FALL 2025

PLEAN LL ST recreation program guide



youth & adult activities

registration opens august 4 - 5

for life play



ABOUT THE PLAYLIST

This online recreation program guide is produced seasonally to support registration for recreation programs. The Playlist online resource is an efficient, sustainable and up-to-date shopping guide offering recreation opportunities for our growing community.

A community favorite since 2014, Your Playbook continues as a magazinestyle book offering news and information about BPRD's projects, programs, places, people and activities and will be published twice a year for spring/summer and fall/winter.





fall 2025 playlist table of contents

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COVER: Youth participants in a fall floral arrangement class pose together with their creations. Learn more about this program in Youth Arts & Crafts.





Another busy summer is underway at Bend Park and Recreation District and we are looking ahead to fall. With its not-too-distant arrival comes a fresh season of activities and programs for us to enjoy together. As we soon welcome the changing colors and crisp air, I'm excited to introduce the latest Playlist—your guide to seasonal fun, creativity, and connection with us. It's a chance to spend quality time with family or friends - and maybe even meet a new one or two along the way.

This fall, we're debuting several new classes including Stained Glass Mosaic Wreath, Girls Hockey Development Program and Gratitude and Growth. These offerings are just a few of the many new ways to engage your creativity, sportsmanship and/or sense of community. You'll notice many other new classes as well as you dive into the Playlist.

You'll also see the return of popular favorites like With A Child: Mini-Pumpkin Halloween Arrangement, Bitty Ball and High School Basketball Leagues, Therapeutic Recreation's Night at the Pool, Learn to Curl and Clay Date: Workshop for Two.

With hundreds of options for all ages and interests, there's something this season for everyone. Don't forget the many parks and trails we provide to keep you moving and loving the outdoors all year long.

We're glad you're here—let's make it a great fall together.

Michelle Healy Executive Director michelleh@bendparksandrec.org registration

opens August 4 - 5.



INCLUSION

The Bend Park & Recreation District is committed to making all of our programs, facilities, services and activities accessible to everyone. If you feel that you or your child may require auxiliary aid or special accommodations to participate, let us know at the time of registration. We will work with you in order to make safe and respectful accommodations.

For more information or an activity assessment, contact Therapeutic Recreation at p. 541-706-6121.



CONTACT US



phone: 541-389-7275



email: info@bendparksandrec.org



website: <u>bendparksandrec.org</u>

ADMINISTRATION & RECREATION SERVICES

799 SW Columbia St. • p. 541-389-7275

Hours, holidays and more available online at: bendparksandrec.org

ART STATION

Art Station classes are currently relocated to Harmon Park Clay Studio, Larkspur Community Center and some school locations. Learn more in Adult Art and Youth Art sections.

p. 541-389-7275

JUNIPER SWIM & FITNESS CENTER

800 NE 6th St. • p. 541-389-7275

Learn more online at: bendparksandrec.org/juniper

Facility details on page 113.

LARKSPUR COMMUNITY CENTER -HOME OF THE BEND SENIOR CENTER

1600 SE Reed Market Rd. • p. 541-389-7275

Learn more online at: bendparksandrec.org/larkspur

Facility details on page 114.

PARK SERVICES

1675 SW Simpson Ave. • p. 541-389-7275

Hours, holidays and more available online at: <u>bendparksandrec.org</u>

THE PAVILION

1001 SW Bradbury Way • p. 541-389-7275

Learn more online at: bendparksandrec.org/pavilion

Facility details on page 115.

SERVICIOS DISPONIBLES PARA LA COMUNIDAD LATINA / LATINO OUTREACH SERVICES

Comuníquese con Kathya al Tel. 541-706-6190 Contact: Kathya Avila, p. 541-706-6190 kathya@bendparksandrec.org



Welcome to "Your Playlist." You're invited to play, learn and thrive in the many recreation programs available to you this season.

Whether you are one, one hundred or somewhere in between, the Bend Park & Recreation District is your place for play.

Bienvenido a su Revista de Actividades Recreativas "Playlist." Los invitamos a participar, aprender y crecer de manera sana en muchos de los programas de recreación, centros de recreación, parques y senderos disponibles durante esta estación del año. Bend Park & Recreation District es el lugar de recreación ya sea para una persona, cientos o menos.

VISION STATEMENT:

To be a leader in building a community connected to nature, active lifestyles and one another.

MISSION STATEMENT:

To strengthen community vitality and foster healthy, enriched lifestyles through parks, trails and recreation.

COMMUNITY PLEDGE:

To reflect our community, welcome and serve equitably, and operate with transparency and accountability.

FOLLOW US:

Facebook - Bend Park & Recreation District, Servicios en Español de Bend Park and Recreation District, Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion, Bend Whitewater Park, Art Station and Bend Senior Center.

Instagram - bendparks, bendparkandrec_enespanol, bendwhitewaterpark.bendparks, juniperswimandfitness, larkspurcommunitycenter and thepavilioninbend.

BOARD OF DIRECTORS:

Donna Owens, Board Chair • Cary Schneider, Vice-Chair • Nathan Hovekamp • Jodie Schiffman • Deb Schoen

BUDGET COMMITTEE:

Abigail Brenholdt • Corey Johnson • Cara Marsh-Rhodes • Joanne Matthews • Daryl Parrish

EXECUTIVE DIRECTOR: Michelle Healy • p. 541-706-6113 michelleh@bendparksandrec.org

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Kristin Toney • p. 541-706-6109 kristint@bendparksandrec.org

COMMUNITY ENGAGEMENT DIRECTOR:

Julie Brown • p. 541-706-6119 julieb@bendparksandrec.org

HUMAN RESOURCES DIRECTOR: Kathleen Hinman • p. 541-706-6111 kathleenh@bendparksandrec.org PARK SERVICES DIRECTOR: Sasha Sulia • p. 541-706-6203 sasha@bendparksandrec.org

DIRECTOR OF PLANNING & DEVELOPMENT: Brian Hudspeth • p. 541-706-6137 brian@bendparksandrec.org

DIRECTOR OF RECREATION: Jase Newton • p. 541-706-6103 jasen@bendparksandrec.org

how to register

Fall 2025 Registration

Fall 2025 registration opens for September - December programs and fall/winter sports leagues:

- Monday, August 4, 6:00 a.m.: Recreation, enrichment and sports camps, leagues and programs registration opens. Leagues include adult ice hockey, adult curling, youth indoor soccer, youth volleyball and youth/middle school/high school basketball.
- Tuesday, August 5, 6:00 a.m.: Swim lessons and aquatics programs.

Once opened, registration is ongoing throughout the season.

About Opening Days

When program registration opens, there can be very high demand for certain activities and a high volume of traffic on the BPRD registration website. To be prepared, please read our tips on pages 6 - 9.

Registration Options

If you are not able to register online, you can register in person at Juniper Swim & Fitness Center, Larkspur Community Center or the BPRD District Office. If you need further assistance, call Customer Service at 541-389-7275.



New Accounts

You can go online or come in person to create a new account. New accounts created online must be verified for district residency and accuracy. <u>NOTE:</u> <u>This process is normally completed in</u> <u>24 hours.</u>

Out-of-District Fee Policy

Out-of-district residents do not pay property taxes that support the district and will be charged an additional 20% for most programs. If you need help determining if you live inside the district boundaries, call us at 541-389-7275.

Online Registration Instructions

 Click on the "Register" link on our website or go directly to: register.bendparksandrec.org

REGISTER

Enter your username and password. You already have an account if you have previously participated in a program or have a pass at Juniper Swim & Fitness Center, The Pavilion or Larkspur Community Center/Bend Senior Center. The default username is your email address and the default password is your last name (first letter capitalized) unless you set it up differently.

Account Login

WebTrac Login	
Username *	
Andy Kropf	
Password *	

 Make sure all family members are added with correct birth dates and genders.

- 3. You can select/search for activities in one of three ways:
 - > Activity Search (Fastest) Enter the activity number (first six digits) in the search box and click on the Search button. The activity numbers are printed in this guide.



- Activity Index Activities can also be organized by season and title. Find the Activity Index in the Search menu.
- > Type or Category Simply click on the name for the types of programs that interest you. Scroll down to view all the programs offered.



You can further refine the search using the options at the top of the screen. These include day of week, age, gender and month.

Waitlists

If the registration for a program is listed as "full," be sure to add your name on the waitlist.

This important step lets us know you are interested if an opportunity becomes available.

If you are on a waitlist, be sure to check emails regularly for any notifications about activity openings.

Once a notification email is sent to you, you have 48 hours to respond and register, otherwise your held spot is forfeited.

Being on the waitlist does not guarantee placement in a program or commit you to participating.

Refund & Cancellation Policy

You may cancel a program at any time and are encouraged to do so as soon as possible to make space available for others. Credits and refunds will be granted as follows:

- Within 48 hours of registering: 100% of program fee.
- 15 days or more before program start date: 90% of program fee.
- 7 14 days before program start date: 75% of program fee.
- 6 days or less before program start: No credit or refund. It is extremely difficult to fill cancelled spaces with short notice.
- After start date: No credits, refunds or prorating of fees will be given for missed portions or early withdrawals.

Online Cancellations

If you need to cancel a registration, you can do so online. Learn how to cancel on the <u>Cancellation Policy & Instructions web page</u>.

Registration Info Night English & Spanish

WE'RE READY TO HELP!

Wednesday, July 30, 5:00 - 6:30 pm | Free

Larkspur Community Center, 1600 SE Reed Market Rd.

Are you prepared for the upcoming program registration? First-time registering? Or do you need inclusion services or to apply for scholarships (financial assistance) for programs?

Attend BPRD's Registration Info Night on July 30, 5:00 - 6:30 p.m., at Larkspur Community Center and we can help you get ready for program registration.

With English and Spanish language services available, staff can set up/update your household account, provide activity details, help build your wish list, and assist with the scholarship process as needed. You can also learn about therapeutic recreation programs for those with disabilities and inclusion services so that everyone can play.

Questions? Call the Customer Service Team at 541-389-7275.

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"Autumn teaches us change can be beautiful." - Proverb

august 4 - 5

REGISTERING ON OPENING DAYS

for an efficient & successful registration

Registration opening days are by far the busiest transaction days of the year at Bend Park & Recreation District. As our community grows, so has the amount of registration activity during the first hours a season's programs are made available.

So, to help everyone have the best experience possible, we've made improvements including staggered registration opening, upgraded technology and a virtual waiting room. REGISTER ONLINE: https://register. bendparksandrec.org

Read on to learn our tips and best practices for registering on opening day to help you find success.

REVIEW YOUR ACCOUNT

First things, first...make sure your BPRD account profiles and payment methods are up to date and ready to go:

- 1. Click on the "Register" link on the BPRD website or go directly to: <u>https://register.bendparksandrec.org</u>
- 2. Enter your username and password. You already have an account if you have previously participated in a program or have a pass at Juniper Swim & Fitness Center, The Pavilion or Larkspur Community Center/Bend Senior Center. The default username is your email address and the default password is your last name (first letter capitalized) unless you set it up differently.
- 3. Go to "My Account" followed by "Update: Household & Member" and make sure all family members are in your account with correct birth dates and genders. If needed, add a new household member or new person for child pickup by clicking on the buttons at the bottom of the page. Also review and if needed update your account address, phone, email and person information.

Once you've ensured your account is up to date, it's go time.

SET UP FOR SUCCESS

A few important recommendations:

- 1. Create a list of your priority activities and programs. More on that below.
- 2. Registration works best on a desktop computer or laptop. While you can use a mobile device, it's not the most efficient and some mobile devices with older apps or operating systems can have conflicts.
- 3. Use one web browser window with one tab open for registration. That one window and tab should be on the registration page. Close all other windows and tabs when it's time to register.
- 4. Be patient. You will likely need to wait in line in the virtual waiting room until it's your turn. If during registration your screen slows down dramatically or you see the spinning circle, it means the system is processing your request. Do not refresh your screen nor open another window, tab or computer you will disrupt that process and likely lose your transaction.

BEFORE OPENING DAYS

- View the programs on the online Playlist or linked to the registration website homepage and make a note of the Activity numbers for the programs you want. One exception in the Playlist is Youth Swim Lessons - click the link in the online Playlist to view the offerings and Activity numbers.
- Have program Activity numbers (first 6 digits) ready when registration begins. Most of the Activity numbers are published in the online Playlist and are all available in the online program preview.
- Another method is to use the "Wishlist." Add the programs you want to your "Wishlist" in your account. At registration opening, you can go to your "Wishlist" and check availability of those specific programs, then add them to your shopping cart. As backup, it can be helpful to take a screenshot of your "Wishlist."
- Whether your list is on paper or digital, keep that list handy for registration opening day.
- Note programs that are a priority to you and your household.

ON OPENING DAYS: AUGUST 4 - 5

- Log into your BPRD account. If you log on before 6:00 a.m., you and any others will be randomized at 5:59 a.m. After 6:00 a.m., the line will form one after another just like in person at the movie theater. The wait time may vary, but knowing how many are ahead of you will allow you to plan your morning.
- Wait for your turn. The virtual waiting room is automated and there's nothing you need to do. If your computer or browser window unintentionally close or shut down, don't panic. Just turn the same device and browser back on and a helpful "cookie" will remember you and your place in line.
- 3. When it's your turn, add programs to your cart and register. The shopping and registration experience is consistent with past seasons. Use your "Wishlist" and click "Check Availability" or enter Activity #s to add to your shopping cart.
- Starting with your priority programs, type the Activity number at the bottom of the registration menu, or from the search menu in the top navigation.



5. Select the check box next to your program.



6. Note the notification bar at the bottom of the screen and select 'Add to cart'.



Confirm details/waivers/etc. for each of the participants.

- 7. If you have other priority programs you'd like to enroll in, click on the "Continue Shopping" button. Repeat above steps from entering in Activity number to adding the program into your cart. You can have multiple programs in your cart.
- Once your priority activity or activities are in your cart, check out promptly so you get into the programs you want and your session isn't accidentally timed out due to inactivity. Important: your transaction must be completed before your enrollment is confirmed.
- 9. Look for your confirmation email.
- After you've registered for your priority programs, now is the time to go back and shop for the programs that weren't your top priority, repeating the above steps.
- When you complete your transaction(s), log out of your account. This step helps the virtual waiting room allow others in for their turn.

A virtual waiting room, Queue-it will be implemented at registration opening to help control traffic to the registration website.

ABOUT THE Virtual Waiting Room

Queue-it is a virtual waiting room that serves as a line for our online registration process. It's automatic if you're on the registration website at opening, so there's nothing needed for you to do! Queue-it will display how many shoppers are in line in front of you and you will see the number get smaller until it is your turn.

Patience is appreciated as you wait. By providing information about how many others are in line ahead of you, it should help the morning go smoother.

High demand is still expected, but with two days of staggered registration programs, the activity will be spread across two mornings

Thank you for your cooperation.





Recreation Scholarships

We believe that everyone should have the opportunity to participate in recreation activities. Financial need-based scholarship assistance is available to qualifying individuals for many recreation programs. The goal is to remove financial barriers for community members with limited financial resources.

In the past year, more than 3,500 individuals have received financial support to participate in programs that provide safe, enriching activities and contribute to a physically active community.

ABOUT SCHOLARSHIPS:

- Visit <u>bendparksandrec.org/scholarship</u> to download application forms or pick up an application at the district office or recreation facilities.
- You may submit your application at any time; allow at least one week for processing prior to registering for an activity.
- · Scholarships can be used by children, adults and families for most recreation programs and facility passes.
- Scholarship assistance ranges from 25 percent to 75 percent of the regular fee, depending on the applicant's level of need, and the specific activity or program.
- Eligibility is based on household income and number of dependents living in the household, and aligns with the Federal Poverty Guidelines and other assistance programs. Generally, you may be eligible for scholarship assistance if your household qualifies for SNAP, TANF or Oregon Health Plan and are a resident of Bend Park and Recreation District. Some school-based programs are exempt from the district resident requirement.
- Scholarships are valid for one year. You must reapply for renewal.



Everyone can play. Additional support with program fees and equipment may be available through funding provided by Bend Park and Recreation Foundation. CLICK TO LEARN MORE ABOUT & APPLY FOR RECREATION SCHOLARSHIPS

craft with heart

Clay & Pottery

Adult Wheel Experience

Ages: 16 & up

Harmon Park Clay Studio

All experience levels are welcome to this pottery wheel class including those who have always wanted to give the wheel a spin and test the waters or refine their skills. Follow the process of basic wheel-throwing practice, trimming and glazing. Instructor: Harmon Clay Studio Staff.

\$215.00 ID \$258.00 OD

Activity:	<u>311103</u> - Opens August 4
Tu:	9:00 am - 12:00 pm
Session:	9/9 - 10/14 10/28 - 12/16 (no class 11/25)

Day Clay

Ages: 16 & up Harmon Park Clay Studio

This class provides a supportive atmosphere for all experience levels to learn clay techniques. Practice hand building, wheel throwing and design skills. Explore creative methods and find inspiration in this project-oriented class. Tools and the first 10 pounds of clay provided; additional clay available for purchase at the studio. Instructor: Helen Bommarito.

\$215.00 I	D \$258.00 OD
Activity:	<u>311100</u> - Opens August 4
W:	11:00 am - 2:00 pm
Session:	9/10 - 10/15 10/29 - 12/10 (no class 11/26)
Th:	12:00 pm - 3:00 pm
Session:	9/11 - 10/16 10/30 - 12/11 (no class 11/27)

create yourself.

PAGES 15 - 17

Whether you're taking classes for the first time or have been creating for years, art is more than just a learned practice, a skill or a form of recreation. It's about connecting and discovering yourself.



Register at <u>register.bendparksandrec.org</u> • Fall registration opens August 4 - 5 at 6:00 a.m. daily. Check Activity # for opening date. How to register, scholarships and refund/cancellation policy on pages 6 - 9. • Program locations on pages 117. • Park lists on pages 118 - 121.



Intro to Adult & Teen Wheel Throwing

Ages: 14 & up

Harmon Park Clay Studio

Learn how to throw different vessels on the wheel and understand the process of creating mugs, plates, bowls, vases and more in this class specially designed for beginners.

\$215.00 ID \$258.00 OD

Activity: <u>311105</u> - Opens August 4

 Tu:
 6:00 - 9:00 pm

 Session:
 9/9 - 10/14

10/28 - 12/16 (no class 11/25)

All Skills Pottery

Ages: 16 & up

Harmon Park Clay Studio

Learn basic techniques, including hand building and wheel thrown stoneware pottery techniques as a beginner or an experienced potter. Tools and the first 10 pounds of clay provided; additional clay available for purchase at the studio. Instructor: Harmon Clay Studio Staff.

\$215.00 ID \$258.00 OD

Activity: <u>311102</u> - Opens August 4

W: 6:00 - 9:00 pm Session: 9/10 - 10/15 10/29 - 12/10 (no class 11/26)

 F:
 11:00 am - 2:00 pm

 Session:
 9/12 - 10/17

10/31 - 12/12 (no class 11/28)



Clay Date: Workshop For Two

Ages: 16 & up Harmon Park Clay Studio

Enjoy a clay date with your sweetie or your bestie! We'll teach you some hand building basics and then help you make a project during this two-hour workshop. This workshop is open to all types of partners - romantic partners, friends and family members ages 16+. The fee includes two participants. Please only register one person.

\$75.00 ID \$90.00 OD Activity: <u>311106</u> - Opens August 4

Sa:	6:00 - 8:00 pm
Session:	9/13 - Mugs 10/11 - Chimes 11/8 - Holiday Ornament 12/13 - Wheel Experience

Glass Arts

Glass on Glass Mosaic

Ages: 16 & up

Larkspur Community Center

Get the look of stained glass without the soldering. By adhering stained glass directly onto a clear glass backer, you will have a piece to hang in a window that allows natural light to bring the colors to life. No experience necessary; all supplies provided. Instructor: Jesica Carleton.

\$129.00 ID \$154.80 OD

Activity:	<u>302431</u> - Opens August 4
Sa:	10:00 am - 3:00 pm
Session:	9/20

Stained Glass Mosaic Luminary

Ages: 16 & up

Larkspur Community Center

With this "glass on glass" style mosaic, you will create a stained glass look on a glass block. Add a string of lights, and voila - instant atmosphere! It can be holiday-themed or something to add ambiance all year round. No experience necessary; all supplies provided. Instructor: Jesica Carleton.

\$129.00 ID \$154.80 OD

Activity:	<u>302418</u> - Opens August 4
Sa:	10:00 am - 3:00 pm
Session:	10/11

Stained Glass NEW Mosaic Wreath

Ages: 16 & up

Larkspur Community Center

Whether a holiday decoration or anytime art, this mosaic wreath will bring style and color to any decor. You will learn the basics of mosaic art, including glass varieties, color and design choices, cutting/shaping techniques, adhesion and grouting. No experience necessary; all supplies provided. Instructor: Jesica Carleton.

\$114.00 ID \$136.80 OD

 Activity:
 302443 - Opens August 4

 Su:
 10:00 am - 2:00 pm

 Session:
 11/16

Fused Glass Holiday Gifts



Ages: 16 & up

Larkspur Community Center

Who's on your shopping list this holiday season? Come make two different one-of-a-kind gifts or stocking stuffers that are sure to delight your friends and family. A selection of shapes will be available to start as your base, then decorate and embellish them with a variety of fusible glass pieces. These can be ornaments, suncatchers, plant stakes, fridge magnets, night-lights and more! Instructor: Jesica Carleton.

\$79.00 ID \$94.80 OD

Activity: <u>302445</u> - Opens August 4 Th: **5:00 - 7:00 pm**

Session: 12/4

ADULT ARTS & CRAFTS

Painting & Drawing

Intro to Drawing NEW

Ages: 12 & up

Larkspur Community Center

Drawing is the foundational skill for every artist, and participants in this 4-week course will learn and develop a systematic and reliable approach to accurately drawing what they see, from both life and printed references. This is a great opportunity for complete beginners and even those who draw regularly but would like formal instruction to improve their drawing technique and gain confidence in their drawing abilities in a fun and recreational way. Instructor: Stephen Teater.

\$129.00 ID \$154.80 OD

Activity: <u>311227</u> - Opens August 4

 Th:
 6:00 - 8:00 pm

 Session:
 9/4 - 25

Impressionistic NEW Landscapes

Ages: 16 & up

Larkspur Community Center

Spend some time in a landscape of your own imagination, using oil paint and the illusion of detail as your guiding principle to paint dynamic skies and impressionistic scenery. The emphasis of this 4-week class will be on conveying space in the picture plane through value and color mixing, and implying a landscape through expressive brushwork, shape and texture, while finessing a convincing and satisfying composition and color palette. Expect to learn a lot about the nature of oil paint and to tap into your flow-state as your painting playfully and surprisingly develops from week to week. Instructor: Stephen Teater.

\$189.00 ID \$226.80 OD

Activity: <u>311115</u> - Opens August 4

Sa: 9:00 - 11:00 am

Session: 9/6 - 27

Make a One-Panel Comic

Ages: 16 & up Larkspur Community Center

Learn how to draw comics - an art form focused on humorously interpreting ordinary events - while also gaining an understanding of how to positively impact your mental wellness through self-awareness, humor and mindfulness. You'll practice finding the funny side of things, indulging in silly puns and relieving tension through cathartic sketching. Materials provided, but personal sketchbooks welcomed. No previous drawing experience necessary. Instructor: Grace Ogawa.

 \$49.00 ID
 \$58.80 OD

 Activity:
 302118 - Opens August 4

 Su:
 2:00 - 3:30 pm

 Session:
 9/21



Beginning Watercolor

Ages: All Adults Larkspur Community Center

Come begin your journey of watercolor painting. With just two brushes and three colors, explore how to do washes, mix colors, make a color wheel and complete a simple project. No experience necessary, just a willing attitude to explore and have fun. In partnership with SageBrushers Art Society. Instructor: Jennifer Ware-Kempke.

 \$79.00 ID
 \$94.80 OD

 Activity:
 <u>302400</u> - Opens August 4

 Th:
 1:00 - 4:00 pm

 Session:
 9/25



Art Station moves into the future

After calling the historic train depot home for many years, the Art Station had to move and has been operating out of temporary spaces listed below for the past year.

Good news though! The BPRD Board of Directors has approved a new facility for the Art Station at Larkspur Park. Plans are underway for a 2026 opening. Keep your eyes open for updates.

CLAY CLASSES

Clay programs for youth and adults have moved to the newly updated Harmon Park Clay Studio.

MULTIMEDIA CLASSES

Painting, drawing and multimedia art programs for youth and adults are now hosted at Larkspur Community Center.

ART PARTIES

Art parties are a great time for all ages. Clay parties are available on Sundays at Harmon Park Clay Studio. Visit <u>bendparksandrec.org/</u> <u>artstation</u> to learn more.

Watercolor Techniques

Ages: 12 & up

Larkspur Community Center

If you've ever wanted to try a watercolor class but weren't sure where to start, this is for you! The emphasis in this workshop is getting to know the materials and nature of the watercolor medium, practicing application, layering, lifting, scraping and texturing techniques, and exploring the potentials, pitfalls and remedies for an art project in watercolor. Participants can choose to work abstractly or practice on a project of their choosing. Instructor: Stephen Teater.

\$189.00 ID \$226.80 OD

Activity: <u>311222</u> - Opens August 4

 Th:
 6:00 - 8:00 pm

 Session:
 10/9 - 30

Paint Central Oregon Landscapes

Ages: 12 & up

Larkspur Community Center

No painting experience is needed for this all-ages, alcohol-free paint-andsip-style painting series! In these twohour classes, participating painters will be led step-by-step through a series of paintings inspired by well-known Central Oregon landmarks, using acrylic paint to complete one unique painting each week. Art basics like color, composition, texture, materials, the fundamentals of painting technique and more will be introduced and discussed throughout the series in a fun, playful, and approachable manner as each artwork is made. If you've always wanted to begin painting but didn't know guite how to start, this is the class for you. Instructor: Stephen Teater.

\$50.00 ID \$60.00 OD

Activity: <u>311112</u> - Opens August 4

Sa:	9:00 - 11	:00 am
Session:	10/11	10/18
	10/25	12/6
	12/13	12/20



Introduction to NEW Botanical Illustration With Graphite

Ages: All Adults

Larkspur Community Center

Discover the meditative art of botanical drawing and experience firsthand how the activity can increase awareness, concentration and relaxation. Capture realistic botanical subjects in graphite drawings in a series of simple steps. You will learn the fundamentals of botanical illustration including introduction to supplies and materials, drawing techniques and more. All materials provided. Instructor: Jeanne Debons.

\$189.00 ID \$226.80 OD

Activity: <u>302442</u> - Opens August 4

Su/Sa: 11:00 am - 3:00 pm Session: 10/18 - 19

Introduction to Pastel Painting

Ages: All Adults

Larkspur Community Center

Learn the basics of painting with hard and soft pastels. No art experience is necessary, just an eagerness to explore and learn something new. Jump into pastel painting with colorful pastel sticks to complete a simple project. In partnership with SageBrushers Art Society. Instructor: Michelle Oberg.

 \$79.00 ID
 \$94.80 OD

 Activity:
 <u>302404</u> - Opens August 4

 Th:
 1:00 - 4:00 pm

 Session:
 11/13

With A Child: Arts & Crafts

With A Child: Fun With Clay

Ages: 5 - 14 with Adult

Harmon Park Clay Studio

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand-building skills and techniques and glaze your pieces with bright colors. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$75.00 ID \$90.00 OD

Activity:	<u>311500</u> - Opens August 4
Sa:	10:00 am - 12:00 pm
- OR -	12:30 - 2:30 pm
Session:	9/6 - Tiny Homes 9/13 - Clay Animals 9/20 - Gnomes 9/27 - Spooky Houses 10/4 - Monsters 10/11 - Pumpkins 10/18 - Wind Chimes
	10/25 - Animal Bowls 11/1 - Dragons 11/15 - Holiday Ornaments 12/6 - Holiday Trees 12/13 - Bells
Su:	11:00 am - 1:00 pm
<u> </u>	

Session: 9/7 - Tiny Homes 9/14 - Clay Animals 9/21 - Gnomes 9/28 - Spooky Houses 10/5 - Monsters 10/12 - Pumpkins 10/19 - Wind Chimes 10/26 - Animal Bowls 11/2 - Dragons 11/16 - Holiday Ornaments 12/7 - Holiday Trees 12/14 - Bells

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

With A Child: NEW Samara Home Décor Creations

Ages: 6 & up with Adult

Samara Learning Center

Samaras (seed of the maple tree) evoke many people's childhood memories of trying to catch them as they fall from trees or tossing them in the air to watch them twirl down gracefully. They are also perfect for creating special family projects, such as a dragonfly mobile or fairy wall hangings. This provides a wonderful opportunity to spend time with your child and talk about how much you enjoy watching them soar, just like the samaras evolve from tinv seeds into strong, beautiful trees! The fee includes one child and one required accompanying adult. Please only register the child.

\$78.00 ID \$93.60 OD

Activity: <u>306554</u> - Opens August 4 W: **5:45 - 7:15 pm**

Session: 9/10 10/15

With A Child: Paint Together

Ages: 6 - 12 with Adult

Larkspur Community Center

Enjoy quality time together making a dual-canvas acrylic painting. Each young artist/adult pair receives two canvases to paint an image that when placed together will turn into one masterpiece. The design is prepped prior, and the instructor will guide your painting's creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$79.00 ID \$94.80 OD

Activity:	<u>302416</u> - Opens August 4
Sa:	10:00 am - 12:00 pm
Session:	9/13 - Scarecrows
Th:	5:00 - 7:00 pm
Session:	10/23 - Fall Welcome 11/13 - Holiday Countdown

More "With A Child" classes on page 19.

With A Child: NEW Collaged Personalized Silhouettes

Ages: 6 & up with Adult Samara Learning Center

Enjoy a wonderful evening with your child as you both explore your selfawareness and discover what you like! You'll take turns drawing each other's silhouettes (don't worry, we'll be there to help if you need it). After that, you can fill in the silhouettes with fun collages made from magazine pictures, words, stickers, stamps and other craft supplies we'll have on hand. Feel free to bring along any personal items from home that you'd like to use, too! The fee includes one child and one required accompanying adult. Please only register the child.

\$88.00 ID \$105.60 OD

Activity: <u>306559</u> - Opens August 4

W:	5:45 - 7:	15 pm
Session:	9/17	11/12
	12/3	

With A Child: Fun With Fused Glass

Ages: 6 - 12 with Adult

Larkspur Community Center

Come enjoy time with your young artist and make a fused glass piece of art together. Try your creativity in designing with different shapes and color pieces to make the most of your decor. All supplies included. The projects will be kiln-fired and available for pickup a week after class. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$79.00 ID	\$94.80 OD
Activity:	<u>302438</u> - Opens August 4
Th:	5:30 - 7:00 pm
Session:	9/18 - Suncatcher 10/16 - Halloween Fun
Sa:	9:30 - 11:00 am
Session:	11/15 - Snow Globe
F:	5:00 - 6:30 pm
Session:	12/12 - Holiday Ornaments



With A Child: NEW Family Macrame Ages: 6 & up with Adult Samara Learning Center

These personalized macramé portraits are a beautiful way of capturing the love between family, siblings, friends and lovers. Whether it's for a birthday, wedding, baby shower or just as a gift for yourself, these special portraits make the perfect unique gift. The fee includes one child and one required accompanying adult. Please only register the child.

\$88.00 ID \$105.60 OD

Activity:	<u> 306558</u> - C	Dpens August 4	1
W:	5:45 - 7:1	5 pm	
Session:	9/24 12/10	11/5	

With A Child: NEW Jewelry Making

Ages: 6 & up with Adult Samara Learning Center

Join our enriching class designed for both adults and children, where you'll explore the art of jewelry-making together. This hands-on experience encourages creativity and selfexpression as you craft unique pieces to cherish and wear. Discover various techniques and materials while bonding over the joy of creating beautiful jewelry. The fee includes one child and one required accompanying adult. Please only register the child.

 \$78.00 ID
 \$93.60 OD

 Activity:
 <u>306557</u> - Opens August 4

 W:
 5:45 - 7:15 pm

 Session:
 10/1



With A Child: NEW Macrame Rainbow Wall Hanging

Ages: 6 & up with Adult Samara Learning Center

Join us for an enriching class, where you will learn the art of macramé while creating a beautiful rainbow wall hanging. This hands-on workshop provides a perfect opportunity to bond, unleash your creativity and take home a unique piece of art that adds a splash of color to your home! The fee includes one child and one required accompanying adult. Please only register the child.

\$81.00 ID	\$97.20 OD	
Activity:	<u>306556</u> - Op	ens August 4
W:	5:45 - 7:15	pm



Clase de arte con su hijo(a): ¡Sumérgete en el mundo de la pintura!/With A Child: Painting in Spanish

Ages: 5 & up with Adult Larkspur Community Center

iSumérgete en el mundo de la pintura! Estas clases son aptas para todos los niveles y edades y ofrecen la oportunidad de explorar el óleo pastel, la acuarela, la témpera, el acrílico sobre lienzo, la pintura sobre tela y otras técnicas. No requiere experiencia previa. Actualmente, ésta es la única clase de arte que BPRD ofrece en español, por tal motivo, las familias de habla hispana tienen la prioridad al momento de la inscripción. El costo de la clase cubre la participación de un participante y un adulto. Solo debe inscribir al niño(a). Instructora: Christi Zorilla Soto.

Dive into the world of painting in Spanish! These classes are suitable for all levels and ages and offer the opportunity to explore pastel oil, watercolor, tempera, acrylic on canvas, painting on fabric and other techniques. No prior painting experience is required. Since this is BPRD's only art class in Spanish, registration is prioritized for Spanishspeaking patrons. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Christi Zorilla Soto.

\$50.00 ID \$60.00 OD		
Activity:	<u>311503</u> - Opens A	ugust 4
Sa:	9:00 - 11:00 ar	-
Ja:	9:00 - 11:00 ar	n

With A Child: NEW Easy Origami

Ages: 6 - 12 with Adult Larkspur Community Center

Spend quality time together learning the basics of origami, the traditional Japanese art of paper folding, without using scissors, glue or other messinducing components! In this class participants will learn traditional folds such as the crane, as well as some modern folds such as the pansy, tiger lily and frog. No experience necessary. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Grace Ogawa.

 \$34.00 ID
 \$40.80 OD

 Activity:
 <u>302450</u> - Opens August 4

 Su:
 2:30 - 3:30 pm

 Session:
 10/12

With A Child: Mini-Pumpkin Halloween Arrangement

Ages: 6 - 12 with Adult

Larkspur Community Center

Create your own mini-pumpkin Halloween arrangement with a child. This workshop covers all the tips and tricks of the trade to make a beautiful and fun Halloween centerpiece. Each adult and child team will take home an arrangement that will wow your family and friends. The fee includes one child and one required accompanying adult. Please only register the child. All supplies included. Instructor: Rae Aldrich.

 \$69.00 ID
 \$82.80 OD

 Activity:
 302201 - Opens August 4

 F:
 5:00 - 6:00 pm

 Session:
 10/24

ADULT ARTS & CRAFTS

With A Child: Acrylic Pouring on Canvas

Ages: 6 - 15 with Adult

Larkspur Community Center

Swirl, slip and slide acrylic paint across a canvas and create amazing results together. Learn acrylic pouring technique and applications. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Stephen Teater.

\$69.00 ID \$82.80 OD

Activity: <u>311541</u> - Opens August 4 Sa: 9:00 - 11:00 am

Session: 11/1 11/8 11/15

With A Child: Fall NEW Origami Decorations

Ages: 6 - 12 with Adult

Larkspur Community Center

Spend quality time together making festive fall decorations using origami, the traditional Japanese art of paper folding, without using scissors, tape, glue or other mess-inducing components! In this class we will make small origami arrangements suitable for table settings or door hangers. No previous experience necessary. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Grace Ogawa.

\$49.00 ID \$58.80 OD

Activity: <u>302451</u> - Opens August 4

Su: 2:00 - 3:30 pm Session: 11/9

Session: 11/9



With A Child: NEW Nature Art Creations

Samara Learning Center

Unleash your child's inner artist and connect with nature in this hands-on, engaging class! Nature Art Creations is a delightful exploration of the natural world through creative crafts. Together, you and your child will gather inspiration and materials directly from our beautiful surroundings - pine cones, stones and wreaths! We will then transform these treasures into unique works of art. Each session may offer some new options, so you are welcome to sign up for more than one session introducing new and exciting nature-based craft projects, fostering creativity, fine motor skills and a love for the environment. The fee includes one child and one required accompanying adult. Please only register the child.

\$78.00 ID \$93.60 OD

Activity:	<u> 306555</u> -	Opens August 4
W:	5:45 - 7:	15 pm
Session:	11/19	12/17

With A Child: Holiday Origami Boxes NEW

Ages: 6 - 12 with Adult

Larkspur Community Center

Spend quality time together creating colorful gift boxes using origami, the traditional Japanese art of paper folding, without using scissors, glue or other mess-inducing components! In this class we will create boxes and lids out of origami folds suitable for holding small gifts for all holidays. No previous experience necessary. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Grace Ogawa.

\$49.00 ID \$58.80 OD

 Activity:
 302452 - Opens August 4

 Su:
 2:00 - 3:30 pm

 Session:
 12/7



With A Child: Let's Paint Ceramic Ornaments

Ages: 6 - 12 with Adult

Larkspur Community Center

Enjoy a fun morning with your child painting ceramic holiday ornaments. Select from an assortment of unfinished shapes and designs and let your creativity shine. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$79.00 ID \$94.80 OD

 Activity:
 302417 - Opens August 4

 Sa:
 10:00 - 11:30 am

 Session:
 12/20

More "With A Child" classes on page 19. love to play

Learn + play.

This section of classes is designed for those of us adulting. Now that we're in that phase of our lives, it's important to implement both discovery and play in our lives. Lifelong learning helps keep our brains fresh and play helps us feel young. And who doesn't want that?

Cooking & Baking

A Taste of France: Palmiers Cookies

Ages: 16 & up Larkspur Community Center

Miam! Yum! Learn to bake classic French Palmiers, a crispy caramelized cookie with hundreds of light flaky layers. In this class, students will get detailed, hands-on practice in the art of pastry lamination, the process behind puff pastry. Bring an apron and to-go containers for leftovers. Instructor: Andy Hatz.

 \$79.00 ID
 \$94.80 OD

 Activity:
 <u>302112</u> - Opens August 4

 Sa:
 1:00 - 3:00 pm

 Session:
 9/27

Work for play with Bend Park & Recreation District.

Visit bendparksandrec.org/jobs/

Simple Cheese-Making: Italian Cheeses

Ages: 16 & up Larkspur Community Center

Go on a cheese-making adventure! In this hands-on class, you will see how mozzarella is made and then make your very own ricotta with a few basic ingredients. We will sample cheeses and then take home our cheese-making products. Instructor: Elizabeth Guerin.

COOKING & BAKING

SEE BELOW

 \$69.00 ID
 \$82.80 OD

 Activity:
 <u>302220</u> - Opens August 4

 Sa:
 10:00 am - 12:00 pm

 Session:
 10/11



ADULT ENRICHMENT

Plant-based Fall Comfort Food

Ages: 16 & up

Larkspur Community Center

Cozy up to the rich, comforting tastes of autumn. You will learn to make some seasonal favorites made entirely from wholesome, plant-based ingredients, including whole grains, legumes and veggies, just in time for all your holiday festivities! Think comfort food using winter squash, hearty greens, root vegetables and creamy dairy-free sauces, soups or stews. Perfect for vegans, vegetarians or anyone looking to eat more plants this fall. Instructor: Suzanne Landry.

\$89.00 ID \$106.80 OD

 Activity:
 302273 - Opens August 4

 W:
 5:00 - 7:30 pm

 Session:
 11/12



Holiday Entertaining With Charcuterie Boards

Ages: 16 & up

Larkspur Community Center

Impressive and delicious, holiday charcuterie boards can be prepared as appetizers or whole meals, and they are often the star of wine-pairing parties. Charcuterie boards are often themed such as Mediterranean, Italian, French or vegan foods. Learn the fundamentals of designing an outstanding board and have fun creating your very own. Instructor: Suzanne Landry.

