



# SOCIAL ACTIVITY SCHEDULE

**JULY 2026 - SOCIAL FEE OR PASS REQUIRED**

## Monday:

10:00 am - 2:00 pm Social Bridge  
 12:00 - 6:00 pm Pool/Billiards  
 12:30- 4:00 pm Mexican Train

## Tuesday:

9:00 am - 10:30 am Super Tuesday Brunch (2nd Tues)  
 9:00 am - 12:00 pm Pool/Billiards  
 10:30 am - 2:30 pm High Desert Rug Hookers  
 12:00 - 1:30 pm Lunch & Learn (Sep through May)\*  
 12:00 - 4:00 pm Mah Jongg Players  
 1:00 - 3:00 pm Knitters Social  
 1:00 - 5:00 pm Larkspur Stitches

## Wednesday:

9:00 am - 12:00 pm Pool/Billiards—**NEW TIME**  
 9:30 - 10:30 am Blood Pressure Checks (1st Wed)\*  
 10:00-11:00 am ABC&Ds of Medicare (4th Wed)\*  
 10:00 - 11:00 am Library Book Club (3rd Wed)\* - OPEN  
 11:00 am - 12:30 pm Tech Troubleshooting (3rd Wed)\*  
 1:00 - 3:30 pm Wednesday at the Movies\*  
 2:00 - 4:00 pm Yesterday's Tunes

## Thursday:

9:00 am - 12:00 pm Pool/Billiards  
 8:30 am - 3:00 pm AARP Smart Driver Course (4th Thurs)\*  
 12:00 - 4:00 pm Mah Jongg Players  
 12:00 - 1:30 pm Connection Café (3rd Thurs)\*  
 11:00 am - 12:30pm Senior Planet Tech\*\* (4th Thurs)

## Friday:

10:00 am - 2:00 pm Social Bridge  
 12:00 - 6:00 pm Pool/Billiards  
 12:30 - 3:30 pm Pinochle  
 1:00 - 3:00 pm Textile Arts Mixer

### THINGS TO KNOW

- All games are played for fun. Absolutely NO money is to be exchanged.
- Scan your monthly full access pass or social pass, or pay a daily drop-in fee.
- Starred items (\*) do not require a facility pass or drop-in fee.
- Double starred items (\*\*) require free registration.

SCHEDULE SUBJECT TO CHANGE

Larkspur Community Center  
 1600 SE Reed Market Road  
 bendparksandrec.org  
 541-388-1133



play for life

FREE

1 pm

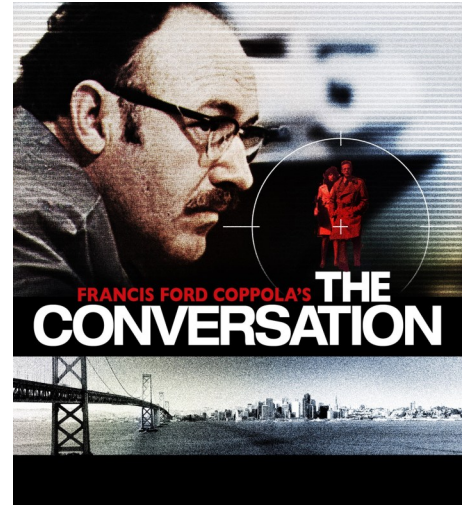
# wednesday afternoon at the movies

## July 1

### **The Conversation (1974)**

Starring: Gene Hackman, John Cazale, Allen Garfield  
Rated PG, Run time: 1h 49m

Surveillance expert Harry Caul is hired to tail a young couple. Tracking the pair through San Francisco's Union Square, the man manages to record a cryptic conversation between them. Tormented by memories of a previous case that ended badly, Caul sets out to determine if the couple are in danger.



