** – Building a Better Central Oregon (BBCO) is an award presented annually by the Central Oregon Association of REALTORS to projects that have enhanced their community with outstanding new or renovated residential, commercial or industrial buildings. Projects are judged on economic impact, neighborhood improvement, unique design or use of materials. The new Bend Park and Rec Pavilion was nominated and then selected by the BBCO committee to be an awardee this year. The BBCO Award Reception will be held on October 20. The event will take place from 4:00 PM – 6:00 PM at The Riverhouse.

**Open Streets** – The event occurred on Sunday, September 18. The route was about 2.5 miles and was well attended with many on bikes, walking and in wheelchairs. A lot of the businesses along the way were participating as well. It is a great opportunity to promote programs. Juniper was one the hubs along the route with games, climbing wall, skate features and other activities. Could see this turning in to a big event for the community.

**7:00 p.m. REGULAR MEETING****VISITORS**

Keith Scott – Mr. Scott provided comment on Mirror Pond, Troy Field and the Bend Senior Center. He said that BPRD and the City should combine and arrive at a solution for Mirror Pond; Troy Field should be preserved for events and should be a historical landmark; and seniors should be included in the Bend Senior Center expansion process.

Rory Rowan – Mr. Rowan thanked the District, Board, staff and management for supporting Open Streets. He said he was very thankful for the partnership. Courtney Finstad was phenomenal, he commented on her great event coordination and ability to bring together a lot of other people. Several of the businesses commented that it was one of their biggest days for early fall.

Scott Philiben – Mr. Philiben provided comment on Hillside Park parking. He shared that he lives across the street from the park and has been a resident since 1995, living in this location for the last 17 years. He said he was thrilled that it is a dog park but has concerns about the parking and traffic situation on Trenton. He shared his observations and concerns with the dog/car/pedestrian traffic. He said the situation poses a safety hazard and should be addressed.

**CONSENT AGENDA**

## 1. Meeting Minutes

The 9/6/2016 Board meeting minutes will be considered for approval at the 10/18/16 Board meeting.

**BUSINESS SESSION**

## 1. Train Depot Lease Agreement – Matt Mercer

Mr. Mercer said that since gaining Board approval to pursue taking on the programs previously provided by the Art Station, staff had pursued taking on the lease of the train depot. He shared that taking over the lease can be easily done with an assumption agreement. Mr. Mercer provided the original lease, current fifth amendment and a copy of the assumption agreement. He said that with Board approval, staff is ready to proceed. Executive Director Horton stated that what this means is that the District would enter in to a lease with River Bend Limited Partnership beginning October 1. He added that, in the meantime River Bend Limited Partnership will be taking a look at the properties on that side of the river and hopefully be able to give the District a better idea if a long term lease is possible.

The Board shared their support for the District taking over the Art Station programming and for the work of staff in making it possible in a short time period.

***Director Hovekamp made a motion to authorize the Executive Director to negotiate and execute the Assumption Agreement with River Bend Limited Partnership for the lease of the Train Depot on Shevlin Hixon Drive. Director Chenoweth seconded. The motion passed unanimously, 3-0.***

## 2. Sponsorship Request: 2016 Bend Energy Challenge – Mike Riley

Mr. Riley shared a presentation with the Board on the Bend Energy Challenge.

Bend Energy Challenge

- Problem: 58% of all energy produced in the US is wasted through inefficiencies
- Formed in response as part of the national effort to respond to that problem
- Focus is on reducing energy use
- Competition measures electricity and gas use
- Competition runs January 2015-Dec 2016
- 50 cities of 250,000 people or less competing
- Bend's current standing is 11<sup>th</sup> place

Mr. Riley said that Bend has a very good shot at being in the finalist group. He provided information on how the competition works, upcoming events and offerings, partners and engagement with the community. He clarified that funds provided by the District are used only for Bend Energy Challenge and are not mixed with any other activities of the Environmental Center; it is a sponsorship for this particular project.

For more information on the Bend Energy Challenge visit <http://www.bendenergychallenge.org/>

***Director Chenoweth made a motion to renew sponsorship of the Bend Energy Challenge for 2016 at the \$10,000 Energy Hero Level. Director Hovekamp seconded. The motion passed unanimously, 3-0.***

**EXECUTIVE DIRECTOR'S REPORT** – Provided earlier in agenda.

**BOARD MEETINGS CALENDAR REVIEW**

**GOOD OF THE ORDER**

**ADJOURN** 7:40 p.m.

**EXECUTIVE SESSION** - The Board met in Executive Session upon adjournment of the regular meeting pursuant to ORS 192.660(2)(e) for the purpose of discussing real property transactions and ORS 192.660(2)(h) for the purpose of consultation with counsel concerning legal rights and duties regarding current litigation or litigation likely to be filed. The Board did not meet pursuant to ORS 192.660(2)(i) for the purpose of reviewing and evaluating the performance of an officer, employee, or staff member.