\$84.00 ID \$100.80 OD

Activity: <u>302287</u> - Opens August 4

W: 5:00 - 7:00 pm

Session: 11/19

With A Child: Cooking & Baking

With A Child: Sushi Rolling Made Easy

Ages: 7 - 12 with Adult

Larkspur Community Center

Learn how to make a platter of norimaki sushi rolls - it is easy! We will roll a variety of rice, noodles, vegetables, vegetarian proteins and/or cooked and smoked seafood with condiments in nori, a Japanese seaweed wrap. You will also learn to make cones, California rolls, miso soup and wakame cucumber sesame salad. Once you get the knack of it, you can throw your own sushi rolling party! Bring a cutting board, large sharp knife and a small container for your sushi. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$99.00 ID	\$118.80 OD
Activity:	<u>302259</u> - Opens August 4
F:	5:00 - 7:00 pm
Session:	9/5
Sa:	1:00 - 3:00 pm
Session:	9/6

With A Child: Flourless Chocolate Cake

Ages: 7 - 12 with Adult Larkspur Community Center

Calling all chocolate lovers!! This rich and fudgy flourless chocolate cake is a perfect dessert for any occasion and, bonus, it's gluten-free! With a child, grab an 8-inch cake pan and discover how easy it is to make this decadent dessert together. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$79.00 ID \$94.80 OD Activity: <u>302111</u> - Opens August 4 **Sa: 3:00 - 5:00 pm**

Session: 9/20



With A Child: Breakfast Head Start

Ages: 7 - 12 with Adult Larkspur Community Center

These healthy breakfasts will give you a head start in the morning and kids will love getting up and making them for everyone! We will make stuffed French toast with strawberry syrup, egg muffins with sausage and hash browns, eggs in a nest, and bacon and broccoli quiche. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$89.00 ID \$106.80 OD

 Activity:
 302225
 Opens August 4

 Sa:
 10:00 am - 12:00 pm

 Session:
 10/4

With A Child: Marshmallow Madness

Ages: 7 - 12 with Adult

Larkspur Community Center

Let's whip up some sweet, fluffy, homemade marshmallows. Join us as we put together a few basic ingredients and learn to make marshmallow magic and how to vary flavorings to create original marshmallow treats. Bring an apron and a 9x9 baking pan to take home your final confection creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$79.00 ID \$94.80 OD

Activity:	<u>302262</u> - Opens August 4
Sa:	2:00 - 4:00 pm
Session:	10/4



NEW

With A Child: Spook-cuterie

Ages: 7 - 12 with Adult Larkspur Community Center

Calling all little goblins, witches and wizards! In this Halloween-themed snack workshop you will create your very own frightfully fun charcuteriestyle snack boards with tombstone brownies, spiderweb pretzels, mummy dogs and ghost bananas. Join us for a spook-tacular time - if you dare! Please bring a small cutting board or a plate on which to create your design. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$89.00 ID \$106.80 OD

Activity: <u>302292</u> - Opens August 4

F: 5:00 - 7:00 pm Session: 10/17

With A Child: Spooky Halloween "Pocky" Sticks

Ages: 7 - 12 with Adult

Larkspur Community Center

Become a monster munchie master! In this class kids will learn to bake crispy cookie sticks and then transform them into spooky Halloween creatures with delicious dips and decorations. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Andy Hatz.

\$89.00 ID \$106.80 OD

Activity: <u>302113</u> - Opens August 4 Sa: 10:00 am - 12:00 pm - OR - 1:00 - 3:00 pm

Session: 10/25

With A Child: NEW Bake A Better Biscuit

Ages: 7 - 12 with Adult Larkspur Community Center

Nothing beats homemade biscuits! In this class you will learn to make tender, flakey, melt-in-your-mouth biscuits just like your grandmother made from basic ingredients. No mixes here - we are learning how to make biscuits from scratch that you can eat on their own, or use as a base for biscuits and gravy, chicken and biscuits, or strawberry shortcake dessert. Bring a pie pan to take home your fresh-baked treats. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

 \$79.00 ID
 \$94.80 OD

 Activity:
 302289 - Opens August 4

 Sa:
 10:00 am - 12:00 pm

 Session:
 11/8

With A Child: Hand Pie Perfection

Ages: 7 - 12 with Adult

Larkspur Community Center

Spend some quality time with your child and learn to make the perfect hand pie. We will learn the fundamentals of making pie crust dough as well as delicious fillings. You and your child will be on your way to hand pie perfection. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$79.00 ID \$94.80 OD

Activity:	<u>302256</u> - Opens August 4
Sa:	10:00 am - 12:00 pm
Session:	11/22

With A Child: Gingerbread House Holiday Workshop

Ages: 5 - 12 with Adult

Larkspur Community Center

Get a kick-start to holiday fun! Our Gingerbread House Holiday Workshop allows adult/child pairs to work together to design and decorate a gingerbread house creation of their very own. Skip the prep and mess at home, and enjoy spending time with a child creating holiday memories. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$69.00 ID \$82.80 OD

Activity:	<u>302253</u> - Opens August 4
Sa:	9:30 - 10:30 am
- OR -	11:00 am - 12:00 pm
Session:	12/13

Dance & Movement

Adult Ballet

Ages: All Adults

Academie De Ballet Classique

Come learn or rediscover the art of ballet! Adult Ballet is an open-level class for adult learners and dancers. All levels of previous experience are welcome, and no previous experience is required. Ballet is a great way to work on balance, strength and graceful movements. Wear comfortable clothes and ballet shoes.

\$261.00 ID \$313.20 OD

Activity:	<u>306581</u> - Opens August 4
Tu:	12:30 - 1:30 pm
Session:	9/9 - 11/18

Looking for fitness and wellness classes? Check out the Adult Fitness & Wellness section on page 27.

Games

Learn to Play Bridge

Ages: All Adults

Larkspur Community Center

Bridge is a fantastic pastime for casual enthusiasts to diehard competitors. In this six-session course for beginners, you'll learn the fundamentals including the object of the game, the play of the hand, bidding methods and conventions and basic defensive strategies. By the course's conclusion, you should have enough knowledge and hands-on practice to participate in novice level bridge games. Instructor: Steve Puchli.

\$119.00 ID \$142.80 OD

 Activity:
 302606
 Opens August 4

 W:
 12:00 - 2:00 pm

 Session:
 9/3 - 10/8

NEW

Learn to Play Bridge, Part II

Ages: All Adults

Larkspur Community Center

This class is designed for advanced beginners. You will learn about special doubles, overcalls, slam conventions, No Trump defenses, preemptive bids, strong 2 club openings, defensive strategies and the play of the hand. Must have a basic knowledge of bridge fundamentals, including but not limited to: hand evaluation, opening bids in No Trump and suit contracts and appropriate responses. Prior completion of the class Learn to Play Bridge is highly recommended. Instructor: Steve Puchli.

\$119.00 ID \$142.80 OD

 Activity:
 302607
 Opens August 4

 W:
 12:00 - 2:00 pm

 Session:
 10/15 - 11/19

Work for play with Bend Park & Recreation District.

Visit bendparksandrec.org/jobs/

Learn to Play Mah Jongg

Ages: All Adults

Larkspur Community Center

Mah Jongg has become one of the most popular games in the world - come discover what the craze is all about! This fun class is specially designed for beginners and includes an official largeprint American Mah Jongg reference card from the National Mah Jongg League, a \$15 value. Instructor: Sharon Walden.

 \$119.00 ID
 \$142.80 OD

 Activity:
 302604 - Opens August 4

 Tu/Th:
 9:00 - 11:00 am

 Session:
 10/28 - 11/11

Music, Theater & Voice

Ukulele Basics: Strum & Play

Ages: 16 & up Larkspur Community Center

Curious about learning to play the ukulele? Perfect for beginners, this four-week class will get you playing one of the most fun and accessible instruments around - the ukulele! Learn the fundamentals, from tuning and simple chords to strumming techniques. You'll be playing your favorite songs in no time as we keep the pace relaxed and fun, with plenty of guidance and hands-on practice. No experience is required. Bring an ukulele or, if needed, the instructor can help connect you with local resources to borrow or purchase a ukulele at a discount. By course's end, you'll have the skills and confidence to continue your musical journey on your own. Instructor: Marc Proctor.

 \$69.00 ID
 \$82.80 OD

 Activity:
 <u>302101</u> - Opens August 4

 Tu:
 5:00 - 6:00 pm

 Session:
 9/9 - 30



Ukulele Basics 2: Strumming Into New Songs

Ages: 16 & up

Larkspur Community Center

Ready to take your ukulele skills to the next level? In this interactive class, you'll build on the basics and explore new chords, strumming patterns, and techniques that bring your favorite tunes to life. Gain confidence in transitioning between chords, develop a richer sound and learn to jam with others. By course's end, you'll have a few crowd-pleasing songs ready to play and the skills to progress on your own. Whether you're looking to entertain friends, play at gatherings or simply enjoy your ukulele more, this class is your next step. Bring a ukulele or, if needed, the instructor can help connect you with local resources to borrow or purchase a ukulele at a discount. Prior ukulele experience, such as completing Ukulele Basics: Strum & Play, is recommended. Instructor: Marc Proctor.

 \$69.00 ID
 \$82.80 OD

 Activity:
 302102 - Opens August 4

 Tu:
 5:00 - 6:00 pm

 Session:
 10/7 - 28

Register at <u>register.bendparksandrec.org</u> • Fall registration opens August 4 - 5 at 6:00 a.m. daily. Check Activity # for opening date. How to register, scholarships and refund/cancellation policy on pages 6 - 9. • Program locations on pages 117. • Park lists on pages 118 - 121.



Beginner Guitar: Play Your Favorite Song

Ages: 16 & up

Larkspur Community Center

Interested in playing the guitar but don't know where to start? This fourweek class offers you the basics of guitar while you focus on a personal goal - playing your favorite song! This supportive and fun program is designed for beginners, whether you've never touched a guitar or struggled to make progress. We'll cover essential skills like tuning, strumming and simple chords, while keeping things relaxed and enjoyable. Bring a guitar or, If needed, the instructor can help connect you with local resources to borrow or purchase a guitar at a discount. By course's end, you'll be strumming confidently, ready to enjoy the guitar in your own space. Come ready to learn, connect with others and discover the joy of making music! Instructor: Marc Proctor.

\$69.00 ID \$82.80 OD

Activity: <u>302109</u> - Opens August 4

 Tu:
 6:15 - 7:15 pm

 Session:
 9/9 - 30

Beginner Guitar 2: Strumming, Chords & Riffs

Ages: 16 & up Larkspur Community Center

Are you ready to take the next step on your guitar journey? This course builds on the foundation of Beginner Guitar: Play Your Favorite Song, and will help you improve your playing, master new techniques and gain confidence. We'll introduce more chord transitions, explore dynamic strumming, and even learn simple riffs and melodies to enhance your sound. With a relaxed and supportive environment, this class is perfect for those who have learned the basics and are eager to grow. By course's end, you'll be playing with greater fluidity and expression, ready to enjoy the guitar at a whole new level! Bring a guitar or, if needed, the instructor can help connect you with local resources to borrow or purchase a guitar at a discount. Basic knowledge of open chords and strumming, or completion Beginner Guitar: Play Your Favorite Song, is recommended. Instructor: Marc Proctor.

 \$69.00 ID
 \$82.80 OD

 Activity:
 <u>302110</u> - Opens August 4

 Tu:
 6:15 - 7:15 pm

 Session:
 10/7 - 28

Tours

Out To NEW Lunch Bunch

Ages: 60 & up

Larkspur Community Center

Enjoy various cuisines, from ethnic to exotic to down-home cooking, all in one location. We will visit a new food cart location each month; sign up for one outing, or all three. Transportation provided; lunch is paid on your own. Space is limited. Don't miss out on this opportunity to get out of the house, connect with peers and socialize over some good eats!

\$10.00 ID \$12.00 OD

 Activity:
 302531 - Opens August 4

 M:
 11:30 am - 1:30 pm

 Session:
 9/15 10/20 11/17

Explore Central Oregon: NEW Sparrow Bakery

Ages: 60 & up

Larkspur Community Center

Take a special peek behind the scenes at one of Bend's local treasures, Sparrow Bakery. Home of the famous Ocean Roll, Sparrow has been a darling of the ever-growing foodie scene in Central Oregon for nearly 20 years. We will learn about the history of the bakery and get an up-close demonstration of how they make their mouth-watering baked goods. After our private tour, participants will have a chance to relax and purchase a coffee or treat of their own. Transportation provided.

 \$15.00 ID
 \$18.00 OD

 Activity:
 <u>302336</u> - Opens August 4

 Th:
 12:30 - 3:00 pm

 Session:
 9/25



Explore Central NEW **Oregon: KTVZ Television Station**

Ages: 60 & up

Larkspur Community Center

Spend your afternoon getting a behindthe-scenes tour of our local television station KTVZ to learn what goes into creating and broadcasting their daily community-focused news programs to viewers across Central Oregon. We'll get an inside look at the newsroom, set, and control room and have a opportunity to interact with KTVZ news team members. If time allows, we will stop for a cup of coffee and some conversation before returning to Larkspur Community Center. Transportation provided.

\$15.00 ID \$18.00 OD

Activity: 302338 - Opens August 4

Th: 12:30 - 3:00 pm Session: 10/23

Travel

Call Larkspur Community Center at 541-388-1133 or stop by the Bend Senior Center front desk at Larkspur.

Music Cities Holiday

All Adults Ages:

Celebrate the holiday season with the unforgettable Music Cities Holiday tour, a festive journey through the heart of America's musical heritage. Start your adventure in Memphis with a visit to the iconic Graceland, the home of Elvis Presley, and enjoy a lively dinner on historic Beale Street. Then, travel to Nashville for two magical nights at the luxurious Opryland Resort, where you'll experience a dazzling Holiday Dinner & Show. Take in the sights with a guided Nashville City Tour and enjoy a worldclass performance at the Grand Ole Opry. The journey continues in Branson with heartwarming entertainment from the Dutton Family Show and the Doug Gabriel Show, along with a scenic cruise and dinner aboard the Showboat Branson Belle, A Branson City Tour adds local charm, rounding out this enchanting holiday experience filled with music, lights, and Southern hospitality.

\$3299.00 each

(dbl, occupancy, land/air/tax from Portland)

Dates: 12/2 - 7/2025

NEW Colors of Majestic Morocco Ages:

All Adults

Experience the magic of Morocco on a captivating journey through ancient cities, desert landscapes, and vibrant culture. Explore historic Rabat, Fes, and Meknes, enjoy a Winery Estate Tour and Tasting, and walk among the Roman ruins of Volubilis. Spend two unforgettable nights in a Sahara Desert tented camp, complete with a camel ride and a visit to Khamlia Village. Discover the charm of Erfoud, Merzouga, Todra Gorges, and Dades before exploring the cinematic Ait Ben Haddou and crossing the majestic High Atlas Mountains. In Marrakech, marvel at the Koutoubia Mosque. Bahia Palace, and lively Jemaa El Fna Square. Conclude in Casablanca, where tradition meets modern elegance.

\$6199.00 each

(dbl, occupancy, land/air/tax from Portland)

Dates: 2/10 - 21/2026



Arizona Spring NEW Training Explorer

Ages: All Adults

Discover the spirit of the Southwest on the Arizona Spring Training Explorer tour, a perfect blend of baseball, culture, and desert beauty. Stay five nights at one comfortable hotel in the Phoenix area while enjoying a guided city tour and attending two exciting Spring Training baseball games. Explore the charm of Old Town Scottsdale and dive into Native American heritage at the Heard Museum. Venture to the Tucson area to visit the historic Mission San Xavier del Bac, the Arizona-Sonora Desert Museum, and the breathtaking Saguaro National Park. Wrap up your adventure with an Old West Farewell Dinner for a truly memorable Arizona experience.

\$2949.00 each

(dbl, occupancy, land/air/tax from Portland)

Dates: 3/8 - 13/2026

Highlights of England, Scotland & Wales NEW

Ages: All Adults

Discover the charm and history of Britain on the Highlights of England, Scotland & Wales tour, a journey through iconic cities, castles, and countryside. Enjoy guided city tours of Edinburgh, London, and Cardiff, with highlights including the Changing of the Guard at Buckingham Palace and the majestic Edinburgh and Cardiff Castles. Sip and savor during a Scotch Whisky Experience and Tasting, and explore historic gems like York Minster, Shakespeare's birthplace, and Anne Hathaway's cottage in Stratford-Upon-Avon. Visit the mysterious Stonehenge, stroll through the elegant streets of Bath and Bristol, and explore the ancient Roman Baths Museum, all in one unforgettable adventure.

\$4499.00 each

(dbl, occupancy, land/air/tax from Portland) Dates: 3/18 - 26/2026

West Virginia NEW Rails & Williamsburg

Ages: All Adults

Step back in time and enjoy stunning scenery on the West Virginia Rails & Williamsburg tour, featuring two nostalgic train experiences aboard the Potomac Scenic Eagle Railroad and the New Tygart Flyer. Visit the West Virginia Rail Museum and explore the historic elegance of The Greenbrier Resort, including its fascinating Bunker Tour. Then journey east to Virginia, where you'll spend three nights in charming Williamsburg. Discover American history at Monticello, the Jamestown Settlement, Yorktown Battlefield, and the American Revolution Museum at Yorktown. Cap off your journey with an immersive visit to Colonial Williamsburg and a memorable Colonial Farewell Dinner. A special nighttime tour of Washington D.C. adds an illuminated touch to this enriching adventure.

\$4099.00 each

(dbl, occupancy, land/air/tax from Portland)

Dates: 10/1 - 8/2026

Highlights of Italy's Amalfi Coast NEW

Ages: All Adults

Experience the breathtaking beauty and rich history of southern Italy on the Highlights of Italy's Amalfi Coast tour. Start in Rome for three nights, where you'll enjoy a city tour, visit the Vatican Museum, marvel at the Sistine Chapel, and step inside the awe-inspiring St. Peter's Basilica. Then, you'll travel to the splendor of the Amalfi Coast for four unforgettable nights along the stunning coast, visiting charming towns like Sorrento, Amalfi, and Maiori, with special experiences including a limoncello demonstration and a visit to a local cheese factory. Explore the ancient ruins of Pompeii and choose optional excursions to the Isle of Capri or vibrant Naples. For even more Italian charm, an optional three-night posttour extension to Florence is available.

\$4899.00 each (dbl, occupancy, land/air/tax from Portland)

Dates: 10/20 - 29/2026

San Antonio Holiday

Ages: All Adults

Enjoy your hotel right on the banks of San Antonio's River Walk for a wonderful 4-night stay. Visit the Alamo, the birthplace of Texas, and learn the history of this unique monument. Take a cruise on the beautiful River Walk to get acquainted with this one-of-a-kind city and see the beautiful holiday light displays. Visit the artist community of Fredericksburg in the heart of Texas' hill country and the LBJ Ranch, the birthplace of our 36th president. We return to San Antonio's River Walk where you take in Las Luminarias, the festival of lights, where the entire city is lit up by candlelight and holiday displays.

\$2775.00 each

(dbl, occupancy, land/air/tax from Portland)

Dates: 12/3 - 7/2026

Nashville, Smoky Mountains and NEW Bluegrass

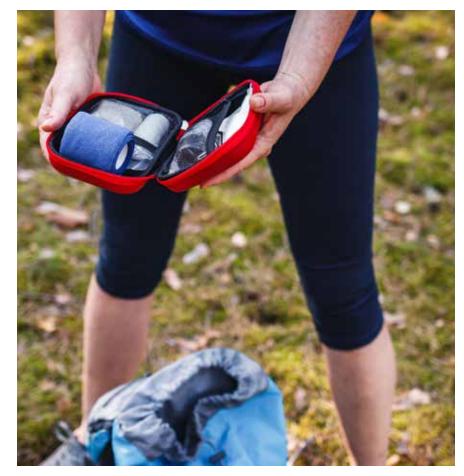
Ages: All Adults

Experience the heart of America's cultural and natural beauty on this unforgettable tour through Nashville, the Smoky Mountains, and Bluegrass Country. Highlights include a visit to Churchill Downs, home of the Kentucky Derby, and the fascinating Kentucky Horse Park. Explore the rich traditions of bourbon at the Evan Williams Bourbon Experience and walk through biblical history at The Ark Encounter. Enjoy the grandeur of the Biltmore Estate, discover America's baseball pastime at the Louisville Slugger Museum & Factory, and soak in the scenic splendor of Smoky Mountains National Park. You'll also experience the charm of Dollywood, a guided Nashville city tour, the Country Music Hall of Fame, and a performance at the legendary Grand Ole Opry.

\$3999.00 each

(dbl, occupancy, land/air/tax from Portland)

Dates: 5/11 - 18/2026



Wilderness Safety & First Aid

Wilderness First Aid Ages: 16 & up Hollinshead Barn

This program covers a wide range of wilderness medicine topics for people who travel in the outdoors: from hunters and fishermen, guides and activity leaders to the casual outdoor user. No previous experience/ knowledge required. Presented by National Outdoor Leadership School (NOLS). Wilderness Medicine CPR not included.

 Fee: \$295.00 ID \$295.00 OD

 Activity:
 408360 - Open now

 Tu-W:
 8:00 am - 5:00 pm

 Session:
 10/28 - 29

WFR Recertification Ages: 16 & up Hollinshead Barn

This training is specifically designed to recertify the Wilderness First Responder certification* (also Wilderness EMT-wilderness portion only and WAFA certifications). Includes CPR. *If your certification is expired, to recertify a WFR course issued by National Outdoor Leadership School (NOLS), please check their website at <u>www.nols.</u> <u>edu</u> to confirm the latest policies in regards to the grace period (typically 1 year). For certifications not issued by NOLS, you should possess a valid and unexpired WFR certification in order to take this course.

\$395.00 ID \$395.00 OD

Activity:	<u>408362</u> - Open now
M-W:	8:00 am - 5:00 pm
Session:	11/3 - 11/5
Sa-M:	8:00 am - 5:00 pm
Session:	12/20 - 12/22
Tu-Th:	8:00 am - 5:00 pm
Session:	10/14 - 16 10/21 - 23



Wilderness First Responder

Ages: 16 & up Hollinshead Barn

Essential for anyone who spends significant time in remote places or who has a professional career in the outdoors, the Wilderness First Responder (WFR) course will prepare you to address difficult medical decisions. Presented by National Outdoor Leadership School (NOLS) Wilderness Medicine, this course is fast-paced and engaging. You'll spend half your time outside of the classroom practicing hands-on skills and realistic scenarios. Training days are typically 8:00 am-5:00 pm, with two evening sessions required. Adult/child CPR certification is included. The intensive 80-hour curriculum is nationally recognized and supported by the Wilderness Medicine Institute's Medical Advisory Panel. 50% deposit required at registration with remaining balance due 30 days prior to start of training.

Fee: \$940.00 ID \$940.00 OD Activity: 408364 - Open now

Su-Sa: 8:00 am - 5:00 pm Session: 12/8 - 17

Wilderness Upgrade for Medical Professionals

Ages: All Adults Hollinshead Barn

Presented by NOLS Wilderness Medicine, this course is for medical professionals - EMTs, medical students, nurses, physician assistants and physicians. It includes a five-day (48hour) module for professional medical practitioners that builds on existing knowledge to learn how to improvise equipment, deal with challenging environmental conditions and make difficult medical decisions in remote locations. Continuing education units available. 50% deposit required at registration with remaining balance due 30 days prior to start of training.

Fee: \$985.00 ID \$985.00 OD Activity: 408366- Open now

Su-Th: 8:00 am - 5:00 pm Session: 11/9 - 13 Work for play with Bend Park & Recreation District.

Visit bendparksandrec.org/jobs/ FITNESS & WELLNESS YOGA, CONDITIONING & MORE

fit for play

Specialized/ Registration Fitness Classes

Nordic Walking for Ski Conditioning

Ages: All Adults Location varies

Learn how to use poles to condition for your favorite winter sport. Powerful, purposeful movements like climbing, bounding, skating, and activation of the core is the focus of this training session. Instructor: Monica McClain-Smith.

\$15.00 ID \$18.00 OD

Larkspur Community Center

 Activity:
 315621 - Opens August 4

 Tu:
 5:15 pm - 6:30 pm

 Session:
 10/14

 Juniper Swim & Fitness Center

 Activity:
 305621 - Opens August 4

 W:
 10:30 am - 11:45 am

 Session:
 10/15

Winter Sports Conditioning

Ages: 16 & up

Prepare for the snow season! This dynamic 6-week small group training session will include ample amounts of muscle strengthening, core, balance, and power work. Using functional training tools, you can expect to take your downhill and Nordic skiing, and even snowshoeing, to the next level with the strength you gain during the conditioning sessions. Instructor: Monica McClain-Smith.

\$120.00 ID \$144.00 OD

Larkspur Community Center		
Activity:	<u>315633</u> - Opens August 4	
Th:	4:45 - 5:45 pm	
Session:	10/16 - 11/20	
Juniper Swim & Fitness Center		
Activity:	<u>305633</u> - Opens August 4	
W:	10:30 - 11:30 am	
	10:30 - 11:30 am 12/3 - 1/21 (no class 12/24 - 31)	



Play up your fitness.

Every season is a great season to move! Not only does **BPRD** offer regularly occurring, weekly drop-in fitness classes, but there are also special opportunities to enhance your fitness curriculum. Our specialized classes let you connect with others while helping to expand your body and mind, gain more confidence and feel great.

Register at <u>register.bendparksandrec.org</u> • Fall registration opens August 4 - 5 at 6:00 a.m. daily. Check Activity # for opening date. How to register, scholarships and refund/cancellation policy on pages 6 - 9. • Program locations on pages 117. • Park lists on pages 118 - 121.



Fit & Happy Feet

Ages: All Adults Larkspur Community Center

Create fit and happy feet! Receive coaching on a series of exercises targeted to strengthen your feet, ankles, and legs over three separate 45-minute sessions. Our feet are our foundation and giving them the attention they deserve can help avoid injury from the stress they receive. Space is limited to 18 participants so register early! Instructor: Cinda Strauch.

\$34.00 ID \$40.80 OD

Activity: <u>315600</u> - Opens August 4 W: **11:15 am - 12:00 pm**

Session: 10/29 - 11/12

Indoor Nordic Walking

Ages: All Adults

Larkspur Community Center

Stay active this winter using poles to provide stability, improve balance and add energy to your walking program. Takes place on Larkspur's indoor track. Bring your own poles - with rubber tip covers - or borrow ours. Instructor: Monica McClain-Smith.

\$18.00 ID \$21.60 OD

Activity: <u>315624</u> - Opens August 4

 W:
 11:15 am - 12:30 pm

 Session:
 10/29

Wellness

A Wellness Workshop for Women 40+

Ages: 40 & up Juniper Swim & Fitness Center

Navigate midlife changes with knowledge, confidence, and grace and feel stronger, leaner, and calmer. This 6-week workshop is designed for women 40+ to build strength, boost metabolism, manage stress, and improve overall well-being through fitness, nutrition, and lifestyle strategies. Each session includes education and discussion around the most up-to-date research, as well as a targeted workout including strength training, cardio, yoga, breathwork and meditation. Learn how to support your hormones, increase energy and feel your best, so that you can age powerfully! Instructor: Michelle Edwards.

\$130.00 ID \$156.00 OD

Activity:	<u>305626</u> - Opens August 4
Sa:	11:00 am - 12:00 pm
Session:	9/13 - 10/18

Deep Release & Rest -Yin & Meditation

Ages: All Adults Juniper Swim & Fitness Center

Prepare for a quiet, slower pace of winter, and join us for a 90-minute immersive experience designed to calm your nervous system, open the body, and guide you into deep states of relaxation. This workshop begins with Yin Yoga – a slow, meditative practice where postures are held for longer periods to target deep connective tissues, improve flexibility, and create space in the body. Following this grounding practice for the physical and energetic body, you'll be guided through Yoga Nidra, also known as "yogic sleep" – a powerful guided meditation technique that promotes deep rest, inner awareness, and healing. No prior yoga or meditation experience is required. Just bring a mat, cozy layers, and an open mind. Come as you are and leave feeling rested, restored, and renewed. Instructor: Erin Collins.

\$18.00 ID \$21.60 OD

 Activity:
 <u>305667</u> - Opens August 4

 Sa:
 3:00 - 4:30 pm

 Session:
 12/6

For more ways to move:

Adult Roller on pages 29 - 32.

Adult Sports on pages 33. Drop-in fitness on pages 103. play on ice

Curling

Learn to Curl

Ages: All Adults The Pavilion

Want to improve your curling skills or learn the much-loved sport? Our experienced instructors will help you hone in your curling skills. All necessary equipment is provided. Registration is required; sorry, no drop-ins.

\$38.00 ID \$45.60 OD

Activity: <u>310334</u> - Opens August 4

F:	9:00 - 11	:00 am
Session:	10/24 11/7	10/31 11/14
	11/21	11/14
	12/5	12/12
	12/19	12/26

Adaptive Equipment

Bend Park and Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, please call (541) 389-7275.

Adult Curling League

Ages: All Adults

Open to all levels of curling experience, from first-timers to seasoned experts! This league gives you a chance to compete alongside your friends. BPRD will supply stones, brooms and all necessary equipment. Games are played on Sunday afternoons and evenings in a round-robin format. Games will run until a team has won or for a maximum of 80 minutes. Curling League is very popular and space is limited, so register early. Game schedule will be organized once 40 teams are registered. One person registers and pays on behalf of your team of four to six players.

Registration deadline: 9/3, 11:59 p.m. or until full.

\$475.00 I	D / OD per team
Activity:	<u>310331</u> - Opens August 4
~	
Su:	3:00 - 10:00 pm

Let's skate!

Drop-in ice and roller skating on page 107.

Skate on. Slide on. Roll on.

The Pavilion's rink is the place to slide, glide, twirl and roll with a wide variety of roller skating and sports in spring through fall and a complementary selection of ice skating and ice sports in the fall through spring. These activities offer movement. a breeze in your hair and the reward of personal development and/ or the excitement of competition.



Hockey

Adult Hockey Lunch League

Ages: All Adults The Pavilion

Looking for more hockey in your midday schedule? Come join us during your lunch break for an adult hockey league. Everyone is welcome because teams are comprised of a wide range of skill levels. Register as an individual; BPRD will draft balanced teams for a seven-game schedule. Game times start at 11:45 am or 1:00 pm each week. Full gear required. Space is limited.

Registration deadline: 9/3, 11:59 p.m. or until full.

\$140.00 ID \$168.00 OD Activity: <u>310325</u> - Opens August 4

 F:
 11:45 am - 2:00 pm

 Season:
 10/31 - 12/19

Required Hockey Gear

PLAYERS: Helmet, mouth guard, elbow pads, hockey pants, shin pads, hockey socks and hockey stick. Shoulder pads recommended but optional.

GOALIES: Goalie helmet, chest protector, goalie pants, leg pads, blocker, catching glove and goalie stick.

Adult Hockey League

Ages: All Adults

The Pavilion

Join BPRD's popular Adult Hockey League for camaraderie and fun! Players register individually in one of 5 divisions (A, B, C+, C-, or D). In order for new players to play in the Adult Hockey League, we require that you can comfortably skate, change directions and stop (Skills & Drills Clinics or other introductory hockey experience recommended). Evaluations will take place between 10/21 & 10/30 (TBD based on weather/ice conditions) and are required for all new players to the league as well as players who are borderline or looking to move divisions. Teams & schedules will be announced by Friday, 11/1. The first week will be scrimmages, followed by twelve regular season games plus at least two playoff games. Each game includes three 17-minute periods with a 3-minute warm-up. Full gear required. For more information contact AlyR@ bendparksandrec.org.

Registration deadline: 9/3, 11:59 p.m. or until full.

\$350.00 ID \$420.00 OD Activity: <u>310320</u> - Opens August 4 **M-Th: 6:30 - 11:45 pm** Season: 11/3 - 3/12

Adult 50+ NEW Hockey League Ages: 50 & up

The Pavilion

Looking for more hockey in your morning schedule? Come join us Tuesday and Thursday mornings for the Adult 50+ League. All players 50+ years and older are welcome because teams are comprised of a wide range of skill levels. Register as an individual; BPRD will draft balanced teams for a seven-game schedule. Game times start at 8:15 am Tuesdays and Thursdays each week. Full gear required. Space is limited.

Registration deadline 9/3, 11:59 pm or until full.

\$140.00 ID \$168.00 OD Activity: <u>310327</u> - Opens August 4 **Tu/Th: 8:15 - 9:15 am** Season: 11/4 - 12/18

Women's Hockey League

Ages: All Adults

The Pavilion

Looking to play women's hockey? This mixed-level women's game will be made up of 4 squads of 6 players who will rotate weekly. Register as an individual. All levels are welcome to play because teams will be drafted by BPRD and volunteers to make even squads. Full gear required. Space is limited.

Registration deadline 9/3, 11:59 pm or until full.

\$140.00 ID \$168.00 OD		
Activity:	<u>310326</u> - Opens August 4	
T:	8:15 - 11:45 pm	
Season:	11/5 - 12/17	



Learn to Skate: Adult Hockey

Ages: All Adults The Pavilion

Let's learn some hockey-specific ice skating skills! In this class, you'll develop your skating skills for hockey such as falling and recovery, hockey stance forward and backward, snowplow stops, backward swizzles, forward C-cuts and more. Wearing hockey gear is optional. No sticks or pucks on ice. Prerequisite: Basic ice skating experience prior to the first class - should be able to stand and skate forward confidently and unassisted. Skate rentals included.

\$87.00 ID \$104.40 OD

Activity:	<u>310146</u> - Opens August 4
Th:	5:40 - 6:10 pm
Session:	11/6 - 12/18
Sa:	9:20 - 9:50 am
Session:	11/8 - 12/20

Adult Hockey Skills Clinics

Ages: All Adults

The Pavilion

Refresh or develop your foundational ice hockey skills with these new dropin skills clinics. The Powerskating & Edgework sessions will focus on building strength and proper alignment in your skating, both forward and backward. The Stickhandling & Shooting clinics will work on precision and confidence with the puck. Full gear and basic skating skills required.

\$20.00 ID \$24.00 OD

Activity: <u>310300</u> - Opens August 4

 F:
 8:00 - 9:00 pm

 - OR 9:15 - 10:15 pm

 Session:
 10/31

 Su:
 6:30 - 7:30 pm

 - OR 7:45 - 8:45 pm

 Session:
 12/21

Adult Hockey Skills & Drills

Ages: All Adults

The Pavilion

Let's get together and improve our hockey skills! These sessions are designed to develop the fundamentals of the game, hone in on particular skills, promote physical fitness and above all else have fun. This program focuses on skills progression with drills including skating techniques, puck handling, passing and offensive-defensive tactics, positioning, shift changes and more. Both beginner and intermediate players are welcome; participants must have prior ice skating experience. Basic gear is required including stick, helmet, gloves, elbow pads, shin pads and hockey pants.

\$100.00 ID \$120.00 OD

Activity: 310321 - Opens August 4

F:8:15 - 9:15 pm- OR -9:30 - 10:30 pmSession:11/14 - 12/19

Be a coach! Volunteer coaches needed for youth sports.

Contact Kim at (541) 706-6127 for more information.



Ice Skating

Learn to Skate: Adult Levels 1 - 2

Ages: All Adults

The Pavilion

Welcome to Skate School where you will learn the fundamentals of ice skating! Depending on your experience and ability, you may learn about falling and recovery, marching forward, two-foot glides, forward swizzles, snowplow stops, one-foot glides, two-foot turns in place, switching directions and more. No prerequisite skills required. Skate rentals included.

\$87.00 ID	\$104.40 OD
Activity:	<u>310141</u> - Opens August 4
Th:	5:40 - 6:10 pm
Session:	11/6 - 12/18
Sa:	9:55 - 10:25 am
Session:	11/8 - 12/20

Learn to Skate: Adult Levels 3 - 4 Ages: All Adults

The Pavilion

Let's develop your skating skills further! Depending on your experience and ability, we may work on forward inside/ outside edges, forward crossovers, one-foot glides, backward half-swizzle pumps, two-foot spins and more. Suggested prerequisite: Completion of Level 1-2. Skate rentals included.

\$87.00 ID \$104.40 OD

Activity:	<u>310143</u> - Opens August 4
Th:	5:40 - 6:10 pm
Session:	11/6 - 12/18
Sa:	9:55 - 10:25 am
Session:	11/8 - 12/20



Register at <u>register.bendparksandrec.org</u> • Fall registration opens August 4 - 5 at 6:00 a.m. daily. Check Activity # for opening date. How to register, scholarships and refund/cancellation policy on pages 6 - 9. • Program locations on page 117. • Park lists on pages 118 - 121.

Specialized Times:

Registration: Opens 72 hours prior to scheduled session. You must check-in with the front desk before the session.

Drop-in: If space is available. Check activity **#** status online prior to arrival.

Sessions: Times and days will vary. Check online schedule.

Stick Time

Think "Open Gym," but for hockey. Bring your sticks, skates and gear and work on your skating, stick handling and shooting in these no pressure hockey-only sessions. Nets and pucks provided.

Adult: \$13.50 / Youth: \$12.50

Activity: <u>410402</u> - Adult <u>410401</u> - Youth

Pick-up Hockey

Get some extra game practice during these pick-up hockey times. No officials or scoring. Teams are self-selected each session. Full gear required. Bring light and dark jerseys.

Adult: \$13.50

Activity: 410403 - Adult

Freestyle

Freestyle is a practice session designed for intermediate and advanced figure skaters to take advantage of the full ice surface to work on edgework, jumps, spins and choreography.

Adult: \$13.50 / Youth: \$12.50

Activity: 410160 - Adult/Youth

Curling Time

Come and practice your curling skills during these two-hour pickup sessions. All equipment is provided.

Adult: \$20.00 Activity: <u>410332</u> - Adult



Learn to Skate: Adult Level 5 - 6

Ages: All Adults

The Pavilion

Let's develop your skating skills further! Depending on your experience and ability, we may work on backward inside/outside edges, backward crossovers, more advanced stops, basic spins, spirals and more. This class is intended for figure skaters. Suggested prerequisite: Completion of Level 3-4. Skate rentals included.

 \$87.00 ID
 \$104.40 OD

 Activity:
 310145 - Opens August 4

 Th:
 5:40 - 6:10 pm

 Session:
 11/6 - 12/18

 Sa:
 9:20 - 9:50 am

 Session:
 11/8 - 12/20

Save the date for Winter 2026 Ice Sports

Make plans for:

- Learn to Skate & Learn to Play
- Adult Curling League
- Adult Ice Hockey
 Lunch League
- Youth Ice Hockey League

Winter program registration is scheduled for early December.

Watch for updates.

With A Child: Learn to Skate

Ages: 6 - 11

The Pavilion

Welcome to Skate School to learn the fundamentals of ice skating! Young skaters - grab a parent, relative or other adult in your life and learn to skate together. We will learn about sitting and standing up on the ice, forward swizzles, snowplow stops on two feet, two-foot hops and more. No prerequisite. Skate rentals included.

\$140.00 ID \$168.00 OD

Activity:	<u>310110</u> - Opens August 4
Sa:	9:55 - 10:25 am
Session:	11/8 - 12/20





Adult Sports Conditioning

Specialized conditioning programs available on page 27 - 28.

Drop-in fitness activities and information on pages 108 - 109.

Drop-in Skate, Skatepark & Basketball

All ages for \$7.00 person Dates: Days/times vary August - September

Come in and enjoy the covered basketball courts, skate or ride the skatepark. We have one full court available for basketball, balls available to use at the facility. Skatepark is open to roller skates, roller blades, scooters and skateboards. Helmets are required in the skatepark.

Check schedules at <u>thepavilioninbend</u>. <u>com</u>.

Be a coach! Volunteer coaches needed for youth sports.

Contact Kim at (541) 706-6127 for more information.

Volleyball

Fall Women's NEW Volleyball League

Ages: All Adults High Desert Middle School

Join other volleyball enthusiasts and form a team! This is a women's 6's league and is self-officiated. Team signup only.

Registration closes 10/19, 11:59 p.m. or until full.

 \$329.00 ID / OD per team

 Activity:
 303900 - Opens August 4

 Tu:
 7:30 - 9:30 pm

 Session:
 11/4 - 12/16

Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, please call (541) 389-7275.

Game time.

Play is a key element of our youth. So why not feel like a kid again and have sports in your life? You'll exercise, make new friends and either learn a new skill or keep an old one alive. And that is the real fountain of youth.

ADVANCE YOUR SWIMMING SEE BELOW

vim

Liquid benefits.

It's never too late to become a swimmer! Our swim program allows you to progress from no experience to becoming a master swimmer. Come swim - gain confidence in the water and feel great.

Did you know? Why you should learn to swim for your safety:

More than a third of adults in the United States can't swim the length of a pool, according to the Centers for Disease Control and Prevention, which puts them at risk of being one of the 10 people who drown every day in this country.