## July 8

### **Battle of the Sexes (2017)**

Starring: Emma Stone and Steve Carell  
Rated PG-13, Run time: 2h 1m



The 1973 tennis match between Billie Jean King and Bobby Riggs became the most watched televised sports event of all time. Trapped in the media glare, King and Riggs were on opposite sides of a binary argument, but off-court each was fighting more personal and complex battles. With her husband urging her to fight for equal pay, the private King was also struggling to come to terms with her own sexuality, while Riggs gambled his legacy and reputation in a bid to relive the glories of his past.

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# july movies (continued)

1 pm

FREE

## July 15

### **The Lost City (2022)**

Starring: Sandra Bullock, Danielle Radcliffe, Channing Tatum

Rated PG-13, Run Time: 1h 47m

After being kidnapped by a villainous treasure hunter, a successful romance novelist is forced to team up with her cover model as they are swept into a cutthroat jungle adventure that proves stranger than fiction.



## July 22

### **The Duke (2020)**

Starring: Helen Mirren and Jim Broadbent

Rated R, Run time: 1h 30m

In 1961, a 60-year-old taxi driver steals Goya's portrait of the Duke of Wellington from the National Gallery in London. He sends ransom notes saying that he will return the painting if the government invests more in care for the elderly.

## July 29

### **Rental Family (2025)**

Starring: Brendan Fraser, Takehiro Hira, Mari Yamamoto

Rated PG-13, Run time: 1h 51m

Struggling to find purpose, an American actor lands an unusual gig with a Japanese agency to play stand-in roles for strangers. As he immerses himself in his clients' worlds, he begins to form genuine bonds that blur the lines between performance and reality.



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**FREE!**

# Technology Time

IN PARTNERSHIP WITH THE DESCHUTES PUBLIC LIBRARY

## TECHNOLOGY TROUBLESHOOTING (drop-in)

Third Wednesdays from 11:00am - 12:30pm

One-on-one help with devices and digital questions. Bring in your smart phone, laptop, tablet or watch and a DPL staffer will help you troubleshoot. Sessions available on a first come first served basis for up to 20 minutes per person.

## SENIOR PLANET (workshops) **NEW!**

First Thursdays, 11:00am - 12:30pm or  
Fourth Thursdays, 2:00 - 3:30pm

Engaging, structured learning opportunities on various topics to help older adults build confidence and independence with technology. Topic changes monthly, with two dates/times to choose from. **Space limited; registration required.**

Visit [deschuteslibrary.org/calendar/](http://deschuteslibrary.org/calendar/) and search by workshop title to register for free.



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Larkspur Community Center  
Questions? Call (541) 388-1133  
[bendparksandrec.org](http://bendparksandrec.org)



Bend Park &  
Recreation  
DISTRICT



DESCHUTES PUBLIC  
LIBRARY

# Out To Lunch Bunch

**SIGN UP  
TODAY!**

**A fun social outing for adults 60+**



**Get out of the house, connect with your peers and socialize over some good eats!**

Enjoy various cuisines, from ethnic to exotic to down-home cooking, all in one location. We will visit a different food cart location each month. Roundtrip transportation from Ponderosa Park (Wilson Ave entrance) included. Lunch is paid on your own. Space is limited; registration required.

For more information, visit:  
[bendparksandrec.org](http://bendparksandrec.org)  
Questions? Call (541) 388-1133



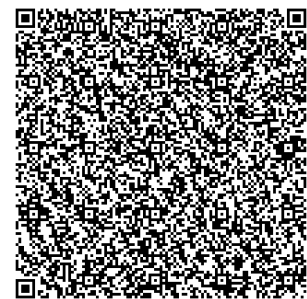
**Monthly  
11:00am-1:00pm**

**June 4**  
(Activity #102531-03)

**July 13**  
(202530-02)

**August 10**  
(202530-03)

**\$6.00 ID / \$ 7.20 OD**



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# McKenzie River All-Day Rafting Adventure

Day tours for adults 50+

REGISTER  
TODAY!



