



SOCIAL ACTIVITY SCHEDULE

JUNE 2026 - SOCIAL FEE OR PASS REQUIRED

Monday:

10:00 am - 2:00 pm Social Bridge
 12:00 - 6:00 pm Pool/Billiards
 12:30- 4:00 pm Mexican Train

Tuesday:

9:00 am - 10:30 am *No Super Tuesday Brunch this month. Join us for the annual Health Expo instead!*
 9:00 am - 12:00 pm Pool/Billiards
 10:30 am - 2:30 pm High Desert Rug Hookers
 12:00 - 1:30 pm Lunch & Learn (Sep through May)*
 12:00 - 4:00 pm Mah Jongg Players
 1:00 - 3:00 pm Knitters Social
 1:00 - 5:00 pm Larkspur Stitchers

Wednesday:

9:00 am - 12:00 pm Pool/Billiards—**NEW TIME**
 9:30 - 10:30 am Blood Pressure Checks (1st Wed)*
 10:00-11:00 am ABC&Ds of Medicare (4th Wed)*
 10:00 - 11:00 am Library Book Club (3rd Wed)* - OPEN
 11:00 am - 12:30 pm Tech Troubleshooting (3rd Wed)*
 1:00 - 3:30 pm Wednesday at the Movies*
 2:00 - 4:00 pm Yesterday's Tunes

Thursday:

9:00 am - 12:00 pm Pool/Billiards
 8:30 am - 3:00 pm AARP Smart Driver Course (4th Thurs)*
 11:00 am - 12:30pm Senior Planet Tech** (1st Thurs) NEW
 12:00 - 4:00 pm Mah Jongg Players
 12:00 - 1:30 pm Connection Café (3rd Thurs)*
 11:00 am - 12:30pm Senior Planet Tech** (4th Thurs) NEW

Friday:

10:00 am - 2:00 pm Social Bridge
 12:00 - 6:00 pm Pool/Billiards
 12:30 - 3:30 pm Pinochle
 1:00 - 3:00 pm Textile Arts Mixer

THINGS TO KNOW

- All games are played for fun. Absolutely NO money is to be exchanged.
- Scan your monthly full access pass or social pass, or pay a daily drop-in fee.
- Starred items (*) do not require a facility pass or drop-in fee.
- Double starred items (**) require free registration.

SCHEDULE SUBJECT TO CHANGE

Larkspur Community Center
 1600 SE Reed Market Road
 bendparksandrec.org
 541-388-1133



play for life

LIVE WELL AGE WELL EXPO

FREE

presented by
Bend Park & Recreation District

**Tuesday, June 9
11:00 a.m. - 2:00 p.m.**

Free event

at

**The Pavilion
in Bend**

1001 SW Bradbury Way

**Free community
BBQ lunch**

12:00 - 2:00 p.m.

Live performance by
Bend Ukulele Group
at 12:00 p.m.

Free 15-minute
exercise classes by
BPRD instructors

Over 50 health
and wellness providers



- Blood pressure checks, vein screenings, grip strength testing and balance assessments
- Shoulder & neck massages and spinal health screenings
- Support services for veterans
- Hearing evaluations and mobile dental care
- Experts on dementia, stroke, Parkinson's Alzheimer's and more
- Senior living options, at-home care providers, and home health and hospice agencies
- Medical insurance specialists
- Nutritional education, healthy food samples and cooking demonstrations
- Housing support services
- Gift certificates, raffles and lots of free swag!

Presenting Sponsors



For more information, visit
bendparksandrec.org/events
or call (541) 389-7275



play for life



Travel the World

Learn about upcoming travel opportunities with **PREMIER WORLD DISCOVERY**

West Virginia Rails & Williamsburg • New Orleans Holiday
Highlights of Italy's Amalfi Coast • Historic Savannah and Charleston
Discover Japan by Bullet Train • Alpine Swiss Villages and Rails
Black Hills, Badlands and Mt. Rushmore
New England Rails and Trails • French Riviera Explorer
Montreal and Quebec Holiday

Informational Session
Wednesday, June 17 from 2:00-3:00 p.m.
Larkspur Community Center, Classroom A

This presentation is free. Absolutely no commitment required.

FOR MORE INFORMATION CALL
LARKSPUR COMMUNITY CENTER
(541) 388-1133



play for life



FREE!