Swim Lessons

Swim Lessons Adult Level 1

Ages: 16 & up Juniper Swim & Fitness Center

This class is designed for the adult swimmer with little to no experience in the water. We will introduce you to basic swim skills and water safety while helping conquer any fears of swimming you may have. The majority of class is in shallow water.

\$196.00 ID \$235.20 OD

Activity:	<u>305554</u> - Opens August 5
Sa:	8:40 - 9:25 am
Session:	9/20 - 12/13 (no class 11/1 & 11/29)

Swim Lessons Adult Level 2

Ages: 16 & up Juniper Swim & Fitness Center

Develop your skills in a comfortable environment designed for new swimmers to learn basic front crawl and back strokes. Appropriate for adults unable to swim 15 meters.

\$196.00 ID \$235.20 OD Activity: <u>305555</u> - Opens August 5

Tu:	6:20 - 7:05 pm
Session:	9/16 - 12/9 (no class 11/25)
Th:	6:20 - 7:05 pm
Session:	9/18 - 12/11 (no class 11/27)

Swim Lessons Adult Level 3

Ages: 16 & up Juniper Swim & Fitness Center

This class works on building your confidence, developing stroke technique and achieving the ability to swim full laps. The focus is on fitness through skill training, short distance repeats and is individualized to meet your goals. Appropriate for adults who can swim 15 meters but not much more.

\$196.00 ID \$235.20 OD

Activity:	<u>305556</u> - Opens August 5
Tu:	5:30 - 6:15 pm
Session:	9/16 - 12/9 (no class 11/25)
Th:	5:30 - 6:15 pm
Session:	9/18 - 12/11 (no class 11/27)

Masters Swimming: Bend's Adult Swim Program

Ages: 18 & up

Juniper Swim & Fitness Center

Improve your skills and enjoy training in structured practices with experienced coaches. Masters Swimming emphasizes fitness, fellowship and fun for various ages and abilities. Participants must be able to swim comfortably for 500 meters (20 lengths). Although not required, many choose to race.

Fitness, Swim & Skate Pass or drop-in fee.

Dates:	9/15 - 1/5	Check schedule
M/W/F: - OR- T/Th: Sa/Su:	5:35 - 6:50 11:45 am - 9:15 - 10:30 9:00 - 10:3	1:00 pm) am



YOUTH THERAPEUTIC RECREATION

Kids' Adventure Days

Ages: 6 - 12 District Office

Join us for an afternoon of adventure in and around Bend. Activities are weather-dependent, and may include accessible hiking, exploring state parks and visiting local farms. This program is designed for kids with disabilities and their siblings or friends.

\$50.00 ID \$60.00 OD

Activity:	<u> 304810</u> -	Opens	August	4
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Sa:	1:30 - 5:00 pm	
Session:	9/13	10/18
	11/15	

Work for play! View BPRD jobs available at bendparksandrec.org/jobs.

With inclusion, everybody benefits!

If you or your child has a disability and are interested in "Dwell on the beauty of life. Watch the stars, and see yourself running with them." Marcus Aurelius

participating in a general program, we will help make it happen. When people with disabilities participate in general programs EVERYBODY benefits!

To ensure successful inclusion, we encourage you to check the box on the registration form that says "check here if you want an assessment team to contact you about disability accommodations." Someone from the Therapeutic Recreation Department will contact you to discuss what we can do to make your experience a success!

Register at <u>register.bendparksandrec.org</u> • Fall registration opens August 4 - 5 at 6:00 a.m. daily. Check Activity # for opening date. How to register, scholarships and refund/cancellation policy on pages 6 - 9. • Program locations on page 117. • Park lists on pages 118 - 121.



Youth Game & Activity Night

Ages: 8 - 17

Larkspur Community Center

Join us for an evening of crafts and games. Depending upon the weather, we may get outside for some games in the park. This program is designed for youth with disabilities and their siblings or friends.

\$30.00 ID \$36.00 OD

 Activity:
 304803 - Opens August 4

 F:
 6:00 - 8:00 pm

 Session:
 9/19
 11/7

Youth Swimming

Ages: 7 - 17

Juniper Swim & Fitness Center

Splish, Splash! Come enjoy an afternoon at the pool with your friends! This program is for kids with special needs, but friends and siblings are welcome to join.

\$30.00 ID \$36.00 OD

Activity:	<u>304801</u> - Opens August 4
Sa:	1:00 - 3:00 pm
Session:	10/4

Youth Movie Night

Ages: 8 - 17

District Office

Come enjoy a movie and snacks with friends. We will also have activities and fidgets for those who need to keep their hands busy during movies! This program is designed for youth with disabilities, and their siblings or friends.

\$35.00 ID \$42.00 OD

Activity: <u>304604</u> - Opens August 4

F: 6:00 - 8:00 pm Session: 10/10

Youth Swimming

Ages: 7 - 17

Larkspur Community Center

It's time to swim! We will make a splash at Recreation Swim at the Larkspur Community Center pool. This program is designed for youth with disabilities, and their siblings or friends.

 \$25.00 ID
 \$30.00 OD

 Activity:
 304801 - Opens August 4

 F:
 5:30 - 7:00 pm

 Session:
 11/21
 12/19

TEEN THERAPEUTIC RECREATION

Teen Adventure Club

Ages: 13 - 21 District Office

Looking for an exciting and active morning of adventure and fun with your friends? Join the Teen Adventure Club. Come enjoy games, field trips around Central Oregon, community events and much more. Activities are dependent on the weather. This program is designed for teens with disabilities and their siblings or friends.

\$50.00 ID \$60.00 OD			
Activity:	ty: <u>304820</u> - Opens August 4		
Sa:	9:30 am - 1:00 pm		
Session:	9/13	10/18	

Session: 9/13 11/15

Teen Fitness

Ages: 13 - 18

Larkspur Community Center

Join a program focused on healthy lifestyles and habits as we utilize the fitness centers at Larkspur Community Center to exercise with friends. We will also try out different fitness activities like bouldering, disc golf and pickleball. This program is designed for teens with disabilities and their siblings or friends.

\$25.00 ID \$30.00 OD

Activity:	<u> 304850</u> -	Opens August 4
M:	5:30 - 7:00 pm	
Session:	9/15	10/20
	11/17	12/8

Teen Holiday Crafts & Activities

Ages: 12 - 18 District Office

Let's get festive and craft some gifts for family and friends.

\$45.00 ID \$54.00 OD

 Activity:
 304221 - Opens August 4

 Sa:
 10:00 am - 1:00 pm

 Session:
 12/13



Sensory-Friendly Swim Drop-in sessions available at Larkspur Community Center. Learn more on page 110.

ADULT THERAPEUTIC RECREATION

Arts & Crafts

Animal Expressions

Ages: All Adults

Larkspur Community Center

Let your creativity run wild in Animal Expressions! Perfect for artists of all levels and all animal lovers, this class combines imagination and storytelling through expressive artwork.

\$95.00 ID \$114.00 OD

Activity: <u>304400</u> - Opens August 4

M: 5:00 - 7:00 pm

Session: 9/8 - 22

Pop Art NEW

Ages: All Adults

Larkspur Community Center

Inspired by iconic artists like Andy Warhol and Roy Lichtenstein, this fun and expressive art class invites you to explore the playful side of creativity. In this class we will transform familiar images like food or comic book scenes into eye-catching works of pop art.

\$130.00 ID \$156.00 OD

Activity: <u>304401</u> - Opens August 4

M: 5:00 - 7:00 pm Session: 9/29 - 10/20





Holiday Parade Float

Ages: All Adults Larkspur Community Center

Let's spend four weeks working together to build our BPRD Therapeutic Recreation holiday parade float! We will work collectively in choosing a theme for our float and then build it into our final masterpiece that will be presented at the downtown Bend holiday parade in December.

\$130.00 ID \$156.00 OD Activity: <u>304420</u> - Opens August 4 M: **5:00 - 7:00 pm** Session: 10/27 - 11/17

Holiday Gift Making

Ages: All Adults

Larkspur Community Center

Get crafty and create unique, heartfelt gifts. This hands-on class provides all the materials and guidance to make a variety of personalized items perfect for the holiday season.

\$100.00 ID \$120.00 OD

Activity: <u>304421</u> - Opens August 4

M: 5:00 - 7:00 pm Session: 12/1 - 15

Cooking & Baking

Ragin' Cajun NEW Recipes

Ages: All Adults

Twin Knolls Transition Co-op

Get ready to turn up the heat and spice things up in the kitchen for this cooking class centered on Louisiana's culture rich cuisine! Learn to create traditional dishes like jambalaya, gumbo and étouffée.

\$140.00 ID \$168.00 OD

Activity:	<u>304301</u> - Opens August 4
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W: 5:00 - 7:30 pm Session: 9/3 - 24

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Magic

Ages: All Adults

Twin Knolls Transition Co-op

Transport your taste buds to the sunsoaked shore of the Mediterranean and cook cuisine from countries like Greece, Italy and Morocco! Think fresh herbs, bold spices and lots of bread and olive oil.

 \$140.00 ID
 \$168.00 OD

 Activity:
 304312 - Opens August 4

 W:
 5:00 - 7:30 pm

 Session:
 10/1 - 22

Holiday Dish NEW Remix

Ages: All Adults

Twin Knolls Transition Co-op

Tired of the same ol' holiday menu items? This class, perfect for adventurous cooks, will take all the classic holiday dishes and put a twist on them with bold new flavors and unexpected ingredients.

\$140.00 ID \$168.00 OD Activity: 304314 - Opens August 4

W: 5:00 - 7:30 pm

Session: 10/29 - 11/19

Home for **NEW** the Holidays

Ages: All Adults

Twin Knolls Transition Co-op

Celebrate the season with comforting flavors of home in this heartwarming holiday cooking class. Perfect for cooks of all levels, this cooking class focuses on seasonal ingredients and the joy of sharing a delicious home cooked meal with loved ones.

\$105.00 ID \$126.00 OD

 Activity:
 304316 - Opens August 4

 W:
 5:00 - 7:30 pm

 Session:
 12/3 - 17

Fun & Games

Scavenger Hunt

Ages: All Adults

Norton Avenue Apts

Get ready... get set... and go with your team to complete your scavenger hunt before the time runs out! We will have clever clues guiding you around Bend. Do you have what it takes?

\$30.00 ID \$36.00 OD

Activity: <u>304399</u> - Opens August 4

F: 5:30 - 8:30 pm

Session: 10/3



Afternoon at the Pool

Ages: 16 & up

Juniper Swim & Fitness Center

It may be cold outside, but we can still make a splash at the warm indoor pools as we join the Recreation Swim session at Juniper Swim & Fitness Center.

\$25.00 ID \$30.00 OD

Activity: <u>304506</u> - Opens August 4 Sa: **1:00 - 3:30 pm**

Session: 11/8

Night at the Pool

Ages: 17 & up

Larkspur Community Center

Splash around with your friends! Come join us for an evening of swimming and games at Larkspur Community Center.

\$20.00 ID \$24.00 OD Activity: <u>304503</u> - Opens August 4

F: 5:00 - 7:00 pm Session: 11/14



Outdoors

Nature Nights

Ages: All Adults

Norton Avenue Apts Welcome to Nature Nights, a program that combines the joy of being outside

with evening activities as the sun starts to set. From nature-themed art projects to sound walks and sensory exploration, join us for a calm and creative evening in the woods.

\$52.00 ID \$62.40 OD

Activity: <u>304140</u> - Opens August 4

 Th:
 5:30 - 7:30 pm

 Session:
 9/4 - 25

Saturday Adventures

Ages: All Adults

Norton Avenue Apts

Join us for an outing with friends in or around Bend. The outing will be determined based on the weather, but it will certainly be active and scenic. Saturdays have never been so much fun!

Activity:	<u>304104</u> - C	Dpens August 4
Sa:	10:00 aı	m - 4:00 pm
Session:	9/27 11/22	10/25

Social Programs

Day Program: Community Outing

Ages: All Adults

Norton Avenue Apts

Join us for this day time program. This program is designed for adults who are not working at this time of day and would enjoy getting out in the community. Activities could include going to the library or museum, or visiting other local attractions.

\$125.00 ID \$150.00 OD

Activity: <u>304505</u> - Opens August 4

F: 9:30 am - 12:30 pm Session: 9/12 - 26 10/3 - 24 10/31 - 11/21 12/5 - 19

Therapeutic Recreation BBQ

Ages: All Ages Miller's Landing Park

Join us for our third annual BPRD Therapeutic Recreation BBQ. All participants and families are invited and it's a great opportunity to connect with other families and staff. We are hosting the BBQ at Miller's Landing so families can check out and use the new accessible river entry. Please bring a water craft if you'd like to try it out! BPRD will provide main dishes and families will be asked to bring a side dish. This is a family event - 1:1 staff support will not be available. Please register all who plan to attend.

\$5.00 ID \$6.00 OD

Activity: <u>304507</u> - Opens August 4

Sa: 12:00 - 2:30 pm Session: 9/20

Wellness Series

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Ages: All Adults
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Norton Avenue Apts

Invest in your well-being in our new Wellness Series, a multi-session program designed to support your mind and body. From mindful movement to a spa night, come unwind with us!

\$52.00 ID \$62.40 OD

Activity: <u>304131</u> - Opens August 4

Tu:5:30 - 7:30 pmSession:9/30 - 10/21



Gratitude NEW & Growth

Ages: All Adults Larkspur Community Center

Take time leading up to the holiday season to reflect and reconnect in Gratitude & Growth. All you need is your ability to try new things and willingness to grow!

 \$40.00 ID
 \$48.00 OD

 Activity:
 304230 - Opens August 4

 Tu:
 5:30 - 7:30 pm

 Session:
 10/28 - 11/18

Howlin' Halloween Dance

Ages: All Adults Hollinshead Barn

Are you ready for a howlin' good time? Dress up in your favorite Halloween costume and get ready to dance the night away. The evening will begin with a delicious dinner and end with a costume contest.

 \$35.00 ID
 \$42.00 OD

 Activity:
 304511 - Opens August 4

 F:
 5:30 - 8:30 pm

 Session:
 10/31



Register at <u>register.bendparksandrec.org</u> • Fall registration opens August 4 - 5 at 6:00 a.m. daily. Check Activity # for opening date. How to register, scholarships and refund/cancellation policy on pages 6 - 9. • Program locations on page 117. • Park lists on pages 118 - 121.

Community Contributions

Ages: All Adults Norton Avenue Apts

Let's take some time to give back to the Bend community. We will either volunteer at an organization or business in town, or use our artistic skills to create gifts to donate somewhere in need.

 \$25.00 ID
 \$30.00 OD

 Activity:
 304100 - Opens August 4

 Sa:
 10:00 am - 1:00 pm

 Session:
 11/8



Kindred **NEW** Connections

Ages: All Adults

Norton Avenue Apts

Kindred Connections is a heartwarming outreach program that brings people together during the holiday season through meaningful visits to retirement and senior living centers.

\$40.00 ID \$48.00 OD

Activity: <u>304108</u> - Opens August 4

Th: 5:30 - 7:30 pm

Session: 12/4 - 18

Holiday Parade

Ages: All Adults

Norton Avenue Apts

Join your friends for a day of singing, laughing and hot cocoa at the annual holiday parade in downtown Bend. Don't miss the boat - sign up to be on the float!

\$40.00 ID \$48.00 OD

Activity: <u>304517</u> - Opens August 4

Sa: 10:00 am - 2:00 pm

Session: 12/6



Sports & Fitness

Fitness Fun

Ages: All Adults Larkspur Community Center

Try out different fitness activities as you challenge yourself to reach your personal fitness goals. With a focus on fun and camaraderie, we will use the fitness center at Larkspur Community Center, try different workouts, learn yoga basics and more. Activities will be moved outdoors, weather permitting.

 \$40.00 ID
 \$48.00 OD

 Activity:
 304512 - Opens August 4

 Tu:
 5:30 - 7:30 pm

 Session:
 9/2 - 23
 12/2 - 16

Biking With Oregon Adaptive Sports

Ages: All Adults

Norton Avenue Apts

Biking with Oregon Adaptive Sports (OAS) has been so popular we're doing another fall session! OAS has an impressive fleet of adaptive bikes, and there is something for everyone. We encourage all skills levels to join and we will have support for beginners as well as challenges for more experienced riders.

 \$52.00 ID
 \$62.40 OD

 Activity:
 <u>304101</u> - Opens August 4

 Th:
 <u>4:45 - 6:45 pm</u>

 Session:
 10/2 - 23

Moving to Music Ages: All Adults

Juniper Swim & Fitness Center

Get ready to shake, shimmy and salsa your way to a healthier you! Dance away the afternoon with a fun, energetic blend of dance music. This is an easy and fun way to work out on your own or with friends.

\$52.00 ID \$62.40 OD

 Activity:
 304105 - Opens August 4

 Th:
 6:15 - 7:45 pm

 Session:
 10/30 - 11/20

Trips & Tours

Oregon Coast Trip

Ages: All Adults Norton Avenue Apts

This year's Oregon Coast Trip will be to Beverly Beach State Park in Newport, Oregon. We will spend two nights in yurts, eat delicious seafood, hike trails in the coastal mountains and play on the beach. What a fun two days!

\$400.00 ID \$480.00 OD

Activity: 304601 - Opens August 4

F, 12:30 pm - Su, 4:00 pm

Session: 9/5 - 7

Young Child Activity Finder

Looking for activities for a young child, ages 5 and under?

The Young Child Activity Finder is here with all the winter programs for children ages 0 to 5 years old.

Designed to make finding activities a breeze, the finder is organized by category and dates and lets you also view program age, days, time and location to help you discover the activities that match your needs.

You can view the program description online by clicking the Activity **#** link or go to the Youth Section featuring the program category.



Use the online tool!

Visit our website for the same great Young Child Activity Finder!

Go to <u>register.bendparksandrec.org</u> and click on Young Child Activity Finder under Search.

TITLE	ACTIVITY	AGES	DAYS	TIME	SESSIONS	CATEGORY	LOCATION
BITTY BASKETBALL LEAGUE - KINDERGARTEN COED	<u>303400</u>	5 - 6	S	8:30 AM - 4:00 PM	11/1 - 12/13	BASKETBALL	CASCADE MIDDLE SCHOOL
BITTY BASKETBALL LEAGUE - 1ST GRADE COED	<u>303401</u>	5.75 - 7	S	8:30 AM - 4:00 PM	11/1 - 12/13	BASKETBALL	CASCADE MIDDLE SCHOOL
PRECLAY	<u>311300</u>	3 - 5	F	9:30 AM - 10:30 AM	9/5, 9/12, 9/19, 9/26, 10/3, 10/10, 10/17, 10/24, 11/7, 11/14, 11/21, 12/5, 12/12, 12/19	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY TINY HOMES	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	9/6, 9/7	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY SPOOKY HOUSES	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	9/27, 9/28	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY ANIMALS	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	9/13, 9/14	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY GNOMES	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	9/20, 9/21	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY MONSTERS	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	10/4, 10/5	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY PUMPKINS	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	10/11, 10/12	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY WIND CHIMES	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	10/18, 10/19	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY ANIMAL Bowls	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	10/25, 10/26	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY DRAGONS	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	11/1, 11/2	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY HOLIDAY ORNAMENTS	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	11/15, 11/16	CLAY & POTTERY	HARMON PARK CLAY STUDIO
TITLE	ACTIVITY	AGES	DAYS	TIME	DATES	CATEGORY	LOCATION

TITLE	ACTIVITY	AGES	DAYS	TIME	SESSIONS	CATEGORY	LOCATION
WITH A CHILD: CLAY HOLIDAY TREES	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	12/6, 12/7	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY BELLS	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	12/13, 12/14	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: BREAKFAST HEAD Start	<u>302225</u>	7 - 12	S	10:00 AM - 12:00 PM	10/4	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: BAKE A BETTER BISCUIT	<u>302289</u>	7 - 12	S	10:00 AM - 12:00 PM	11/8	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: GINGERBREAD House Holiday Workshop	<u>302253</u>	5 - 12	S	9:30 AM - 10:30 AM 11:00 AM - 12:00 PM	12/13/25	CRAFTS	LARKSPUR COMMUNITY CENTER
MINI YOGI CLASSES	<u>306177</u>	3 - 5	Т	4:15 PM - 5:00 PM	9/9 - 10/14	DANCE & MOVEMENT	FREE SPIRIT YOGA - NINJA - PLAY
KIDS HIP HOP	<u>306570</u>	5 - 7	T	4:30 PM - 5:35 PM	9/9 - 11/18	DANCE & MOVEMENT	ACADEMIE DE BALLET
FANTASY BALLET	<u>306582</u>	5 - 6	F	4:00 PM - 4:45 PM	9/12 - 11/21	DANCE & MOVEMENT	ACADEMIE DE BALLET
LITTLE STARS BALLET	<u>306571</u>	3 - 4	S	9:20 AM - 10:05 AM	9/13 - 11/22	DANCE & MOVEMENT	ACADEMIE DE BALLET
EXPERIMENT WITH ART	<u>406608</u>	5 - 12	W	12:45 PM - 2:15 PM	9/10 - 10/22	ENRICHMENT WEDNESDAYS	JUNIPER ELEMENTARY
EXPERIMENT WITH ART	<u>406610</u>	5 - 12	W	12:45 PM - 2:15 PM	9/10 - 10/22	ENRICHMENT WEDNESDAYS	MILLER ELEMENTARY
FUN WORKS INC. STEAM USING LEGO	<u>406611</u>	5 - 12	W	12:45 PM - 2:15 PM	9/10 - 10/22	ENRICHMENT WEDNESDAYS	PINE RIDGE ELEMENTARY
FUN, FUNKY, FRESH DANCE	<u>406606</u>	5 - 12	w	12:45 PM - 2:15 PM	9/10 - 10/22	ENRICHMENT WEDNESDAYS	HIGHLAND ELEMENTARY
GO C.A.M.P.	<u>406601</u>	5 - 12	w	12:45 PM - 2:15 PM	9/10 - 10/22	ENRICHMENT WEDNESDAYS	BEAR CREEK ELEMENTARY
HAPPY HABITS FUN & FITNESS Class	<u>406603</u>	5 - 12	W	12:45 PM - 2:15 PM	9/10 - 10/22	ENRICHMENT WEDNESDAYS	ELK MEADOW ELEMENTARY
HAPPY HABITS FUN & FITNESS Class	<u>406605</u>	5 - 12	W	12:45 PM - 2:15 PM	9/10 - 10/22	ENRICHMENT WEDNESDAYS	HIGH LAKES ELEMENTARY
INTRO TO JAPANESE CULTURE	<u>406614</u>	5 - 12	W	12:45 PM - 2:15 PM	9/10 - 10/22	ENRICHMENT WEDNESDAYS	NORTH STAR ELEMENTARY
ROCKET MINDS READY TO THRIVE	<u>406607</u>	5 - 12	W	12:45 PM - 2:15 PM	9/10 - 10/22	ENRICHMENT WEDNESDAYS	JEWELL ELEMENTARY
EXPERIMENT WITH ART	<u>406601</u>	5 - 12	W	12:45 PM - 2:15 PM	11/5 - 12/17	ENRICHMENT WEDNESDAYS	BEAR CREEK ELEMENTARY
EXPERIMENT WITH ART	<u>406606</u>	5 - 12	W	12:45 PM - 2:15 PM	11/5 - 12/17	ENRICHMENT WEDNESDAYS	HIGHLAND ELEMENTARY
FUN WORKS INC. STEAM USING Lego	<u>406607</u>	5 - 12	W	12:45 PM - 2:15 PM	11/5 - 12/17	ENRICHMENT WEDNESDAYS	JEWELL ELEMENTARY
FUN, FUNKY, FRESH DANCE	<u>406605</u>	5 - 12	W	12:45 PM - 2:15 PM	11/5 - 12/17	ENRICHMENT WEDNESDAYS	HIGH LAKES ELEMENTARY
go c.a.m.p.	<u>406614</u>	5 - 12	W	12:45 PM - 2:15 PM	11/5 - 12/17	ENRICHMENT WEDNESDAYS	NORTH STAR ELEMENTARY
HAPPY HABITS FUN & FITNESS Class	<u>406610</u>	5 - 12	w	12:45 PM - 2:15 PM	11/5 - 12/17	ENRICHMENT WEDNESDAYS	MILLER ELEMENTARY
HAPPY HABITS FUN & FITNESS Class	<u>406611</u>	5 - 12	w	12:45 PM - 2:15 PM	11/5 - 12/17	ENRICHMENT WEDNESDAYS	PINE RIDGE ELEMENTARY
TITLE	ACTIVITY	AGES	DAYS	TIME	DATES	CATEGORY	LOCATION

TITLE	ACTIVITY	AGES	DAYS	TIME	SESSIONS	CATEGORY	LOCATION
INTRO TO JAPANESE CULTURE	<u>406603</u>	5 - 12	W	12:45 PM - 2:15 PM	11/5 - 12/17	ENRICHMENT WEDNESDAYS	ELK MEADOW ELEMENTARY
ROCKET MINDS READY TO THRIVE	<u>406608</u>	5 - 12	w	12:45 PM - 2:15 PM	11/5 - 12/17	ENRICHMENT WEDNESDAYS	JUNIPER ELEMENTARY
FAMILY YOGA CLASSES	<u>306767</u>	5 - 8	w	5:15 PM - 6:15 PM	9/10 - 10/15	GENERAL ENRICHMENT	FREE SPIRIT YOGA - NINJA - PLAY
WESTSIDE VILLAGE DAY CAMP - 1 DAY	<u>306401</u>	5 - 14	M, T, W, Th, F	7:45 AM - 5:15 PM	10/29, 10/30, 10/31, 11/24, 11/25, 11/26, 12/22, 12/23, 12/24, 12/29, 12/30	GENERAL ENRICHMENT	WESTSIDE VILLAGE
WESTSIDE VILLAGE DAY CAMP - 3 DAY	<u>306401</u>	5 - 11	M-W, W-F	7:45 AM - 5:15 PM	10/29 - 10/31, 11/24 - 11/26, 12/22 - 12/24	GENERAL ENRICHMENT	WESTSIDE VILLAGE
TRY HOCKEY FOR FREE AGES 5-11	<u>310200</u>	5 - 11	S	9:00 AM - 11:00 AM	10/25/25	ICE HOCKEY	THE PAVILION
YOUTH LEARN TO PLAY HOCKEY: LEVEL 1	<u>310201</u>	5.5 - 14	w	4:00 PM - 5:00 PM	11/5 - 12/17	ICE HOCKEY	THE PAVILION
YOUTH LEARN TO PLAY HOCKEY: LEVEL 2	<u>310202</u>	5.5 - 14	w	5:15 PM - 6:15 PM	11/5 - 12/17	ICE HOCKEY	THE PAVILION
KINDERSKATE 1	<u>310101</u>	4 - 5	T, TH, S	8:45 AM - 9:15 AM 4:30 PM - 5:00 PM 5:05 PM - 5:35 PM	11/4 - 12/16, 11/6 - 12/18, 11/8 - 12/20	ICE SKATE LESSONS	THE PAVILION
KINDERSKATE 2	<u>310102</u>	4 - 5	T, TH, S	8:45 AM - 9:15 AM 4:30 PM - 5:00 PM	11/4 - 12/16, 11/6 - 12/18, 11/8 - 12/20	ICE SKATE LESSONS	THE PAVILION
KINDERSKATE 3	<u>310103</u>	4 - 5	T, TH	4:30 PM - 5:00 PM 5:05 PM - 5:35 PM	11/4 - 12/16, 11/6 - 12/18	ICE SKATE LESSONS	THE PAVILION
KIDS INC - NO SCHOOL DAYS	<u>307400</u>	5 - 11.5	M, T, W, TH, F	8:30 AM - 4:30 PM	10/29, 10/30, 10/31, 11/24 - 11/26, 12/22 - 12/24	KIDS INC	BEND LAPINE SCHOOL LOCATIONS
ART PLAY GROUP	<u>311302</u>	2 - 5	F	9:00 AM - 10:00 AM 10:30 AM - 11:30 AM	9/5, 9/19, 10/3, 10/17, 11/7, 11/21, 12/5, 12/19	MIXED MEDIA	LARKSPUR COMMUNITY CENTER
ART START	<u>311301</u>	2 - 5	T, W, TH	9:00 AM - 10:00 AM 10:30 AM - 11:30 AM	9/16 - 10/7, 9/17 - 10/8, 9/18 - 10/9, 10/21 - 11/18, 10/22 - 11/12, 10/26 - 11/20	MIXED MEDIA	LARKSPUR COMMUNITY CENTER
BABY NINJA CLASSES	<u>306170</u>	1.5 - 2	M, T, W	9:00 AM - 9:45 AM 9:30 AM - 10:15 AM 10:30 AM - 1:15 PM	9/8 - 10/13, 9/9 - 10/14, 9/10 - 10/15	MARTIAL ARTS, OBSTACLES & PARKOUR	FREE SPIRIT YOGA - NINJA - PLAY
MINI NINJA CLASSES	<u>306171</u>	2 - 3	M, T, W	9:30 AM - 10:15 AM 10:00 AM - 10:45 AM 10:30 AM - 11:15 AM 4:15 PM - 5:00 PM	9/8 - 10/13 9/9 - 10/14 9/10 - 10/15	MARTIAL ARTS, OBSTACLES & PARKOUR	FREE SPIRIT YOGA - NINJA - PLAY
BRAZILIAN JIU-JITSU (4-7)	<u>306755</u>	4 - 7	M/W	1:30 PM - 2:30 PM 4:00 PM - 4:45 PM	9/3 - 24 10/6 - 29 11/3 - 26 12/1 - 22	MARTIAL ARTS, OBSTACLES & PARKOUR	CONNECTION RIO JUJITSU
NANO NINJA CLASSES	<u>306172</u>	4 - 6	M, T, W, Th	3:15 PM - 4:05 PM 4:30 PM - 5:20 PM 5:15 PM - 6:05 PM	9/8 - 10/13 9/9 - 10/14 9/10 - 10/15 9/11 - 10/16	MARTIAL ARTS, OBSTACLES & PARKOUR	FREE SPIRIT YOGA - NINJA - PLAY
INTRO TO LIL' DRAGONS	<u>306750</u>	4 - 6	M/W	3:20 PM - 3:50 PM	9/8 - 10/1 10/6 - 29 11/3 - 12/3	MARTIAL ARTS, OBSTACLES & PARKOUR	ODYSSEY MARTIAL ARTS
FUN WORKS INC. INTRO TO ART	<u>306665</u>	5 - 6	M, T, W, TH, F	9:00 AM - 12:00 PM	10/29 - 31 11/24 - 26 12/22 - 26	MIXED MEDIA	SCHOOL LOCATION TBD
DRAMA CLUB (4-6)	<u>306222</u>	4 - 17	ТН	2:45 PM - 3:45 PM	10/2 - 11/20	MUSIC, THEATER & VOICE	LARKSPUR COMMUNITY CENTER
TITLE	ACTIVITY	AGES	DAYS	TIME	DATES	CATEGORY	LOCATION

Register at <u>register.bendparksandrec.org</u> • Fall registration opens August 4 - 5 at 6:00 a.m. daily. Check Activity # for opening date. How to register, scholarships and refund/cancellation policy on pages 6 - 9. • Program locations on pages 117. • Park lists on pages 118 - 121.

TITLE	ACTIVITY	AGES	DAYS	ТІМЕ	SESSIONS	CATEGORY	LOCATION
CLASE DE ARTE CON SU HIJO(A): isumérgete en el mundo de la pintura!/with a child painting in spanish	<u>311503</u>	5 - 102	S	9:00 AM - 11:00 AM	10/11, 11/8	PAINTING & DRAWING	LARKSPUR COMMUNITY CENTER
SOCCERJRS - TEDDIES: 18 MONTHS TO 2 YEARS OLD	<u>303310</u>	1.5 - 2	T, W, Th, S	9:00 AM - 9:55 AM 10:00 AM - 10:55 AM 11:00 AM - 11:55 AM 5:00 PM - 5:55 PM	9/9 - 10/21, 9/10 - 10/22, 9/11 - 10/23, 9/13 - 10/25, 10/28 - 12/16, 10/29 - 12/17, 10/30 - 12/18, 11/1 - 12/20	SOCCER	CASCADE INDOOR SPORTS CENTER
SOCCERJRS - BEARS: 5 - 6 Years	<u>303312</u>	5 - 6	M, T, W, Th	2:30 PM - 4:00 PM 3:00 PM - 3:55 PM 4:00 PM - 4:55 PM 5:00 PM - 5:55 PM	9/8 - 10/20, 9/9 - 10/21, 9/11 - 10/23, 10/27 - 12/15, 10/28 - 12/16, 10/29 - 12/17, 10/30 - 12/18	SOCCER	CASCADE INDOOR SPORTS CENTER
SOCCERJRS - CUBS: 3 & 4 YEARS OLD	<u>303311</u>	3 - 4	M, T, W, TH, S	9:00 AM - 9:55 AM 10:00 AM - 10:55 AM 11:00 AM - 11:55 AM 4:00 PM - 4:55 PM 5:00 PM - 5:55 PM	9/8 - 10/20, 9/9 - 10/21, 9/10 - 10/22, 9/11 - 10/23, 9/13 - 10/25, 10/27 - 12/15, 10/28 - 12/16, 10/29 - 12/17, 10/30 - 12/18, 11/1 - 12/20	SOCCER	CASCADE INDOOR SPORTS CENTER
YOUTH INDOOR SOCCER 1ST & 2ND GRADE COED	<u>303340</u>	5.5 - 8	S	12:00 PM - 2:00 PM	9/13 - 10/25	SOCCER	CASCADE INDOOR SPORTS CENTER
YOUTH INDOOR SOCCER KINDERGARTEN COED	<u>303340</u>	5 - 6	S	11:00 AM - 12:00 PM	9/13 - 10/25	SOCCER	CASCADE INDOOR SPORTS CENTER
YOUTH INDOOR SOCCER II 1ST & 2ND GRADE COED	<u>303340</u>	5.5 - 8	S	12:00 PM - 2:00 PM	11/1 - 12/20	SOCCER	CASCADE INDOOR SPORTS CENTER
YOUTH INDOOR SOCCER II KINDERGARTEN COED	<u>303340</u>	5 - 6	S	11:00 AM - 12:00 PM	11/1 - 12/20	SOCCER	CASCADE INDOOR SPORTS CENTER
THERAPEUTIC RECREATION BBQ	<u>304507</u>	ALL AGES	S	12:00 PM - 2:30 PM	9/20/25	SOCIAL PROGRAMS	MILLERS LANDING PARK
FUN WORKS INC. INTRO TO ART OF FLIGHT	<u>306663</u>	5 - 6	M, T, W, TH, F	9:00 AM - 12:00 PM	10/29 - 10/31, 11/24 - 11/26, 12/22 - 12/26	STEM	NORTH STAR ELEMENTARY
FUN WORKS INC. INTRO TO STEAM USING LEGO	<u>306660</u>	5 - 6	M, T, W, TH, F	9:00 AM - 12:00 PM	10/29 - 10/31, 11/24 - 11/26, 12/22 - 12/26	STEM	SCHOOL LOCATION TBD
ROCKET MINDS READY TO Thrive! - Life Skills	<u>306226</u>	5 - 12	T	2:30 PM - 4:00 PM	9/9 - 10/14, 11/4 - 12/16	STEM	LOCATION TBD
ROCKET MINDS READY TO THRIVE! - STEM	<u>306226</u>	5 - 12	TH	2:30 PM - 4:00 PM	9/11 - 10/16, 11/6 - 12/18	STEM	LOCATION TBD
FRIDAY NIGHT OUT: STEM EXPLORATION WITH ROCKET MINDS	<u>306359</u>	5 - 12	F	5:00 PM - 8:00 PM	9/12, 10/10, 11/7, 12/12	STEM	LARKSPUR COMMUNITY CENTER
CLASES DE NATACION PARA Familias en espanol / family Swim lesson in spanish	<u>305260</u>	3 & UP	S	12:30 PM - 1:00 PM	9/20 - 12/13	SWIM LESSONS	JUNIPER SWIM & FITNESS CENTER
TITLE	ACTIVITY	AGES	DAYS	ТІМЕ	DATES	CATEGORY	LOCATION

For more opportunities for little ones:

With A Child Activity Finder

on pages 45 - 46.

Swim Lessons

on pages 98 - 99.

Childcare Opportunities

on pages 59 - 65.

With A Child Activity Finder

Time to play together with the child in your life. To get ready check out the With A Child Finder and start making plans!

Designed to make finding With A Child activities a breeze the finder is organized by activity category and date and lets you search by age days time and location to meet your busy schedule.

Participation in "With A Child" programs is welcomed for parents guardians grandparents aunts uncles friends neighbors Big Brothers Big Sisters and more.

You can view the program description online by clicking the Activity # link or go to the Youth Section featuring the program category.



Search online too!

Go to our website for the same great With A Child Finder!

Visit <u>register.bendparksandrec.org</u> and click on With a Child Activity Finder under Search.

WITH A CHILD PROGRAM TITLE	ACTIVITY	AGES	DAY	TIME	DATES	CATEGORY	LOCATION
WITH A CHILD: CLAY TINY HOMES	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	9/6, 9/7	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY SPOOKY HOUSES	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	9/27, 9/28	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY GNOMES	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	9/20, 9/21	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY ANIMALS	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	9/13, 9/14	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY HOLIDAY TREES	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM -2:30 PM	12/6, 12/7	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY BELLS	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	12/13, 12/14	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY HOLIDAY ORNAMENTS	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	11/15, 11/16	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY DRAGONS	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	11/1, 11/2	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY MONSTERS	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	10/4, 10/5	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY ANIMAL BOWLS	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	10/25, 10/26	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY WIND CHIMES	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	10/18, 10/19	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD: CLAY PUMPKINS	<u>311500</u>	5 - 15	S, Su	10:00 AM - 12:00 PM 11:00 AM - 1:00 PM 12:30 PM - 2:30 PM	10/11, 10/12	CLAY & POTTERY	HARMON PARK CLAY STUDIO
WITH A CHILD PROGRAM TITLE	ACTIVITY	AGES	DAY	TIME	DATES	CATEGORY	LOCATION

Register at <u>register.bendparksandrec.org</u> • Fall registration opens August 4 - 5 at 6:00 a.m. daily. Check Activity # for opening date. How to register, scholarships and refund/cancellation policy on pages 6 - 9. • Program locations on pages 117. • Park lists on pages 118 - 121.

