



SOCIAL ACTIVITY SCHEDULE

February 2026 - Basic Fee or Pass Required

Monday:

10:30 am - 2:00 pm Social Bridge
12:00 - 6:00 pm Pool/Billiards
12:30- 4:00 pm Mexican Train

Tuesday:

9:00 am - 10:30 am Super Tuesday Brunch (2nd Tues)*
9:00 am - 12:00 pm Pool/Billiards
10:00 - 11:30 am Robin's Book Club (3rd Tues.) - FULL
10:30 am - 2:30 pm High Desert Rug Hookers
12:00 - 1:30 pm Lunch & Learn (Sep through May)*
12:00 - 4:00 pm Mah Jongg Players
1:00 - 3:00 pm Knitters Social
1:00 - 5:00 pm Larkspur Stitches

Wednesday:

10:00-11:00 am ABC&Ds of Medicare (4th Wed)*
10:00 - 11:30 am Cardinals Book Club (2nd Wed.) - FULL
9:30 - 10:30 am Blood Pressure Checks (1st Wed)*
12:00 - 6:00 pm Pool/Billiards
1:00 - 3:30 pm Wednesday at the Movies*
2:00 - 4:00 pm Yesterday's Tunes

*NO Library Book Club or Tech Troubleshooting
this month—both will return in March.*

Thursday:

9:00 am - 12:00 pm Pool/Billiards
8:30 am - 3:00 pm AARP Smart Driver Course (4rd Thurs)*
12:00 - 4:00 pm Mah Jongg Players
12:00 - 1:30 pm Connection Café (3rd Thurs)
2:30 - 4:30 pm Larkspur Sock Hop (3rd Thurs) - **NEW!**

Friday:

10:30 am - 2:00 pm Social Bridge
12:00 - 6:00 pm Pool/Billiards
12:30 - 3:30 pm Pinochle
1:00 - 3:00 pm Textile Arts Mixer

THINGS TO KNOW

- Schedule is subject to change.
- All games are played for fun. Absolutely NO money is to be exchanged.
- Scan your monthly full access pass or social pass, or pay a daily drop-in fee.
- Starred items (*) do not require a facility pass or drop-in fee.

Larkspur Community Center
1600 SE Reed Market Road
bendparksandrec.org
541-388-1133



play for life



**TICKETS
ON SALE
FEB. 1**

St. Patrick's Day dinner & dance

Larkspur Community Center, 1600 SE Reed Market Rd, Bend

**Come dance with us & enjoy a traditional Irish buffet dinner
prepared by the chef at Whispering Winds Retirement,
featuring corned beef and cabbage and all the "fixin's."
Live music by the The Notables.**

**Friday, March 13
5:00 - 8:00 p.m.**

Tickets on sale at reception desk or
online at register.bendparksandrec.org or
via QR code:



For more information, visit
bendparksandrec.org/events
or call 541-389-7275

**Tickets available Feb. 1
\$15.00 pre-sale
\$20.00 at the door, if available**

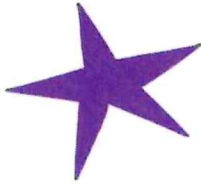
**Doors open: 4:30 p.m.
Dinner served: 5:00 - 6:00 p.m.
Dancing: 6:00 - 8:00 p.m.**



play for life

BPRD PRESENTS

LARKSPUR Sock Hop



**THIRD
THURSDAYS**

FIRST ONE ON 2/19!

**2:30 -
4:30 PM**

A casual, monthly dance party
with DJ Tim Ream

LARKSPUR MULTI-PURPOSE ROOM

Larkspur Community Center
bendparksandrec.org
541-388-1133



play for life

wednesday afternoon at the movies

FREE

Wednesdays at 1:00 pm
Larkspur Multi-purpose Room

1:00
pm



February 4

The Naked Gun (2025)

Starring: Liam Neeson and Pamela Anderson
Rated PG-13, Run time: 1h 25m

Only Lt. Frank Drebin Jr. (Liam Neeson) has the particular set of skills to lead Police Squad and save the world! He's following in his father's footsteps in this slapstick reboot of the original 1988 film based on the TV show Police Squad!.

February 11

Sister Act (1992)

Starring: Whoopi Goldberg, Maggie Smith, Harvey Keitel
Rated PG, Run time: 1h 36m

Whoopi Goldberg stars in this two-time Golden Globe nominee. A sassy singer is forced to hide out in a convent.



For more information call 541.388.1133
Larkspur Community Center

february movies

(continued)

1:00
pm

FREE

February 18

Best in Show (2000)

Starring: Christopher Guest, Gene Levy, Catherine O'Hara, Parker Posey, Jennifer Coolidge, Fred Willard

Rated: PG-13, Run time: 1h 26m

Witty mockumentary with a Golden Globe nod. The fur flies at a prestigious Philadelphia dog show.