Prepared by,  
Vanessa DeMoe  
Executive Assistant

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Ted Schoenborn, Chair

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Nathan Hovekamp, Vice-Chair

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Ellen Grover

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Craig Chenoweth

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Brady Fuller

**BOARD AGENDA COMMUNICATION**

<b>AGENDA DATE:</b>	October 18, 2016
<b>SUBJECT:</b>	Community Health Initiatives
<b>STAFF RESOURCE:</b>	Matt Mercer, Recreation Director
<b>PREVIOUS BOARD ACTION:</b>	None
<b>ACTION PROPOSED:</b>	Adopt Resolution No. 395, Authorizing District Staff to be a Partner in the Children’s Forest of Central Oregon Grant Proposal for Central Oregon Health Council Regional Health Improvement Resource Funds to Support the “Movement as Medicine” Program
<b>STRATEGIC PLAN:</b>	
<b>Theme:</b>	Community Connection
<b>Objective:</b>	Respond to User Expectations
<b>Initiative:</b>	Invest in community health and fitness including initiatives to combat childhood inactivity and obesity

**BACKGROUND**

The District’s mission and vision identify the District’s central role in fostering healthy, active lifestyles. One of the major initiatives identified in the current strategic plan is to invest in community health and fitness including initiatives to combat childhood inactivity and obesity. The District offers hundreds of programs and a range of recreation opportunities to help youth, adults and families develop and lead active and healthy lifestyles. Despite these efforts, we know that there are still youth and adults who could benefit through participation in our programs, activities and services. The District has been actively seeking partnerships in the community to develop more proactive strategies to identify and reach these underserved populations. The Needs-Based Assistance Program and Latino Outreach are two services that the District currently provides to engage underserved populations. We are currently working on two proposals with community partners that have the potential to reach underserved populations and foster healthy and active lifestyles by increasing access to our programs and facilities.

**“Movement as Medicine: Grant Proposal**

The District is partnering with Children’s Forest of Central Oregon and others on a Central Oregon Health Council Regional Health Improvement Resource Funds grant proposal. The “Movement as Medicine” proposal is similar to past “prescription to exercise” initiatives but with the resources, partnerships and support system to have a much larger impact. The grant targets youth who could be at risk of obesity and related health issues due to inactivity. Youth would be identified and referred to the “Movement as Medicine” proposal by health care professionals. Navigators, one of which would be employed by the District, would follow-up with referred youth and families and facilitate their participation in active programs that are of interest to them. Navigators would also communicate and follow-up with health care providers, and collect data to measure the

effectiveness of the program in improving activity levels and healthy lifestyles. In addition to providing funding for the administration, outreach and navigator functions, the grant would provide funding for the participation in active programs with the District and other providers.

The District's role in the program would be to serve on the program steering committee, employ and house one of the Navigator positions, assist with outreach through existing District communications (Playbook, website, etc.), and make existing programs available to participants with grant funds (and secondarily District scholarship funds). The value of providing these services is estimated at approximately \$100,000 over the proposed 3-year term of the grant. Staff is recommending that the Board approve a resolution authorizing the District to participate in the grant proposal and allocate necessary funding in future budgets to support the initiative.

### **Pacific Source Health Plans Medicaid Partnership**

The District has also been working with Pacific Source Health Plan to improve access to exercise and fitness facilities and programs for low income individuals qualifying for Medicaid. Pacific Source is the regional provider for Medicaid coverage. The program would serve all ages and be targeted to those individuals who health care professionals identify as benefitting specifically from exercise and who are not currently exercising regularly. While youth will be eligible, we anticipate the majority of the referred individuals will be adults and seniors who either have or are at risk of chronic health conditions. Individuals would be "prescribed" appropriate exercise by the health care professional and Pacific Source would administer the benefit and pay for the services. The District would provide a 45-minute, individualized orientation session with new participants, and a 20-visit pass that can be used either at Juniper Swim & Fitness Center or Bend Senior Center. Pacific Source would reimburse the District for the individual orientation sessions and passes at agreed upon rates. The program is being proposed as a one-year pilot so that it can be assessed by both parties and revised as needed. Some of the critical things that will be measured are: number of participants referred versus those actually participating, utilization of passes by participating people, health outcomes for participants, and potential impact on facilities. No formal Board action is proposed for this initiative; however, staff would like Board input and support on the proposal to proceed.