WITH A CHILD PROGRAM TITLE	ACTIVITY	AGES	DAY	TIME	DATES	CATEGORY	LOCATION
WITH A CHILD: SUSHI ROLLING MADE EASY	<u>302259</u>	7 - 12	F, S	1:00 PM - 3:00 PM 5:00 PM - 7:00 PM	9/5, 9/6	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: FLOURLESS CHOCOLATE CAKE	<u>302111</u>	7 - 12	S	3:00 PM - 5:00 PM	9/20	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: BREAKFAST HEAD START	<u>302225</u>	7 - 12	S	10:00 AM - 12:00 PM	10/4	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: MARSHMALLOW MADNESS	<u>302262</u>	7 - 12	S	2:00 PM - 4:00 PM	10/4	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: SPOOK-CUTERIE	<u>302292</u>	7 - 12	F	5:00 PM - 7:00 PM	10/17	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: SPOOKY HALLOWEEN POCKY STICKS	<u>302113</u>	7 - 12	S	10:00 AM - 12:00 PM 1:00 PM - 3:00 PM	10/25	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: BAKE A BETTER BISCUIT	<u>302289</u>	7 - 12	S	10:00 AM - 12:00 PM	11/8	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: HAND PIE PERFECTION	<u>302256</u>	7 - 12	S	10:00 AM - 12:00 PM	11/22	COOKING & BAKING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: SAMARA HOME DECOR CREATIONS	<u>306554</u>	6 & UP	W	5:45 PM - 7:15 PM	9/10, 10/15	CRAFTS	SAMARA LEARNING CENTER
WITH A CHILD: COLLAGED PERSONALIZED SILHOUETTES	<u>306559</u>	6 & UP	W	5:45 PM - 7:15 PM	9/17, 11/12, 12/3	CRAFTS	SAMARA LEARNING CENTER
WITH A CHILD: FAMILY MACRAME	<u>306558</u>	6 & UP	W	5:45 PM - 7:15 PM	9/24, 11/5, 12/10	CRAFTS	SAMARA LEARNING CENTER
WITH A CHILD: JEWELRY MAKING	<u>306557</u>	6 & UP	W	5:45 PM - 7:15 PM	10/1	CRAFTS	SAMARA LEARNING CENTER
WITH A CHILD: MACRAME RAINBOW WALL Hanging	<u>306556</u>	6 & UP	W	5:45 PM - 7:15 PM	10/8, 10/22	CRAFTS	SAMARA LEARNING CENTER
WITH A CHILD: EASY ORIGAMI	<u>302450</u>	6 - 12	Su	2:30 PM - 3:30 PM	10/12	CRAFTS	LARKSPUR COMMUNITY CENTER
WITH A CHILD: MINI PUMPKIN FLORAL ARRANGEMENT	<u>302201</u>	6 - 12	F	5:00 PM - 6:00 PM	10/24	CRAFTS	LARKSPUR COMMUNITY CENTER
WITH A CHILD: FALL ORIGAMI DECORATIONS	<u>302451</u>	6 - 12	Su	2:00 PM - 3:30 PM	11/9	CRAFTS	LARKSPUR COMMUNITY CENTER
WITH A CHILD: NATURE ART CREATIONS	<u>306555</u>	6 - 99	W	5:45 PM - 7:15 PM	11/19, 12/17	CRAFTS	SAMARA LEARNING CENTER
WITH A CHILD: HOLIDAY ORIGAMI BOXES	<u>302452</u>	6 - 12	Su	2:00 PM - 3:30 PM	12/7	CRAFTS	LARKSPUR COMMUNITY CENTER
WITH A CHILD: GINGERBREAD HOUSE HOLIDAY WORKSHOP	<u>302253</u>	5 - 12	S	9:30 AM - 10:30 AM 11:00 AM - 12:00 PM	12/13	CRAFTS	LARKSPUR COMMUNITY CENTER
WITH A CHILD: FUN WITH FUSED GLASS - Suncatcher	<u>302438</u>	6 - 12	Th	5:30 PM - 7:00 PM	9/18	GLASS ARTS	LARKSPUR COMMUNITY CENTER
WITH A CHILD: FUN WITH FUSED GLASS - HALLOWEEN FUN	<u>302438</u>	6 - 12	Th	5:30 PM - 7:00 PM	10/16	GLASS ARTS	LARKSPUR COMMUNITY CENTER
WITH A CHILD: FUN WITH FUSED GLASS - SNOW GLOBE	<u>302438</u>	6 - 12	S	9:30 AM - 11:00 AM	11/15	GLASS ARTS	LARKSPUR COMMUNITY CENTER
WITH A CHILD: FUN WITH FUSED GLASS - HOLIDAY ORNAMENTS	<u>302438</u>	6 - 12	F	5:00 PM - 6:30 PM	12/12	GLASS ARTS	LARKSPUR COMMUNITY CENTER
WITH A CHILD: LEARN TO SKATE	<u>310110</u>	6 - 11	S	9:55 AM - 10:25 AM	11/8	ICE SKATE LESSONS	THE PAVILION
WITH A CHILD: PAINT TOGETHER - SCARECROWS	<u>302416</u>	6 - 12	S	10:00 AM - 12:00 PM	9/13	PAINTING & DRAWING	LARKSPUR COMMUNITY CENTER
CLASE DE ARTE CON SU HIJO(A): ISUMÉRGETE EN EL MUNDO DE LA PINTURA! / WITH A CHILD PAINTING IN SPANISH	<u>311503</u>	5 & UP	S	9:00 AM - 11:00 AM	10/11, 11/8	PAINTING & DRAWING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: PAINT TOGETHER - FALL WELCOME	<u>302416</u>	6 - 12	Th	5:00 PM - 7:00 PM	10/23	PAINTING & DRAWING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: ACRYLIC POURING ON CANVAS	<u>311541</u>	6 - 15	S	9:00 AM - 11:00 AM	11/1, 11/8, 11/15	PAINTING & DRAWING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: PAINT TOGETHER - CHRISTMAS COUNTDOWN	<u>302416</u>	6 - 12	Th	5:00 PM - 7:00 PM	11/13	PAINTING & DRAWING	LARKSPUR COMMUNITY CENTER
WITH A CHILD: LET'S PAINT CERAMIC ORNAMENTS	<u>302417</u>	6-12	S	10:00 AM - 11:30 AM	12/20	PAINTING & DRAWING	LARKSPUR COMMUNITY CENTER
WITH A CHILD PROGRAM TITLE	ACTIVITY	AGES	DAY	TIME	DATES	CATEGORY	LOCATION

No-School Day Activity Finder

Looking for activities to keep the young ones busy on no school days?

The No-School Day Activity Finder is here with all the programs scheduled on no-school days during the Bend-La Pine school year.

Designed to make finding activities a breeze, the finder is organized by date and category and lets you also view program age, days, time and location to help you discover the activities that match your needs.

You can view the program description online by clicking the Activity **#** link or go to the Youth Section featuring the program category.



Use the Finder online!

Go to our website for the same great No-School Day Activity Finder!

Visit <u>register.bendparksandrec.org</u> and click on No-School Day Activity Finder under Search.

TITLE	ACTIVITY	AGES	DAYS	TIME	SESSIONS	CATEGORY	LOCATION
CREATURE CREATION CAMP	<u>306123</u>	6 - 12	w	9:00 AM - 12:00 PM	10/29	DIY	SAMARA LEARNING CENTER
CREATURE CREATION CAMP EARLY DROP-OFF	<u>306123</u>	6 - 12	w	7:30 AM - 9:00 AM	10/29	DIY	SAMARA LEARNING CENTER
CREATURE CREATION CAMP EXTENDED DAY	<u>306123</u>	6 - 12	w	12:00 PM - 5:30 PM	10/29	DIY	SAMARA LEARNING CENTER
WESTSIDE VILLAGE DAY CAMP - Single day	<u>306401</u>	5 - 14	М	7:45 AM - 5:15 PM	10/29, 10/30, 10/31, 11/24, 11/25, 11/26, 12/22, 12/23, 12/24, 12/29, 12/30	DAY CAMP	WESTSIDE VILLAGE
WESTSIDE VILLAGE DAY CAMP - 3 Day camp	<u>306401</u>	5 - 14	М	7:45 AM - 5:15 PM	10/29 - 31 11/24 - 26 12/22 - 24	DAY CAMP	WESTSIDE VILLAGE
KIDS INC - NO SCHOOL DAYS	<u>307400</u>	5 - 11.5	M, T, W, TH, F	8:30 AM - 4:30 PM	10/29, 10/30, 10/31, 11/24 - 26 12/22 - 24	DAY CAMP	BEND LAPINE SCHOOL LOCATIONS
ART-RAGEOUS CAMP FULL DAY	<u>311402</u>		W, TH, F	9:00 AM - 4:00 PM	10/29 - 31	MIXED MEDIA	LARKSPUR COMMUNITY CENTER
FUN WORKS INC. INTRO TO ART	<u>306665</u>	5 - 6	M, T, W, TH, F	9:00 AM - 12:00 PM	10/29 - 31 11/24 - 26 12/22 - 26	MIXED MEDIA	SCHOOL LOCATION TBD
FUN WORKS INC. ART	<u>306662</u>	7 - 12	M, T, W, TH, F	1:00 PM - 4:00 PM	10/29 - 31 11/24 - 26 12/22 - 26	MIXED MEDIA	SCHOOL LOCATION TBD
WILDERNESS MULTI-SPORT ADVENTURES	<u>307501</u>	9 - 15	M, T, W, TH, F	9:00 AM - 4:00 PM	10/29 - 31 11/24 - 26 12/29 - 31	OUTDOORS & NATURE	SKYLINE SPORTS PARK
BEND ENDURANCE ACADEMY - OUTDOOR CLIMBING CAMP	<u>307514</u>	9 - 14	W, Th, F	9:00 AM - 3:00 PM	10/29 - 31	ROCK CLIMBING	BEND ENDURANCE ACADEMY
FALL SKATE & SCOOTER CAMP	<u>306778</u>	6 - 17	W, Th, F	10:00 AM - 2:00 PM	10/29 - 31	SCOOTER & SKATEBOARD	PONDEROSA SKATE PARK
STOP-MOTION ANIMATION FILMMAKERS CAMP	<u>306771</u>	7 - 15	W, Th, F	9:00 AM - 2:00 PM	10/29 - 31	STEM	STELLER JAY CREATIVE LEARNING
TITLE	ACTIVITY	AGES	DAYS	TIME	DATES	CATEGORY	LOCATION

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TITLE	ACTIVITY	AGES	DAYS	TIME	SESSIONS	CATEGORY	LOCATION
FUN WORKS INC. INTRO TO ART OF Flight	<u>306663</u>	5 - 6	M, T, W, TH, F	9:00 AM - 12:00 PM	10/29 - 31 11/24 - 26 12/22 - 26	STEM	NORTH STAR ELEMENTARY
FUN WORKS INC. INTRO TO STEAM USING LEGO	<u>306660</u>	5 - 6	M, T, W, TH, F	9:00 AM -12:00 PM	10/29 - 31 11/24 - 26 12/22 - 26	STEM	SCHOOL LOCATION TBD
STEAM WORKSHOP BY SYLVAN Learning center	<u>306651</u>	6 - 11	M, W, Th	9:30 AM - 2:30 PM	10/29, 10/30 12/22, 12/29	STEM	SYLVAN LEARNING CENTER NORTHWEST CROSSING
FUN WORKS INC. ART OF FLIGHT	<u>306664</u>	7 - 12	M, T, W, TH, F	1:00 PM - 4:00 PM	10/29 - 31 11/24 - 26 12/22 - 26	STEM	NORTH STAR ELEMENTARY
FUN WORKS INC. STEAM USING LEGO	<u>306661</u>	7 - 12	M, T, W, TH, F	1:00 PM - 4:00 PM	10/29 - 31 11/24 - 26 12/22 - 26	STEM	SCHOOL LOCATION TBD
RUBE GOLDBERG-INSPIRED MARBLE TRACK CREATION CAMP - EARLY DROP-OFF	<u>306567</u>	6 - 12	тн	7:30 AM - 9:00 AM	10/30	STEM	SAMARA LEARNING CENTER
RUBE GOLDBERG-INSPIRED MARBLE TRACK CREATION CAMP	<u>306567</u>	6 - 12	тн	9:00 AM - 12:00 PM	10/30	STEM	SAMARA LEARNING CENTER
RUBE GOLDBERG-INSPIRED MARBLE TRACK CREATION CAMP - EXTENDED DAY	<u>306567</u>	6 - 12	тн	12:00 PM - 5:30 PM	10/30	STEM	SAMARA LEARNING CENTER
COBO BASKETBALL SKILLS GRADES 6 - 8	<u>303060</u>	10 - 14	F	9:00 AM -11:45 AM	10/31	BASKETBALL	CASCADE MIDDLE SCHOOL
HALLOWEEN AND HARVEST HILARITY CAMP - EARLY DROP-OFF	<u>306148</u>	6 - 12	F	7:30 AM - 9:00 AM	10/31	DIY	SAMARA LEARNING CENTER
HALLOWEEN AND HARVEST HILARITY CAMP	<u>306148</u>	6 - 12	F	9:00 AM - 12:00 PM	10/31	DIY	SAMARA LEARNING CENTER
HALLOWEEN AND HARVEST HILARITY CAMP - EXTENDED DAY	<u>306148</u>	6 - 12	F	12:00 PM - 3:00 PM	10/31	DIY	SAMARA LEARNING CENTER
COBO BASKETBALL SKILLS GRADES 3 - 5	<u>303060</u>	7.5 - 11	т	9:00 AM - 11:45 AM	11/11	BASKETBALL	PILOT BUTTE MIDDLE SCHOOL
MOMENT ATHLETICS - HOOPFEST!	<u>303052</u>	8 - 13	т	1:00 PM - 4:00 PM	11/11	BASKETBALL	PACIFIC CREST MIDDLE SCHOOL
ABSTRACT IN MOTION - PARKOUR CAMP	<u>306802</u>	7 - 14	М, Т, W	9:00 AM - 3:00 PM	11/24 - 26, 12/29 - 31	DANCE & MOVEMENT	ABSTRACT IN MOTION
SAMARA NO-SCHOOL HANG OUT Days	<u>306650</u>	6 - 12	м, т	9:00 AM - 3:00 PM	11/24, 11/25, 12/22, 12/23, 12/29, 12/30	DAY CAMP	SAMARA LEARNING CENTER
SAMARA NO-SCHOOL HANG OUT DAYS - EARLY DROP-OFF	<u>306650</u>	6 - 12	м	7:30 AM - 9:00 AM	11/24, 11/25, 12/22, 12/23, 12/29, 12/30	DAY CAMP	SAMARA LEARNING CENTER
SAMARA NO-SCHOOL HANG OUT DAYS - EXTENDED DAY	<u>306650</u>	6 - 12	м	3:00 PM - 5:30 PM	11/24, 11/25, 12/22, 12/23, 12/29, 12/30	DAY CAMP	SAMARA LEARNING CENTER
CHESS WIZARDS CAMP - FULL DAY	<u>306240</u>	7 - 11	М, Т	9:00 AM - 3:00 PM	12/22 - 23 12/29 - 30	GAMES	CASCADE MIDDLE SCHOOL
CHESS WIZARDS CAMP - HALF DAY AM	<u>306240</u>	7 - 11	М, Т	9:00 AM -12:00 PM	12/22 - 23 12/29 - 30	GAMES	CASCADE MIDDLE SCHOOL
CHESS WIZARDS CAMP - HALF Day PM	<u>306240</u>	7 - 11	M, T	12:00 PM - 3:00 PM	12/22 - 23 12/29 - 30	GAMES	CASCADE MIDDLE SCHOOL
ART-RAGEOUS CAMP HALF DAY	<u>311402</u>	6 - 10	M,T,W	9:00 AM - 12:00 PM	12/22 - 24 12/29 - 31	MIXED MEDIA	CASCADE MIDDLE SCHOOL
WILD WAYS OUTDOOR ADVENTURES Afterschool program	<u>307500</u>	9 - 15	M, T	9:00 AM - 4:00 PM	10/27 - 28 12/22 - 23	OUTDOORS & NATURE	SKYLINE SPORTS PARK
TITLE	ACTIVITY	AGES	DAYS	TIME	DATES	CATEGORY	LOCATION

expressing play

Clay & Pottery

PreClay

Ages: 3 - 5 with Adult Harmon Park Clay Studio

This is a starter class for little artists to experience the wonders of clay. Children will squish, push, form, flatten and create a ceramic piece and decorate it with bright-colored glazes. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$35.00 ID \$42.00 OD

Activity:	<u>311300</u> - Opens August 4					
F:	9:30 - 10:30 am					
Session:	9/5	9/12				
	9/19	9/26				
	10/3	10/10				
	10/17	10/24				
	11/7	11/14				
	11/21	12/5				
	12/12	12/19				

Work for play!

View BPRD jobs available at <u>bendparksandrec.org/jobs</u>.

Art StART

Ages: 2 - 5 with Adult Larkspur Community Center

Inspire a love for art! Discover beginning art fundamentals and mediums in a fun, hands-on creative environment. Join us for play-based art explorations inspired by childfriendly themes. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Anne Rustand.

\$89.00 ID \$106.80 OD		
Activity:	<u>311301</u> - Opens August 4	
Tu: - OR -	9:00 - 10:00 am 10:30 - 11:30 am	
Session:	9/16 - 10/7 10/21 - 11/18 (no class 10/28)	
W:	9:00 - 10:00 am	
- OR -	10:30 - 11:30 am	
Session:	9/17 - 10/8 10/22 - 11/12 (no class 10/29)	
Th: - OR -	9:00 - 10:00 am 10:30 - 11:30 am	
Session:	9/18 - 10/9 10/23 - 11/20 (no class 10/30)	

creativity equals expression

Art allows each of us to play and express our unique thoughts and individuality.

GET ARTSY!

PAGES

"I don't say everything, but I paint everything." ~ Pablo Picasso



Home School Academy: Clay Arts

 Ages:
 7 - 13

 Harmon Park Clay Studio

 \$149.00 ID \$178.80 OD

 Activity:
 311260 - Opens August 4

WHEEL THROWING

All levels are welcome to learn how to throw pots on the wheel. Follow the process of basic wheel throwing practice, trimming and glazing. Small class sizes will allow more one-on-one time with students to improve their skills. Instructor: Harmon Clay Studio Staff.

M: 1:00 - 3:00 pm Session: 9/15 - 10/6 10/20 - 11/10

CLAY EXPERIENCE

All levels are welcome in this complete clay experience class. Learn basic techniques of hand building and the process of basic wheel throwing practice. Small class sizes will allow more one-on-one time with students to improve their skills. Instructor: Amanda Krammes.

Th:	9:30 - 11:30 am	
Session:	9/18 - 10/9	
	10/23 - 11/20 (no class 10/30)	

Youth Wheel Throwing

Ages: 8 - 13

Harmon Park Clay Studio

All levels are welcome to learn how to throw pots on the wheel. Follow the process of basic wheel throwing practice, trimming and glazing. Small class sizes will allow more one-on-one time with students to improve their skills. Instructor: Harmon Clay Studio Staff.

\$149.00 ID \$178.80 OD		
Activity:	<u>311203</u> - Opens August 4	
M:	3:30 - 5:30 pm	
Session:	9/15 - 10/6 10/20 - 11/10	
Tu:	3:30 - 5:30 pm	
Session:	9/16 - 10/7	
	10/21 - 11/18 (no class 10/28)	
Th:	3:30 - 5:30 pm	
- OR -	6:00 - 8:00 pm	
Session:	2710 1072	
	10/23 - 11/20 (no class 10/30)	
M/W:	3:30 - 5:30 pm	
Session:	12/1 - 10	
Tu/Th:	3:30 - 5:30 pm	
Session:	12/2 - 11	

Advanced Youth Wheel Throwing

Ages: 10 - 17

Harmon Park Clay Studio

Advanced potters are welcome to further develop their skills on the wheel. Follow the process of basic wheel throwing practice, trimming and glazing. Small class sizes will allow more one-on-one time with students to improve their skills. Prerequisite: Youth Wheel Throwing. Instructor: Harmon Clay Studio Staff.

\$149.00 ID \$178.80 OD

Activity:	<u>311204</u> - Opens August 4		
M:	6:00 - 8:00 pm		
Session:	9/15 - 10/6	10/20 - 11/10	

Fun With Clay

Ages: 7 - 12 Harmon Park Clay Studio

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand building skills and techniques, and glaze your pieces with bright colors. Instructor: Harmon Clay Studio Staff.

\$129.00 ID \$154.80 OD

Activity:	<u>311208</u> - Opens August 4	
W:	3:30 - 5:30 pm	
Session:	9/17 - 10/8	
F:	3:00 - 5:00 pm	
Session:	9/19 - 10/10	
W:	3:00 - 5:00 pm	
Session:	10/22 - 11/12 (no class 10/29)	





Kids' Night Out: Fun With Clay

Ages: 7 - 12 Harmon Park Clay Studio

Adults, enjoy a night out while your kids explore their creative side with us. Each class is an opportunity for children to enjoy exploring different hand building techniques in the clay studio. They will create and play the night away!

\$40.00 ID \$48.00 OD

	<u>311209</u> - Opens August 4
F:	6:00 - 8:00 pm

	•
9/19	10/17
11/14	12/5
	9/19 11/14

Fairy Gardens

Ages: 8 - 12

Harmon Park Clay Studio

Make your own fairy garden! Sculpt and glaze a ceramic house in the first class. Then in the second class, fill pots with dirt, construct fences, ladders, swings, benches etc. to place in the gardens. These are imaginative and magical sculptures to cherish. Instructor: Amanda Krammes.

\$129.00 ID \$154.80 OD

Activity: <u>311124</u> - Opens August 4

Sa: 3:00 - 6:00 pm

Session: 10/4 - 11

Intro to Sculpture

Ages: 6 - 10

Larkspur Community Center

In this fun, hands-on class, kids will explore clay modeling to create 3-dimensional scenes from daily life! They'll learn basic sculpting techniques to shape people, animals and objects, bringing everyday moments to life through their imaginations and creativity. Great for all skill levels to express and explore. Instructor: Christi Zorrilla Soto.

\$75.00 ID	\$90.00) OD
Activity:	<u>311107</u> - Opens August 4	
Sa:	11:00 am - 1:00 pm	
Session:	10/11	11/8

Snack Sculptures NEW

Ages: 6.5 - 14

Harmon Park Clay Studio

Are you a foodie who loves to create? Sculpt almost real-enough-to-eat treats that will last much longer than the real thing! Project examples include a class pizza (everyone makes their slice), clay tarts, mini-food plates, coil pot pancake stacks, stiff slab cake slices and more! We will construct these hand-built projects and paint them with colorful glazes within the two-hour class. Instructor: Cat Melone.

\$199.00 ID \$238.80 OD

 Activity:
 311104
 Opens August 4

 F:
 3:00 - 5:00 pm

 Session:
 10/24 - 11/14 (no class 10/31)



Art Station moves into the future

After calling the historic train depot home for many years, the Art Station had to move and has been operating out of temporary spaces listed below for the past year.

Good news though! The BPRD Board of Directors has approved a new facility for the Art Station at Larkspur Park. Plans are underway for a 2026 opening. Keep your eyes open for updates.

CLAY CLASSES

Clay programs for youth and adults have moved to the newly updated Harmon Park Clay Studio.

MULTIMEDIA CLASSES

Painting, drawing and multimedia art programs for youth and adults are now hosted at Larkspur Community Center.

ART PARTIES

Art parties are a great time for all ages. Clay parties are available on Sundays at Harmon Park Clay Studio. Visit <u>bendparksandrec.org/</u> <u>artstation</u> to learn more.



Crafts

Fiber Arts Fashion Accessories NEW

Ages: 8 - 14

Samara Learning Center

Come join us for a fun and creative enrichment class making fiber arts accessories! Kids will have a blast exploring different crafts like yarn work, macrame and embroidery. Each session offers a cheerful space where they can learn new skills and create fashionable accessories that celebrate their unique selves. We can't wait to see all the amazing things your little ones will make!

\$248.00 ID \$297.60 OD

Activity: 306122 - Opens August 4

F: 2:45 - 3:40 pm

Session: 9/5 - 26 10/3 - 11/7 (no class 10/10 & 10/31) 11/14 - 12/5 (no class 11/28)



3D Pixelated NEW Sculptures With Perler Beads

Ages: 8 - 12 Samara Learning Center

Ready to dive into the vibrant world of 3D Perler bead creations? This exciting craft program is perfect for young artists who want to take their Perler bead skills to the next dimension! We'll move beyond flat designs and explore techniques to build freestanding sculptures, layered scenes and cool geometric shapes.

\$159.00 ID \$190.80 OD

Activity:	<u>306153</u> - Opens August 4		
M:	2:45 - 3:40 pm		
Session:	9/8 - 29	10/6 - 27	

Animal Lovers' Crafts

Ages: 8 - 14

Samara Learning Center

Calling all animal lovers! Join us for a fun and informative experience celebrating our furry, feathered, scaled, slimy and shell-covered friends through arts and crafts. We will explore the diversity of animals, discuss endangerment issues and learn how we can positively impact the natural world. Activities will include making our own suet cakes for birds, creating magnets of our favorite animals and designing personal animal stickers using graphic design and a Cricut. This class is perfect for kids who want to engage with and appreciate wildlife!

\$229.00 ID \$274.80 OD

<u>306560</u> - Opens August 4	
2:45 - 3:40 pm	
9/9 - 30	10/7 - 28
4:00 - 5:00 pm	
11/3 - 12/2 (no class 11/25)	
	2:45 - 3:40 9/9 - 30 4:00 - 5:00

Dog Toy Crafts

Ages: 8 - 14

Samara Learning Center

When it comes to keeping dogs happy, active and out of trouble, dog toys can help. Kids will show their care and love for their canine friends by industriously creating a variety of toys. Let the play begin!

\$198.00 ID \$237.60 OD

Activity:	<u>306550</u> - Opens August 4
Th:	2:45 - 3:40 pm
Session:	10/9 - 11/6 (no class 10/30)

Creature Creation

Ages: 6 - 11



Samara Learning Center

Creature camp for kids! We'll engage in crafts and games featuring unique real animals and mythical creatures, along with your child's very own creature creations. It's going to be a fun and adventurous experience! Early drop-off and extended day available.

\$58.00 ID \$69.60 OD

 Activity:
 306123 - Opens August 4

 W:
 9:00 am - 12:00 pm

 Session:
 10/29

EARLY DROP-OFF

\$13.50 ID \$16.20 0D W: 7:30 - 9:00 am Session: 10/29

EXTENDED DAY

\$49.50 ID \$59.40 OD W: 12:00 - 5:30 pm Session: 10/29

Work for play!

View BPRD jobs available at <u>bendparksandrec.org/jobs</u>.

Rube Goldberg- NEW Inspired Marble Track Creation Camp Science

Ages: 6 - 12

Samara Learning Center

Come be part of our fun and creative Rube Goldberg-Inspired Marble Track Creation Camp. Kids will have a blast upcycling materials to design and build their very own marble track with playful Rube Goldberg-inspired contraptions. Everyone will get a cardboard base to take home, so they can keep adding to their track and have loads of fun on future no-school days too. We can't wait to see the amazing creations they'll come up with! Early drop-off and extended day available.

\$58.00 ID \$69.60 OD

 Activity:
 306567
 Opens August 4

 Th:
 9:00 am - 12:00 pm

 Session:
 10/30

EARLY DROP-OFF

\$13.50 ID \$16.20 OD

 Th:
 7:30 - 9:00 am

 Session:
 10/30

EXTENDED DAY

\$49.50 ID \$59.40 OD W: 12:00 - 5:30 pm Session: 10/30

Upcycled Handmade Gifts

Ages: 7 - 13

Samara Learning Center

This class is a fantastic way to engage students in creativity and sustainability. In this class, participants learn how to transform everyday items that would typically be discarded into new, useful products. Activities include sewing, crafts for the garden and interior decorative items. Not only do these projects promote environmental awareness, but they also encourage innovative thinking and problem-solving skills.

\$168.00 ID \$201.60 OD Activity: <u>306563</u> - Opens August 4 **Tu: 2:45 - 3:40 pm**

Session: 11/4 - 12/2 (no class 11/25)



Winter and Holidays Fiber Arts Crafts NEW Ages: 8 - 14

Samara Learning Center

Join us for a winter and holiday enrichment class focusing on fiber arts! In this class, children will explore various crafts, including yarn work, macramé, and embroidery. Each session will provide a creative space for kids to learn new skills and make festive projects to celebrate the season.

\$226.00 ID \$271.20 OD

 Activity:
 306154 - Opens August 4

 Th:
 2:45 - 3:40 pm

 Session:
 11/13 - 12/11 (no class 11/27)

Mixed Media

Art Play Group

Ages: 2 - 5 with Adult Larkspur Community Center

Adults, grandparents, family, nannies and other adults get to connect with their child at this amazing art experience! Each session will have different activities that are play-based and will develop creative thinking, spark curiosity and inspire independence and experimentation. Come and make a mess with us. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Anne Rustand.

\$30.00 ID \$36.00 OD			
Activity:	<u>311302</u> - Oper	ns August 4	
F:	9:00 - 10:0	0 am	
- OR -	10:30 - 11:3	0 am	
Session:	9/5	9/19	
	10/3	10/17	
	11/7	11/21	
	12/5	12/19	



Register at <u>register.bendparksandrec.org</u> • Fall registration opens August 4 - 5 at 6:00 a.m. daily. Check Activity # for opening date. How to register, scholarships and refund/cancellation policy on pages 6 - 9. • Program locations on pages 117. • Park lists on pages 118 - 121.



Art-Rageous Night Out

Ages: 6 - 12

Larkspur Community Center

Adults enjoy a night out while your kids explore their creative side. Each class is an opportunity for children to enjoy exploring different art techniques in the multi-media studio. They will create and play the night away!

NEW

\$45.00 ID \$54.00 OD

Activity: <u>311247</u> - Opens August 4

F:	5:00 - 8:00 pm		
Session:	9/26	10/24	
	11/21	12/19	

Art-Rageous Camp

Ages: 6 - 10

Discover your creative side! Each class may offer painting, pastels, drawing, sculpture and mixed media - the possibilities are endless! Let's play and create in the studio. Instructor: Art Station Staff.

Activity: <u>311402</u> - Opens August 4

Larkspur Community Center \$169.00 ID \$202.80 OD

W-F: 9:00 am - 4:00 pm

Session: 10/29 - 31

Cascade Middle School \$109.00 ID \$130.80 OD

M-W: 9:00 am - 12:00 pm Session: 11/24 - 26 12/22 - 24 12/29 - 31

Fun Works Inc. Intro



School location to be determined

Students are introduced to a new project each day of class with an emphasis on creativity and selfexploration. Having fun while learning to work with different mediums is our goal. Projects include daily sketchbook, drawing, painting, mixed media, sculpture and even printmaking. Students bring home five projects.

\$120.00 ID \$144.00 OD

Activity:	<u>306665</u> - Opens August 4
W-F:	9:00 am - 12:00 pm
Session:	10/29 - 31
M-W:	9:00 am - 12:00 pm
Session:	11/24 - 26
M/Tu/F:	9:00 am - 12:00 pm
Session:	12/22 - 26 (no class 12/24-25) 12/29 - 1/2 (no class 12/3-1/1)

Fun Works Inc. Art



Ages: 7 - 12

School location to be determined

Students are introduced to a new project each day of class with an emphasis on creativity and selfexpression. Projects include drawing, painting, printmaking, sculpture and mixed media. Students will bring home five projects during the week.

\$120.00 II	D \$144.00 OD
Activity:	<u>306662</u> - Opens August 4
W-F:	1:00 - 4:00 pm
Session:	10/29 - 31
M-W:	1:00 - 4:00 pm
Session:	11/24 - 26
M/Tu/F:	1:00 - 4:00 pm
Session:	12/22 - 26 (no class 12/24-25) 12/29 - 1/2 (no class 12/31-1/1)



Painting & Drawing

Intro to Drawing

Ages: 12 & up Larkspur Community Center

Drawing is the foundational skill for every artist, and participants in this 4-week course will learn and develop a systematic and reliable approach to accurately drawing what they see, from both life and printed references. This is a great opportunity for complete beginners and even those who draw regularly but would like formal instruction to improve their drawing technique and gain confidence in their drawing abilities in a fun and recreational way. Instructor: Stephen Teater.

 \$129.00 ID
 \$154.80 OD

 Activity:
 <u>311227</u> - Opens August 4

 Th:
 6:00 - 8:00 pm

 Session:
 9/4 - 25





Digital Art Comic Book Creations NEW

Ages: 10 - 17

Samara Learning Center

This fun and creative program helps reinforce your child's executive functioning skills, such as organization, planning, time management and goal setting. Students will learn the fundamentals of sequential art, essential digital tools and techniques to bring their imaginative stories to life. Get ready for some truly creative stories coming your way!

\$49.00 ID \$58.80 OD

Activity: <u>306157</u> - Opens August 4

 Tu:
 2:45 - 3:40 pm

 Session:
 9/9 - 30
 10/7 - 28

 11/4 - 12/2 (no class 11/25)
 11/25)

Watercolor Techniques

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Ages: 12 & up
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Larkspur Community Center

If you've ever wanted to try a watercolor class but weren't sure where to start, this is for you! The emphasis in this workshop is getting to know the materials and nature of the watercolor medium, practicing application, layering, lifting, scraping and texturing techniques, and exploring the potentials, pitfalls and remedies for an art project in watercolor. Participants can choose to work abstractly or practice on a project of their choosing. Instructor: Stephen Teater.

\$189.00 ID \$226.80 OD

Activity: <u>311222</u> - Opens August 4

 Th:
 6:00 - 8:00 pm

 Session:
 10/9 - 30

With A Child: Arts & Crafts

With A Child: Fun With Clay

Ages: 5 - 14 with Adult

Harmon Park Clay Studio

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand-building skills and techniques and glaze your pieces with bright colors. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$75.00 ID \$90.00 OD

Activity:	<u>311500</u> - Opens August 4
Sa: - OR -	10:00 am - 12:00 pm 12:30 - 2:30 pm
Session:	9/6 - Tiny Homes 9/13 - Clay Animals 9/20 - Gnomes 9/27 - Spooky Houses 10/4 - Monsters 10/11 - Pumpkins 10/18 - Wind Chimes 10/25 - Animal Bowls 11/1 - Dragons 11/15 - Holiday Ornaments 12/6 - Holiday Trees 12/13 - Bells
Su:	11:00 am - 1:00 pm
Session:	9/7 - Tiny Homes

9/14 - Clay Animals 9/21 - Gnomes 9/28 - Spooky Houses 10/5 - Monsters 10/12 - Pumpkins 10/19- Wind Chimes 10/26 - Animal Bowls 11/2- Dragons 11/16- Holiday Ornaments 12/7- Holiday Trees 12/14 - Bells



With A Child: NEW Samara Home Décor Creations

Ages: 6 & up with Adult

Samara Learning Center

Samaras (seed of the maple tree) evoke many people's childhood memories of trying to catch them as they fall from trees or tossing them in the air to watch them twirl down gracefully. They are also perfect for creating special family projects, such as a dragonfly mobile or fairy wall hangings. This provides a wonderful opportunity to spend time with your child and talk about how much you enjoy watching them soar, just like the samaras evolve from tiny seeds into strong, beautiful trees! The fee includes one child and one required accompanying adult. Please only register the child.

 \$78.00 ID
 \$93.60 OD

 Activity:
 <u>306554</u> - Opens August 4

 W:
 5:45 - 7:15 pm

 Session:
 9/10
 10/15

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

With A Child: Paint Together

Ages: 6 - 12 with Adult

Larkspur Community Center

Enjoy quality time together making a dual-canvas acrylic painting. Each young artist/adult pair receives two canvases to paint an image that when placed together will turn into one masterpiece. The design is prepped prior, and the instructor will guide your painting's creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$79.00 ID \$94.80 OD

Activity:	<u>302416</u> - Opens August 4
Sa:	10:00 am - 12:00 pm
Session:	9/13 - Scarecrows
Th:	5:00 - 7:00 pm
Session:	10/23 - Fall Welcome 11/13 - Holiday Countdown

With A Child: NEW Collaged Personalized Silhouettes

Ages: 6 & up with Adult

Samara Learning Center

Enjoy a wonderful evening with your child as you both explore your selfawareness and discover what you like! You'll take turns drawing each other's silhouettes (don't worry, we'll be there to help if you need it). After that, you can fill in the silhouettes with fun collages made from magazine pictures, words, stickers, stamps and other craft supplies we'll have on hand. Feel free to bring along any personal items from home that you'd like to use, too! The fee includes one child and one required accompanying adult. Please only register the child.

\$88.00 ID \$105.60 OD

Activity: <u>306559</u> - Opens August 4

W:	5:45 - 7:15 pm	
Session:	9/17	11/12
	12/3	



With A Child: Fun With Fused Glass

Ages: 6 - 12 with Adult Larkspur Community Center

Come enjoy time with your young artist and make a fused glass piece of art together. Try your creativity in designing with different shapes and color pieces to make the most of your decor. All supplies included. The projects will be kiln-fired and available for pickup a week after class. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$79.00 ID \$94.80 OD

Activity:	<u>302438</u> - Opens August 4
Th:	5:30 - 7:00 pm
Session:	9/18 - Suncatcher 10/16 - Halloween Fun
Sa:	9:30 - 11:00 am
Sa: Session:	9:30 - 11:00 am 11/15 - Snow Globe

With A Child: NEW Family Macrame

Ages: 6 & up with Adult

Samara Learning Center

These personalized macramé portraits are a beautiful way of capturing the love between family, siblings, friends and lovers. Whether it's for a birthday, wedding, baby shower or just as a gift for yourself, these special portraits make the perfect unique gift. The fee includes one child and one required accompanying adult. Please only register the child.

\$88.00 ID \$105.60 OD

Activity:	<u>306558</u> - Opens August 4		
W:	5:45 - 7:15 pm		
Session:	9/24 12/10	11/5	

With A Child: Jewelry Making

NEW

Ages: 6 & up with Adult Samara Learning Center

Join our enriching class designed for both adults and children, where you'll explore the art of jewelry-making together. This hands-on experience encourages creativity and selfexpression as you craft unique pieces to cherish and wear. Discover various techniques and materials while bonding over the joy of creating beautiful jewelry. The fee includes one child and one required accompanying adult. Please only register the child.

\$78.00 ID \$93.60 OD

Activity: <u>306557</u> - Opens August 4 W: **5:45 - 7:15 pm**

Session: 10/1

With A Child: NEW Macrame Rainbow Wall Hanging

Ages: 6 & up with Adult

Samara Learning Center

Join us for an enriching class, where you will learn the art of macramé while creating a beautiful rainbow wall hanging. This hands-on workshop provides a perfect opportunity to bond, unleash your creativity and take home a unique piece of art that adds a splash of color to your home! The fee includes one child and one required accompanying adult. Please only register the child.

\$81.00 ID	\$97.20 0	D
Activity:	<u>306556</u> - C	Opens August 4
W:	5:45 - 7:1	5 pm
Session:	10/8	10/22

Clase de arte con su hijo(a): ¡Sumérgete en el mundo de la pintura!/With A Child: Painting in Spanish

Ages: 5 & up with Adult Larkspur Community Center

iSumérgete en el mundo de la pintura! Estas clases son aptas para todos los niveles y edades y ofrecen la oportunidad de explorar el óleo pastel, la acuarela, la témpera, el acrílico sobre lienzo, la pintura sobre tela y otras técnicas. No requiere experiencia previa. Actualmente, ésta es la única clase de arte que BPRD ofrece en español, por tal motivo, las familias de habla hispana tienen la prioridad al momento de la inscripción. El costo de la clase cubre la participación de un participante y un adulto. Solo debe inscribir al niño(a). Instructora: Christi Zorilla Soto.

Dive into the world of painting in Spanish! These classes are suitable for all levels and ages and offer the opportunity to explore pastel oil, watercolor, tempera, acrylic on canvas, painting on fabric and other techniques. No prior painting experience is required. Since this is BPRD's only art class in Spanish, registration is prioritized for Spanishspeaking patrons. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Christi Zorilla Soto.

\$50.00 ID \$60.00 OD

 Activity:
 311503
 Opens August 4

 Sa:
 9:00 - 11:00 am

 Session:
 10/11
 11/8



With A Child: Easy Origami

Ages: 6 - 12 with Adult Larkspur Community Center

NEW

Spend quality time together learning the basics of origami, the traditional Japanese art of paper folding, without using scissors, glue or other messinducing components! In this class participants will learn traditional folds such as the crane, as well as some modern folds such as the pansy, tiger lily and frog. No experience necessary. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Grace Ogawa.

 \$34.00 ID
 \$40.80 OD

 Activity:
 302450 - Opens August 4

 Su:
 2:30 - 3:30 pm

 Session:
 10/12



With A Child: Mini-Pumpkin Halloween Arrangement

Ages: 6 - 12 with Adult Larkspur Community Center

Create your own mini-pumpkin Halloween arrangement with a child. This workshop covers all the tips and tricks of the trade to make a beautiful and fun Halloween centerpiece. Each adult and child team will take home an arrangement that will wow your family and friends. The fee includes one child and one required accompanying adult. Please only register the child. All supplies included. Instructor: Rae Aldrich.

\$69.00 ID
\$82.80 OD
Activity: <u>302201</u> - Opens August 4
F: 5:00 - 6:00 pm
Session: 10/24



With A Child: Acrylic Pouring on Canvas

Ages: 6 - 15 with Adult Larkspur Community Center

Swirl, slip and slide acrylic paint across a canvas and create amazing results together. Learn acrylic pouring technique and applications. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Stephen Teater.

\$69.00 ID \$82.80 OD Activity: <u>311541</u> - Opens August 4 **Sa: 9:00 - 11:00 am** Session: 11/1 11/8 11/15

With A Child: Fall NEW Origami Decorations

Ages: 6 - 12 with Adult Larkspur Community Center

Spend quality time together making festive fall decorations using origami, the traditional Japanese art of paper folding, without using scissors, tape, glue or other mess-inducing components! In this class we will make small origami arrangements suitable for table settings or door hangers. No previous experience necessary. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Grace Ogawa.

\$49.00 ID \$58.80 OD Activity: <u>302451</u> - Opens August 4 **Su: 2:00 - 3:30 pm** Session: 11/9



With A Child: NEW Nature Art Creations

Ages: 6 & up

Samara Learning Center

Unleash your child's inner artist and connect with nature in this hands-on, engaging class! Nature Art Creations is a delightful exploration of the natural world through creative crafts. Together, you and your child will gather inspiration and materials directly from our beautiful surroundings - pine cones, stones and wreaths! We will then transform these treasures into unique works of art. Each session may offer some new options, so you are welcome to sign up for more than one session introducing new and exciting nature-based craft projects, fostering creativity, fine motor skills and a love for the environment. The fee includes one child and one required accompanying adult. Please only register the child.