February 25

Song Sung Blue (2025)

Starring: Hugh Jackman and Kate Hudson

Rated PG-13, Run time: 2h 12m

Based on a true story, Mike and Claire are two down-on-their-luck musicians who prove that it's never too late to find love and follow your dreams. They form a Neil Diamond tribute band called Lightning and Thunder, rising from dive bar gigs to unexpected hometown stardom.

lunch and learn

Tuesdays • 12:00 - 1:30 pm
Co-presented with **PacificSource**

local experts share their knowledge
about topics important to you

*Bring a brown bag lunch; dessert
and coffee are on us. This series
is free and open to the public.*

FREE

FEBRUARY 2026

February 3

Tea Strainers from Around the World

Marcia Morgan, collector

This one is for travelers, tea lovers and anyone interested in collecting curios! Marcia owns the largest tea strainer collection in the world (over 400) and has shown them in two museums. The strainers and infusers were collected during her travels to destinations including China, Japan, Africa, Europe, Bali and more, and range from 200 years old to modern day. *In collaboration with Deschutes Public Library.*



February 10

Heart Health from the Inside Out: A Prevention-First Approach

Gregory Lang, PA-C, MCHS, clinical lead of the Summit Health Cardiometabolic Clinic

Join us for an interactive, roundtable-style session exploring what truly supports long-term heart health. Drawing on clinical cardiology experience and evidence-based prevention principles, this presentation connects the dots between cardiometabolic health, movement, nutrition, sleep, and everyday lifestyle habits. The discussion will highlight modern approaches to understanding cardiovascular risk, along with realistic, sustainable ways to build more movement into daily life. Come ready to listen, ask questions, and leave with a clearer picture of how small, consistent choices can make a meaningful difference in protecting and strengthening heart health at any stage of life. *This presentation is part of BPRD's Heart Health Week series.*

Larkspur Community Center—
Home of the Bend Senior Center
bendparksandrec.org

Questions? Call (541) 706-6235



play for life

lunch and learn

Tuesdays • 12:00 - 1:30 pm
Bend Senior Center
Co-presented with PacificSource

FREE

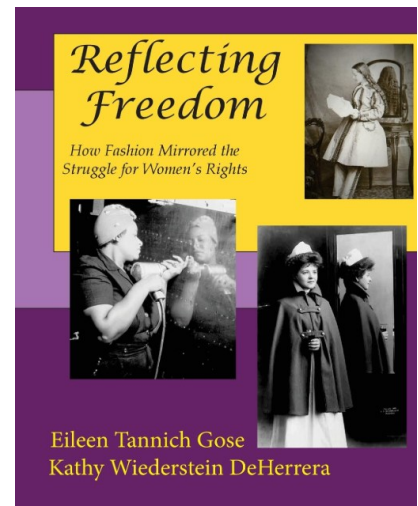
FEBRUARY 2026 (continued)

February 17

Pants = Power

Eileen Tannich Gose, author of *Reflecting Freedom: How Fashion Mirrored the Struggle for Women's Rights*

Throughout time, many women have fought to wear pants—a garment reflecting both gender and power. Author Eileen Tannich Gose will present selected periods in American history and tell how women challenged the system to expand their independence in life and in clothing. *In collaboration with Deschutes Public Library.*



February 24

Communicating with Dementia: The Do's and Don'ts of Speaking to Someone with Memory Loss

Zachary Ellis, Mill View Memory Care

Communicating with someone living with dementia can be a difficult and frustrating task, especially for family members. In this interactive seminar we will explore practical do's and don'ts that can help create positive, meaningful conversations and more enriching daily interactions for those experiencing memory loss.



Larkspur Community Center—
Home of the Bend Senior Center
bendparksandrec.org

Questions? Call (541) 389-7275



play for life



Super Tuesday Brunch

Second Tuesdays

9:00-10:30 am

Multi-purpose Room

Suggested Donation \$3.00 per person

Join us for a delicious brunch on the second Tuesday of every month in the Bend Senior Center at Larkspur Community Center. All proceeds benefit Bend Park & Recreation Foundation's scholarship program.

Food provided by
Whispering Winds Retirement

NO brunch
on 6/9
Join us for the
Health Fair
instead!

2026

January 13
February 10
March 10
April 14
May 12
July 14
August 11
September 8
October 13
November 10
December 8

For more information call
Larkspur Community Center
(541) 388-1133



play for life

Connection Café

NEW!