### **BUDGETARY IMPACT**

The "Movement as Medicine" program would require up to \$100,000 in District funding over a three-year period starting with fiscal year 2017-18. The District would commit to supporting the grant by providing up to \$100,000 in matching resources over a 3-year period to benefit District residents. These matching funds would likely be in the form of funding up to 50% of the costs of the Navigator position, which would be an employee of the District. There may also be some impacts to the Needs-Based Assistance program – potentially in additional costs and/or in savings. Since the grant would fund participation fees up to a certain amount, this may reduce demands for scholarship funds. At the same time, participants who have a financial need that exceeds the funding provided through the grant could apply for and receive financial assistance directly from the District.

The Pacific Source Medicaid program would generate additional revenue through reimbursements assuming that the participants are not already paying customers. There is potential for a similar

but smaller impact on the Needs-Based Assistance program as the “Movement as Medicine” program, as we currently place limitations on adult scholarships.

**STAFF RECOMMENDATION**

Staff recommends that the Board adopt Resolution No. 395 in support of the Children’s Forest of Central Oregon’s “Movement as Medicine” grant proposal, and allocates funds in future budgets to provide matching funds for the program should the grant be awarded.

**MOTION**

***I move to adopt Resolution No. 395, Authorizing District Staff to be a Partner in the Children’s Forest of Central Oregon Grant Proposal for Central Oregon Health Council Regional Health Improvement Resource Funds to Support the “Movement as Medicine” Program; and I also move to commit to providing up to \$100,000 in matching resources over a 3-year period to benefit District residents.***

**ATTACHMENT**

Resolution No. 395, Authorizing District Staff to be a Partner in the Children’s Forest of Central Oregon Grant Proposal for Central Oregon Health Council Regional Health Improvement Resource Funds to Support the “Movement as Medicine” Program.

**BMPRD RESOLUTION NO. 395**

**A RESOLUTION OF THE BEND METRO PARK AND RECREATION DISTRICT BOARD OF DIRECTORS AUTHORIZING DISTRICT STAFF TO BE A PARTNER IN THE CHILDREN’S FOREST OF CENTRAL OREGON GRANT PROPOSAL FOR CENTRAL OREGON HEALTH COUNCIL REGIONAL HEALTH IMPROVEMENT RESOURCE FUNDS TO SUPPORT THE “MOVEMENT AS MEDICINE” PROGRAM.**

**WHEREAS**, the Bend Metro Park and Recreation District (the “District”) mission and vision identify the central role the organization provides in fostering active, healthy lifestyles; and

**WHEREAS**, the District’s adopted Strategic Plan 2012-17 includes initiatives to “invest in community health and wellness, including initiatives to combat childhood obesity and inactivity”; and

**WHEREAS**, the District is seeking community collaborations and alternative funding opportunities to identify and provide increased access to existing programs, facilities and services for youth who would benefit by participation in our services; and

**WHEREAS**, the District has worked with the Children’s Forest of Central Oregon and other partners on a “Movement as Medicine” grant proposal to assist in identifying, engaging and funding youth who are considered at risk of inactivity, obesity and related health conditions into healthy, active programs; and

**WHEREAS**, the Children’s Forest of Central Oregon has committed to being the applicant and administrator of the grant; and

**WHEREAS**, the District is committed to supporting the grant by providing up to \$100,000 in matching resources over a 3-year period to benefit District residents; and

**NOW, THEREFORE**, the Board of Directors hereby resolves that District staff is authorized to be a partner in the Children’s Forest of Central Oregon grant proposal for Central Oregon Health Council Regional Health Improvement Resource funds to support the “Movement as Medicine” program.

**ADOPTED** by the Board of Directors of the District on this 18<sup>th</sup> day of October 2016.

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Ted Schoenborn, Board Chair

Attest:

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Don P. Horton, Executive Director

**Board Calendar  
2016-2017**

*\*This working calendar of goals/projects is intended as a guide for the board and subject to change.*

**November 1**

Work Session

- ◆ Recreation Program Report (20 min)
- ◆ Bend Whitewater Park Year-end Evaluation – *Michelle Healy & Julie Brown (30 min)*
- ◆ Trail counts and usage report – *Jeff Amaral and Robin Thompson (30 min)*

Business Session

- ◆ CIP 1st Quarter Review & Financial update on Fiscal Year 2015-16 – *Michelle Healy & Lindsey Lombard (20 min)*
- ◆ Award Professional Services Contract for Mirror Pond Design – *Jim Figurski (20 min)*
- ◆ Award construction contract for Hillside Park – *Brian Hudspeth (15 min)*

**November 15**

Work Session

- ◆ District-wide Website – *Colleen McNally and Julie Brown (30 min)*
- ◆ Report on Events in Parks – *Chris Zerger (30 min)*