\$78.00 ID \$93.60 OD

Activity: 306555 - Opens August 4

W: 5:45 - 7:15 pm Session: 11/19 12/17

More "With A Child" classes View the With A Child Finder on pages 41 - 42.

With A Child: Holiday Origami Boxes NEW

Ages: 6 - 12 with Adult Larkspur Community Center

Spend quality time together creating colorful gift boxes using origami, the traditional Japanese art of paper folding, without using scissors, glue or other mess-inducing components! In this class we will create boxes and lids out of origami folds suitable for holding small gifts for all holidays. No previous experience necessary. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Grace Ogawa.

 \$49.00 ID
 \$58.80 OD

 Activity:
 <u>302452</u> - Opens August 4

 Su:
 2:00 - 3:30 pm

 Session:
 12/7

With A Child: Let's Paint Ceramic Ornaments

Ages: 6 - 12 with Adult

Larkspur Community Center

Enjoy a fun morning with your child painting ceramic holiday ornaments. Select from an assortment of unfinished shapes and designs and let your creativity shine. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$79.00 ID \$94.80 OD

Activity:	<u>302417</u> - Opens August 4
Sa:	10:00 - 11:30 am
Session:	12/20



kids in play

ENRICHMENT WEDNESDAYS

At Your School

Grades: K - 5

Make Wednesday afternoons into something special! Register your child to experience and learn something new such as science, arts, dance, Spanish, robotics, animal habitats and more!

 W:
 12:45 - 2:15 pm

 \$140.00 ID
 \$168.00 OD

 Session:
 9/10 - 10/22

\$120.00 ID \$144.00 OD Session: 11/5 - 12/17 (no class 11/26)



BEAR CREEK ELEMENTARY

Grades: K - 5

All Programs: 406601 - Opens August 4

Go C.A.M.P.

Children join Cascade Adventure Mountain Programs (C.A.M.P.) to learn outdoor skills and participate in fun adventure and team-building activities in the classroom and out on the playground. Activities will include shelter and fort building, map and geocaching lessons, wilderness themed games, nature art and more!

Session: 9/10 - 10/22

Experiment With Art

Try your hand at a variety of art mediums and see which one you like the best! Learn new techniques and create some incredible art projects.

Session: 11/5 - 12/17 (no class 11/26)

Filling a need with play.

Balancing school, work and life can be challenging for busy families. To help, BPRD is your family's partner for afterschool and noschool day childcare and day camps. We offer positive and enriching play and environments where your child can connect and grow in a way that compliments your needs.



WEDNESDAYS

ELK MEADOW ELEMENTARY

Grades: K - 5

All Programs: 406603 - Opens August 4

Happy Habits Fun & Fitness Class

Happy Habits Fun & Fitness Class will transform traditional running relays, games and drills into bite-sized lessons that teach confidence, integrity and resilience. With a healthy snack provided in class, kids are getting exercise, having fun and building strength of character.

Session: 9/10 - 10/22

Intro to Japanese Culture

Every week, students will learn about Japanese animation and practice simple Japanese phrases. Playing with origami and learning about Japanese pop culture, students will be introduced to Japanese history and customs both old and new.

Session: 11/5 - 12/17 (no class 11/26)

HIGH LAKES ELEMENTARY

Grades: K - 5

All Programs: 406605 - Opens August 4

Happy Habits Fun & Fitness Class

Happy Habits Fun & Fitness Class will transform traditional running relays, games and drills into bite-sized lessons that teach confidence, integrity and resilience. With a healthy snack provided in class, kids are getting exercise, having fun and building strength of character.

Session: 9/10 - 10/22

Fun, Funky, Fresh Dance

Have fun and get some energy out by moving and grooving to music and expressing yourself through dance. We'll also integrate dance games like the limbo, freeze dance, dance teacher and more!

Session: 11/5 - 12/17 (no class 11/26)

HIGHLAND ELEMENTARY

Grades: K - 5

All Programs: 406606 - Opens August 4

Fun, Funky, Fresh Dance

Have fun and get some energy out by moving and grooving to music and expressing yourself through dance. We'll also integrate dance games like the limbo, freeze dance, dance teacher and more!

Session: 9/10 - 10/22

Experiment With Art

Try your hand at a variety of art mediums and see which one you like the best! Learn new techniques and create some incredible art projects.

Session: 11/5 - 12/17 (no class 11/26)







JEWELL ELEMENTARY

Grades: K - 5

All Programs: 406607 - Opens August 4

Rocket Minds Ready to Thrive

An engaging STEM (Science, Technology, Engineering, Mathematics) program which provides the tools to enrich the overall development of your child in a fun and creative environment.

Session: 9/10 - 10/22

Fun Works Inc. STEAM Using LEGO

Grades 1 - 5

Children are introduced to engineering concepts focused on building skills and techniques. Every project built is modified and customized by students and makes fun No. 1! LEGO motorized gear-drive cars, airplanes and monorail are just a few of the amazing projects.

Session: 11/5 - 12/17 (no class 11/26)

JUNIPER ELEMENTARY Grades: K - 5

All Programs: 406608 - Opens August 4

Experiment With Art

Try your hand at a variety of art mediums and see which one you like the best! Learn new techniques and create some incredible art projects.

Session: 9/10 - 10/22

Rocket Minds Ready to Thrive

An engaging STEM (Science, Technology, Engineering, Mathematics) program which provides the tools to enrich the overall development of your child in a fun and creative environment.

Session: 11/5 - 12/17 (no class 11/26)

MILLER ELEMENTARY

Grades: K - 5

All Programs: 406610 - Opens August 4

Experiment With Art

Try your hand at a variety of art mediums and see which one you like the best! Learn new techniques and create some incredible art projects.

Session: 9/10 - 10/22

Happy Habits Fun & Fitness Class

Happy Habits Fun & Fitness Class will transform traditional running relays, games and drills into bite-sized lessons that teach confidence, integrity and resilience. With a healthy snack provided in class, kids are getting exercise, having fun and building strength of character.

Session: 11/5 - 12/17 (no class 11/26)



Register at <u>register.bendparksandrec.org</u> • Fall registration opens August 4 - 5 at 6:00 a.m. daily. Check Activity # for opening date. How to register, scholarships and refund/cancellation policy on pages 6 - 9. • Program locations on pages 117. • Park lists on pages 118 - 121.



WEDNESDAYS





NORTH STAR ELEMENTARY

Grades: K - 5

All Programs: 406614 - Opens August 4

Intro to Japanese Culture

Every week, students will learn about Japanese animation and practice simple Japanese phrases. Playing with origami and learning about Japanese pop culture, students will be introduced to Japanese history and customs both old and new.

Session: 9/10 - 10/22

Go C.A.M.P.

Children join Cascade Adventure Mountain Programs (C.A.M.P.) to learn outdoor skills and participate in fun adventure and team-building activities in the classroom and out on the playground. Activities will include shelter and fort building, map and geocaching lessons, wilderness themed games, nature art and more!

Session: 11/5 - 12/17 (no class 11/26)

PINE RIDGE ELEMENTARY

All Programs: 406611 - Opens August 4

Fun Works Inc. STEAM Using LEGO

Grades: 1 - 5

Children are introduced to engineering concepts focused on building skills and techniques. Every project built is modified and customized by students and makes fun No. 1! LEGO motorized gear-drive cars, airplanes and monorail are just a few of the amazing projects.

Session: 9/10 - 10/22

Happy Habits Fun & Fitness Class

Grades: K - 5

Happy Habits Fun & Fitness Class will transform traditional running relays, games and drills into bite-sized lessons that teach confidence, integrity and resilience. With a healthy snack provided in class, kids are getting exercise, having fun and building strength of character.

Session: 11/5 - 12/17 (no class 11/26)





Kids Inc. No-School Day Camp



(formerly Operation Recreation no-school day programs)

bend park & recreation district

Grades: K - 5 Various local schools

When school is not in session, the adventure begins! Kids Inc. No-School Days camp is designed to cater to both busy parents and energetic kids, offering a fun-filled program for children in kindergarten through 5th grade. On these no-school days, kids can dive into a range of activities, including enrichment projects, group games, crafts, outdoor play, and plenty of free-choice options to keep them engaged and entertained. November and December sessions include fieldtrips.

Kids Inc. Afterschool Participants: If you're interested in no-school day camps, a separate registration from the afterschool program is required.

OCTOBER NO-SCHOOL DAYS

Elk Meadow, Ensworth, Juniper Elementary and one additional school location to be determined

Activity: 307400 - Opens August 4

\$58.00 ID \$69.60 OD per day

Daily:	8:30 am - 4:30 pm
W:	10/29
Th:	10/30
F:	10/31

EXTENDED CARE

\$7.00 ID \$8.40 OD per day Daily: 7:30 am - 5:30 pm

FALL BREAK

Silver Rail Elementary and one additional school location to be determined

Activity: 307401 - Opens August 4 \$173.00 ID \$207.60 OD per week M-W: 8:30 am - 4:30 pm Session: 11/24 - 26

EXTENDED CARE

\$21.00 ID \$25.20 OD per week Daily: 7:30 am - 5:30 pm

WINTER BREAK WEEK 1

Two locations to be determined Activity: 307401 - Opens August 4 \$173.00 ID \$207.60 OD per week M-W: 8:30 am - 4:30 pm Session: 12/22 - 24

EXTENDED CARE

\$21.00 ID \$25.20 OD per week Daily: 7:30 am - 5:30 pm

WINTER BREAK WEEK 2

Two locations to be determined Activity: 307401 - Opens August 4 \$232.00 ID \$278.40 OD per week M-W/F: 8:30 am - 4:30 pm Session: 12/29 - 1/2 (no class 1/1)

EXTENDED CARE

\$28.00 ID \$33.60 OD per week Daily: 7:30 am - 5:30 pm

Afterschool Programs



Grades: K - 5

Located at your school

Kids Inc. Afterschool childcare is currently accepting applications for school-based waitlists.

Look for more information at bendparksandrec.org/ childcare.

Register at register.bendparksandrec.org • Fall registration opens August 4 - 5 at 6:00 a.m. daily. Check Activity # for opening date. How to register, scholarships and refund/cancellation policy on pages 6 - 9. • Program locations on pages 117. • Park lists on pages 118 - 121.



No-School Day Camps NO SCHOOL

Westside Village Camp



6 - 14 Ages:

Westside Village

Pack your no-school day with adventures and creative arts! Get moving with outdoor activities such as walking adventures within two miles of Westside Village Magnet School. Tap into your creative side with drama, music, dancing, drumming, ukulele, art projects and cooking/baking. Campers should bring lunch each day.

Activity: 306401 - Opens August 4

3-DAY CAMP

\$190.00 ID \$228.00 OD

W-F: 7:45 am - 5:15 pm Session: 10/29 - 31 M-W: 7:45 am - 5:15 pm Session: 11/24 - 26 12/22 - 24 M/Tu/F: 7:45 am - 5:15 pm Session: 12/29 - 1/2 (no class 12/31 - 1/1)

1-DAY CAMP

\$75.00 ID \$90.00 OD

M:	7:45 am - 5:15 pm			
Session:	11/24	12/22	12/29	
Tu:	7:45 am - 5:15 pm			
Session:	11/25	12/23	12/30	
W:	7:45 am - 5:15 pm			
Session:	10/29	11/26	12/24	
Th:	7:45 am - 5:15 pm			
Session:	10/30			
F:	7:45 am - 5:15 pm			
Session:	10/31	1/2		

Samara No-School Hang Out Days



Ages: 6 - 12

Samara Learning Center

Join us for fun hangout days during school breaks! Our camp is a welcoming space for kids, filled with laughter, friendship and exciting activities. In a safe and supportive environment, campers can enjoy a day packed with crafts, games and all sorts of fun experiences. We can't wait to see you there! Early drop-off and extended care available.

\$144.00 ID \$172.80 OD

Activity:	<u>306650</u> - Opens August 4	
M:	9:00 am - 3:00 pm	
Session:	11/24 12/29	12/22
Tu:	9:00 am - 3:00 pm	
Session:	11/25 12/30	12/23

EARLY DROP-OFF

\$13.50 ID \$16.20 OD per day Dailv: 7:30 - 9:00 am

EXTENDED CARE

\$22.50 ID	\$27.00 OD per day
Daily:	3:00 - 5:30 pm

Looking for more no-school day and school break programs?

Check out all the Youth program sections and look for this symbol.





Preschool

Busy Buddies Preschool

INCLUDES WEEKLY SWIM LESSONS

Ages: 3 - 5

Juniper Swim & Fitness Center

This program includes weekly swim lessons and movement play! Children will enjoy arts and crafts, dramatic play and more while being introduced to basic educational concepts such as numbers, letters and phonics. Class is taught in a small group setting and a daily snack is provided. No prior swimming experience necessary. Children must be potty-trained. Registration for each school year opens in May.

Limited availability - sign up on wait list if the program is full. The registration holds your spot for the upcoming September-June school year program.

A \$20.00 ID/OD non-refundable registration fee is due at time of enrollment and monthly fee is due before the 1st of every month, September through May. You can register for multiple sessions per week if you choose.

Activity: <u>405601</u> - Open now

\$245.00 ID \$294.00 OD / month

M/W: 1:30 - 4:30 pm Session: 9/8 - 6/10 \$260.00 ID \$312.00 0D / month

Tu/Th: 1:30 - 4:30 pm Session: 9/9 - 6/11

No school during Thanksgiving Break (11/24 - 27), Winter Break (12/22 - 1/1), Spring Break (3/23 - 26) and on Veteran's Day, Martin Luther King Jr. Day, President's Day, and Memorial Day.

Register in advance to sync with your workout Kids' Corner Childcare

Ages: 6 months - 5 years Juniper Swim & Fitness Center

A safe and nurturing environment for your young child while you enjoy all that Juniper has to offer. Children enjoy arts and crafts, reading, creative play and cooperative games while you swim, work out or just relax.

- Registration is strongly recommended and includes a standard of four scheduled 75-minute visits per session at discounted rate.
- Fee is adjusted for three- or five-visit sessions.
- Each visit is limited to 75 minutes. Sorry, no discount for less time. If you would like your child to stay longer than 75 minutes, it will count as two visits and only available as space allows or if registered.

Registration Childcare TODDLER

 Ages:
 6 - 24 months.

 Limited availability

 \$36.00 ID
 \$43.20 OD / session

Activity: <u>305600</u> - Opens August 4

PRESCHOOLER

 Ages:
 2 - 5 years old

 \$30.00 ID
 \$36.00 OD / session

 Activity:
 305601
 - Opens August 4

Weekdays: 9:00 - 10:15 am - OR - 10:20 - 11:35 am

Sessions:

M:	9/8 - 9/29 11/3 - 11/24	10/6 - 10/27 12/1 - 12/29
T:	9/2 - 9/30 11/4 - 11/25	10/7 - 10/28 12/2 - 12/30
W:	9/3 - 9/24 11/5 - 11/26	10/1 - 10/29 12/3 - 12/24
Th:	9/4 - 9/25 11/6 - 11/20	10/2 - 10/30 12/4 - 12/18
F:	9/5 - 9/26 11/7 - 11/21	10/3 - 10/31 12/5 - 12/19

Drop-in Childcare

Available if space allows. Call 541-706-6191 for availability. TODDLER

 Ages:
 6 - 24 months. Limited availability

 \$11.00 ID
 \$13.20 OD

per visit up to 75 minutes.

PRESCHOOLER

Ages: 2 - 5 years old \$9.25 ID \$11.10 OD per visit up to 75 minutes.

Weekdays: 9:00 - 10:15 am - OR - 10:20 - 11:35 am

Your child can stay for longer than 75 minutes with payment for two visits.

Sync up to Adult Fitness Classes

Juniper features a great lineup of fitness classes during childcare.

Learn more and view drop-in fitness classes at bendparksandrec.org/fitness-swim/



Learn + play.

"Play is often talked about as it were a relief from serious learning. But for children, play is serious learning. Play is really the work of childhood." - Fred Rogers, aka Mister Rogers

Play is the focus of youth activities whether it's crafts, dance or science. Because if you're having fun, then discovery and development come easy!

Cooking & Baking

Beginners Baking 101 Ages: 9 - 14

Samara Learning Center

This baking series will help your child become more creative, independent and helpful in the kitchen. Participating in a focused, small group setting, your young baker will receive encouraging instruction and enjoy a fun and messy hands-on baking experience - from mixing batter and rolling pie dough to decorating cupcakes and much more. Plus, your child will bring home tasty treats! All materials included.

 \$262.00 ID
 \$314.40 OD

 Activity:
 306115
 Opens August 4

 W:
 1:30 - 3:30 pm

 Session:
 9/10 - 10/1



With A Child: Cooking & Baking

With A Child: Sushi Rolling Made Easy

Ages: 7 - 12 with Adult Larkspur Community Center

Learn how to make a platter of norimaki sushi rolls - it is easy! We will roll a variety of rice, noodles, vegetables, vegetarian proteins and/or cooked and smoked seafood with condiments in nori, a Japanese seaweed wrap. You will also learn to make cones, California rolls, miso soup and wakame cucumber sesame salad. Once you get the knack of it, you can throw your own sushi rolling party! Bring a cutting board, large sharp knife and a small container for your sushi. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

 \$99.00 ID
 \$118.80 OD

 Activity:
 302259 - Opens August 4

 F:
 5:00 - 7:00 pm

 Session:
 9/5

 Sa:
 1:00 - 3:00 pm

 Session:
 9/6

With A Child: Flourless Chocolate Cake

Ages: 7 - 12 with Adult

Larkspur Community Center

Calling all chocolate lovers!! This rich and fudgy flourless chocolate cake is a perfect dessert for any occasion and, bonus, it's gluten-free! With a child, grab an 8-inch cake pan and discover how easy it is to make this decadent dessert together. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$79.00 ID \$94.80 OD

Activity: <u>302111</u> - Opens August 4

Sa: 3:00 - 5:00 pm Session: 9/20

With A Child: Breakfast Head Start

Ages: 7 - 12 with Adult Larkspur Community Center

These healthy breakfasts will give you a head start in the morning and kids will love getting up and making them for everyone! We will make stuffed French toast with strawberry syrup, egg muffins with sausage and hash browns, eggs in a nest, and bacon and broccoli quiche. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$89.00 ID \$106.80 OD

Activity: <u>302225</u> - Opens August 4

Sa: 10:00 am - 12:00 pm Session: 10/4

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

With A Child: Marshmallow Madness

Ages: 7 - 12 with Adult

Larkspur Community Center

Let's whip up some sweet, fluffy, homemade marshmallows. Join us as we put together a few basic ingredients and learn to make marshmallow magic and how to vary flavorings to create original marshmallow treats. Bring an apron and a 9x9 baking pan to take home your final confection creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

 \$79.00 ID
 \$94.80 OD

 Activity:
 <u>302262</u> - Opens August 4

 Sa:
 2:00 - 4:00 pm

 Session:
 10/4



With A Child: NEW Spook-cuterie

Ages: 7 - 12 with Adult Larkspur Community Center

Calling all little goblins, witches and wizards! In this Halloween-themed snack workshop you will create your very own frightfully fun charcuteriestyle snack boards with tombstone brownies, spiderweb pretzels, mummy dogs and ghost bananas. Join us for a spook-tacular time - if you dare! Please bring a small cutting board or a plate on which to create your design. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$89.00 ID \$106.80 OD

 Activity:
 302292 - Opens August 4

 F:
 5:00 - 7:00 pm

 Session:
 10/17



With A Child: NEW Spooky Halloween "Pocky" Sticks

Ages: 7 - 12 with Adult Larkspur Community Center

Become a monster munchie master! In this class kids will learn to bake crispy cookie sticks and then transform them into spooky Halloween creatures with delicious dips and decorations. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Andy Hatz.

\$89.00 ID \$106.80 OD

Activity:	<u>302113</u> - Opens August 4
Sa:	10:00 am - 12:00 pm
- OR -	1:00 - 3:00 pm
Session:	10/25

With A Child: NEW Bake A Better Biscuit

Ages: 7 - 12 with Adult

Larkspur Community Center

Nothing beats homemade biscuits! In this class you will learn to make tender, flakey, melt-in-your-mouth biscuits just like your grandmother made from basic ingredients. No mixes here - we are learning how to make biscuits from scratch that you can eat on their own, or use as a base for biscuits and gravy, chicken and biscuits, or strawberry shortcake dessert. Bring a pie pan to take home your fresh-baked treats. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

 \$79.00 ID
 \$94.80 OD

 Activity:
 <u>302289</u> - Opens August 4

 Sa:
 10:00 am - 12:00 pm

 Session:
 11/8



With A Child: Hand Pie Perfection

Ages: 7 - 12 with Adult

Larkspur Community Center

Spend some quality time with your child and learn to make the perfect hand pie. We will learn the fundamentals of making pie crust dough as well as delicious fillings. You and your child will be on your way to hand pie perfection. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$79.00 ID \$94.80 OD

 Activity:
 302256 - Opens August 4

 Sa:
 10:00 am - 12:00 pm

 Session:
 11/22

With A Child:

Gingerbread House Holiday Workshop

Ages: 5 - 12 with Adult

Larkspur Community Center

Get a kick-start to holiday fun! Our Gingerbread House Holiday Workshop allows adult/child pairs to work together to design and decorate a gingerbread house creation of their very own. Skip the prep and mess at home, and enjoy spending time with a child creating holiday memories. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$69.00 ID \$82.80 OD

Activity: <u>302253</u> - Opens August 4

Sa: 9:30 - 10:30 am - OR - 11:00 am - 12:00 pm Session: 12/13

Dance & Movement

Flexible Mindset Yoga

Ages: 6 - 8

Samara Learning Center

The founder of Samara Learning Center often inspires us with the saying "Be like a tree: strong enough to reach for the sky, but flexible enough to bend in the wind." In this engaging yoga class, your children will not only stretch and strengthen their bodies, but they will also explore the concept of mental flexibility. Through a variety of fun poses and activities, they will learn how to adapt to challenges while cultivating a playful spirit in a nurturing and safe environment. This is a wonderful opportunity for them to grow both physically and emotionally!

NEW

\$165.00 ID \$198.00 OD

Activity:	<u>306158</u> - Opens August 4	
M:	2:45 - 3:40 pm	
Session:		10/6 - 27 5 (no class 11/24)

Session: 9/4 - 10/2 10/9 - 11/6 (no class 10/30) 11/13 - 12/11

With A Child Activity Finder

A comprehensive list of all adult with child programs on pages 45 - 46.

Kids Hip Hop

Ages: 5 - 7

Academie de Ballet Classique

Come and learn the dance style of today's top choreographers. Utilizing music and styles in hip hop dance and freestyle, this family friendly dance class will incorporate joyful dance combinations that will express your young dancer's individuality. Dress code: White shirt, black shorts or leggings, and supportive shoes not worn outside.

\$255.00 ID \$306.00 OD

 Activity:
 306570 - Opens August 4

 Tu:
 4:30 - 5:35 pm

 Session:
 9/9 - 11/18

Family Yoga

Ages: 5 - 8 with Adult

Free Spirit Yoga - Ninja - Play

Connect, move, and breathe together! Our Family Yoga Series is a joyful way for parents and caregivers to bond with their kids through playful movement and mindfulness. Each class features fun, kid-friendly voga flows, partner poses and beginner-friendly partner yoga, along with simple breathing and mindfulness techniques your family can use at home. You'll build strength, flexibility and connection while creating meaningful memories together. No experience needed -- just come ready to move, laugh, and grow as a family! The fee includes one child and one required accompanying adult. Please only register the child.

\$149.00 ID \$178.80 OD

 Activity:
 306767
 Opens August 4

 W:
 5:15 - 6:15 pm

 Session:
 9/10 - 10/15



Check out all the Youth program sections and look for this symbol.



VOUTH ENRICHMENT

Mini Yogi Classes

Ages: 3 - 5 with Adult

Free Spirit Yoga - Ninja - Play

Come and share the joy of yoga with your loved ones! Kids and adults are invited to join our upbeat yoga classes. Tailored around different themes, each class features age-appropriate yoga sequences, engaging games, partner poses, lively songs with movements, interactive story time and even bubbles! Our holistic approach contributes to children's social, mental and physical development. Adults can discover new ways to connect with their little ones through yoga and movement. No prior yoga experience is required. The fee includes one child and one required accompanying adult. Please only register the child.

\$142.00 ID \$170.40 OD

Activity: <u>306177</u> - Opens August 4

Tu:4:15 - 5:00 pmSession:9/9 - 10/14

Tween Yoga Classes

Ages: 9 - 13

Free Spirit Yoga - Ninja - Play

Yoga sequences and partner poses are thoughtfully planned to enhance flexibility, strength, coordination and body awareness. Beyond the physical practice, classes include journaling, breath-work and mindfulness activities as well as arts and crafts projects to foster a sense of calm and mindful concentration. Tweens will be introduced to yoga which will help empower them to breathe deeply, navigate emotions, improve concentration and enhance positive thinking. Additionally, yoga aids young athletes by building strength and preventing injuries during sports activities.

\$149.00 ID \$178.80 OD

Activity: <u>306178</u> - Opens August 4

Tu:5:15 - 6:15 pmSession:9/9 - 10/14



View BPRD jobs available at <u>bendparksandrec.org/jobs</u>.



Fantasy BalletAges:5 - 6

Academie de Ballet Classique

This fantasy-themed ballet class is designed to cultivate your child's creativity, individuality and artistry while discovering ballet and musicality. Children are delighted to dance through magical places while using their newly learned ballet steps. Dress code is required; contact studio for more information. Learn more at <u>abcbend.com/</u> <u>petitesetoiles/petitesetoiles-uniform-guide/</u>

\$255.00 ID \$306.00 OD		
Activity:	<u>306582</u> - Opens August 4	
F:	4:00 - 4:45 pm	
• •	4.00 4.45 pm	

Little Stars Ballet

Ages: 3 - 4

Academie de Ballet Classique

Action packed lessons engage and enrich your child's dance experience. Join us for a creative journey in learning basic ballet steps and musicality. Guided play dance of leaping over lily pads, swimming like a mermaid/merman becomes grand jeté in later levels. Their confidence rises as they explore freedom of movement and learn through dance. Dress code is required. Learn more at <u>abcbend.com/</u> petitesetoiles/petitesetoiles-uniform-guide/

 \$255.00 ID
 \$306.00 OD

 Activity:
 306571 - Opens August 4

 Sa:
 9:20 - 10:05 am

 Session:
 9/13 - 11/22

The Social Shuffle: Dance Buddies NEW

Ages: 6 - 9

Samara Learning Center

Does your child love to move to music? Our fun and energetic beginner social dance class is the perfect way to introduce them to the joy of dancing and build important social skills at the same time! In this class, we'll explore the exciting world of social dance through simple and engaging steps from a variety of styles. Forget stiff routines - we'll focus on building confidence on the dance floor, learning to move with a partner and having a blast!

\$165.00 ID \$198.00 OD Activity: <u>306561</u> - Opens August 4 **Tu: 2:45 - 3:40 pm** Session: 11/4 - 12/2

> Young Child Activity Finder

A handy list of programs for ages 0 - 5 years old on pages 41 - 44.



Games

D.I.C.E. – Tabletop Role Playing Game

Ages: 10 - 14

Samara Learning Center

"Dungeon In Constant Engagement" (D.I.C.E.) is a tabletop fantasy-based role-playing game where students will make characters and embark on an adventure guided by a game master. Participants will learn about character creation, story progression and collaboration while interacting with mystical beings, uncovering mysteries and overcoming obstacles both fantastic and mundane. This program is intended for beginner-intermediate students.

\$154.00 ID \$184.80 OD

Activity: <u>306565</u> - Opens August 4

 Th:
 2:45

 Session:
 9/11 - 1

 10/9 - 1

2:45 - 3:40 pm 9/11 - 10/2 10/9 - 11/6 (no class 10/30) 11/13 - 12/11 (no class 11/27)

Beginner NEW Chess Club Ages: 6-9

Larkspur Community Center

Ready to have fun, learn chess and make new friends? Our club is the perfect place for kids to explore the world of chess through exciting lessons and fun games. You'll learn the basics, sharpen your thinking skills and train the most powerful muscle of all – your brain!

\$65.00 ID \$78.00 OD		
Activity:	<u>306241</u> - Opens August 4	
Tu:	6:00 - 8:00 pm	
Session:	9/16 - 10/7 10/21 - 11/18 (no class 11/11)	
Th:	6:00 - 8:00 pm	
Session:	9/18 - 10/9 10/23 - 11/20 (no class 10/30)	

Chess Wizards SCHOOL

Ages: 7 - 11 Location to be determined

Join us for fun and challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends and work out your most powerful muscle - your brain! Our camps include fun team chess games like bughouse, recess time, snacks, tournaments and puzzles. Each camper receives a Chess Wizards t-shirt, trophy and puzzle folder. Unleash your brain power and spend some of your time with Chess Wizards!

Activity: <u>306240</u> - Opens August 4

FULL-DAY

\$245.00 ID \$294.00 OD M-Tu: 9:00 am - 3:00 pm Session: 12/22 - 23 12/29 - 30

HALF-DAY

\$185.00 ID \$222.00 OD		
Activity:	<u>306240</u> - Op	ens August 4
M-Tu: - OR -	9:00 am - 12:00 - 3:0	
Session:	12/22 - 23	12/29 - 30



Work for play!

View BPRD jobs available at <u>bendparksandrec.org/jobs.</u>



Music, Theater & Voice

Drama Club

Ages: 5 - 17

Larkspur Community Center

An exciting drama class guiding students through an immersive exploration of the fundamentals of acting, storytelling and theatrical expression. This session will conclude with a live performance on Dec. 13 - 14, with a dress rehearsal on Dec 11 - 12. Instructor: Jana Mohr.

\$130.00 ID \$156.00 OD

Activity: <u>306222</u> - Opens August 4

Ages:	7 - 8
M:	5:00 - 6:00 pm
Session:	9/29 - 11/17
Th:	4:00 - 5:00 pm
Session:	10/2 - 11/20
Ages:	9 - 11
M:	6:15 - 7:15 pm
Session:	9/29 - 11/17
Th:	5:15 - 6:15 pm
Session:	10/2 - 11/20
Ages:	4 - 6
Th:	2:45 - 3:45 pm
Session:	10/2 - 11/20
Ages:	12 - 15
Th:	6:30 - 7:30 pm
Session:	10/2 - 11/20

Outdoors

Wild Ways NEW SCHOOL Outdoor Adventures Afterschool Program

Ages: 9 - 15

Skyline Sports Park

This program is for the child that loves the outdoors and wants to go on adventures while also learning leadership skills and environmental stewardship. Join Cascade Adventure Mountain Programs (AKA C.A.M.P. Bend) for the Wild Ways after-school program. Our professional guides will lead youth in games, wilderness survival skills, environmental stewardship, bike repair, orienteering, basic first aid and more with quests from local outdoor companies and nonprofits. On Wednesdays, guides will take youth on excursions to local trails. lakes and parks where adventures could include hiking, paddling, snowshoeing, building shelters, primitive skills, campfires and wilderness solos. Join us this school year and enjoy the outdoors while learning skills to become a leader and building community! Transportation to and from our outdoor adventure locations is included. All C.A.M.P. Bend programs are lead by professional guides with multiple years of backcountry experience as well as wilderness first aid and lifeguarding certifications.

Activity:	<u>307500</u> - Opens August 4
\$200.00	D \$240.00 OD

M/Tu/Th/F: 4:00 - 5:30 pm			
W:	2:30 - 5:30	pm	
Session:	9/1 - 5 9/15 - 19 9/29 - 10/3 10/13 - 17 11/3 - 7 11/17 - 21 12/8 - 12	9/8 - 12 9/22 - 26 10/6 - 10 10/20 - 24 11/10 - 14 12/1 - 5 12/15 - 19	
\$90.00 ID	\$108.00 0[)	

M-Tu:	9:00 am -	4:00 pm
Session:	10/27 - 28	12/22 - 23



Adventure NEW Camp 101

Ages: 8 - 12

Samara Learning Center

Unplug, explore and discover! Calling all young adventurers: Are you ready to explore the wonders of the outdoors and learn the essential skills for a fun and safe camping trip? We'll explore basic outdoor safety, planning, gear prep, packing, Leave No Trace principles and what to do in case of unexpected weather. Each session builds on the preceding one.

 \$229.00 ID
 \$274.80 OD

 Activity:
 307650 - Opens August 4

 Tu:
 2:45 - 4:15 pm

 Session:
 9/9 - 30





STEM: Animation, Design, Audio & Video

Digital Animation by Youth Tech - NEW Virtual

Ages: 10 - 17

Online Class

In this class students will learn the basics of animation and digital design. If you have a creative imagination and want to make things move this is the class for you. Students will create fun interactive animations that they can share with the world. Youth Tech Inc.'s online classes provide students with a roadmap to success offering students a self-paced course structure filled with software, notes and tutorials. Our camps also offer support throughout the experience with a dedicated email, phone and optional Zoom sessions. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. Students must have a computer and Internet access for this course.

\$130.00 ID \$156.00 OD Activity: <u>306184</u> - Opens August 4 **At your convenience**

Movie Makers by NEW Youth Tech - Virtual Ages: 9 - 16

Online Class

This hands-on, interactive course will instruct students on the world of digital video design and production. Students will film, direct and edit their own digital video creations with amazing green screen and special effects. Youth Tech Inc.'s online classes provide students with a roadmap to success offering students a selfpaced course structure filled with software, notes and tutorials. Our camps also offer support throughout the experience with a dedicated email, phone and optional Zoom sessions. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. Students must have a computer and Internet access for this course.

\$130.00 ID \$156.00 OD Activity: <u>306185</u> - Opens August 4

At your convenience

Looking for childcare & day camps?

Take a look at the Youth Camps & Childcare section on pages 59 - 65.

Stop-Motion Animation **Subo** Filmmakers Camp

Ages: 7 - 15 Steller Jay Creative Learning

Jump into a full day of an amazing art form built for today's creative kid. Stop-Motion Animation Camp at the fully equipped, Steller Jay Creative Studio gives young filmmakers a chance to dive into one of the world's most engaging and accessible art forms. Filmmakers start with learning industry techniques and applying what they learn. After a morning of practicing different styles and a lunch break, the students will analyze some famous stop-motion movies and short films and given open time to explore their imaginations and create short films unique to their vision. On camp's final day, families and special quests are invited to join the filmmakers for a mini film festival - popcorn included.

\$380.00 ID \$456.00 OD

 Activity:
 306771 - Opens August 4

 W-F:
 9:00 am - 2:00 pm

 Session:
 10/29 - 31

Friday Night Lights, Camera, Stop-Motion Animation!

Ages: 7 - 14

Steller Jay Creative Learning

This fall, Steller Jay Creative Studios is opening its doors on Friday nights for young filmmakers to enjoy an exciting evening making short stop-motion films with all technology and materials ready to go. Filmmakers will finish the evening with an original stop-motion movie that they can proudly share with friends and family and keep for a lifetime. All skill levels are welcome. Doors are open from 5:30 to 8:30 pm. Dropoff and pick-up times are up to parents and guardians.

\$70.00 ID \$84.00 OD

Activity: <u>306775</u> - Opens August 4

F:	5:30 - 8:	30 - 8:30 pm	
Session:	9/12	9/26	
	10/10	10/24	
	11/7	12/5	
	12/19		



Stop-Motion Animation Filmmaking

Ages: 7 - 15 Steller Jay Creative Learning

Enter Steller Jay Creative Learning Center for a deep dive into one of the world's most engaging and accessible art forms. Combining computer technology with a variety of materials such as LEGO®, clay, paint, hot glue, magnets, dry-erase pens and green screens, filmmakers will construct miniature sets, characters, stories and vignettes reflective of their wildest ideas. Students will be taught stopmotion animation techniques and storytelling strategies necessary to produce original, animated short films. Each student will take home digital copies of all the movies they make in class. All technology and materials are provided.

\$240.00 ID \$288.00 OD

Activity: <u>306776</u> - Opens August 4

W: 1:30 - 3:00 pm Session: 9/10 - 10/1 10/8 - 11/5 (no class 10/29) 11/12 - 12/10 (no class 11/26)

Volunteer with kids!

Contact Kim at 541-706-6127 for more information.

STEM: Aviation & Space

Rocket Minds Ready to Thrive!

Ages: 5 - 11 Location to be determined \$135.00 ID \$162.00 OD Activity: 306226 - Opens August 4

LIFE SKILLS

Students will practice a combination of life skills that provide the tools to enrich the overall development of your child in a fun and creative environment.

Tu:	2:30 - 4:00 pm	
Session:	9/9 - 10/14	
	11/4 - 12/16 (no class 11/11)	

STEM

A combination of STEM (Math, Science, Aerospace), which provides the tools to enrich the overall development of your child in a fun and creative environment. Pilar Davami is an Aerospace Engineer, native of Madrid (Spain) who has been teaching fifteen years and has raised her two sons (currently working for NASA) in Bend, Oregon.

 Th:
 2:30 - 4:00 pm

 Session:
 9/11 - 10/16 11/6 - 12/18 (no class 11/13)

Fun Works Inc.

Ages: 5 - 6

North Star Elementary

Learn and experiment with the fundamentals and principles of five aircraft. Each student builds, modifies, decorates and takes home all projects. Paper airplanes, glider airplanes and a water rocket are just a few of the exciting projects built during camp. All aircraft are artistically customized with stickers and pens by students.

\$140.00 ID \$168.00 OD

•		
Activity:	<u>306663</u> - Opens August 4	
W-F:	9:00 am - 12:00 pm	
Session:	10/29 - 31	
M-W:	9:00 am - 12:00 pm	
Session:	11/24 - 26	
M/Tu/F:	9:00 am - 12:00 pm	
Session:	12/22 - 26 (no class 12/24 - 25) 12/29 - 1/2 (no class 12/31 - 1/1)	



Fun Works Inc. School Art of Flight

Ages: 7 - 12

North Star Elementary

Learn and experiment with the fundamentals and principles of five aircraft. Each student builds, modifies, decorates and takes home all projects. All aircraft are artistically customized with stickers and pens by students. Motorized paper airplanes, glider airplanes and a solid fuel rocket are just a few of the exciting projects built during camp.

\$220.00 ID \$264.00 OD

Activity:	<u>306664</u> - Opens August 4	
W-F:	1:00 - 4:00 pm	
Session:	10/29 - 31	
M-W:	1:00 - 4:00 pm	
Session:	11/24 - 26	
M/Tu/F:	1:00 - 4:00 pm	
Session:	12/22 - 26 (no class 12/24 - 25) 12/29 - 1/2 (no class 12/31 - 1/1)	

STEM: Coding, Gaming & Programming

iCode by Youth Tech -Virtual NEW

Ages: 6 - 12 Online Class

This course offers students a fun, interactive look at coding. Students will create virtual apps and write their own programs that they can share with friends and family. This course makes learning to code fun and explores problem solving and programming logic. Students will have access to their accounts so the learning does not end at the door. Students should be able to read prior to taking this course. Youth Tech Inc.'s online classes provide students with a roadmap to success offering students a self-paced course structure filled with software, notes and tutorials. Our camps also offer support throughout the experience with a dedicated email, phone and optional Zoom sessions. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. Students must have a computer and Internet access for this course.

\$130.00 ID \$156.00 OD Activity: <u>306187</u> - Opens August 4 **At your convenience**

Video Game Design by Youth Tech - NEW Virtual

Ages: 10 - 17 Online Class

This course provides students with a fun interactive look at the world of video game design and development. Students will learn the basics of video game design and produce several video games to share with their friends and family Youth Tech Inc.'s online classes provide students with a roadmap to success offering students a self-paced course structure filled with software, notes and tutorials. Our camps also offer support throughout the experience with a dedicated email, phone and optional Zoom sessions. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. Students must have a computer and Internet access for this course.

\$130.00 ID \$156.00 OD Activity: <u>306183</u> - Opens August 4 **At your convenience**



Gaming and Coding by Youth Tech - NEW Virtual

Ages: 6 - 12

Online Class

This course combines two unbelievable experiences for students: gaming and coding. Students will get access to an interactive look at coding and building virtual apps to share with friends. Next, students will build simple video games combining the art of video game design and animation to create interactive characters that fly around the screen. Youth Tech Inc.'s online classes provide students with a roadmap to success offering students a self-paced course structure filled with software, notes and tutorials. Our camps also offer support throughout the experience with a dedicated email, phone and optional Zoom sessions. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. Students must have a computer and Internet access for this course.