**A welcoming and compassionate space
for supportive conversations about
illness, death and grief**

Are you living with or caring for someone facing a chronic or serious illness?

Are you a caregiver in need of a space to reflect and recharge?

Are you grieving and seeking compassionate support and understanding ears?

Connection Café offers:

- *Meaningful connections and a sense of community*
- *Opportunities to share and engage with others navigating similar experiences*
- *Guidance to help identify personal strengths*
- *Assistance connecting with valuable resources in Central Oregon*

You're welcome to attend every month or drop in whenever you feel the need for connection and support. We look forward to seeing you there!

Facilitated by the Peaceful Presence Project

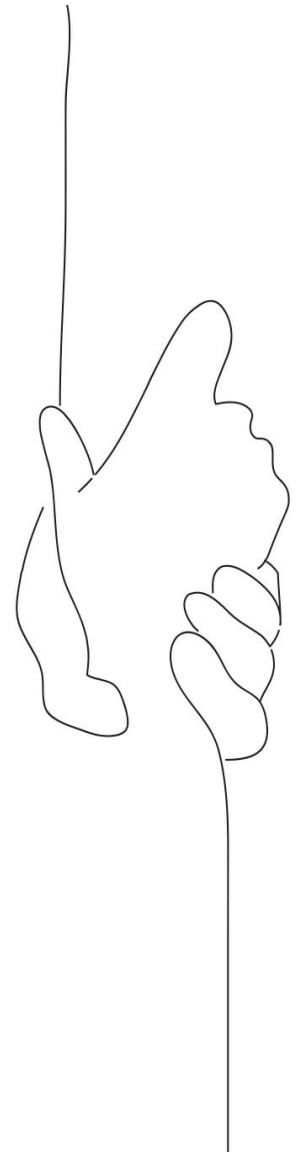
EVERY THIRD THURSDAY

12:00-1:30 PM

Larkspur Community Center, Room 3



**Larkspur Community Center
Home of the Bend Senior Center**
Questions? Call (541) 388-1133
bendparksandrec.org



WHAT?



CONNECTION CAFE

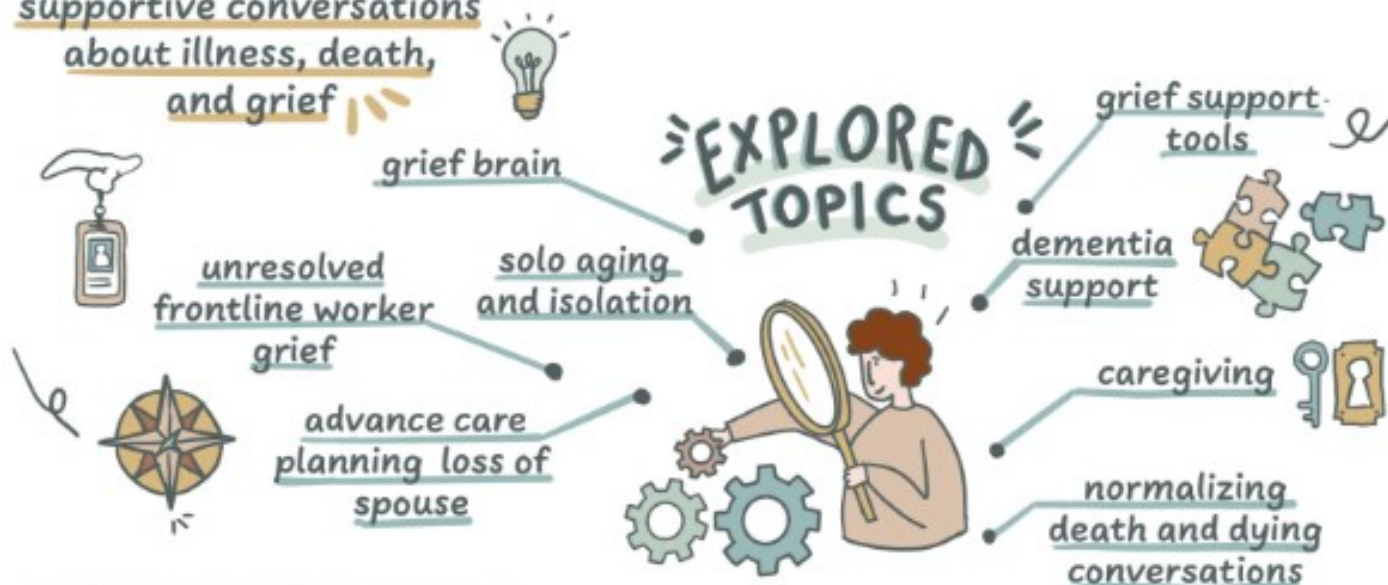


a welcoming and compassionate space for supportive conversations about illness, death, and grief