**Program:** 202311

**Time:** 9:00am-4:30 pm

**Fee:** \$109.00 ID / 130.80 OD

**Dates:** M 7/20  
M 7/27  
M 8/3  
M 8/10

SCAN HERE TO REGISTER OR VISIT  
[BENDPARKSANDREC.ORG](https://bendparksandrec.org)



Experience the McKenzie River's beauty and excitement on a full-day rafting adventure designed for adults ages 50 and older.

This trip focuses on a relaxed, supportive environment with outdoor fun and camaraderie. After a safety overview and scenic drive, enjoy 12-13 miles of fairly easy-going Class II and III rapids, old-growth forests, wildlife sightings and riverside breaks, including a delicious lunch. Safety and comfort are a priority, ensuring everyone feels confident.

No prior rafting experience needed. Includes transportation, guide, lunch, personal flotation device (PFD) and helmet. Lunch is a la carte and paid individually or pack your own.



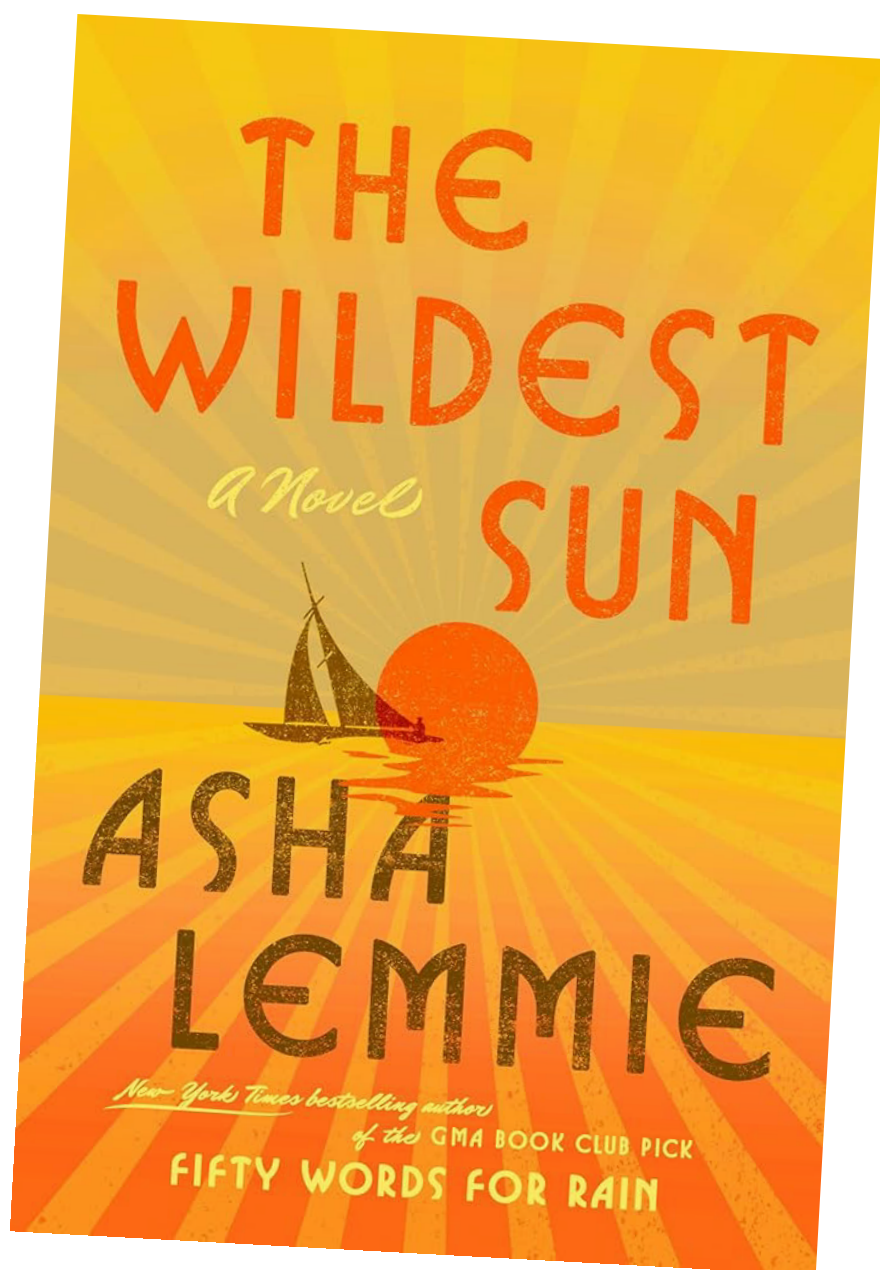
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For more information, visit  
[bendparksandrec.org](https://bendparksandrec.org)  
Questions? Call (541) 388-1133