\$260.00 ID \$312.00 OD Activity: <u>306186</u> - Opens August 4 **At your convenience**





Web and App Design by Youth Tech -Virtual NEW

Ages: 9 - 17

Online Class

This class offers students a handson look at the world of app and web design. This interactive course will instruct students about the world of design and development of websites and applications. Students will design their own website and app that they can share with their friends and family. Youth Tech Inc.'s online classes provide students with a roadmap to success offering students a self-paced course structure filled with software, notes and tutorials. Our camps also offer support throughout the experience with a dedicated email, phone and optional Zoom sessions. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. Students must have a computer and Internet access for this course.

\$130.00 ID \$156.00 OD Activity: <u>306188</u> - Opens August 4 **At your convenience**

iGame Creators by Youth Tech - NEW Virtual

Ages: 6 - 10 Online Class

Want to create video games? This is an introductory course for younger students who want to learn to build simple video games. This course combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with vour fun interactive games. Youth Tech Inc.'s online classes provide students with a roadmap to success offering students a self-paced course structure filled with software, notes and tutorials. Our camps also offer support throughout the experience with a dedicated email, phone and optional Zoom sessions. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. Students must have a computer and Internet access for this course.

\$130.00 ID \$156.00 OD Activity: <u>306189</u> - Opens August 4 **At your convenience**



Roblox Studio-Programming and Game Development by Youth Tech -

Ages: 9 - 15 Online Class

Calling all ROBLOX users! Join in with millions of gamers and immerse vourself in your own 3D world! ROBLOX Studio is a 3D-based program that uses physics, LUA programming, and individual creativity to build a world around you, and your avatar. Students in this course will build and publish their game to share with friends and family! Youth Tech Inc.'s online classes provide students with a roadmap to success offering students a selfpaced course structure filled with software, notes and tutorials. Our camps also offer support throughout the experience with a dedicated email, phone and optional Zoom sessions. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. Students must have a computer and Internet access for this course.

\$130.00 ID \$156.00 OD

Activity: <u>306190</u> - Opens August 4

At your convenience

STEM: Engineering

LEGO® Robotics Invention Squad

Ages: 7 - 10 Samara Learning Center

Research, develop, invent! Students will apply their engineering design skills to each step of the LEGO® robotic design process by defining a problem and success criteria, making different prototypes, establishing systematic testing procedures, analyzing data to improve their solutions and describing why their solution is the best.

\$200.00 ID	\$240.00 OD

Activity:	<u>306155</u> - Opens August 4	
W:	3:30 - 5:00 pm	
Session:	9/10 - 10/1	
	10/15 - 11/12 (no class 10/29)	

11/19 - 12/17 (no class 11/25)



Friday Night Out: NEW STEM Exploration With Rocket Minds

Ages: 5 - 12

Larkspur Community Center

Join Rocket Minds for a kids' night out! This program will help develop children's skills and interest in science and engineering with practical agerelated learning projects and fun games that will help keep them engaged and motivated while strengthening their leadership and team-building skills.

\$45.00 ID \$54.00 OD

Activity:	<u>306359</u> - 0	Opens August 4
F:	5:00 - 8:00 pm	
Session:	9/12 10/10 12/12	9/26 11/7

Fun Works Inc. Intro to STEAM Using LEGO®



Ages: 5 - 6

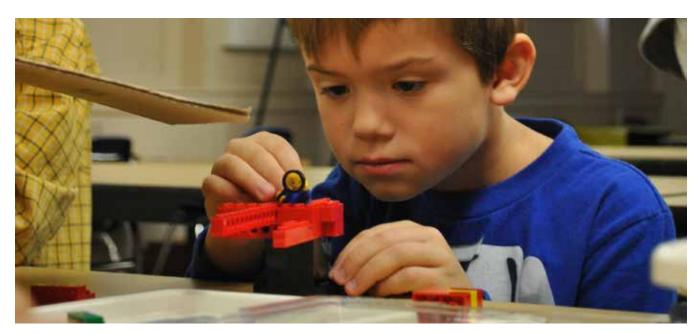
Various schools in Bend

Students are introduced to (S.T.E.A.M.) Science, Technology, Engineering, Art and Math using motorized LEGO®. Every project is built step-by-step by students with no one left behind. All projects may be modified and decorated while playing. Add wings, jets and a mini figure and create a flying jet car. Imagination has no barriers. A gear-drive electric vehicle, a belt-drive motorcycle, a monorail and a mosaic art project are just a few of the fun, exciting, educational projects built at camp with new projects each week.

\$120.00 ID \$144.00 OD

Activity: <u>306660</u> - Opens August 4

W-F:	9:00 am - 12:00 pm	
Session:	10/29 - 31	
Cascade Middle School		
M-W:	9:00 am - 12:00 pm	
Session:	11/24 - 26	
M/Tu/F:	9:00 am - 12:00 pm	
Session:	12/22 - 26 (no class 12/24 - 25) 12/29 - 1/2 (no class 12/31 - 1/1)	



STEAM Workshop by Sylvan Learning Center

Ages: 6 - 11

Sylvan Learning Center Northwest Crossing

Explore the STEAM world with allnew seasonal projects in every class. Students will use and develop their creativity and problem-solving skills to imagine, draw, build, innovate, engineer and troubleshoot robots that come to life. Students will use digital art, LEGO® Robotics and additional interactive hands-on materials to tackle thematic engineering challenges on these noschool day workshops and new robots will be featured in every class! Bring sack lunch and water bottle.

\$135.00 ID \$162.00 OD

Activity:	<u>306651</u> - Opens August 4	
W:	9:30 am - 2:30 pm	
Session:	10/29	
Th:	9:30 am - 2:30 pm	
Session:	10/30	
M:	9:30 am - 2:30 pm	
Session:	12/22	12/29

Work for play! View BPRD jobs available at <u>bendparksandrec.org/jobs</u>.

Fun Works Inc. STEAM Using LEGO®

Ages: 7 - 12

Various schools in Bend

Students are introduced to (S.T.E.A.M.) Science, Technology, Engineering, Art and Math using motorized LEGO. This program is similar to the Intro program with additional projects that are more advanced and challenging to build. All projects may be modified and decorated while playing. Students use imagination, experimentation and trialand-error - all part of being an engineer. An advanced robot walker and an inchworm vehicle are just a few of the fun, exciting, educational projects built at camp with new projects each week.

\$120.00 ID \$144.00 OD

\$120.00 ID \$144.00 OD		
Activity:	<u> 306661</u> - Opens August 4	
School lo	ocation to be determined	
W-F:	1:00 - 4:00 pm	
Session:	10/29 - 31	
Cascade	Middle School	
M-W:	1:00 - 4:00 pm	
Session:	11/24 - 26	
M/Tu/F:	1:00 - 4: 00 pm	
Session:	12/22 - 26 (no class 12/24 - 25)	
	12/29 - 1/2 (no class 12/31 - 1/1)	

More ways to find your play.

With A Child Activity Finder pages 45 - 46.

Young Child Activity Finder pages 41 - 44.

No-School Day Activity Finder pages 47 - 48.





Rink-reation.

Ice and roller skating and sports feature many benefits - physical exercise, balance and coordination development, personal growth and connection with others. But above all. they're lots of fun. So, get those kiddos in skate lessons or have them play in a league and see their joy of rink-reation.

Hockey

Try Hockey NEW for Free Ages: 5 - 18

The Pavilion

Try Hockey For Free provides children the opportunity to experience playing hockey for the first time with certified USA Hockey coaches, Pavilion coaching staff and caring volunteers on the ice. Why hockey? It's more than a game. Hockey can help develop life skills that build a foundation for a child's confidence, pride, focus and responsibility. Starting with the bonds created off the ice to the relationships formed on the ice, hockey creates friendships that can last a lifetime. Hockey's unique structure helps ensure that kids learn to love the game while promoting a healthy lifestyle, social wellness and mental well-being. The encouraging environment hockey provides helps kids grow as both hockey players and people.

No fee

Activity:	<u>310200</u> - Opens August 4	
Sa:	9:00 - 11:00 am	
Session:	10/25	

Girls Hockey Development NEW Program

Ages: 6 - 18

The Pavilion

This 6-week girls hockey program is designed to support the growth of girls hockey at all levels. This program will be run using stations to develop and grow skating and hockey skills for girls age 6-18. Gear is available for those who do not have it. Skaters should be able to skate up and down the ice unassisted to participate in this program. Prerequisite: Learn to Skate Level 1-2 completion.

\$60.00 ID \$72.00 OD Activity: 310210 - Opens August 4

M: 5:00 - 6:00 pm

Session: 11/3 - 12/15

Need to learn to skate before you can pick up a hockey stick? See the page 82 for hockey skate lessons.



Girls Hockey NEW Clinics

Ages: 6 - 18

The Pavilion

Looking to learn more and develop your hockey skills? This year on Friday's we will have 1-hour girls hockey clinics for age 6-18. In these clinics, players will develop and grow skating and hockey skills including, power skating, stick handling, shooting and more. Gear is available for those who do not have it. Skaters should be able to skate up and down the ice unassisted to participate in this program. Prerequisite: Learn to Skate Level 1-2 completion.

\$15.00 ID \$18.00 OD

Activity: <u>310211</u> - Opens August 4

F:	4:15 - 5:15 pm	
Session:	10/31 11/21	11/14 12/5
	12/12	12/19

Youth Learn to Play Hockey: Level 1 Ages: 5.5 - 14

The Pavilion

Our "Learn to Play" program is designed to introduce young players with little experience to the sport of ice hockey. Designed to develop your fundamentals of the game, we'll work on basic hockey skills, promote physical fitness and above all else have fun. Prerequisite: Completion of Learn to Skate Level 1 class or mastery of basic skating skills including forward skating, stopping and turning. Rental gear is available for \$50.00 ID \$60.00 OD.

\$78.00 ID	\$93.60 OD	
Activity:	<u>310201</u> - Opens August 4	
W:	4:00 - 5:00 pm	
Session:	11/5 - 12/17	

Youth Learn to Play Hockey: Level 2

Ages: 5.5 - 14 The Pavilion

Continue progressing your hockey to the next level. Participants will continue to refine their fundamental hockey skills as well as begin to transfer drills into fun, game-like scrimmages. This class is intended for recreation-level hockey players. Prerequisite: Learn to Play Hockey Level 1. Rental gear is available for \$50.00 ID \$60.00 OD.

\$78.00 ID	\$93.60 OD
Activity:	310202 - Opens August 4
W:	5:15 - 6:15 pm



Hockey Rental Gear

Protective equipment is required for each participant including: helmet with full face mask, mouth guard, neck guard, shoulder pads, elbow pads, hockey pants, athletic supporter, shin pads, gloves, skates and hockey stick.

Optional rental gear includes a hockey bag and all necessary gear except mouth guard and athletic supporter. The rental fee is \$50.00 ID and \$60.00 OD.

Rental skates are also available at no extra charge.

Learn to Skate: Youth

Ages: 4 - 17

The Pavilion

Welcome to Skate School, where you will learn the FUNdamentals of ice skating!

This program offers progressive classes designed to increase your recreational skating experience and develop the basic skills that are fundamental to figure skating. Note: skaters may be moved by coaches during the session to a level that is most appropriate. Rental skates included.

Our ice skating lessons are...

- Age Appropriate: Most classes grouped by ages 4 5, 6 11 and 12 17.
- Skill Appropriate: Based on progressively learned skate skills.
- Inclusive: All ages and abilities welcome.
- **Healthy:** Regular skating practice develops strength, coordination, endurance and a happy mind!

Session dates and times vary - check Activity link for schedules.

REGISTRATION TIP: Prerequisites for each class are listed in the class description here and <u>online</u>. We encourage skaters to master each skill level before progressing to the next level.

For more information, call 541-389-7588.



KinderSkate 1

Ages: 4 - 5

The Pavilion

Introduce your young child to ice skating! In this entry-level class, we will learn about sitting and standing on the ice, marching in place, forward marches, dips and glides through fun games and activities. No prerequisite. Skate rentals included. Protective headgear required - bring a helmet or use ours for free.

\$70.00 ID \$84.00 OD

Activity: <u>310101</u> - Opens August 4

,	,
Tu:	4:30 - 5:00 pm
- OR -	5:05 - 5:35 pm
Session:	11/4 - 12/16
Th:	4:30 - 5:00 pm
Session:	11/6 - 12/18
Sa:	8:45 - 9:15 am
Session:	11/8 - 12/20

KinderSkate 2

Ages: 4 - 5 The Pavilion

Time for your young skater's next step up in skating skill development! In this class, we will develop forward swizzles, backward wiggles, two-foot hops, turns and more. Prerequisite: Completion of KinderSkate 1. Skate rentals included. Protective headgear required - bring a helmet or use ours for free.

 \$70.00 ID
 \$84.00 OD

 Activity:
 310102 - Opens August 4

 Tu:
 4:30 - 5:00 pm

 Session:
 11/4 - 12/16

 Th:
 4:30 - 5:00 pm

 Session:
 11/6 - 12/18

 Sa:
 8:45 - 9:15 am

 Session:
 11/8 - 12/20



KinderSkate 3 Ages: 4 - 5 The Pavilion

Welcome to the final level for KinderSkate! In this class, we will continue to learn basic skills such as forward skating, backward swizzles, snowplow stops, one-foot glides, and more. Prerequisite: Completion of KinderSkate 2. Skate rentals included. Protective headgear required - bring a helmet or use ours for free.

\$70.00 ID \$84.00 OD

Activity:	<u>310103</u> - Opens August 4	
Tu:	5:05 - 5:35 pm	
Session:	11/4 - 12/16	
Th:	4:30 - 5:00 pm	
Session:	11/6 - 12/18	

With A Child: Learn to Skate

Ages: 6 - 11

The Pavilion

Welcome to Skate School to learn the fundamentals of ice skating! Young skaters - grab a parent, relative or other adult in your life and learn to skate together. We will learn about sitting and standing up on the ice, forward swizzles, snowplow stops on two feet, two-foot hops and more. The fee includes one child and one required accompanying adult. Please only register the child. No prerequisite. Skate rentals included.

\$140.00 ID \$168.00 OD

Activity:	<u>310110</u> - Opens August 4
Sa:	9:55 - 10:25 am
Session:	11/8 - 12/20

YOUTH ICE SPORTS

Learn to Skate: Youth Level 1

Ages: 6 - 11

The Pavilion

In this class for entry-level beginners, we'll work on sitting and standing up on the ice, forward marching, forward swizzles, snowplow stops, and more. No prerequisite. Helmets recommended; bring your own or use ours for free. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: <u>310111</u> - Opens August 4

Tu:	4:30 - 5:00 pm
- OR -	5:40 - 6:10 pm
Session:	11/4 - 12/16
Th:	4:30 - 5:00 pm
- OR -	5:40 - 6:10 pm
Session:	11/6 - 12/18
Sa:	8:45 - 9:15 am
- OR -	9:20 - 9:50 am
Session:	11/8 - 12/20

Learn to Skate: Youth Level 2

Ages: 6 - 11

The Pavilion

Building on what we learned in Level 1, we'll develop one-foot glides, backward swizzles, two-foot turns, faster snowplow stops and more. Prerequisite: Completion of Level 1 or KinderSkate 3. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: 310112 - Opens August 4

Tu: - OR -	4:30 - 5:00 pm 5:40 - 6:10 pm
Session:	11/4 - 12/16
Th:	4:30 - 5:00 pm
- OR -	5:05 - 5:35 pm
Session:	11/6 - 12/18
Sa:	8:45 - 9:15 am
Session:	11/8 - 12/20

Skating Practice 💷

Learn to Skate participants skate for free at public skate sessions Monday - Thursday during enrolled dates. Rental skates and "Cheap Skates" sessions not included.

Schedules at thepavilioninbend.com

Learn to Skate: Youth Level 3

Ages: 6 - 11 The Pavilion

In Level 3 we will develop forward stroking, forward half swizzle pumps, backward one-foot glides, backward snowplow stops and more as we begin to focus on skills specific to figure and/ or recreational skating. Prerequisite: Completion of Level 2. Skate rentals included.

\$70.00 ID \$84.00 OD	
Activity:	<u>310113</u> - Opens August 4
Tu:	4:30 - 5:00 pm
Session:	11/4 - 12/16
Th:	4:30 - 5:00 pm
Session:	11/6 - 12/18
Sa:	9:20 - 9:50 am
Session:	11/8 - 12/20

Learn to Skate: Youth Level 4

Ages: 6 - 11 The Pavilion

ne Pavilion

In this class, we'll take your skating up another level with forward and outside edges around a circle, forward crossovers, two-foot spins, backward half-swizzle pumps and more. This class is often repeated since mastery of these skills is an important foundation needed before attempting the skills of Level 5-6 safely. Prerequisite: Completion of Level 3. Skate rentals included; figure skates only.

\$70.00 ID \$84.00 OD	
Activity:	<u>310114</u> - Opens August 4
Tu:	5:05 - 5:35 pm
Session:	11/4 - 12/16
Th:	5:05 - 5:35 pm
Session:	11/6 - 12/18

Skate Lesson Assessment

Unsure which class to register yourself or your child in? Take the guesswork out - come for a free skate skill assessment to ensure you or your child are in the right class. Inquire at The Pavilion front desk or call 541-389-7588 to arrange an appointment.



Learn to Skate: Youth Levels 5 - 6

Ages: 6 - 11

The Pavilion

Continuing your progression, Level 5-6 will develop backward inside and outside edges, backward crossovers, transitioning from two-foot to onefoot spins, more advanced stops, beginning toe-hops, forward spirals and more. This class is often repeated multiple times. Skaters at this level are encouraged to consider joining Bend Ice Figure Skating Club for further instruction and opportunities. Prerequisite: Completion of Level 4. Skate rentals included; figure skates required.

 \$70.00 ID
 \$84.00 OD

 Activity:
 310115

 • Opens August 4

 Th:
 5:05 - 5:35 pm

 Session:
 11/6 - 12/18

Guided Skating With Your Preschooler

Ages: 3 - 5 with Adult

During Tuesday and Thursday With A Child Skate sessions, free instructor support is available at 10:00 - 11:00 am. Drop-in fees apply and direct supervision of your child on the ice required. Schedules at thepavilioninbend.com

Specialized Sessions

Youth Fees: \$12.50 / session

Registration: Opens 72 hours prior to scheduled session. You must check-in with the front desk before the beginning of the session.

Drop-in: If space available. Check activity # status online prior to arrival.

Sessions: Times and days will vary. Check online schedule.

Stick Time

Bring your sticks, skates and gear and work on your skating, stick handling and shooting in these no pressure hockey-only sessions. Nets and pucks provided.

Activity: 410401 - Youth

Freestyle

Take your skating to the next level. Freestyle is a practice session designed for intermediate and advanced figure skaters to take advantage of the full ice surface to work on edgework, jumps, spins and choreography.

Activity: <u>410160</u>

Save the date for Winter 2026 Ice Sports

Make plans for:

- Learn to Skate & Learn to
 Play
- Adult Curling League
- Adult Ice Hockey Lunch
 League
- Youth Ice Hockey League

Winter program registration is scheduled for early December. Watch for updates.



Learn to Skate: Youth Hockey Level 1

Ages: 6 - 11 The Pavilion

Let's learn some hockey-specific ice skating skills! In this advanced-beginner class, we will develop skating skills for hockey such as falling and recovery, hockey stance forward and backward, snowplow stops, backward swizzles, forward C-cuts and more. Wearing hockey gear is optional. No sticks or pucks will be used. Prerequisite: Completion of Learn to Skate: Youth Level 1 class or similar skating experience. Skate rentals included.

\$70.00 ID \$84.00 OD

<u>310120</u> - Opens August 4	
5:05 - 5:35 pm	
11/4 - 12/16	
5:05 - 5:35 pm	
11/6 - 12/18	
9:20 - 9:50 am	
11/8 - 12/20	

Learn to Skate: Youth Hockey Level 2

Ages: 6 - 11

The Pavilion

Take your hockey skating skills to the next level! In this class, skaters will work on outside/inside edges, quick starts, forward cross-overs, hockey stops and more. Wearing hockey gear is optional. We recommend skaters move from this class into our Learn to Play Hockey program. No sticks or pucks will be used. Prerequisite: Completion of Learn to Skate: Hockey Level 1. Skate rentals included.

 \$70.00 ID
 \$84.00 OD

 Activity:
 310122 - Opens August 4

 Tu:
 5:05 - 5:35 pm

 Session:
 11/4 - 12/16

 Th:
 5:05 - 5:35 pm

 Session:
 11/6 - 12/18

Volunteer with youth sports and adaptive programs.

Contact Kim at (541) 706-6127 for more information.

Learn to Skate: Teen Levels 1 - 3

Ages: 12 - 17

The Pavilion

Welcome to Skate School where you will learn the fundamentals of ice skating! Depending on your experience and ability, you may learn about falling and recovery, marching forward, two-foot glides, forward swizzles, snowplow stops, one-foot glides, two-foot turns in place, backward snowplow stops, switching direction and more. No prerequisite skills required. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: <u>310131</u> - Opens August 4

Tu: 5:40 - 6:10 pm Session: 11/4 - 12/16

Learn to Skate: Teen Levels 4 - 6

Ages: 12 - 17

The Pavilion

Let's develop your skating skills further! Depending on your experience and ability, we may work on forward and backward edges, crossovers, two-foot spins, lunges and more. Suggested prerequisite: Completion of Level 3. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: <u>310133</u> - Opens August 4

 Tu:
 5:40 - 6:10 pm

 Session:
 11/4 - 12/16

Learn to Skate: Teen Hockey Skating

Ages: 12 - 17

The Pavilion

Let's learn some hockey-specific ice skating skills! In this class, you'll develop your skating skills for hockey such as falling and recovery, hockey stance forward and backward, snowplow stops, backward swizzles, forward C-cuts and more. Wearing hockey gear is optional. No sticks or pucks will be used. Prerequisite: Basic ice skating experience prior to the first class - should be able to stand and skate forward confidently and unassisted. Skate rentals included.

\$70.00 ID \$84.00 OD

Activity: <u>310135</u> - Opens August 4

 Tu:
 5:40 - 6:10 pm

 Session:
 11/4 - 12/16



About Bend Ice

Bend Ice is Bend Park & Recreation District's community partner in helping promote and develop ice sports available at The Pavilion including hockey, curling and figure skating. Founded in 2010, Bend Ice traces its roots to a small group of ice sports enthusiasts dedicated to creating a culture of ice sports in Central Oregon. A non-profit, community-supported organization, Bend Ice has seven active Board members and a team of dedicated volunteers.

Bend Ice Figure Skating Club

Come meet new friends, develop your skating skills and have a blast! The Bend lce Figure Skating Club is perfect for skaters who have mastered basic skating skills equivalent to level 4 and above. Club members get access to exclusive practice ice time to skate as a team and prepare for testing, competition and exhibition events. Joining the club helps take an individual sport to a team sport and gives skaters the opportunity to skate with like-minded athletes.

Website: bendicefigureskatingclub.org

Bend Rapids Hockey Club

The mission of the Bend Rapids Hockey Club is to provide travel teams an instructional and competitive environment aimed at developing hockey players. The club's philosophy is to provide both on-and-off-ice training using USA Hockey trained coaches for U8, U10, U12, U14 and high school teams. Adhering to USA Hockey safe sport policies, the club offers a competitive travel schedule designed to stretch players as they develop into excellent athletes and young people.

Website: bendrapidsyouthhockey.org

Bend Ice Curling Club

Bend Curling Club, a member of USA Curling, is dedicated to growing the understanding of the sport of curling including ice preparation, game strategy and skills. Bend Curling Club hosts curling leagues for all abilities on Saturday evenings, including pairing new curlers with experienced coaches to further their skills and understanding of the game, as well as a competitive league for the most serious curlers. The club also hosts a Bonspiel in November and promotes teams playing in regional competitions.

Website: sites.google.com/site/bendcurlingcluborg/home



Everybody wins.

Sports, whether team-based or individual, are a great activity for kids that provide a variety of benefits other than just physical activity. Sports help build self-esteem and confidence, motivate kids to excel and develop social skills. With those benefits, everyone is a winner.

Basketball

COBO Advanced Basketball Skills & Drills Training

Grades: 5 - 8 Highland Elementary

Prepare for the coming season as you practice and develop shooting, ball handling, passing, post play, perimeter attack skills, rebounding and defense. The goal is to expose players to advanced training, techniques, and drills that can improve their individual game. Led by former Mtn. View High School basketball coach Craig Reid and his staff.

\$155.00 ID \$186.00 OD Activity: <u>303055</u> - Opens August 4 Grades: **5 - 6** M/W: **6:00 - 7:20 pm** Session: 9/22 - 10/8 10/13 - 29 Grades: **7 - 8** M/W: **7:25 - 8:45 pm**

Session: 9/22 - 10/8 10/13 - 29

Caldera Preseason Girls' Basketball Clinics

Grades: 4 - 8

Caldera High School

Girls, get ready for the coming basketball season and tryouts. These clinics will focus on skill development and court awareness and are held under the direction of Caldera High School girls' basketball coach Pam Bradbury and her staff. Space is limited.

\$100.00 ID \$120.00 OD Activity: <u>303061</u> - Opens August 4 **Su: 3:15 - 4:45 pm** Session: 10/5 - 19



COBO Basketball Skills Days School

Grades: 3 - 8

Locations vary in Bend

Prepare for the season or just come play some hoops. Join us to work on your passing, dribbling, shooting and defensive skills. Includes fun drills and lots of games. Bring a water bottle and snack. This camp occurs on no-school days. Space is limited.

\$32.00 ID \$38.40 OD

Activity: <u>303060</u> - Opens August 4

 F:
 9:00 - 11:45 am

 Session:
 10/31

 Tu:
 9:00 - 11:45 am

 Session:
 11/11

Moment Athletics -HoopFest School

Ages: 8 - 13

Pacific Crest Middle School

Music, hoops, friends and fun - perfect for a no-school day! Come play some basketball. Moment Athletics will provide a fun and active tournament structure, with fair play and meaningful competition. Moment Athletics is locally owned and operated by veteran teacher and coach, CJ Colt. Bring a water bottle.

\$39.00 ID \$46.80 OD

 Activity:
 303052 - Opens August 4

 Tu:
 1:00 - 4:00 pm

 Session:
 11/11

Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, call (541) 706-6115.



Bitty Ball Basketball League

Grades: K - 2

Cascade Middle School

This program is designed to introduce first-time basketball players. Focus is on skill development, drills, teamwork and fun. A team t-shirt and a ball are included for each player. Participants should have court shoes. Teams will meet on Saturdays, for a 60-minute session dedicated to team practice and a game against an opponent. No events on 11/29 for Thanksgiving break.

This program is dependent on volunteer coaches. Anyone interested in coaching, please visit <u>bendparksandrec.org/coach</u> to complete a Volunteer Application.

Registration opens: 8/4 Registration deadline is 9/28, 11:59 p.m. or until full.

\$85.00 ID \$102.00 OD		
Activity		
<u>303400</u>		
<u>303401</u>		
<u>303403</u>		
<u>303404</u>		

Youth Basketball League

Grades: 3 - 5

Local schools

This recreational league emphasizes skill development, maximum participation, good sportsmanship, and lots of fun. Teams will practice twice during the week after 6:00 p.m. Coaches will select practice time and location. Games are played on Saturdays at local middle schools.

This program is dependent on volunteer coaches. Anyone interested in coaching, please visit <u>bendparksandrec.org/coach</u> to complete a Volunteer Application.

Registration opens: 8/4

Space is limited.

Registration deadline: 11/9, 11:59 p.m. or until full.

\$119.00 ID \$142.80 OD

Grade:	Activity:
Boys - Grade 3	<u>303405</u>
Girls - Grade 3	<u>303406</u>
Boys - Grade 4	<u>303407</u>
Girls - Grade 4	<u>303408</u>
Boys - Grade 5	<u>303409</u>
Girls - Grade 5	<u>303410</u>
Season: 1/5 - 2/28	

Middle School Basketball League

Grades: 6 - 8

This joint program between Bend-La Pine Schools and BPRD emphasizes individual and team skill development, maximum participation, good sportsmanship and fun. This program is open to all youth in grades 6 - 8 for the 2025-26 school year who live in the Bend-La Pine School District. If your school does not have a team, register for the nearest school. Teams practice during the week, games played on weeknights. Uniform tops are provided.

This program is dependent on volunteer coaches. Anyone interested in coaching, visit <u>bendparksandrec.org/coach</u> to complete a Volunteer Application.

Registration opens: 8/4

Space is limited.

Boys registration deadline: 9/28, 11:59 p.m. or until full.

Girls registration deadline: 12/21, 11:59 p.m. or until full.

\$89.00 ID/OD

Boys' season: 11/3 - 12/18 Girls' season: 1/8 - 3/5

Cascade Middle School #: 303412 - Boys 303431 - Girls

High Desert Middle School#: <u>303413</u> - Boys<u>303432</u> - Girls

Pacific Crest Middle School#: 303414 - Boys303433 - Girls

 Pilot Butte Middle School

 #: <u>303415</u> - Boys <u>303434</u> - Girls

Sky View Middle School #: <u>303416</u> - Boys <u>303435</u> - Girls

Three Rivers School #: <u>303420</u> - Boys <u>303440</u> - Girls

La Pine Middle School #: <u>303421</u> - Boys <u>303441</u> - Girls

Seven Peaks School #: <u>303422</u> - Boys <u>303442</u> - Girls

St. Francis School #: <u>303425</u> - Boys <u>303444</u> - Girls

Bend International School #: <u>303426</u> - Boys <u>303446</u> - Girls

Westside School #: <u>303427</u> - Boys <u>303447</u> - Girls

Cascades Academy #: 303428 - Boys 303445 - Girls



Boys' High School Basketball League

Grades: 9 - 12 Cascade Middle School

Open to any high school student who is not playing on a high school basketball team. This is a recreational league where players serve as team captains. Officials, scorekeepers and team t-shirts are provided. We keep league standings and hold playoffs to end the season.

Registration opens: 8/4

Registration deadline: 12/21, 11:59 p.m. or until full.

Team selection day is 1/4. \$99.00 ID \$118.80 OD

Grades 9 - 10: <u>303500</u> Grades 11 - 12: <u>303502</u>

Su: 4:00 - 9:00 pm Session: 1/4 - 2/22

Girls' High School NEW Basketball League

Grades: 9 - 12

Cascade Middle School

New girls-only league! Open to any female high school student who is not playing on a high school basketball team. This is a recreational open-play time that will evolve into a league as it grows.

Registration deadline: 12/21, 11:59 p.m. or until full. \$99.00 ID \$118.80 OD

 Activity:
 303504
 Opens August 4

 Su:
 2:30 - 3:30 pm

 Session:
 1/4 - 2/22

Work for play with Bend Park & Recreation District. Visit bendparksandrec.org/jobs/

Martial Arts, Obstacles & Parkour

Brazilian Jiu-Jitsu

Ages: 4 - 14

Connection Rio Jujitsu

Based on the ancient ground-based martial art of Jiu-Jitsu, our kids' Brazilian Jiu-Jitsu program is focused on developing students skills and experiences and taking pride as they grow. Aimed at teaching students to control and subdue an opponent through strength by leverage, the lessons learned in class can extend far beyond the mat, helping create wellrounded character and positive lifelong healthy habits that reach into many aspects of a one's life. Suitable for all skill levels. \$75 uniform fee payable to Connection Rio.

\$155.00 ID \$186.00 OD

Activity:	<u>306755</u> - Ope	ens August 4
Ages:	4 - 7	
M/W:	1:30 - 2:30	pm
- OR -	4:00 - 4:45	pm
Ages:	8 - 14	
M/W:	2:45 - 3:45	pm
- OR -	5:00 - 6:00) pm
Session:	9/3 - 24 11/3 - 26	10/6 - 29 12/1 - 22

Volunteer with youth sports. Contact Kim at (541) 706-6127 for more information.



Baby Ninja Classes

Ages: 10 - 24 months with Adult

Free Spirit Yoga - Ninja - Play

Babies and caregivers will bond and have a blast during these wonderful kids' movement classes! Led by experienced coaches, Baby Ninja Classes include exploration through soft-obstacle courses to develop important gross motor skills including: coordination, balance, grip strength and how to safely turn around to safely move down from obstacles. Weekly themes incorporate yoga movements, songs with hand gestures, parachute play, bubbles and story time. Adults will enjoy meeting other active adults and will learn positive ways to interact with their babies in an active, safe and playful manner. The fee includes one child and one required accompanying adult. Please only register the child.

\$142.00 ID \$170.40 OD

Activity:	<u>306170</u> - Opens August 4
м·	9·30 - 10·15 am

	5.50 10.15 ann
Session:	9/8 - 10/13
Tu:	9:00 - 9:45 am
Session:	9/9 - 10/14
W:	10:30 - 11:15 am
Session:	9/10 - 10/15

Mini Ninja Classes

Ages: 2 - 3 with Adult Free Spirit Yoga - Ninja - Play

In these upbeat kids' movement classes, your children will develop fundamental coordination skills, improve their balance and build self-confidence as they tackle Ninja Warrior obstacle courses and practice fun yoga poses designed around a weekly theme. Activities include hanging and flipping on rings, performing somersaults, climbing the rock wall and warped wall, crossing balance beams and more. We also play under a parachute, giggle during bubble time, dance together, sing songs and wind down through story time and deep breathing exercises. Adults will enjoy yoga stretching, connecting with other active adults and having fun with their child in an active and uplifting environment. The fee includes one child and one required accompanying adult. Please only register the child.

\$142.00 ID \$170.40 OD

Activity:	<u>306171</u> - Opens August 4
M:	10:30 - 11:15 am
Session:	9/8 - 10/13
Tu:	10:00 - 10:45 am
Session:	9/9 - 10/14
W:	9:30 - 10:15 am
- OR -	4:15 - 5:00 pm
Session:	9/10 - 10/15



Kids Ninja Classes

Ages: 6 - 10 Free Spirit Yoga - Ninja - Play

Your child can unleash incredible ninja skills while mastering Ninja Warrior obstacle circuits infused with gymnastics, parkour, rock climbing and fitness conditioning. Our expert ninja coaches focus on specific techniques for conquering the climbing wall, high rings, warped wall, fire pole, cargo net, tilted frame, devil's bridge, cheese wall, balance beam and more. Your child will boost their speed, strength, coordination and agility while enhancing their overall athleticism. At the end of each class, coaches crank up the cardio intensity through super-fun team games.

\$149.00 ID \$178.80 OD

Activity: <u>306173</u> - Opens August 4

M:	3:15 - 4:15 pm
Session:	9/8 - 10/13
Tu:	4:15 - 5:15 pm
- OR -	5:30 - 6:30 pm
Session:	9/9 - 10/14
Th:	4:15 - 5:15 pm
Session:	9/11 - 10/16

Intro to Lil' Dragons

Ages: 4 - 6

Odyssey Martial Arts

Beginning with the very basics of Tang Soo Do Karate, this class helps children learn discipline, self-control, confidence and teamwork as well as develop motor skills.

\$99.00 ID \$118.80 OD

Activity: <u>306750</u> - Opens August 4 M/W: **3:20 - 3:50 pm**

Session: 9/8 - 10/1 10/6 - 29 11/3 - 12/3 (no class 11/24 & 11/26)

Beginning White Belt Karate

Ages: 6.5 - 12

Odyssey Martial Arts

Discover what martial arts is all about in this class designed for white belt beginners. Students will acquire control, focus, discipline, self-defense skills, confidence and respect, while learning karate techniques and having fun. Bring a water bottle and wear shoes. Please wear comfortable clothing (no jeans) to class.

\$109.00 ID \$130.80 OD

Activity: <u>306751</u> - Opens August 4

M/W: 3:55 - 4:40 pm

Session: 9/8 - 10/1 10/6 - 29 11/3 - 12/3 (no class 11/24 & 11/26)

Nano Ninja Classes

Ages: 4 - 6

Free Spirit Yoga - Ninja - Play

Strategically designed, Nano Ninja Classes at Free Spirit aim to improve the essential components of your child's healthy development, such as refining balance, coordination and increasing strength. Our dedicated ninja coaches use positive encouragement to elevate children's self-confidence as they tackle diverse Ninja Warrior obstacle circuits. Team games provide opportunities for your child to develop valuable socialization skills, foster teamwork and strategic thinking while boosting their heart rate!

\$149.00 ID \$178.80 OD

Activity:	<u>306172</u> - Opens August 4
M:	4:30 - 5:20 pm
Session:	9/8 - 10/13
Tu:	3:15 - 4:05 pm
Session:	9/9 - 10/14
W:	5:15 - 6:05 pm
Session:	9/10 - 10/15
Th:	3:15 - 4:05 pm
Session:	9/11 - 10/16

Ninja Elite Classes

Ages: 9 - 13

Free Spirit Yoga - Ninja - Play

In these high-energy classes, kids will not only master new conditioning techniques but also conquer larger parkour moves and take on dynamic climbing and gymnastics challenges. No matter your child's current skill level, all are welcome, as our expert ninja coaches provide modifications or progressions tailored to individual development. Kids will enhance their balance, refine coordination and boost their self-confidence all while having an absolute blast forming bonds with fellow ninjas.

\$149.00 ID \$178.80 OD

Activity: 306174 - Opens August 4

 Th:
 5:30 - 6:30 pm

 Session:
 9/11 - 10/16

Abstract In Motion -Parkour Basics NEW

Ages: 8 - 13

Abstract In Motion

Dive into the core fundamentals of parkour over eight weeks at Abstract In Motion! You'll build a solid foundation in safe landings, low-obstacle vaulting, balance and precision, spatial awareness and seamless movement flow-all in a fun, supportive small-group setting!

 \$250.00 ID
 \$300.00 OD

 Activity:
 306801 - Opens August 4

 W:
 11:30 am - 1:00 pm

 Session:
 9/10 - 10/29

 W:
 5:00 - 6:30 pm

 Session:
 9/10 - 10/29

Kids Ninja NEW After-School Camp

Ages: 6 - 10

Free Spirit Yoga - Ninja - Play

Drop-off the kids after school for funfilled Ninja Camp - they'll get their energy out and get their exercise in! Through positive encouragement, experienced coaches will lead them through weekly Ninja Warrior circuits that include climbing, parkour, gymnastics and functional fitness movements. Plus, they'll stay active and have fun in our exciting team-games and timed races through our incredible Ninja Warrior course. This is a fantastic chance to meet new ninja friends while building important coordination, balance, speed, strength and agility skills. Let the fun begin!

\$225.00 ID \$270.00 OD

Activity:	<u>306176</u> - Opens August 4
W:	1:15 - 3:45 pm

Session: 9/10 - 10/15



Children's Aikido

Ages: 6 - 12 Oregon Ki Society

By helping to cultivate good habits at an early age, the practices of Japanese martial arts, Ki-Aikido and Ki Development, offer children a foundation that can help prepare them for a lifetime of positive growth. While children's bodies are growing so are their minds, so we aim to develop them together in Ki's physically active and cooperative learning environment. The goal is that as children grow, they learn to apply these lessons to many of life's activities - school, play, sports and relationships.

Activity: <u>306756</u> - Opens August 4 \$99.00 ID \$118.80 OD **Tu/Th: 5:30 - 6:30 pm** Session: 9/30 - 10/23 \$87.00 ID \$104.40 OD

 Tu/Th:
 5:30 - 6:30 pm

 Session:
 11/4 - 25
 12/2 - 23

Abstract in Motion -Parkour Camp

Ages: 7 - 14

Abstract In Motion

Play and parkour at Abstract In Motion while on school break! Expect a funpacked schedule of skill sessions, obstacle courses, games and open-gym practice. All experience levels welcome-whether you're rolling for the first time or already mastering flips!

\$350.00 ID \$420.00 OD

Activity:	<u>306802</u> - Op	ens August 4
M-W:	9:00 am -	3:00 pm
Session:	11/24 - 26	12/29 - 31





Multi-Sport

PlayNow Kids - Sport Skill & Conditioning Clinics

Ages: 8 - 12

Rockridge Park

Play. Learn. Grow. Move. Based on the American Athlete Development Model, the primary focus of PlayNow Kids is on developing skills through a variety of conditioning and coordination exercises within an athlete-centered, non-competitive group environment. PlayNow Kids brings play back onto the field with fun, diverse and skill-focused activities that emphasize holistic development, play first and long-term athlete wellbeing. We teach the athletic mindset, locomotion fundamentals, throwing and catching, kicking and hitting, and most importantly, play! Teams will be formed and kids will play a different seasonal sport for the last 30 minutes of every session.