75 CAFES HELD ACROSS SEVEN SITES

PARTICIPANTS AGE: 32 TO 89 YEARS OLD

EXPLORED TOPICS



"I don't want to rely on one person to discuss my grief with - I attend to be in community with others 'who get it.'" -KJ

"I thought I had my end of life planning figured out. I learned I had barely scratched the surface!" -TJ

"The learning between the griever and non-grievors that took place was really powerful." -KP

IMPACT



"I appreciated the opportunity to be with others, even when we were falling apart." -CD

"My father's overall mood improved after attending the cafes and making connections - it gave him something to look forward to." -MT



peaceful presence

illustration: mina yanci ibis | minadrawing.com

Yesterday's Tunes

A listening journey back to the “good old days” with music from the 40’s through the 80’s

IT'S BACK!

**Wednesdays
2:00 - 4:00 pm**

**Bend Senior Center
1600 SE Reed Market Rd**

**With DJ Tim Ream
of Senior Moments**



**REQUESTS
ENCOURAGED!**



Come spend the afternoon revisiting the songs and commercials you grew up listening to on the radio! Reminisce about special memories and moments in time. Drop by for just a few tunes or stay the whole time. We'll have coffee and puzzles available, and plenty of floor space for spontaneous dancing.

For more information, visit
www.bendparksandrec.org
Questions? Call (541) 388-1133



play for life

make art with glass

WINTER 2026

REGISTRATION
NOW OPEN!

Craft your own...

- ♦ **Mosaic Flower Pots** (102433)
Sat, 1/24 - 10:00am-2:00pm
\$114.00 ID / \$136.80 OD
- ♦ **Fused Glass Plant Gnome** (102430)
Wed, 2/4 - 5:30-7:00pm
\$79.00 ID / \$94.80 OD
- ♦ **Mini Garden Gnome** (102428)
Sat, 2/21 - 12:00-4:00pm
\$114.00 ID / \$136.80 OD
- ♦ **Mosaic Stepping Stone** (102434)
Sat, 3/28 - 1:00-3:00pm
\$79.00 ID / \$94.80 OD

All classes taught by local artist Jesica Carleton.
No experience necessary; all materials and
supplies provided.



Register online at:

bendparksandrec.org

Questions? Call (541) 388-1133.



play for life


Bend Park &
Recreation
DISTRICT

mah jongg classes

WINTER 2026

Learn to Play Mah Jongg

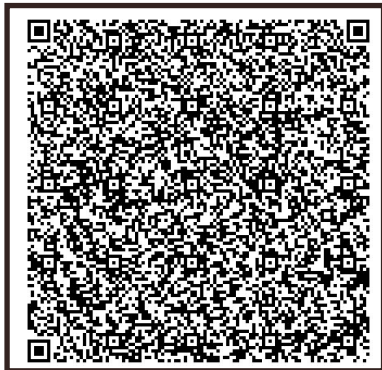
Program: 102603

Fee: \$119 ID \$142 OD

Dates: Tuesdays & Thursdays 1/13–1/27

Time: 9:00 - 11:00 a.m.,

Mah Jongg has become one of the most popular games in the world - come discover what the craze is all about! This fun 5-session class is especially designed for beginners and includes an official large-print American Mah Jongg reference card from the National Mah Jongg League, a \$15 value. Instructor: Sharon Walden.



Register at bendparksandrec.org or
call (541) 388-1133

America Mah Jongg Refresher

NEW

Program: 102605

Fee: \$69 ID \$82 OD

Dates: Tuesday & Thursday 2/24–2/26

Time: 9:00 - 11:00 a.m.,

This 2-session class is intended for those who have completed Learn to Play Mah Jongg or for occasional players looking to enhance their game. Meet new Mah Jongg friends and discover playing times and availability at the Larkspur Community Center. Includes an official large-print American Mah Jongg reference card from the National Mah Jongg League, a \$15 value. Instructor: Sharon Walden.



play for life



FREE

Technology Troubleshooting

In Partnership with the **Deschutes Public Library**

Trying to organize your photos or add a new app to your home screen? Having trouble turning up the volume on your calls? Join us for free advice and technology support. Bring in your smart phone, laptop, tablet or watch and we'll help you troubleshoot.

Sessions available on a first come first served basis for up to 20 minutes per person.



**Third
Wednesday
of Each Month**
11:00 am - 12:30 pm

Bend Senior Center Lobby

**FEBRUARY HAS BEEN
CANCELLED.**
We'll be back in March!

Larkspur Community Center
Home of the Bend Senior Center
(541) 388-1133
bendparksandrec.org



play for life