# WEDNESDAY LARKSPUR LIBRARY BOOK CLUB

**Wednesday,  
July 15  
10:00 a.m.**

LARKSPUR  
COMMUNITY CENTER  
1600 SE Reed Market Rd  
Bend



DESCHUTES PUBLIC  
LIBRARY

Questions? Email:  
[paigeb@deschuteslibrary.org](mailto:paigeb@deschuteslibrary.org)

# Connection Café

**NEW!**

**A welcoming and compassionate space  
for supportive conversations about  
illness, death and grief**

Are you living with or caring for someone facing a chronic or serious illness?

Are you a caregiver in need of a space to reflect and recharge?

Are you grieving and seeking compassionate support and understanding ears?

**Connection Café offers:**

- *Meaningful connections and a sense of community*
- *Opportunities to share and engage with others navigating similar experiences*
- *Guidance to help identify personal strengths*
- *Assistance connecting with valuable resources in Central Oregon*

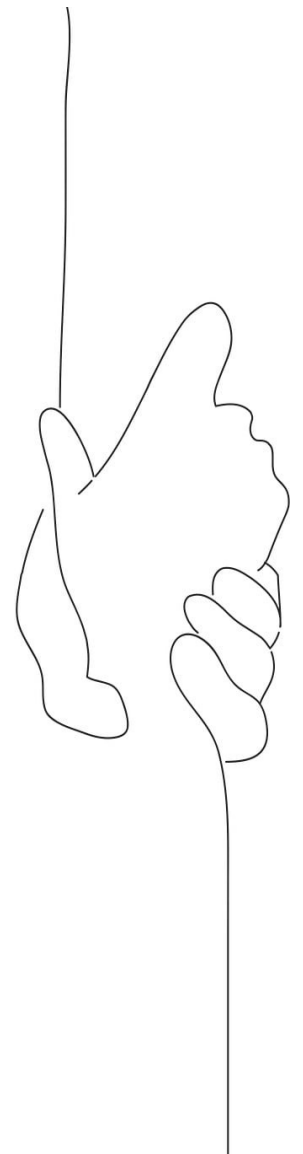
You're welcome to attend every month or drop in whenever you feel the need for connection and support. We look forward to seeing you there!

**Facilitated by the Peaceful Presence Project**

**EVERY THIRD THURSDAY**

**12:00-1:30 PM**

**Larkspur Community Center, Room 3**



**Larkspur Community Center  
Home of the Bend Senior Center**  
Questions? Call (541) 388-1133  
[bendparksandrec.org](http://bendparksandrec.org)

WHAT?