\$299.00 ID \$358.80 OD

Activity: <u>303135</u> - Opens August 4

 Th:
 4:00 - 5:30 pm

 & Sa:
 9:00 - 10:30 am

 Session:
 10/2 - 23

Wilderness School Multi-Sport Adventures

Ages: 9 - 15 Skyline Sports Park

Spend the break with Cascade Adventure Mountain Programs (C.A.M.P. Bend) going on outdoor adventures throughout Central Oregon. Depending on the weather, excursions could include hiking, biking (bring your own bike), snowshoeing (snowshoes provided) or rock climbing (equipment provided). While we're out enjoying all the beauty central Oregon has to offer, participants will learn leadership skills, confidence strengthening, environmental stewardship and community building through games and activities. S'mores and jokes likely, new friendships and unforgettable experiences guaranteed! Transportation to and from our outdoor adventure locations is included. All C.A.M.P. Bend programs are lead by professional guides with multiple years of backcountry experience as well as wilderness first aid and lifeguarding certifications.

\$450.00 ID \$540.00 OD

Activity:	<u>307501</u> - Opens August 4
W-F:	9:00 am - 4:00 pm
Session:	10/29 - 31
M-W:	9:00 am - 4:00 pm
Session:	11/24 - 26 12/29 - 31

Rock Climbing

Kids Bouldering-Dynos Climb Club

Ages: 7 - 11

Bend Endurance Academy

Dynos Climb Club is designed for youth climbers with a little climbing experience who are looking for a fun and educational climbing program to grow even more. Our program relies on specific route setting for youth climbers, making an introduction to rock climbing engaging, challenging and exciting! Our coaches have developed these programs to introduce youth to the amazing sport of climbing in a teamoriented environment. Participants will be introduced to the physical, technical and tactical aspects of climbing in a fun and developmentally appropriate way. A little experience is required, such as a previous climbing class or a couple months of recreational climbing. Rental climbing shoes are available for participants in class; all other safety equipment included.

\$285.00 ID \$342.00 OD

Activity:	<u>306601</u> - Opens August 4
Tu:	5:00 - 6:30 pm
Session:	9/9 - 10/28 (no class 10/7) 11/4 - 12/16 (no class 11/25)
Sa:	10:00 - 11:30 am
Session:	9/13 - 11/1 (no class 10/11) 11/8 - 12/20 (no class 11/28)



Kids Bouldering -Homeschool Climb Club

Ages: 6 - 12

Bend Endurance Academy

Homeschool Climb Club is designed for vouth looking for a fun and educational climbing program. Our program relies on specific routesetting for youth climbers, making an introduction to rock climbing engaging, challenging and exciting! Participants will be introduced to the physical, technical and tactical aspects of climbing in a fun and developmentally appropriate way. Games, activities and climbing time all help kids develop their skill while having fun. No climbing experience is required. Rental climbing shoes are available for participants in class; all other safety equipment included.

Activity: <u>306603</u> - Opens August 4 \$285.00 ID \$342.00 OD

 F:
 12:45 - 2:15 pm

 Session:
 9/12 - 10/31 (no class 10/10)

 \$250.00 ID
 \$300.00 OD

 F:
 12:45 - 2:15 pm

 Session:
 11/7 - 12/19 (no class 11/28)





Kids Bouldering - Jug-Or-Nots Climb Club

Ages: 7 - 11 Bend Endurance Academy

Jug-Or-Nots Climb Club is designed for youth climbers with little or no climbing experience who are looking for an introduction to a fun and educational climbing program. Our program relies on specific routesetting for youth climbers, making an introduction to rock climbing engaging, challenging and exciting! Our coaches have developed these programs to introduce youth to the amazing sport of climbing in a teamoriented environment. Participants will be introduced to the physical, technical and tactical aspects of climbing in a fun and developmentally appropriate way. No climbing experience is required. Rental climbing shoes are available for participants in class; all other safety equipment included.

ID \$342.00 OD
<u>306604</u> - Opens August 4
1:15 - 2:45 pm
9/10 - 10/29 (no class 10/8)
3:45 - 5:15 pm
9/12 - 10/31 (no class 10/10)
10:00 - 11:30 am
9/14 - 11/2 (no class 10/12)
ID \$300.00 OD
1:15 - 2:45 pm
11/5 - 12/17 (no class 11/25)
3:45 - 5:15 pm
11/7 - 11/21 (no class 11/28)
10:00 - 11:30 am
11/9 - 12/21 (no class 11/30)

Bend Endurance Academy - Outdoor Climbing Camp School Ages: 9-14

Bend Endurance Academy

Gain experience with outdoor climbing from our team of coaches and guides! With the focus on love for the outdoors, good climbing ethics and technical skills, kids will come out of camp with a range of outdoor climbing experiences! Our guides will take participants to Smith Rock State Park and other local climbing areas around Bend. Staff includes an American Mountain Guides Association Single Pitch Instructor and Wilderness First Responder-certified guide who will co-lead the group with our climbing coach (Wilderness First Aid or Wilderness First Respondercertified). Transportation to and from Smith Rock provided. In case of inclement weather, climbers will be able to take advantage of BEA's indoor facility. Drop-off for participants is at BEA at 9:00 am, and pick-up from BEA is at 3:00 pm.

\$490.00 ID \$588.00 OD

Activity:	<u>307514</u> - Opens August 4
W-F:	9:00 am - 3:00 pm
Session:	10/29 - 31



Scooter & Skateboard

Fall Skate & School Scooter Camp

Ages: 6 - 17

Ponderosa Skatepark

Come get spooky with us! Combined Scooter & Skate Camp at Ponderosa Skate Park is the ultimate riding experience for campers. Meant for scooter riders and skaters of all experience and skill levels! Each day campers are grouped by age and ability for expert instruction from their experienced coaches. Beyond riding the park, we mix in fun activities, games and crafts with each week concluding with a fun competition with prizes where riders can show off their progress. This season will also have a costume contest. All campers must bring a scooter or skateboard, helmet (required), lunch, a snack and water. Knee & elbow pads are encouraged Sign up and get ready for an actionpacked week of new skills, friends and memories to last! Program is weatherdependent.

\$225.00 ID \$270.00 OD

Activity: <u>306778</u> - Opens August 4 W-F: 10:00 am - 2:00 pm

Session: 10/29 - 31

SoccerJrs

Using props and games to enhance their soccer skills, this series is designed to develop motor skills, promote physical fitness, and create self-confidence.

SoccerJrs - Teddies

Ages: 1.5 - 2

Cascade Indoor Sports Center

Adults participate with the child as they learn soccer basics and fun activities. No classes 11/24 - 11/29.

\$115.00 ID \$138.00 OD

Activity:	<u>303310</u> - Opens August 4					
Tu:	10:00 - 10:55 am					
Session:	9/9 - 10/21 10/28 - 12/16					
W:	11:00 - 11:55 am					
Session:	9/10 - 10/22 10/29 - 12/17					
Th:	5:00 - 5:55 pm					
Session:	9/11 - 10/23 10/30 - 12/18					
Sa:	9:00 - 9:55 am					
- OR -	10:00 - 10:55 am					
Session:	9/13 - 10/25 11/1 - 12/20					

SoccerJrs - Cubs

Ages: 3 - 4

Cascade Indoor Sports Center

An introductory program teaching kicking, balance, dribbling, foot-eye coordination as well as listening and following directions. We do not play competitive games in this class. No classes 11/24 - 11/29.

\$115.00 ID \$138.00 OD

Activity:	<u>303311</u> - Opens August 4						
M:	5:00 - 5:55 pm						
Session:	9/8 - 10/20 10/27 - 12/15						
Tu:	11:00 - 11:55 am						
- OR -	4:00 - 4:55 pm						
Session:	9/9 - 10/21 10/28 - 12/16						
W:	10:00 - 10:55 am						
- OR -	4:00 - 4:55 pm						
Session:	9/10 - 10/22 10/29 - 12/17						
Th:	4:00 - 4:55 pm						
- OR -	5:00 - 5:55 pm						
Session:	9/11 - 10/23 10/30 - 12/18						
Sa:	9:00 - 9:55 am						
- OR -	10:00 - 10:55 am						
Session:	9/13 - 10/25 11/1 - 12/20						

SoccerJrs - Bears

Ages: 5 - 6

Cascade Indoor Sports Center

This class is designed for kids with little or no soccer experience. No classes 11/24 - 11/29.

\$115.00 ID \$138.00 OD

Activity:	<u>303312</u> - Opens August 4					
M:	4:00 - 4:55 pm					
Session:	9/8 - 10/20	10/27 - 12/15				
Tu:	5:00 - 5:55	pm				
Session:	9/9 - 10/21	10/28 - 12/16				
W:	3:00 - 3:55 pm					
Session:	9/10 - 10/22	10/29 - 12/17				
Th:	4:00 - 4:55	pm				
Session:	9/11 - 10/23	10/30 - 12/18				



Soccer

Youth Fall Indoor Soccer League: Session 1 & 2

Grades: K - 8

Cascade Indoor Sports Center

Get out of the cold weather and join a youth indoor soccer league! All skill levels are welcome. Leagues are designed to develop and enhance soccer skills, promote physical fitness and create self-confidence. League games are on Saturdays; one game a week for six weeks with no practices. Team shirt included. Space is limited. Registration is available until program is full or start date. No games 11/24 - 29.

\$120.00 ID \$144.00 OD

Activity: <u>303340</u> - Opens August 4

Grade:	K
Sa:	11:00 am - 12:00 pm
Grade:	1 - 2
Sa:	12:00 - 2:00 pm
Grade:	3 - 5
Sa:	2:00 - 4:00 pm
Grade:	6 - 8
Sa:	5:00 - 7:00 pm
Session 1:	9/13 - 10/25
Session 2:	11/1 - 12/20

Ultimate

Fall Middle School Ultimate

Grades: 6 - 8

Providence Park

Come out and play Ultimate! Participants will learn the game while developing their skills and practicing drills. Small-sided games played each night. Teams are assigned based on age and school, and change weekly. Designed for players of all ability levels.

\$68.00 ID \$81.60 OD

Activity: <u>303602</u> - Opens August 4

M/W: 4:30 - 5:45 pm Session: 9/8 - 10/13



Volleyball

Athena & Ajax Volleyball - Volleyball Fundamentals

Grades : 3 - 5

Caldera High School & High Desert Middle School

Introducing Athena & Ajax Volleyball, where we cover the important foundation of the game of volleyball. Our coaching staff is excited to teach you what goes into making a great volleyball player. This clinic is perfect for athletes who want to focus on each volleyball skill, including serving, passing, setting, attacking and defense. Athletes will learn and develop skills, compete in mini-games and grow their love for the sport.

\$60.00 ID \$72.00 OD

Activity:	<u>303140</u> - Opens August 4

M:	6:30 - 7:30 pm				
	Some sessions at 4:30 - 5:30 pm				
Session:	9/8 - 29 (Caldera)				
м.	4.70 - 5.70 pm				

IVI:	4:50 - 5:50 pm				
	& 6:30 - 7:30 pm (varies)				
Session:	10/6 - 27 (Caldera & High Desert -				
	10/20 & 10/27: 4:30 - 5:30 pm)				
M:	4:30 - 5:30 pm				

Session: 11/3 - 12/1 (High Desert)

Athena & Ajax Volleyball - Fall Clinics Grades: 5-8

Caldera High School & High Desert Middle School

Let's play and grow our game together! This fall clinic will build on players' skill foundations while adding a level of training. For those new to the sport, Athena coaches will tailor drills to skill levels and provide thorough explanations of techniques. Athletes with volleyball experience will be challenged with more advanced techniques to support individual improvement throughout the clinic series.

\$125.00 ID \$150.00 OD

Activity:	<u>303142</u> - Opens August 4
M:	7:30 - 9:00 pm
Session:	9/8 - 10/13 (Caldera)
M:	5:30 - 7:00 pm
Session:	10/20 - 12/1 (High Desert, no class 11/24)

Volunteer with youth sports.

Contact Kim at (541) 706-6127 for more information.



NPJ Fall Volleyball Clinics

Grades: 3 - 6

Cascade Middle School

Led by local NPJ club volleyball coaches, come improve your game and have fun with your friends as we get ready for the upcoming season.

\$49.00 ID \$58.80 OD

Activity: <u>303126</u> - Opens August 4

Su: 4:30 - 5:45 pm - OR - 6:00 - 7:15 pm Session: 10/5 - 19

> Looking for ways to improve your sports performance?

Check out the new Youth Strength & Conditioning program on page 97.

Youth Volleyball League

Grades: 3 - 6

This recreational league emphasizes individual and team skill development, maximum court time, good sportsmanship and fun. Teams will practice and play games on Saturdays (no program on 11/29). Practice/game times will vary each week and last 90 minutes.

This program is dependent on volunteer coaches. Anyone interested in coaching, visit <u>bendparksandrec.org/coach</u> to complete a Volunteer Application.

Registration deadline: 9/28, 11:59 p.m. or until full. \$89.00 ID \$106.80 OD

389.00 ID 3100.80 OD

Located at: High Desert Middle School

Grade 3: <u>303553</u> Grade 4: <u>303554</u> Located at: Pilot Butte Middle School Grade 5: <u>303555</u>

Grade 6	<u>303556</u>
Sa:	9:00 am - 6:00 pm
Season:	11/1 - 12/13

High School NEW Volleyball League

Grades: 9 - 12

Pacific Crest Middle School

Introducing BPRD's High School Volleyball League. Open to any high school student who is not playing on a high school volleyball team. This is a recreational league where players serve as team captains. Officials, scorekeepers and team t-shirts are provided. We keep league standings and have playoffs to end the season.

Registration deadline: 8/31, 11:59 p.m. or until full.

\$85.00 ID \$102.00 OD				
Activity:	<u>303558</u> - Opens August 4			
Su:	4:00 - 7:00 pm			
	•			





2025-26 Youth Sports Leagues Registration Deadlines

Youth sports leagues are filled with great fun and action! In order for staff to get leagues properly organized for all the teams, uniforms, gear, coaches, practices and games, registration needs to be in advance of the season - sometimes several months ahead.

So that you and your child don't miss out, make note of the important deadlines below, register on time and get on the team!

• All registrations are dependent on availability; some leagues fill faster than others.

Registration deadlines are typically

on Sundays at 11:59 p.m.

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- Hold periods are needed to organize registrants and teams and determine if space availability.
- When a hold period is over, registration or a wait list will available on re-opening.

Fall 2025 Registration: Leagues opens August 4

Program/League	Season Dates	Registration Deadline or until full	Hold Period	Re-opening for Available Spots or Wait List	
Youth Volleyball League	Nov Dec.	9/28	9/29 - 10/5	10/6 at 8:00 am	
Bitty Basketball	Nov Dec.	9/28	9/29 - 10/5	10/6 at 8:00 am	
Youth Basketball League	Jan Mar.	11/9	11/10 - 16	11/17 at 8:00 am	
Middle School Basketball - Boys	Nov Dec.	9/28	9/29 - 10/5	10/6 at 8:00 am	
Middle School Basketball - Girls	Jan Mar	12/21	12/22 - 28	12/29 at 8:00 am	
High School Basketball Leagues	Dec Feb.	12/21	12/22 - 28	12/29 at 8:00 am	

Winter 2026 Registration: Leagues open early December

Program/League	Season Dates	Registration Deadline or until full	Hold Period	Re-opening for Available Spots or Wait List	
Youth Hockey League	January - March	TBD			
Youth Lacrosse League	April - June	TBD			
Youth Softball League	April - June	TBD			

Spring 2026 Registration: Leagues open February

Program/League	Season Dates	Registration Deadline or until full	Hold Period	Re-opening for Available Spots or Wait List	
Youth Roller Hockey League	May - June	TBD			

Summer 2026 Registration: Leagues open late March

Program/League	Season Dates	Registration Deadline or until full	Hold Period	Re-opening for Available Spots or Wait List	
Girls' Flag Football League	Sept Oct.	TBD			
Kindergarten Soccer League	Sept Oct.	TBD			
Youth Fall Soccer League	Sept Oct.	TBD			
Youth Flag Football League	Sept Oct.	TBD			
Middle School Tennis League	Sept Oct.	TBD			

Check seasonal Playlists or the registration website at <u>register.bendparksandrec.org</u> for updates throughout the year.

Questions? Just ask! Email: <u>SportsInfo@bendparksandrec.org</u> or call 541-693-1044.

give a little, get a lot

Volunteer Coaches & Sponsors: Making a Difference for Hundreds of Kids & Families





Thanks, Coach!

Thanks, Coach! Cheers to the fabulous volunteers that are giving their time and heart as coaches for these spring and summer sport programs. You made it a great season for the young players and their families and we can't thank you enough!

Youth lacrosse
 Youth softball
 Youth roller hockey

Thanks, Sponsors!

Sport program sponsors provide resources for recreation scholarships so everyone has a chance to play. Thank you to these generous sponsors below:

MILLER LUMBER

- Adult ice hockey
- Adult curling
- Middle school tennis

RIDGELINE ORAL SURGERY

- Kindergarten soccer
- Youth soccer
- Youth flag football
- Youth volleyball
- Bitty basketball

Ready to Coach Youth Team Sports?

We need you!

Youth sport programs rely on fabulous volunteers to coach teams and support players. If you enjoy sports and spending time with great kids, consider being a coach. Registration in sport programs is high and we want all kids to have the opportunity to play. We make it easy to be a coach and we know it will be rewarding and fun! We are currently seeking volunteer coaches for these fall sport programs:

 Kindergarten soccer 	 Middle school tennis 	 Middle school boys basketball
Youth soccer	 Youth volleyball 	 Youth ice hockey
 Youth flag football 	 Bitty basketball 	

Sport experience preferred, but mostly need to enjoy working with kids. Application and background check required. Training and support provided. For more information, contact BPRD sports program staff at 541-693-1044 or <u>sportsinfo@bendparksandrec.org</u>

BIGFOOT BEVERAGES

Youth ice hockey

Youth basketball

Youth lacrosse

Youth softball

Middle school basketball

For more information, call 541-389-7275 or visit <u>bendparksandrec.org</u> ID = In-district Resident Fee • OD = Out-of-district Resident Fee YOUTH SWIM LESSONS PACES 98 - 100

splash & swim

Youth & Teen Fitness

Ages: 11 - 17

Juniper Swim & Fitness Center & Larkspur Community Center

FITNESS CENTER USE: Improve strength and conditioning in our state-of-the-art fitness center.

Youth ages 16 - 17 may use the fitness center without restriction although we recommend completing a Fitness Center Orientation.

Youth ages 11 - 15 may only workout in the fitness center under direct parent/ guardian supervision or complete a Fitness Center Orientation to use the fitness center independently. After orientation, 11 - 15 year-olds need to check in at front desk for a wristband for each fitness center visit. Children 10 years and younger are not allowed in the fitness center.

GROUP FITNESS CLASSES: Get fit and have fun with our many group exercise class options. 16 - 17 year-olds are welcome in all of our regular group exercise classes. 11 - 15 year-olds may attend some classes under parent/ guardian supervision.

Youth Strength & Conditioning – Introductory Program

Ages: 12 - 18 Larkspur Community Center

This six-week introductory program is designed to teach the fundamentals of strength training and athletic conditioning in a safe and supportive environment. Geared toward youth athletes and teens who are new to structured training, the program focuses on proper technique in basic lifts, bodyweight movements and foundational movement patterns appropriate for their age and development. Each session also includes conditioning components to improve speed, agility and overall fitness. Whether your goal is to prepare for sports or build confidence in the gym, this program lays the foundation for long-term strength, movement quality, and training success.

\$180.00 ID \$216.00 OD

 Activity:
 315634 - Opens August 4

 Tu/Th:
 5:00 - 5:45 pm

 Session:
 9/16 - 10/23

Dive into fitness and swimming.

Get your kids started with fitness and swimming! These important programs teach life-long skills to help your child be comfortable and safe around water. Lessons enable kids to understand how good swimming can feel and can unlock many outdoor water activities available in Central Oregon.

View classes and schedules online.





Youth Swim Lessons

Our year-round youth swim lessons are...

- Age-Appropriate: Offered for infants, preschoolers, youth and teens.
- Skill-Appropriate: Based on progressively learned swim skills.
- Safe: Lifeguards are always on duty to provide extra protection.
- Small: Maximum class size of five for preschoolers and six for other levels.
- **Professional:** All instructors are trained in our own best practices program.
- Fun: We believe learning to swim should be a positive, fun experience!

For more information, call (541) 389-7665.

Swim lessons fill quickly! How to register:

- 1. Based on your child's age, select a lesson group:
 - 6 36 months: Parent Tot
 - 30 35 months: Sea Stars
 - 3 5 years: Journey
 - 6 12 years: Level
 - 13 16 years: Teen Level
- 2. Review lesson descriptions and select level for your child's skills and required class prerequisites. Still not sure? Schedule a swim assessment (below right).
- 3. Determine preferred location.





- Click on blue "View" hyperlinks to see offerings. Fees vary with session lengths.
- 5. Register for the class that matches your child's level.
- 6. If the appropriate lessons are full, be sure to sign up on the waitlist.

Parent Tot Swim Lessons

Ages: 6 - 36 months with Adult

Developmentally appropriate classes provide a safe, encouraging and fun introduction to the wonderful world of water. Parents/guardians work directly with their child under instructor's guidance. Swim diaper required for all children.

Parent Tot 1: (6 - 18 months) Hands-on work, skill-oriented games and songs emphasize water adjustment and enjoyment.

Parent Tot 2: (19 - 36 months) More skill-building fun and games with an increased emphasis placed on basic swim skills and independence.

Fees: \$112.00 - \$122.00 ID \$134.40 - \$146.40 OD

Frequency: 1 and 2 days a week

Opens August 5

Juniper Swim & Fitness Center <u>View Parent-Tot 1-2 at Juniper</u>

Larkspur Community Center: View Parent-Tot 1-2 at Larkspur

Sea Stars Swim Lessons

Age: 30 - 35 months with Adult

Has your child attended Parent Tot lessons multiple times? Is your child two and a half years old and ready for more? Specially designed for the independent, not quite three year old, this fun and encouraging class will teach your child the basic skills of floating, gliding and water safety. Prerequisite: Parent Tot lessons. Parent participation in the water is required. Swim diaper required for all children.

Fees: \$112.00 - \$122.00 ID \$134.40 - \$146.40 OD

Frequency: 1 day a week

Opens August 5

Juniper Swim & Fitness Center View Sea Stars at Juniper

Larkspur Community Center: View Sea Stars at Larkspur

NEV



Journey Swim Lessons

3 - 5 Ages:

A progressive journey for preschoolers/ kindergartners that develops swimming skills in a creative environment for vour child's comfort, confidence and enjoyment. Children work on kicking, gliding and basic strokes. Journey 1 through 5 levels are available.

Journey 1: Water adjustment, underwater exploration, floating on front and flutter kicking. Prerequisite: Ability to participate in a class environment.

Journey 2: Front and back floats, glides and kicks. Prerequisite: Float on front with face in water for 3-5 seconds.

Journey 3: Front crawl stroke and backstroke with big pool exposure. Prerequisite: Float and kick on front and back for 5 seconds.

Journey 4: Crawl stroke with side breathing, back crawl stroke and increased endurance with extensive work in the big pool. Prerequisite: Completion of Journey 3.

Journey 5: More advanced stroke work including technique and endurance with both crawl stroke and backstroke. Prerequisite: Completion of Journey 4 or front crawl with side breathing 20 feet and backstroke for 20 feet.

Fees: \$112.00 - \$122.00 ID \$134.40 - \$146.40 OD

Frequency: 1 and 2 days a week

Opens August 5

Juniper Swim & Fitness Center View Journey 1 - 5 at Juniper

Larkspur Community Center View Journey 1 - 5 at Larkspur

Level Swim Lessons

Ages: 6 - 12

This progressive program designed for school-age children will be fun and challenging as swimmers progress to refine strokes and breathing, build confidence and further develop skills. There are Levels 1 through 6 for your child's progression.

Level 1: Water adjustment, front and back floats and glides and flutter kick. Prerequisite: Ages 6 years and older.

Level 2: Streamline kicking on front. back and side, basic crawl stroke, into back crawl stroke and deep water exposure. Prerequisite: Float, glide and kick comfortably on front and back for 5 seconds.

Level 3: Crawl stroke with side breathing and back crawl stroke for 45 feet. Prerequisite: Strong kick on front and back in proper body position for 10 seconds.

Level 4: Crawl stroke with rhythmic side breathing and back crawl stroke for 25 meters with increased emphasis on proper technique. Elementary backstroke, breast stroke and dolphin kick introduced. Prerequisite: Comfortably swim crawl stroke with side breathing and backstroke for 45 feet

Level 5: Refinement of crawl stroke, back stroke and elementary backstroke; introduction of breast stroke, butterfly and open turns. Prerequisite: Comfortably swim crawl stroke with rhythmic side breathing, back stroke and elementary backstroke for 25 meters.

Level 6: Increased endurance and technique in all previously learned strokes including butterfly and breast stroke; flips turns and diving from starting blocks. Prerequisite: Completion of Level 5.

\$112.00 - \$122.00 ID Fees: \$134.40 - \$146.40 OD

Frequency: 1 and 2 days a week

Opens August 5

Juniper Swim & Fitness Center View Level 1 - 6 at Juniper

Larkspur Community Center View Level 1 - 6 at Larkspur

Teen Level Swim Lessons

CLICK TO VIEW

THE ONLINE

SWIM LESSON

FINDER

Ages: 13 - 16

Designed to teach teens basic swim skills: kicking in an arrow, front crawl stroke, backstroke and exposure to deep water. There are Levels 1 through 6 for effective progression. Descriptions available at left.

Fees:	\$112.00 - \$122.00 ID
	\$134.40 - \$146.40 OD

Frequency: 1 day a week

Opens August 5

Juniper Swim & Fitness Center View Teen Level 1 - 6 at Juniper

Swim Lesson Assessment

Take the guesswork out with a free swim assessment to ensure your child is in the right class. Come by the pools at:

Larkspur Community Ctr.:

Dates:	9/15 - 12/18
M-Th:	4:00 & 6:15 pm

Juniper Swim & Fitness Ctr.:

•	
Dates:	9/15 - 12/12
M-F:	4:00 & 6:30 pm
Sa:	12:30 pm

Email leighanned@bendparksandrec. org to arrange an appointment to work with your schedule.

> Questions? Check out the **"Frequently Asked Questions**" on the next page



Swim Lessons: Frequently Asked Questions

When does registration begin?

Registration opens Tuesday, August 5 at 6:00 a.m. and is ongoing.

How do I know what lesson to register my child for?

Come to a swim lesson assessment or read the prerequisite listed under the class description.

Why are swim lessons so popular?

Youth swim lessons are some of the most in-demand recreation programs in our community. Area population growth continues to have a high impact on the demand for children needing lessons. Even with a full schedule of lessons, we're not able to meet all of the demand, but it is improving. If you are unable to get a spot, please sign up on a waitlist so that we know of your interest and can try to accommodate your child.

I am on a waitlist, what should I do?

If there is room for additional swimmers, we will email the waitlist participants in the order received. Keep your eye on your email. Once an email notice is sent, you have 48 hours to register or your held spot will be forfeited.

What lesson level is my child signed up for?

At your lesson, the deck coordinator has the information and can help you find the appropriate class.

What if I don't remember what facility my lesson is at?

When you registered, you should have received an e-mail receipt with your class location listed with the activity.

What do I do if I signed my child up for the wrong level?

Contact customer service and ask about updating the customer question on your swim lesson registration or talk to the on deck coordinator.

I have multiple children and would like them in lessons at the same time.

Most of our lessons have the opportunity to occur at the same time. If you weren't able to sign up for the same time due to the class being full, we encourage you to place your child on the waitlist for the time you like and sign up for the class closest to that time. If the class has an opening, you will have the opportunity to transfer.

My child is signed up for a level they already passed.

Contact customer service and ask about updating the customer question on your swim lesson registration or talk to the on deck coordinator.

Are private or semi-private swim lessons available?

We are unable to offer private or semi-private lessons at this time as group lessons are our priority.



Youth Swim Lessons

Clases de Natacion para Familias en espanol / Family Swim Lesson in Spanish

Ages: 3 & up with Adult Juniper Swim & Fitness Center

Actualmente, ésta es la única clase de natación que BPRD ofrece en español, por tal motivo, las familias de habla hispana tienen la prioridad al momento de la inscripción. Esta clase es para niños, jóvenes y adultos, enseñaremos natación de manera progresiva para toda la familia. Incluye el ingreso al horario de recreación para público en general en las piscinas, inmediatamente después de la clase.

Designed for Latino families, this combined youth and adult class features a progressive swim lesson for the whole family! Since this is BPRD's only swim class in Spanish, registration is prioritized for Spanish-speaking families. Includes admission to Open Recreation Swim immediately after class.

\$169.00 ID \$202.80 OD

 Activity:
 305260 - Opens August 5

 Sa:
 12:30 - 1:00 pm

 Session:
 9/20 - 12/13

Diving

Springboard Diving

Ages: 9 - 12

Juniper Swim & Fitness Center

Learn the basics of how to dive from the 1-meter springboard. The instructor will lead you through the specifics of how to do a diving approach, front jumps, front dives, as well as a basic introduction to the back dive. Additional instruction includes introductions to front flips and twist jumps, along with basic step-by-step progressions. Focused on developing your confidence in a safe environment the sessions will build skills to help you become a successful diver. Prerequisite: Ability to comfortably swim two widths of the pool in the deep end and tread water.

Fees:	\$69.00 - \$80.00 ID \$82.80 - \$96.00 OD
Activity:	<u>305570</u> - Opens August 5
W: - OR -	2:15 - 3:00 pm 3:05 - 3:50 pm
Session:	9/17 - 10/22 10/29 - 12/17
Session: F: - OR - - OR -	9/17 - 10/22 10/29 - 12/17 4:10 - 4:55 pm 5:00 - 5:45 pm 5:50 - 6:35 pm

Swim Programs

Youth Novice Swim Team

Ages: 6.5 - 11

Juniper Swim & Fitness Center

An introduction to competitive swimming skills and training designed to challenge and refine swimming skills. Participants must be able to swim 25 meters front crawl stroke with side breathing and 25 meters backstroke with level body position. We'll teach the rest. Groups are divided by age and ability levels.

\$216.00 ID \$259.20 OD

Activity:	<u>305540</u>	- Opens August 5
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M/W:	4:00 - 4:55 pm
Session:	9/15 - 11/19
Tu/Th:	3:15 - 4:10 pm
- OR -	4:15 - 5:10 pm
Session:	9/16 - 11/20



Middle School Novice Swim Team

Ages: 10.5 - 14

Juniper Swim & Fitness Center

Continue to learn and refine competitive swimming skills and develop fitness at the same time. Newcomers and veterans welcome. Participants must be able to swim 25 meters crawl stroke using side breathing and 25 meters backstroke with level body position.

Tu/Th:	5:15 - 6:10 pm
Activity:	<u>305541</u> - Opens August 5
\$216.00 II	D \$259.20 OD

Session: 9/16 - 11/20

Swim Squad

Ages: 14 - 18

Juniper Swim & Fitness Center

This class is for teens looking to refine their stroke technique, improve endurance and develop lifelong skills. Coaches will teach swimmers how to create workout plans, improve swimming skills and share the long-term health benefits of swimming.

\$177.00 ID \$212.40 OD

igust 5
igust 5

Tu/Th:	7:10 - 8:00 am
Session:	9/16 - 11/13

Enjoy the water? Be a lifeguard or swim instructor.

Learn more at <u>bendparksandrec.org/jobs</u>.

Novice Swim Stroke Clinic

Ages: 6.5 - 13

Juniper Swim & Fitness Center

These short sessions focus on improving the four racing strokes. Participants must be able to swim 25 meters front crawl stroke using side breathing and 25 meters backstroke with level body position. Newcomers and repeat participants welcome.

\$65.00 ID	\$78.00 OD
Activity:	<u>305543</u> - Opens August 5
M/W:	4:00 - 4:55 pm
Session:	12/1 - 17
Tu/Th:	4:15 - 5:10 pm
- OR -	5:15 - 6:10 pm
Session:	12/2 - 18

Drop in and jump in at Rec Swim!

BPRD has four great recreation swim sessions available at two facilities:

Family Swim

Parent-Child Swim

Sensory-Friendly Swim

Open Recreation Swim

Learn more on page 110 and view schedules at <u>bendparksandrec.org/</u>recswim

Register in advance to sync with your workout

Kids' Corner Childcare

Ages: 6 months - 5 years Juniper Swim & Fitness Center

A safe and nurturing environment for your young child while you enjoy all that Juniper has to offer. Children enjoy arts and crafts, reading, creative play and cooperative games while you swim, work out or just relax.



- Registration is strongly recommended and includes a standard of four scheduled 75-minute visits per session at discounted rate.
- Fee is adjusted for three- or five-visit sessions.
- Each visit is limited to 75 minutes. Sorry, no discount for less time. If you would like your child to stay longer than 75 minutes, it will count as two visits and only available as space allows or if registered.

Registration Childcare TODDLER

Ages: 6 - 24 months. Limited availability

\$36.00 ID \$43.20 OD / session Activity: <u>305600</u> - Opens August 4

PRESCHOOLER

 Ages:
 2 - 5 years old

 \$30.00 ID
 \$36.00 OD / session

 Activity:
 305601 - Opens August 4

Weekdays: 9:00 - 10:15 am - OR -10:20 - 11:35 am Sessions: 9/8 - 9/29 10/6 - 10/27 M: 11/3 - 11/24 12/1 - 12/29 T: 9/2 - 9/30 10/7 - 10/28 11/4 - 11/25 12/2 - 12/30 W: 9/3 - 9/24 10/1 - 10/29 11/5 - 11/26 12/3 - 12/24 9/4 - 9/25 10/2 - 10/30 Th: 11/6 - 11/20 12/4 - 12/18 9/5 - 9/26 10/3 - 10/31 F:

11/7 - 11/21 12/5 - 12/19

Drop-in Childcare

Available if space allows. Call 541-706-6191 for availability. TODDLER

Ages: 6 - 24 months. Limited availability \$11.00 ID \$13.20 OD per visit up to 75 minutes.

PRESCHOOLER

Ages: 2 - **5 years old** \$9.25 ID \$11.10 OD per visit up to 75 minutes.

Weekdays: 9:00 - 10:15 am - OR - 10:20 - 11:35 am

Your child can stay for longer than 75 minutes with payment for two visits.

Sync up to Adult Fitness Classes

Juniper features a great lineup of fitness classes during childcare.

Learn more and view drop-in fitness classes at bendparksandrec.org/fitness-swim/



Busy Buddies Preschool for 2025 - 26 INCLUDES WEEKLY

SWIM LESSONS Ages: 3 - 5

Juniper Swim & Fitness Center

This program includes weekly swim lessons and movement play! Children will enjoy arts and crafts, dramatic play and more while being introduced to basic educational concepts such as numbers, letters and phonics. Class is taught in a small group setting and a daily snack is provided. No prior swimming experience necessary. Children must be potty-trained. Registration for each school year opens in May.

Limited availability - sign up on wait list if the program is full. The registration holds your spot for the upcoming September-June school year program.

A \$20.00 ID/OD non-refundable registration fee is due at time of enrollment and monthly fee is due before the 1st of every month, September through May. You can register for multiple sessions per week if you choose.

Activity: <u>405601</u> - Open now \$245.00 ID \$294.00 OD / month

M/W: 1:30 - 4:30 pm Session: 9/8 - 6/10 \$260.00 ID \$312.00 0D / month

Tu/Th: 1:30 - 4:30 pm

Session: 9/9 - 6/11

No school during Thanksgiving Break (11/24 - 27), Winter Break (12/22 - 1/1), Spring Break (3/23 - 26) and on Veteran's Day, Martin Luther King Jr. Day, President's Day, and Memorial Day.

Juniper Swim & Fitness Center

The Pavilion

places to play recreation centers

Bend Senior Center

Larkspur Community Center

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let's go!



PURCHASE YOUR PASS ONLINE @: register.bendparksandrec.org

Out-Of-District Fee Policy

The prices listed are the discounted rates for residents of the Bend Park and Recreation District. Persons residing outside of the Bend Park and Recreation District boundaries are charged an additional 20% because they do not pay property taxes that support the district. If you need help determining if you live inside or outside the district boundaries, view the district map at <u>bendparksandrec.org</u> or call us at (541) 389-7275.

Recreation Center Fees & Passes

Bend Park & Recreation District offers three unique recreation centers with hundreds of weekly drop-in activities. To use a BPRD facility, choose the fee structure and payment option that best matches your household's needs.

No matter what you choose, you can workout, swim, skate and play with the confidence that there are:

- No initiation or start up fees
- No contracts

Match your play with the perfect pass

10-Visit Passes

- Save an average of 15% off regular fees
- Pre-paid to use as you go
- Use at any recreation facility

10-Visit Passes may be used for drop-in activities at all locations. Patrons may use visits for themselves or guests at the same or lower entrance fee. This pass doesn't expire.

Annual Pass Discount

Save 20% off the Auto-Renewal/3-Month Pass with an Annual Pass. Combine with partner and family pass for the best value!

Partner Discount

Save 10% off Auto-Renewal/3-Month pass and Annual Passes when two people in the same household purchase a pass at the same time. Includes adults, youth and senior family members in the same household.

Family Pass

Available for adult, youth or senior family members living in the same household. Three-member minimum required.

30-Day, Auto-Renewal, 3-Month & Annual Passes

- Great for the frequent user
- Unlimited in-and-out privileges
- Quick and easy check-in
- Four options for pass duration
- Awesome savings the more you use your pass, the more you save

30-Day, Auto-Renewal, 3-Month and Annual Passes may be purchased at any time. Full payment is required at time of purchase. 30-Day Passes offer the control to purchase every 30 days at your choice. Auto-Renewal Passes offer the convenience of monthly auto-renewal with threemonth minimum commitment: 3-Month and Annual Passes offer online/ in-person renewal. Passes are not transferable or refundable, and may not be suspended or extended except for documented medical reasons. Passes are not prorated for scheduled closures such as holidays, special events and maintenance periods.

SINGLE VISIT FEES

JUNIPER SWIM & FITNESS CENTER & LARKSPUR COMMUNITY	Adult (19-64)	\$9.00		THE PAVILION	Adult (19-64)	\$10.00
CENTER	Older Adult* (65-79)	\$8.00		Drop-in public ice/roller skating sessions. Skate rental: \$4.00. Fees effective: October 20.2025	Older Adult* (65-79)	\$9.00
Drop-in fitness classes, swim activities, spa features, fitness centers, indoor track, social activities.	Youth (3-18)/Honored Citizens (80+)	\$7.00			Youth (3-18)/Honored Citizens (80+)	\$8.00
	Children under 3 with paying adult	Free		UCTODET 20, 2023	Children under 3 with paying adult	Free

FITNESS, **SWIM & SKATE IN-DISTRICT** PASSES

JUNIPER SWIM & FITNESS CENTER, LARKSPUR COMMUNITY CENTER & THE PAVILION

All passes include: Drop-in fitness classes, swim activities, hot tub/spa features, fitness centers, indoor track, social activities, public ice/roller skating sessions and skatepark and drop-in basketball sessions. Skate rental: \$4.00.

Does not include access to registration programs.

See activity details on pages 107 - 111.

10-Visit Pass Save an average of 15%	Adult (19-64) Older Adult* (65-79) Youth (3-18)/Honored Citizens (80+) Children under 3 with paying adult	\$76.50 \$68.00 \$59.50 Free
30-Day Pass Unlimited visits!	Adult (19-64) Older Adult* (64-79) Youth (3-18)/Honored Citizens (80+) Family - Any mix of 3 or more household members	\$72.00 \$56.00 \$39.00 \$133.00
Auto- Renewal Pass Unlimited visits! Priced per month.	Adult (19-64) Older Adult* (64-79) Youth (3-18)/Honored Citizens (80+) Family - Any mix of 3 or more household members	\$65.00 \$50.00 \$35.00 \$120.00
3-Month Pass Unlimited visits!	Adult (19-64) Older Adult* (65-79) Youth (3-18)/Honored Citizens (80+) Family - Any mix of 3 or more household members	\$195.00 \$150.00 \$105.00 \$360.00
Annual Pass Unlimited visits! Save 20% off the monthly fee.	Adult (19-64) Older Adult* (65-79) Youth (3-18)/Honored Citizens (80+) Family - Any mix of 3 or more household members	\$624.00 \$480.00 \$336.00 \$1,152.00

Effective beginning June 19, 2024. Older Adult Rate*: Those born on or before December 31, 1961 will receive the older adult rate even though they may not be 65 years or older yet. Partner Discount: Get a 10% discount on Auto-Renewal, 30-Day, 3-Month and Annual Passes when two family members in the same household purchase a pass at the same time.