Technology Time

IN PARTNERSHIP WITH THE DESCHUTES PUBLIC LIBRARY

TECHNOLOGY TROUBLESHOOTING (drop-in)

Third Wednesdays from 11:00am - 12:30pm

One-on-one help with devices and digital questions. Bring in your smart phone, laptop, tablet or watch and a DPL staffer will help you troubleshoot. Sessions available on a first come first served basis for up to 20 minutes per person.

SENIOR PLANET (workshops) **NEW!**

First Thursdays, 11:00am - 12:30pm or
Fourth Thursdays, 2:00 - 3:30pm

Engaging, structured learning opportunities on various topics to help older adults build confidence and independence with technology. Topic changes monthly, with two dates/times to choose from. **Space limited; registration required.**

Visit deschuteslibrary.org/calendar/ and search by workshop title to register for free.



play for life

Larkspur Community Center
Questions? Call (541) 388-1133
bendparksandrec.org



Bend Park &
Recreation
DISTRICT



DESCHUTES PUBLIC
LIBRARY

wednesday afternoon at the movies

FREE

Wednesdays at 1:00 pm
Larkspur Multi-purpose Room

1:00
pm



June 3

80 For Brady (2023)

Starring: Lily Tomlin, Jane Fonda, Rita Moreno, Sally Field, Tom Brady
Rated PG-13, Run time: 1h 38m

Four best friends, who live life to the fullest despite every challenge, take a wild trip to the Super Bowl to see their hero, American football star Tom Brady, play.

June 10

Bob Trevino Likes It (2025)

Starring: Barbie Ferreira, John Leguizamo
Rated PG-13, Run time: 2h 42m

When lonely 20-something Lily Trevino accidentally befriends a stranger online who shares the exact same name as her own self-centered father, encouragement and support from this new Bob Trevino could change her life for the better. Inspired by a true story.



For more information call 541.388.1133
Larkspur Community Center

june movies

(continued)



June 17

Secondhand Lions (2003)

Starring: Michael Caine, Robert Duvall, Haley Joel Osment

Rated PG, Run time: 1h 51m

Fourteen-year-old Walter Caldwell's irresponsible mother Mae sends him to live with his bachelor uncles, Hub and Garth, so that she can go on yet another husband-hunting trip.



June 24

Project Hail Mary (2026)

Starring: Ryan Gosling, Sandra Hüller, James Ortiz
Rated PG-13, Run time: 2h 40m

Science teacher Ryland Grace wakes up on a spaceship with no recollection of who he is or how he got there. As his memory returns, he begins to uncover his mission: solve the riddle of the mysterious substance causing the sun to die out.



play for life

Out To Lunch Bunch

**SIGN UP
TODAY!**

A fun social outing for adults 60+



Get out of the house, connect with your peers and socialize over some good eats!

Enjoy various cuisines, from ethnic to exotic to down-home cooking, all in one location. We will visit a different food cart location each month. Roundtrip transportation from Ponderosa Park (Wilson Ave entrance) included. Lunch is paid on your own. Space is limited; registration required.

For more information, visit:
bendparksandrec.org
Questions? Call (541) 388-1133



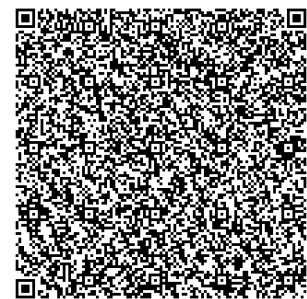
**Monthly
11:30am-1:30pm**

June 4
(Activity #102531-03)

July 13
(202530-02)

August 10
(202530-03)

\$6.00 ID / \$ 7.20 OD



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REGISTER
TODAY!

learn to play bridge

Program: 202204

Fee: \$119 ID \$142 OD

Dates: Th 6/17–7/22 12:00 - 2:00 pm

Bridge is a popular pastime for casual enthusiasts and diehard competitors alike. In this multi-session course for beginners, participants learn the fundamentals including the game objective, play of the hand, bidding methods and conventions and basic defensive strategies. By course's end, participants have enough knowledge and hands-on practice to join novice level bridge games. Instructor: Steve Puchli.



To register:

Scan QR code above, visit
bendparksandrec.org, or
call 541-389-7275.