# CONNECTION CAFE



75 CAFES HELD ACROSS SEVEN SITES

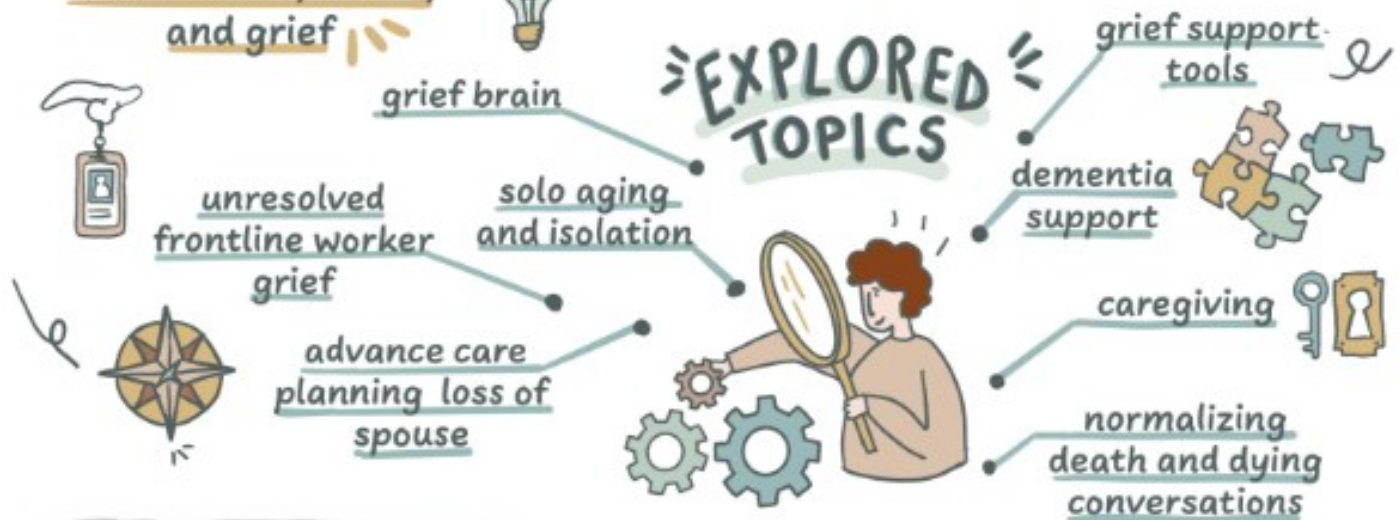
PARTICIPANTS AGE: 32 TO 89 YEARS OLD



a welcoming and compassionate space for supportive conversations about illness, death, and grief



## EXPLORED TOPICS



"I don't want to rely on one person to discuss my grief with - I attend to be in community with others 'who get it.'" -KJ

"I appreciated the opportunity to be with others, even when we were falling apart." -CD

"I thought I had my end of life planning figured out. I learned I had barely scratched the surface!" -TJ

"My father's overall mood improved after attending the cafes and making connections it gave him something to look forward to." -MT

"The learning between the griever and non-grievors that took place was really powerful." -KP

## IMPACT



peaceful presence

# Make Some Music

music classes for adults—summer 2026 🎵🎵

Choose your instrument

## Ukulele Basics: Strum & Play (202707)

Mondays 7/6-7/27  
5:00 - 6:00 p.m.

Perfect for beginners, this class will get you playing one of the most fun and accessible instruments around - the ukulele! Learn the fundamentals, from tuning and simple chords to strumming techniques.

## Beginner Guitar: Play Your Favorite Song (202709)

Mondays 7/6-7/27  
6:15 - 7:15 p.m.

Learn the basics of guitar while you focus on a personal goal - playing your favorite song! We'll cover essential skills like tuning, strumming and simple chords, while keeping things relaxed and enjoyable.

Each four-week course is \$79 (in district) or \$94.80 (out of district).

All classes taught by  
Mason James.

SCAN ME  
for more  
info



Register at [bendparksandrec.org](https://bendparksandrec.org)  
Questions? Call (541) 388-1133



play for life

# Yesterday's Tunes

A listening journey

**Wednesdays**  
**2:00 - 4:00pm**

Larkspur  
Senior Lounge

**REQUESTS  
ENCOURAGED!**



Come spend the afternoon with other music lovers, listening to the songs you grew up with on the radio! Reminisce about special memories and moments in time, socialize with others or enjoy a good jigsaw puzzle. It's casual and fun. Drop by for just a few tunes or stay the whole time.

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