One pass three facilities & hundreds of sessions

The Fitness, Swim & Skate 30-Day, Auto-Renewal, 3-Month and Annual Passes include unlimited lap swim, recreation swim, roller and ice skating, fitness center use, spa features use, social activities and access to 200+ weekly fitness programs at Juniper Swim & Fitness Center, Larkspur Community Center and The Pavilion.

Skate rentals are an additional fee.

More on pages 107 - 111.

FEES	DROP-IN ADULT SOCIAL SOCIAL ACTIVITY IN-DISTRICT & PASSES Effective beginning June 19, 2024.	BEND SENIOR CENTER Includes participation in drop-in social activities including games, billiards and Senior Center events. Does not include access to registration programs See activity details on page 111.
Single Visit Fee	Adult (19-64) Older Adult* (65-79) Youth (3-18)/Honored Citizens (80+)	\$3.50 \$1.50 \$1.25
10-Visit Pass Save an average of 15%	Adult (19-64) Older Adult* (65-79) Youth (3-18)/Honored Citizens (80+)	\$29.00 \$12.00 \$10.00
Monthly Pass Unlimited	Adult (19-64) Older Adult* (65-79)	\$24.00 \$16.00

Older Adult Rate*: Those born on or before December 31, 1961 will receive the older adult rate even though they may not be 65 years or older yet.

Youth (3-18)/Honored Citizens (80+)

Unlimited visits!

Partner Discount: Get a 10% discount on Auto-Renewal, 30-Day, 3-Month and Annual Passes when two family members in the same household purchase a pass at the same time.

\$13.00







Drop-in Ice & Roller Skate Sessions

Location: The Pavilion

- Roller season: April September
- Ice season: late October April
- Facility information on page 115.
- Fees: Pass or drop-in fee.
 See pages 104 106.
 Fees effective October 20, 2025.
- Rental skates available.
- Helmets available to borrow.
- More at: <u>bendparksandrec.org/</u> <u>pavilion</u>

Open Skate

ROLLER & ICE

All ages

Open Skate sessions offer a recreational opportunity for all ages and abilities to enjoy the rink. Children 6 years and under must be supervised by a responsible person 14 years or older. Sticks, pucks and maneuvers that would endanger others are not allowed.

\$8 Family Skate ROLLER & ICE

All ages with adult

Open Skate for families at a special discounted fee including skate rental. All children must be accompanied by parent/guardian.

\$8 Cheap Skates

ROLLER & ICE

All ages

Open Skate at a special discounted fee including skate rental.

OPEN SKATE SPECIAL

Adults are \$8 each when adult accompanies paid child.



\$8 With A Child Skate ROLLER & ICE

Ages: 18 & under with adult

Special discounted Open Skate session for adults to skate with their child. Includes skate rental. All children must be accompanied by an adult. Adult and children groups such as homeschool groups or young children play groups are welcome. For ages 5 and under, there is skate instructor support available for a positive experience.

During roller skating season, you can expect an open play space (with mats and balls) along with roller skating.

Friday Night Roller Dance

ROLLER ONLY

All ages

Open Skate with those Friday night dance vibes. Complete with themes, good music and roller dancing.

Saturday Night Adult Roller Jam

ROLLER ONLY Ages: 18 & over

S-A-T-U-R-D-A-Y Night! We'll bring out the music, turn down the lights and let the big kids play at these adults-only skate sessions. We're talking youthful "skate center" vibes and joy!

Large Groups: 10 & more

School groups and other large groups are welcome at The Pavilion and discounts are available. Reservations are needed for groups of 10 and more. Reservations must be booked 72 hours in advance for special rates. Group reservations are not available during Holiday Skate. Learn more on the <u>Parties</u> and Groups Fees web page.

Skatepark Features

ROLLER ONLY

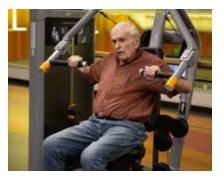
All ages

The skatepark features at The Pavilion are open during Open Skate and Family Skate times. During this skate time, riders must wear a helmet. Skateboards, inline skates, roller skates and scooters welcome. Sorry, no bikes.

let's party! ROLLER & ICE SKATING PARTIES

Great for birthday parties and more! During ice season, The Pavilion features an indoor viewing room with fireplace. During roller season, guests can enjoy the outdoor pavilion.

Learn more about parties and event rentals on the BPRD website <u>bendparksandrec.org</u> or call 541-389-7275.





Drop-in Fitness Classes

Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information: Pages 113 - 114.
- Fees: Pass or drop-in fee. See pages 104 - 106.

Ages: 16 & up; 11 - 15 with adult

DROP-IN CLASSES & SCHEDULES:

Classes are held on a weekly basis. Check schedules at <u>bendparksandrec.org/</u><u>fitness-swim/</u>. You can start at any time. Classes are offered on a first-come, first-served basis.

SAME INSTRUCTORS: Both locations feature the same great instructors.

ADVISED: We strongly recommend checking with your physician before starting any exercise program.

Cardio Fitness & Dance

Features: Move and groove with us. These classes are full of variety with dance, step, kickboxing and always your choice of high- or low-impact. Engage your muscles and get your heart pumping for increased strength and resilience.

More at: bendparksandrec.org/cardio

Indoor Cycling

Features: Experience the Ride! Based on a road cycling experience, indoor cycling is an individually paced, nonimpact cardio workout. Classes are held in our theater-style indoor cycle studio with beautiful park views. Our state-ofthe-art, Spinner® Chrono™ Power bikes use accurate power measurements and watts-based training, giving you the ability to customize the ride to meet your goals.

More at: <u>bendparksandrec.org/indoor-</u> cycling/

Mind & Body

Features: Rooted in traditional practices, Mind & Body classes aim to improve your overall health and well-being through stretching, focused breathing, relaxation techniques, movements and poses that bring flexibility and strength together to develop joint mobility. Yoga, Pilates, Tai Chi, meditation and other practices are known to support both physical and mental awareness and wellness.

More at: <u>bendparksandrec.org/mind-and-</u> body

Strength & Conditioning

Features: Improve your day-to-day function with strength and conditioning! Burn calories at a higher rate through resistance training and use a variety of equipment to increase your muscle strength, metabolic rate, endurance, bone density and balance.

More at: <u>bendparksandrec.org/strength-</u> and-conditioning

Water Fitness

Features: Water is a great equalizer! Help rehabilitate an injury, cross train to enhance athletic performance or simply enjoy the feel-good nature of a water workout. The buoyancy and natural resistance of the water creates an optimal exercise environment with little to no impact on your joints while improving cardio fitness and strengthening muscles. No swimming skills are needed and classes held in deep water use floatation devices. Water shoes recommended.

More at: <u>bendparksandrec.org/</u> water-fitness



FITNESS PASSES THROUGH HEALTH INSURANCE

There is a low-cost or no-cost fitness pass option for insurance-reimbursed fitness programs, including: Active & Fit Enterprise, Active & Fit Direct, AARP Renew Active, Optum Renew Active and Silver & Fit. Eligible programs will include unlimited access to BPRD fitness centers, virtual fitness classes, lap swimming, social activities and drop-in fitness classes, including water fitness classes and workout-on-your-own sessions.

Learn more at: <u>bendparksandrec.org/medicare</u>



Therapeutic Fitness

BPRD can help you make the most of your fitness with targeted therapeutic fitness programs which research has shown to offer health benefits. Here are some health challenges where therapeutic fitness could offer help: mobility issues; chronic conditions, especially related to joints and muscles; preventing injury; preparing for surgery; recovering from surgery or injury; next steps from physical therapy and weight loss. Whether you are seeking low-impact and light-intensity, cardio, strength or mobility, you can take a class or work individually with staff to get back on track.

More at: <u>bendparksandrec.org/therapeuticfitness</u>



Pre-/Postnatal and Baby & Me Fitness

If you are expecting or have been cleared for exercise by your physician or midwife after having a baby, you are welcome to join any drop-in fitness class at BPRD's recreation centers. Classes are ongoing and you can start any time.

In addition, there are water- and land-based classes that incorporate specifically designed gentle-paced cardio with strength and stretching exercises that follow the American Congress of Obstetrics and Gynecology guidelines.

More at: bendparksandrec.org/babyandme

Virtual Fitness Classes

Online

• Fee: Pass or \$4.00 fee.

Keep moving, even remotely! BPRD online classes are brought to you using Zoom, a web-hosted video conference application. Step-by-step instructions are provided to help you get connected. Variety of classes offered in Cardio Fitness & Dance and Strength & Conditioning. Advance registration is required.

More at: <u>bendparksandrec.org/virtualfitness/</u>

Drop-in Fitness Center Use

Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information: Pages 113 114.
- Fees: Pass or drop-in fee. See pages 104 - 106.

Ages: 16 & up; 11 - 15 with adult

Fitness Center Orientation

Designed to give you the basic skills to use the equipment safely and effectively. Orientations are strongly recommended prior to using the fitness center, and in some cases, it may be required.

Fitness Center & Under 16 Use

Youth ages 16 - 17 may use the fitness center without restriction although we recommend completing a Fitness Center Orientation.

Youth ages 11 - 15 may only workout in the fitness center under direct parent/ guardian supervision or complete a Fitness Center Orientation to use the fitness center independently. After orientation, 11-15 yearolds need to check in at front desk for a wristband for each fitness center visit.

Children 10 years and younger are not allowed in the fitness center.

More at: bendparksandrec.org/fitness-centers

Personal Training

Juniper Swim & Fitness Center and Larkspur Community Center

• Facility information on pages 113 - 114.

A BPRD personal trainer can help you:

- Focus on your personal goals.
- Prepare for an adventure, race or event.
- Make your fitness routine fresh and interesting.
- Meet your desired activity and fitness level.
- Take the next step in your recovery from an injury or surgery.
- Train as an individual or group.

BPRD has a diverse group of trainers and services to meet your needs.

Personal training requires advanced registration and separate fees.

More at: <u>bendparksandrec.org/fitness-swim/</u> personal-training/







Drop-in Swim Sessions & Spa Features

Locations: Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information: Pages 113 - 114.
- Fees: Pass or drop-in fee. See pages 104 - 106.
- More at: <u>bendparksandrec.org/recswim</u> bendparksandrec.org/lapswim

Open Recreation Swim

All ages

Recreation swim is open to all ages; however, children 6 years and under must be supervised by a responsible person 14 years or older. Hot tub use only available to ages 16 and up.

Family Swim

All ages with adult

A perfect time for families to use the pools for recreating and swimming. All children must be accompanied by parent or guardian. Hot tub use available to ages 6 & up only while accompanied by an adult.

POOL PARTIES

Make waves at your next celebration with a pool party.

Available at both Juniper and Larkspur pools with options for both indoor and outdoor pool parties depending on the season.

Private pool parties can be customized for exclusive fun with rental of both facilities' pools.

Learn more about parties and event rentals on the BPRD website <u>bendparksandrec.org</u> or call 541-389-7275.

Parent-Child Swim

Ages: 6 & under with adult

A special time in the pool for parents and their young kids to explore the wonderful world of water and practice swimming skills. Adult supervision in the water is required. Swim diapers are required for those who are not toilet trained.

Sensory-Friendly Swim

All ages with adult

This is a great alternative for our community members with diverse sensory needs to enjoy the pools and amenities. All children must be accompanied by an adult. Spa use is for ages 16 and up and children 6 - 15 only with an adult. Five and under may not use the spa.

Lap Swimming & Water Work Out on Your Own

All ages

Swim for fitness! Swim for fun! Two facilities welcome you to lap swim or do your own water work out. Check the website for pool schedule, pool length, number of lanes and requirements.

Masters Swimming Bend's Adult Swim Program

Ages: 18 & up

Improve your skills and enjoy training in structured practices with experienced coaches. Masters Swimming emphasizes fitness, fellowship and fun for all adults and abilities, who can swim comfortably for 500 meters (20 lengths).

Current Channel Work Out on Your Own

Ages: 16 & up; 11-15 with adult

Uninstructed, drop-in times at Larkspur Community Center with moderate levels of resistance for you to walk, stabilize, stretch and tone for all abilities and levels. No swimming.

Hot Tub, Sauna & Steam Room Use

Ages: 16 & up; 6 - 15 with an adult.

The coed hot features, including hot tub, sauna and steam room, are available when Juniper's indoor pool is open.

The hot tub at Larkspur is open when Larkspur's pool is open.

Youth ages 6 years and up are only allowed in the hot tubs with an adult; not allowed during Open Recreation Swim.

Large Groups: 10 & more

School groups and other large groups are welcome for open recreation swim and discounts are available. Reservations are needed for groups of 10 or more. Reservations must be booked 72 hours in advance for special rates. Visit the Parties & Groups Fees web page.

RECREATION SWIM SPECIAL

Adults are \$7 each when adult accompanies paid child.

Good for: Open Recreation Swim, Family Swim, Parent-Child Swim and Sensory-Friendly Swim





Drop-in Older Adult Social Activities

Larkspur Community Center -Home of the Bend Senior Center

- Facility information: Page 114.
- Fees: Pass or drop-in fee. See pages 104 - 106.
- More at: <u>bendparksandrec.org/</u> <u>bend-senior-center</u>

BPRD is proud to welcome older adults to social activities, such as games and group gatherings.

Check the website regularly for additional information, schedules and updates.

Lunch & FREE Learn Series

Tuesdays at 12:00 - 1:30 p.m. | September through May | Presented in partnership with PacificSource Medicare Health Plans.

Feed your body and your mind as local experts share their knowledge about issues important to you. Bring your lunch; dessert and coffee are on us. Check online schedule for topics each month.

Super Tuesday Brunch

Second Tuesday of the month at 9:00 - 10:30 a.m.

Join us for a tasty brunch on the second Tuesday of each month. A suggested donation of \$3 per person benefits BPRD's scholarship program.

Tours for Adults for ages 60 & up

on pages 22 - 23.

Wednesday Afternoon at the Movies

Wednesdays at 1:00 p.m.

Drama, comedy, adventure! Join us weekly to watch a movie with friends. We'll show both contemporary and classic films. Check online schedule for movies offered.

- RF

Yesterday's Tunes

Wednesdays at 2:00 - 4:00 p.m.

Come spend some time with friends old and new in the Senior Lounge listening to "oldies" from the 40s, 50s, 60s, 70s and 80s that will bring back special memories and moments in time. Requests encouraged! We'll have a pot of coffee on and puzzles out. Hosted with DJ Tim Ream of Senior Moments.

Library FREE Book Club

Third Wednesday of the month at 10:00 - 11:00 a.m.

Come join our book club hosted by Deschutes Public Library. This is an open book group, so no registration is necessary. Simply show up whichever meeting dates you are available.

Crochet, Knitting, Quilting, Rug Hooking & Stitching Groups

Celebrate and enjoy fiber arts together! Bring in your hand work and knit, stitch and/or hook projects together while making friends. Four different groups meet regularly. Check online schedules for details.

Pool/Billiards

Come enjoy a game of billiards. Fun times and good friendships guaranteed! Check online schedule for days and times.

Cards & Games

Join a game of Bridge, Mexican Train, Mahjongg or Pinochle. Inquire at the front desk for days and times.

Technology **FREE** Troubleshooting

Third Wednesday of the month at 10:00 - 11:30 a.m.

Get your tech in order! Come to the Senior Center lobby for free technology advice and support with our friends from Deschutes Public Library. Bring in your smart phone, laptop, tablet or watch. Sessions are first-come, firstserve for up to 20 minutes per person.

AARP Smart Driver Class

Fourth Thursday of the month at 8:30 a.m. - 3:00 p.m.

The AARP Smart Driver Course is one of many programs offered by AARP Driver Safety. It's the nation's largest classroom and online driver safety course and is designed especially for drivers age 50 and older. The class meets 8:30 a.m. - 3:00 p.m. with a lunch break. Fees are \$20.00 for AARP members; \$25.00 for non-members. For the next class and to register, call 503-676-3653.

The ABC & D's of Medicare

Fourth Wednesday of the month at 10:00 - 11:00 a.m.

Join us for an informational Q & A session about Medicare.



Bend Park and Recreation District features three recreation centers - Juniper Swim and Fitness Center, The Pavilion and Larkspur Community Center - Home of the Bend Senior Center.

You're invited to visit one, two or all three for any of the hundreds of hosted weekly activities including fitness classes, swim sessions, roller or ice skating and enrichment activities.



- Fees and Passes, pages 104 106
- Drop-in Ice & Roller Skating, page 107
- Drop-in Fitness, pages 108 109
- Drop-in Swimming, page 110
- Drop-in Adult Social Activities, page 111

Recreation Centers' Holiday & Special Hours

August 30 - September 5:

Juniper Swim & Fitness Center: 25-meter Pool and some fitness amenities closed for maintenance check schedules.

September 1:

Juniper Swim & Fitness Center: 12:00 - 4:30 p.m.

Larkspur Community Center: Closed.

The Pavilion: Closed.

October 31:

Juniper Swim & Fitness Center: Closed at 6:00 p.m.

Larkspur Community Center: Closed at 6:00 p.m.

Pavilion: Open regular hours.

November 11:

All recreation centers open regular hours.

November 27: All recreation centers closed.

November 28:

All recreation centers open regular hours.

December 24:

Juniper Swim & Fitness Center: Closed at 1:00 p.m.

Larkspur Community Center: Closed at 1:00 p.m.

The Pavilion: Closed at 5:30 p.m.

December 25:

All recreation centers closed.

December 31:

Juniper Swim & Fitness Center: Closed at 5:30 p.m.

Larkspur Community Center: Closed at 5:30 p.m.

The Pavilion: 8:00 a.m. - 4:00 p.m.

January 1:

Juniper Swim & Fitness Center: 9:00 a.m. - 12:00 p.m.

Larkspur Community Center: Closed. The Pavilion: 10:00 a.m. - 8:00 p.m.



Juniper Swim & Fitness Center

Located in the heart of Bend's east side, Juniper serves as our community swim and fitness facility and features fitness and recreation opportunities to people of all ages and abilities.

Location

800 NE 6th Street, Bend, OR 97701

Juniper Swim & Fitness Center is located in Juniper Park. For public transit, Juniper is located two blocks from the Hawthorne Street transit center of Cascade East Transit.

Phone

541-389-7665 (POOL)

Hours

Monday - Thursday: 5:30 a.m. - 9:00 p.m. Friday: 5:30 a.m. - 7:30 p.m. Saturday: 8:00 a.m. - 6:00 p.m. Sunday: 8:00 a.m. - 6:00 p.m. Holiday hours on prior page.

Fees, Schedules & Information

Visit <u>bendparksandrec.org/juniper</u> for schedules, rules and regulations. Fees on pages 104 - 106

Rentals

The pools are available to rent. Visit <u>bendparksandrec.org/poolparty</u> for details.

Social Media

facebook.com/JuniperSwimandFitnessCenter instagram.com/juniperswimandfitness

Activities

Childcare & Preschool Fitness Classes Fitness Center Personal Training Swim Lessons Swimming Therapeutic Fitness Wellness & Relaxation

Swimming Pools, Spa Features & Fitness Amenities

Indoor/Outdoor Olympic 50-Meter Pool

Indoor 25-Meter Pool

Indoor Children's Pool

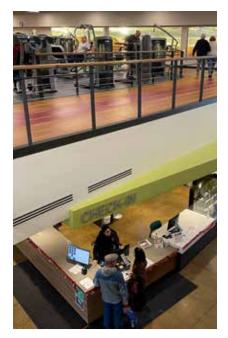
Outdoor Activity Pool (Open late May to early September) Hot Tub / Steam Room / Dry Sauna Fitness Center, Studios & Equipment











Larkspur Community Center

Larkspur is a vibrant place where people of all ages, interests and abilities can gather for lifelong fitness, learning and recreation. Larkspur is Home of the Bend Senior Center.

Location

1600 SE Reed Market Road Bend, OR 97702

Larkspur is located in Larkspur Park. For public transit, use Cascade East Transit routes #5, 6 or 9.

Phone

541-388-1133

Hours

Monday - Friday: 6:00 a.m. - 8:00 p.m. Saturday: 8:00 a.m. - 6:00 p.m. Sunday: 9:00 a.m. - 4:00 p.m. Holiday hours on page 112.

Fees, Schedules & Information

Visit bendparksandrec.org/larkspur for schedules, rules and regulations. Fees on pages 104 - 106.

Social Media

facebook.com/Larkspur-Community-Center instagram.com/larkspurcommunitycenter

Rentals

Event Room, meeting rooms and pool are available to rent. Visit <u>bendparksandrec.</u> <u>org/larkspur</u> for details.

Activities

Enrichment Activities for All Ages Fitness Classes Fitness Center Personal Training Social Activities for Older Adults Swim Lessons Swimming Therapeutic Fitness Wellness & Relaxation

Swimming Pool, Hot Tub, Fitness Amenities & Walk/Jog Track

Recreation & Leisure Pool Current Channel with Hydro Feature Accessible, ADA-friendly Features Hot Tub

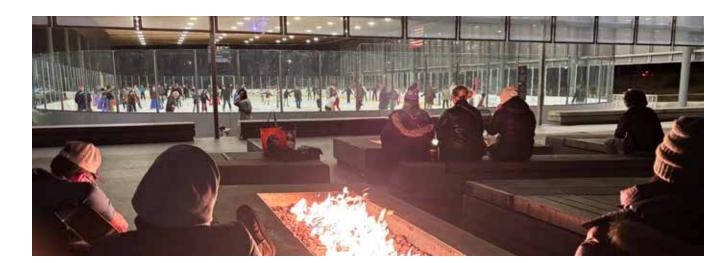
Fitness Center & Group Fitness Rooms Walk/jog Track

Larkspur Cafe

Featuring "Grab & Go" items

Bend Senior Center

3,500-sq.-ft. Event Room and Kitchen Social Lounge, Billiards Room, Book and Puzzle Lending Library and Free Wi-Fi



The Pavilion

Two kinds of play - The Pavilion has distinct personalities! Cold and fresh for ice sports and skating. Bright, active and ever-evolving for roller sports, kids camps and other activities.

Location

1001 SW Bradbury Way Bend Oregon 97702

The Pavilion is located at the Simpson and Colorado Avenue roundabout. For public transit, The Pavilion can be accessed via Cascade East Transit.

Phone

541-389-7588 (SK8T)

Hours

Days and times vary. Check online schedules for sessions.

Holiday hours on page 112.

Fees, Schedules & Information

Visit <u>bendparksandrec.org/pavilion</u> for schedules,rules and regulations. Fees on pages 104 - 106.

Social Media

facebook.com/thepavilioninbend instagram.com/thepavilioninbend

Rentals

Rink, outdoor pavilion, lawn area and indoor viewing room are available to rent. Visit <u>bendparksandrec.org/pavilion</u> for details.

Activities

APRIL - SEPTEMBER:

Roller Skating & Hockey

Skateboarding & Scootering

Skate Parties

Adult Sports Leagues

Youth Summer Camps

LATE OCTOBER - APRIL:

lce Skating & Lessons Hockey

Curling Skate Parties

Amenities

Roller Sports Flooring (April - September)

Skatepark (April - September)

NHL-size Ice Sheet (Late October - April)

Viewing Room

Concessions







Hollinshead Barn



Aspen Hall



The Pavilion



Aspen Meadow Picnic Shelter at Shevlin Park

Visit bendparksandrec.org/facilityrental or call 541-706-6149 for rental details and reservations.

Park & Facility Rentals: For Your Next Event

Consider a Bend Park and Recreation District facility or park for your special celebration, meeting or event. Offering a variety of buildings and places, BRPD has the rental spaces available to match your event needs.

HOLLINSHEAD BARN rests

in a lush park in the heart of Bend. The two-story barn combines the charm of its historic origins with a cozy, intimate atmosphere. Inside, the barn has gorgeous wood floors, a kitchen and an ADA-accessible elevator to the second floor. The outdoor space features a fencedin lawn, two patios and outdoor benches.

ASPEN HALL is located in beautiful Shevlin Park, just minutes from downtown. The hall features open-beamed ceilings, polished concrete floors with wood-framed windows and a full kitchen. Doors open out to a beautiful patio, towering pines, lawn and shimmering pond.

RIVERBEND COMMUNITY

ROOM is located in the District Office and available for presentations, meetings or small events fall through spring. The room opens up to an outdoor plaza overlooking Riverbend Park.

THE PAVILION welcomes groups for birthday parties and other special events and the indoor party room and outdoor Little Pavilion can be included. In addition, the entire facility is available during the non-ice season for event rentals.

LARKSPUR COMMUNITY

CENTER welcomes groups of various sizes for gatherings, celebrations, meetings and other events. The event room features a maple hardwood floor and natural light. Various smaller rooms are perfect for meetings and gatherings. All rooms feature audio-visual equipment; details available online.

PARKS & SPORTS FIELDS

are available for rent. Fees are based on the size of your group, park amenities, type of function and duration of your event. Sports fields are available for rent seasonally from April 1 to October 31.

PARK PICNIC SHELTERS

are a great option for a variety of events, including company picnics, birthday parties, family gatherings, weddings, receptions and more. Fees are based on the size of your group, event amenities and type of function.

ART, SKATE & POOL

PARTIES can be great options for birthday parties and other celebrations. Held at recreation centers, activity-based parties are available for children and adults. View recreation center web pages at <u>bendparksandrec.org</u> to learn more.

Fall 2025 Program Locations

Locations of all seasonal programs are in alphabetical order below.

Abstract in Motion 63830 Clausen Rd Suite 102, Bend, OR 97701

Academie De Ballet Classique 1900 NE 3rd St #104, Bend, OR 97701

Bear Creek Elementary School 51 NE 13th St, Bend, OR 97702

Bend Endurance Academy 222 SE Reed Market Rd, Bend, OR 97702

Bend Senior Center 1600 SE Reed Market Rd, Bend, OR 97702

Caldera High School 60925 SE 15th St, Bend, OR 97702

Cascade Indoor Sports Center 20775 NE High Desert Ln, Bend, OR 97701

Cascade Middle School 19619 Mountaineer Way, Bend, OR 97702

Connection Rio Jujitsu Bend 1620A NE 3rd St, Bend, OR 97701

District Office at BPRD 799 SW Columbia St, Bend, OR 97702

Elk Meadow Elementary School 60880 Brookswood Blvd, Bend, OR 97702

Ensworth Elementary School 2150 NE Daggett Ln, Bend, OR 97701

Free Spirit + Yoga + Ninja + Play 320 SW Powerhouse Dr, Suite 150, Bend, OR 97702

Harmon Park/Clay Studio 1100 NW Harmon Blvd, Bend, OR 97702

High Desert Middle School 61111 SE 27th St, Bend, OR 97702 **High Lakes Elementary School** 2500 NW High Lakes Loop, Bend, OR 97701

Highland Elementary School 701 NW Newport Ave, Bend, OR 97701

Hollinshead Park & Barn 1235 NE Jones Rd, Bend, OR 97701

Jewell Elementary School 20550 Murphy Rd, Bend, OR 97702

Juniper Elementary School 1300 NE Norton Ave, Bend, OR 97701

Juniper Swim & Fitness Center/Park 800 NE 6th St, Bend, OR 97701

Larkspur Community Center & Park 1600 SE Reed Market Rd, Bend, OR 97702

Miller Elementary School 300 NW Crosby Dr, Bend, OR 97703

Miller's Landing Park 55 NW Riverside Blvd, Bend, OR 97701

North Star Elementary School 63567 NW Brownrigg Ln, Bend, OR 97703

Norton Avenue Apts 415 NE Norton Ave, Bend, OR 97701

Odyssey Martial Arts 924 B SE Wilson Ave, Bend, OR 97702

Oregon Ki Society 20685 Carmen Loop, Bend, OR 97702

Pacific Crest Middle School 3030 NW Elwood Ln, Bend, OR 97703

The Pavilion 1001 SW Bradbury Way, Bend, OR 97702

Pine Ridge Elementary 19840 Hollygrape St, Bend, OR 97702

Ponderosa Park 225 SE 15th St, Bend, OR 97702



Providence Park 1055 NE Providence Dr, Bend, OR 97701

Rockridge Park 20885 Egypt Dr, Bend, OR 97701

Samara Learning Center 230 NE 9th St, Bend, OR 97701

Silver Rail Elementary School 61530 SE Stone Creek Ln, Bend, OR 97702

Skyline Sports Park 19617 Mountaineer Way, Bend, OR 97702

Steller Jay Creative Learning Center 369 NE Revere, Suite #109, Bend, OR 97701

Sylvan Learning Center Northwest Crossing 2754 NW Crossing Dr #101, Bend, OR 97701

Twin Knolls Transition Co-op 2500 NE Twin Knolls Dr, Bend, OR 97702

Westside Village Magnet School 1101 NW 12th St, Bend, OR 97703

Featured Trails

Hit the trails! Here are some favorites in the more than 80 miles of trails in the BPRD system.

Looking for more details and/or more trails?

An interactive map is available online at <u>bendparksandrec.org</u> and a print map is available at our facilities.

For additional information on parks and trails, visit <u>bendparksandrec.org</u> or call 541-389-7275.

TRAIL ACCESSIBILITY

It is the goal of Bend Park and Recreation District to provide trail access for all. However, some trails may present obstacles, running slopes, cross slopes, narrow tread widths and unstable surfaces, making them inaccessible for some users. Trails at Alpenglow, Farewell Bend, Riverbend, Pioneer and Pine Nursery parks offer the best access for visitors with mobility aids. Updated information about the condition and accessibility of trails is available by calling 541-389-7275. It is the trail user's responsibility to determine if trail difficulty is appropriate for their skill level.

DOGS ON TRAILS & IN PARKS

Unless otherwise indicated, dogs must be leashed on trails and in parks. Bend has nine areas for people to recreate with their dogs off-leash. Dogs are not allowed in Riley Ranch Nature Reserve.

More trail details and maps online.



JISER / ROAD BIKING

N / GRAVEL BIKING G-FRIENDLY LKING & RUNNING

OLLER-FRIENDLY

ESSIBLE

FURE TRAIL

TRAIL NAME	ACCESS N	1ILES	S SURFACE	CRU	MTN	DOD	WAL	NAT	STR	ACCI
Alpenglow Park Trails	Alpenglow Park	3.5	paved, compacted gravel, natural	•		•	•	•	•	•
Alpine Park Trails	Alpine Park	0.7	paved, natural		•	•	•	•		
Big Sky Park Trails	Big Sky Park	0.8	compacted gravel		•	•	•			
Cascade Highlands Trail	Overturf Park	2.9	paved, compacted gravel, natural	•	•	•	•	•		
Central Oregon Historic Canal Trail	Blakely Park	4.0	compacted gravel		•	•	•	•		
Coyner Trail	Ponderosa Park and Juniper Park	1.1	paved	•	•	•	•	•	•	•
Deschutes River Trail - Awbrey Reach	Sawyer Park	3.9	compacted gravel		•	•	•	•		
Deschutes River Trail - Old Mill Reach	Farewell Bend Park, McKay Park, Riverbend Park	2.7	paved	•		•	•	•	•	•
Deschutes River Trail - Pioneer Reach	Columbia Park, Drake Park, Harmon Park, Pacific Park, Pioneer Park, Miller's Landing Park	1.7	paved, compacted gravel, road/ sidewalk connection	•		•	•		•	•
Deschutes River Trail - River Run Reach	First Street Rapids Park, Pioneer Park, Sawyer Park	1.4	paved, compacted gravel		•	•	•	•		
Deschutes River Trail - South Canyon Reach	Farewell Bend Park, Riverbend Park	3.0	paved, compacted gravel, natural		•	•	•	•		
Discovery Trail	Discovery Park	5.5	paved, natural, road/sidewalk	•		•	•			
Haul Road Trail	McKay Park, Miller's Landing Park, Riverbend Park, Farewell Bend Park	3.8	paved	•	•	•	•	•	•	•
Larkspur Trail	Larkspur Park, Pilot Butte Neighborhood Park	3.9	paved, compacted gravel	•	•	•	•	•	•	•
Outback Trail	Discovery Park	2.5	paved, compacted gravel, natural	•	•	•	•	•	•	•
Pine Nursery Park Trails	Pine Nursery Park	4.7	paved	•		•	•		•	•
Riley Ranch Trails	Riley Ranch Nature Reserve	3.2	compacted gravel, natural				•	•		
Rockridge Park Trails	Rockridge Park	1.7	paved, compacted gravel, natural		•	•	•	•		
Sawyer Park Trails	Sawyer Park	2.0	paved, compacted gravel, natural			•	•	•		
Shevlin Park Trails	Shevlin Park	23	paved, compacted gravel, natural		•	•	•	•		
Stone Creek Park Trail	Stone Creek Park	1.0	paved, compacted gravel			•	•	•		
West Bend Trail	Skyliner Road	3.6	paved, natural	•		•	•	•	•	•

Park **Features** & Amenities

Get out and play with our features and amenities guide.

Need to know how to get to a park?

An interactive map is available online at <u>bendparksandrec</u>.org and a print map is available at our facilities.

For additional information on parks and trails, visit bendparksandrec.org or call 541-389-7275.



Riley Ranch Nature Reserve

PARK MAP AVAILABLE ONLINE		BALL FIELDS	BASKETBALL	DISC COLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
Al Moody Park	ADDRESS 2225 NE Daggett Ln	Ω	•			Щ	ш	T	Z	đ	•	•	2	۲ ۲	£	S	F
Alpenglow Park	61049 SE 15th St		-		•	•			•		•	•	•				
Alpine Park	61355 SW Swarens Ave								•								
Awbrey Village Park	3015 NW Merchant Way											•					
Bend Senior Center	1600 SE Reed Market Rd					•			•				•				
Bend Whitewater Park	166 SW Shevlin Hixon Dr														•		
Big Sky Park	21690 NE Neff Rd	•			•				•		•	•	•				
Blakely Park	1155 SW Brookswood Blvd		•									•	•				
Boyd Park	20750 NE Comet Ln		•								٠	•		٠			
Brooks Park	35 NW Drake Rd						•								•		
Canal Row Park	1630 NE Butler Market Rd								•		•	•		•			
Columbia Park	264 NW Columbia St							•			•	•	•		•		
Compass Park	2500 NW Crossing Dr								٠		٠	•	•				
Discovery Park	1315 NW Discovery Dr				•				•		•		•				
Dohema River Access	35 NW Drake Rd														•		
Drake Park	777 NW Riverside Blvd						•						•		٠		
Eagle Park	62891 NE Nolan St										•	•		•			
Empire Crossing Park	63145 Lancaster Street								•		•						
Farewell Bend Park	1000 SW Reed Market Rd						•		•		•	•	•		•		
Fieldstone Park	3750 Eagle Rd								•		•	•		•			
First Street Rapids Park	1980 NW First St						•		•				•		•		
Foxborough Park	61308 Sunflower Ln		•									•		•			
Gardenside Park	61750 Darla Pl										•	•		•			
Goodrich Pasture Park	941 NW Quimby Ave										•			•			
Harmon Park	1100 NW Harmon Blvd	•									•	•	•		•		
Harvest Park	63240 NW Lavacrest St											•		•			
Hillside I Park	2050 NW 12th St		•		•							•	•				
Hillside II Park	910 NW Saginaw Ave								•								
Hixon Park	125 SW Crowell Way																



Miller's Landing Park River Access



Ponderosa Park Skatepark



Drake, Harmon & Pageant Parks

		BALL FIELDS	BASKETBALL	DISC GOLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
PARK NAME	ADDRESS					Щ	ш	т 	Z		٩	<u>с</u>		œ	œ	ິ 	н
Hollinshead Park	1235 NE Jones Rd				•	•							•				
Hollygrape Park	19489 SW Hollygrape St											•	•				
Jaycee Park	478 Railroad St		•									•		•			
Juniper Park	800 NE 6th St	•						•	•		•	•	•				•
Juniper Swim & Fitness Center	800 NE 6th St					•							•				
Kiwanis Park	800 SE Centennial Blvd	•	•								•	•		•			
Larkspur Community Center	1600 SE Reed Market Rd											•					
Larkspur Park	1700 SE Reed Market Rd		•					•	•		•	•	•				
Lewis & Clark Park	2520 NW Lemhi Pass Dr		•									•					
Little Fawn Park	61012 Parrell Rd		•						•		•	•		•			
McKay Park	166 SW Shevlin Hixon Dr						•						•		٠		
Miller's Landing Park	55 NW Riverside Blvd						•				•		•		•		
Mountain View Park	1975 NE Providence Dr		•									•		•			
Northpointe Park	63800 Wellington St											•		•		•	
Orchard Park	2001 NE 6th St		•								•	•		•			
Overturf Park	475 NW 17th St				•			•	•			•					
Pacific Park	200 NW Pacific Park Ln						•										
Pageant Park	691 NW Drake Rd						•								•		
The Pavilion	1001 SW Bradbury Way					•										•	
Pilot Butte Neighbor- hood Park	1310 NE Highway 20	•									•	•	•				
Pine Nursery Park	3750 NE Purcell Blvd	•		•	•		•		•	•	•	•	•				
Pine Ridge Park	61250 Linfield Ct										•	•		•			
Pioneer Park	1525 NW Wall St						•				•		•				
Ponderosa Park	225 SE 15th St	•	•		•					•	•	•	•			•	
Providence Park	1055 NE Providence Dr		•									•		•			
Quail Park	2755 NW Regency St		•						•	•	•	•		•			
Riley Ranch Nature Reserve	19975 Glen Vista Rd						•		•				•		٠		
River Canyon Park	61005 Snowbrush Dr								•								
River Rim Park	19400 Charleswood Ln								•						٠		
Riverbend Park	799 SW Columbia St						•				•		•		•		

	PARK NAME	ADDRESS	BALL FIELDS	BASKETBALL	DISC GOLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
	Riverview Park	225 NE Division St								•								
	Rockridge Park	20885 Egypt Dr			•					•		•	•	•			•	
The second second	Sawyer Park	62999 O.B. Riley Rd						•		•				•		•		
	Sawyer Uplands Park	700 NW Yosemite Dr								•			•					
Non and	Shevlin Park	18920 NW Shevlin Park Rd					•	•		•		•		•		•		
TA D	Skyline Sports Com- plex Park	19617 Mountaineer Way	•									•	•	•				
AT THE A	Stone Creek Park	61531 Stone Creek Ln								•		•			•			
The state	Stover Park	1650 NE Watson Dr	•										•	•				
A STAR	Summit Park	1150 NW Promontory Dr		•						•								•
a real state and the second	Sun Meadow Park	61150 Dayspring Dr		•								•	•		•			
	Sunset View Park	990 NW Stannium Rd								•								
A A A A A A A A A A A A A A A A A A A	Sylvan Park	2996 NW Three Sisters Dr								•			•					•
	Three Pines Park	19089 Mt Hood Pl											•					
	Wildflower Park	60955 River Rim Dr										•	•					
Pine Nursery Park Disc Golf	Woodriver Park	61690 Woodriver Dr		•									•		•			

Park & Trail Rules & Regulations

These rules are in place for the safety and enjoyment of all park users. Park users are responsible for knowing and following all park rules. This is a partial list. For the full rules and regulations text, call 541-389-7275 or visit our website at bendparksandrec.org.

For non-emergency police matters, call 541-693-6911.

For emergencies, dial 911.

- Parks and trails are open 5:00 a.m. to 10:00 p.m. daily.
- City ordinances require that dogs must be on leash at all times within the city limits (except at designated off-leash areas) and their waste properly removed. Dog "rest stops" along the trails and in the parks provide you with disposal bags and trash cans. Dogs are allowed in all parks except for Riley Ranch Nature Reserve.

- Do not litter. Trash cans are located throughout the park system.
- Vehicles must remain on roadways or in parking areas. No parking on district property between 10:00 p.m. and 5:00 a.m.
- No camping, smoking or fires allowed. Alcoholic beverages allowed by permit only.
- Feeding geese, ducks, other waterfowl and wildlife is not allowed.
- Removing vegetation is not allowed.
- Propane cook stoves are allowed; charcoal grills are not allowed.
- Metal detectors allowed by permit only.
- The use of airborne projectiles, including golf and archery, is not allowed.
- Sales and concessions are allowed by permit only.

Trail Use:

- Some sections of the trail are on private property. Please stay on the designated trail.
- Areas along the river are sensitive wildlife habitat. Please do not walk along the river bank.
- Bicyclists are not allowed on some sections of the trails or in Riley Ranch Nature Reserve. Please observe pedestrian-only sections.
- No motorized vehicles allowed on trails.



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