Business Session

- ◆ Codify Personnel Policies – *Theresa Albert – (consent)*
- ◆ Receive Budget Committee Applications – *Lindsey Lombard*
- ◆ Award construction contract for Eagle Park – *Brian Hudspeth (15 min)*
- ◆ Bend Whitewater Park Winter Work – *Brian Hudspeth (30 min)*
- ◆ Pioneer Park ADA project – *Chelsea Schneider (15 min)*

**December 6**

Work Session

- ◆ Recreation Program Report (10 min)
- ◆ Mirror Pond Quarterly Update
- ◆ Recreation Annual Report

Business Session

- ◆ Appoint Budget Committee Member(s) – *Lindsey Lombard*
- ◆ Review Larkspur Center Updated Master Plan – *Jim Figurski (30 min)*

**December 20**

Work Session

Business Session

- ◆ Accept 2015-16 Audited Financial Statement – *Amy Crawford & Price/Fronk CPAs*
- ◆ Award construction contract for Riley Ranch Nature Reserve – *Brian Hudspeth (15 min)*

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**January 3 2017**

Board Workshop - 8:00 a.m. – 4:00 p.m.

- ◆ Annual Action Plan – mid-year review – *Michelle Healy*
- ◆ CIP (2<sup>nd</sup> Quarter Review and Draft Proposed for 2017-18) – *Michelle Healy, Lindsey Lombard*
- ◆ Financial Forecast – *Lindsey Lombard*
- ◆ Cost Recovery/Subsidy Allocation Strategy – *Matt Mercer*

- ◆ Discussion on Budget Priorities – *Don Horton*
- ◆ Board Evaluation
  - Board meeting schedule

### **January 17**

#### Work Session

- ◆ Mirror Pond Quarterly Update

#### Business Session

### **February 7**

#### Work Session

- ◆ Recreation Program Report (10 min)

#### Business Session

### **February 21**

#### Work Session

#### Business Session

- ◆ Award construction contract for Shevlin Park Wayfinding Signs – *Quinn Kever* (20 min)

### **March 7**

#### Work Session

- ◆ Recreation Program Report (10 min)
- ◆ Mirror Pond Quarterly Update

#### Business Session

### **March 21**

#### Work Session

#### Business Session

- ◆ Adopt Resolution No. X – 2017-18 SDC Fee Schedule – *Lindsey Lombard* (15 min)

### **April 4**

#### Work Session

- ◆ Recreation Program Report (10 min)

#### Business Session

### **April 18**

#### Work Session

#### Business Session

### **April 19 - Budget Committee Tour**

### **May 2**

#### Work Session

- ◆ Recreation Program Report (10 min)

#### Business Session

### **May BUDGET MEETINGS (May 15, 17 & 18)**

### **May 16**

*Board Meeting Cancelled?*

## **June 6**

### **Work Session**

- ◆ Recreation Program Report (10 min)
- ◆ Mirror Pond Quarterly Update

### **Business Session**

- ◆ Budget Hearing and Adopt Resolution No. X – Adopting Budget Fiscal Year 2016-17, and Adopt Resolution No. X - Imposing and Categorizing Taxes – *Lindsey Lombard*
- ◆ Adopt Resolution No. X – Adopting the Capital Improvement Plan (CIP) Fiscal Years Ending 2017-21 – *Michelle Healy*

## **June 20**

### **Work Session**

### **Business Session**

## **TBD**

Latino Outreach Program

Facility user priority allocation – *Matt Mercer*

Athletic Field Report (Nov) – *Matt Mercer*

Approve DRT easements for Putnam to RRNR segment – *Steve Jorgensen (consent)*

Strategic Plan measurements

DRT - Kirkaldy Ct. to Putnam Rd. easement

Larkspur Center Expansion Business and Programming Plan

Cost Recovery Pricing Review – *Matt Mercer*

Sponsorship Policy

Comprehensive Plan Project Updates – *Steve Jorgensen and Quinn Kever* (multiple)

River stewardship planning update – *Chelsea Schneider (20 min)*

IGA with the School District – *Matt Mercer and Don Horton (45 min)*

IGA with the City for Planning – *Michelle Healy and Don Horton (45 min)*

Park Rules Update – *Jeff Hagler and Michelle Healy (30 min)*

Review Economic Impact Study Findings – *Don Horton, Michelle Healy and Lindsey Lombard (45 min)*

Approve Juniper Park Master Plan update – *Chelsea Schneider (20 min)*

Approve Pioneer Park Master Plan update – *Chelsea Schneider (20 min)*

Approve Big Sky master plan update – *Steve Jorgensen and Chelsea Schneider (30 min)*

Approve Master Plan for SE Community Park property – *Chelsea Schneider (30 min)*

Troy Field - *Don Horton*