For more information, visit
bendparksandrec.org
Questions? Call (541) 706-6235



play for life



Cooking & Baking

MAY & JUNE 2026

REGISTER
TODAY!

Plant-Based Spring Dishes For Everyone

Program: #102227

Date: Tue 5/12 from 5-7pm

Fee: \$89 ID / \$106.80 OD

Come discover delicious dishes without meat or dairy. This demonstration class brings you seasonal favorites made entirely from wholesome, plant-based ingredients such as vegetables, whole grains, legumes, tofu and nuts.

Flavor Fundamentals For Home Cooks

Program: #102327

Date: Sat 6/6 from 2-4pm

Fee: \$89 ID / \$106.80 OD

Discover the five key flavors that bring balance and depth to any dish and learn how to build “umami” with everyday ingredients. In this demonstration class, we’ll explore how to create vibrant flavors beyond herbs and spices and use them effectively in entrees, soups, salads and vegetable dishes.

Festive Summer Tarts

Program: #202244

Date: Sat 6/20, 10am-12pm

Fee: \$84 ID / \$100.80 OD

Join us for a hands-on dessert class where you'll learn how to create festive tarts from scratch that are perfect for 4th of July and other summer celebrations.

Tasty Tiramisu

Program: #202243

Date: Sat 6/27, 10am-12pm

Fee: \$84 ID / \$108.80 OD

Discover the secrets behind a classic Italian favorite in this hands-on tiramisu workshop and leave with confidence to recreate this elegant, crowd-pleasing dessert at home—from baking the ladyfingers from scratch to expertly layering the mascarpone filling and dusting with cocoa. Yum!

play for life



Register at bendparksandrec.org

Questions? Call (541) 388-1133

summertime glass arts

REGISTRATION
NOW OPEN!

No experience necessary; all tools and supplies provided.
All classes taught by local artist Jessica Carleton.



Mosaic Garden Stake (102425)

Saturday, 5/30 from 12:00-3:00pm

\$99.00 ID / \$118.80 OD

Create colorful art for your garden or houseplants while learning the basics of working with stained glass as a mosaic element. Each finished stake is a unique piece ready to display.



Stained Glass Mosaic Bird Bath (202424)

Saturday, 6/27, from 10:00am-3:00pm

\$129.00 ID / \$154.80 OD

Welcome feathered friends with a handmade mosaic bird bath. Starting with a terra cotta plant saucer, plan a simple design and bring it to life with colorful stained glass, creating a truly unique piece you won't find in any store.

Register online: bendparksandrec.org

Questions? Call (541) 388-1133

play for life


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WEDNESDAY LARKSPUR LIBRARY BOOK CLUB

**Wednesday,
June 17
10:00 a.m.**

LARKSPUR
COMMUNITY CENTER
1600 SE Reed Market Rd
Bend



DESCHUTES PUBLIC
LIBRARY

Questions? Email:
paigeb@deschuteslibrary.org

Connection Café

NEW!

**A welcoming and compassionate space
for supportive conversations about
illness, death and grief**

Are you living with or caring for someone facing a chronic or serious illness?

Are you a caregiver in need of a space to reflect and recharge?

Are you grieving and seeking compassionate support and understanding ears?

Connection Café offers:

- *Meaningful connections and a sense of community*
- *Opportunities to share and engage with others navigating similar experiences*
- *Guidance to help identify personal strengths*
- *Assistance connecting with valuable resources in Central Oregon*

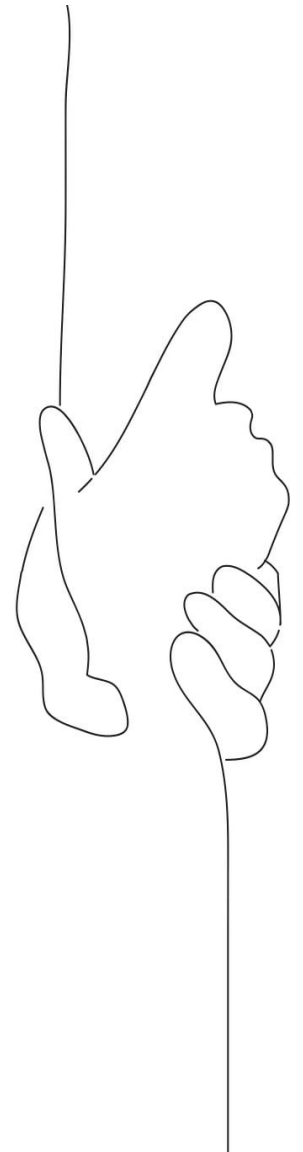
You're welcome to attend every month or drop in whenever you feel the need for connection and support. We look forward to seeing you there!

Facilitated by the Peaceful Presence Project

EVERY THIRD THURSDAY

12:00-1:30 PM

Larkspur Community Center, Room 3



**Larkspur Community Center
Home of the Bend Senior Center**
Questions? Call (541) 388-1133
bendparksandrec.org

WHAT?



CONNECTION CAFÉ



75 CAFES HELD ACROSS SEVEN SITES

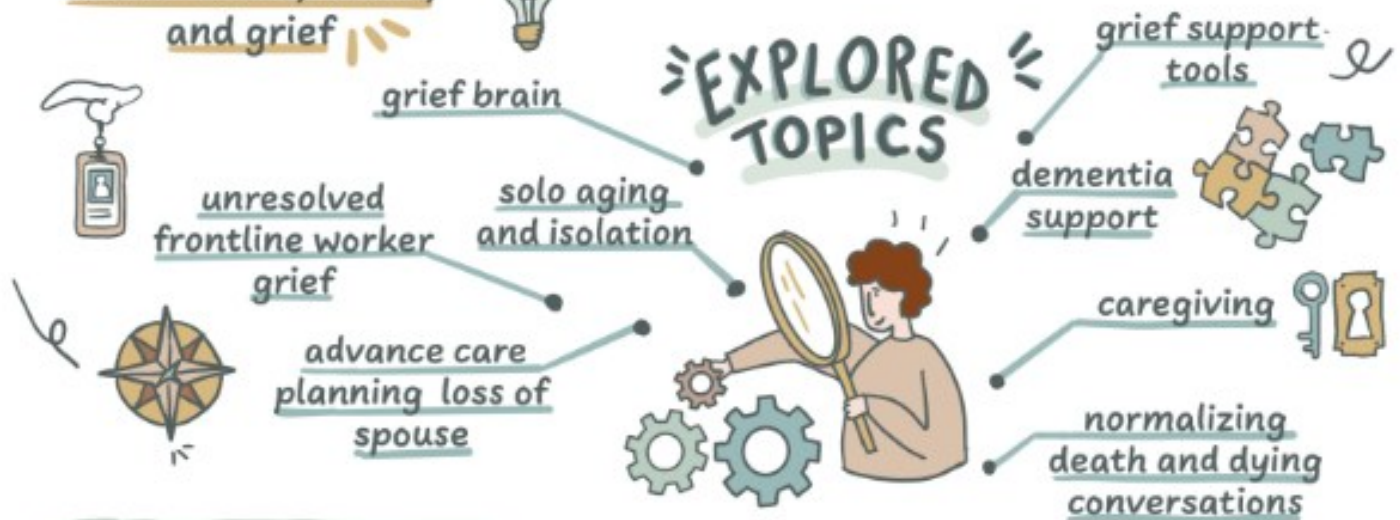
PARTICIPANTS AGE: 32 TO 89 YEARS OLD



a welcoming and compassionate space for supportive conversations about illness, death, and grief



EXPLORED TOPICS



"I don't want to rely on one person to discuss my grief with - I attend to be in community with others 'who get it.'" -KJ

"I appreciated the opportunity to be with others, even when we were falling apart." -CD

"I thought I had my end of life planning figured out. I learned I had barely scratched the surface!" -TJ

"My father's overall mood improved after attending the cafes and making connections it gave him something to look forward to." -MT

"The learning between the griever and non-grievors that took place was really powerful." -KP

IMPACT



peaceful presence

Yesterday's Tunes

A listening journey

Wednesdays
2:00 - 4:00pm

Larkspur
Senior Lounge

**REQUESTS
ENCOURAGED!**



Come spend the afternoon with other music lovers, listening to the songs you grew up with on the radio! Reminisce about special memories and moments in time, socialize with others or enjoy a good jigsaw puzzle. It's casual and fun. Drop by for just a few tunes or stay the whole time.

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