

How to Install the BPRD Fitness App & Create Your Accounts

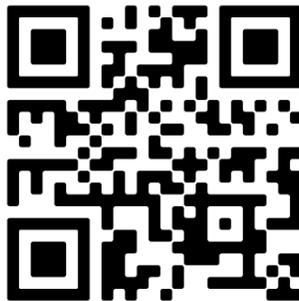
These instructions are to get started with setting up the BPRD Fitness App and creating an account for the app.

The BPRD Fitness App enables you to track your workouts, share workout data with other apps & devices, set up a list of favorite workouts, create goals and participate in challenges. It also provides a connection to Advagym and a QR (quick response) code reader.

Both the app and the account are free. To get started you will need a smart phone with access to the internet.

A. How to Install the BPRD Fitness App on your smart phone:

1. Go to this link or scan the QR Code below. <https://7f8jc.app.link/bprd>

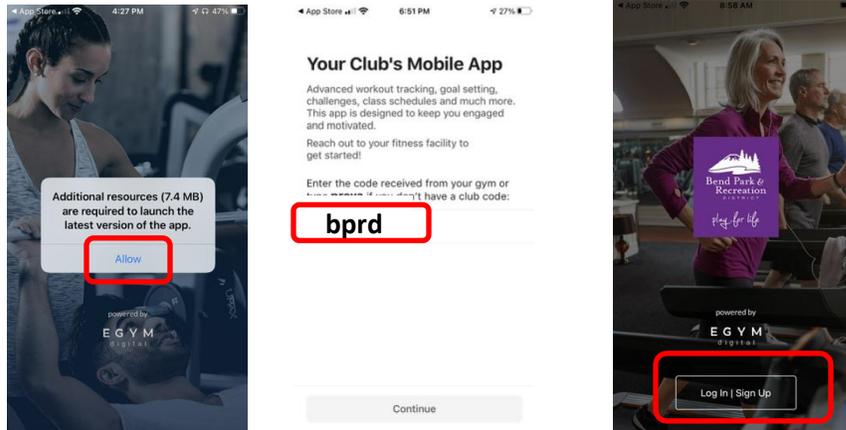


2. You should see the following:

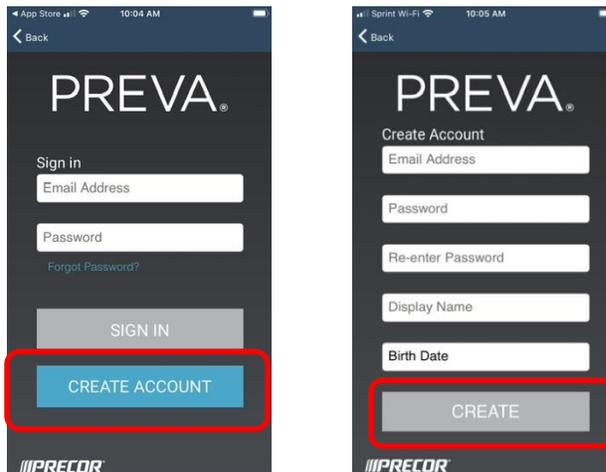


3. Choose the App Store for Apple iPhones & iPads or Google Play for Android phones. Tap on GET or the download icon . The app will load  then tap **Open**.

4. Please tap **ALLOW** to provide resources for the app. Then you will see the BPRD logo screen, please tap Log In/Sign Up. If you are prompted for a club code please use **bprd**.



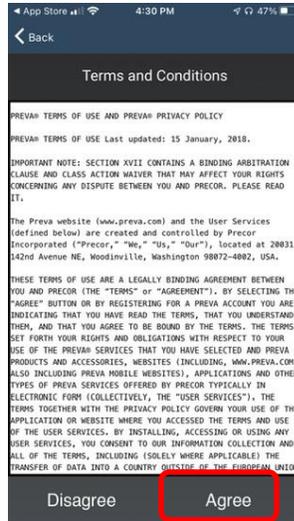
5. Please tap on the **Create Account** blue button at the bottom of the screen. You will see the Create Account screen:



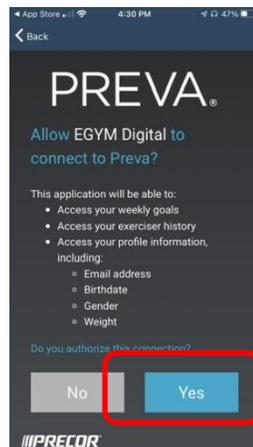
6. Enter the following information:

- a. **Email address** – will also be your account id and be used for communication. This address will not be used for marketing or shared with other parties for advertising.
- b. **Password** – this must be between 8-20 characters with one uppercase letter, one number and one special character. On the next box please re-enter the password to verify it. **Please make a note of your password.**
- c. **Display Name** – this will be the name on the fitness equipment screen when you log in, it can be your first name, your initials or a nickname. Limit 12 characters.
- d. **Birthdate** – this is used to determine your age which will be used for heart rate and workout recommendations. Simply slide the Month, Date & Year up or down to select.

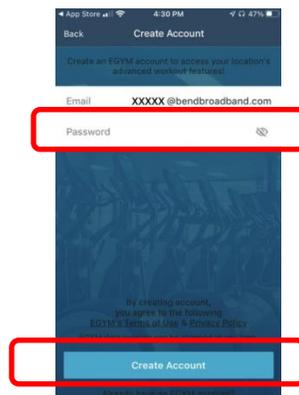
7. Click on the Create button. Please **AGREE** to the Terms and Conditions of the User Agreement.



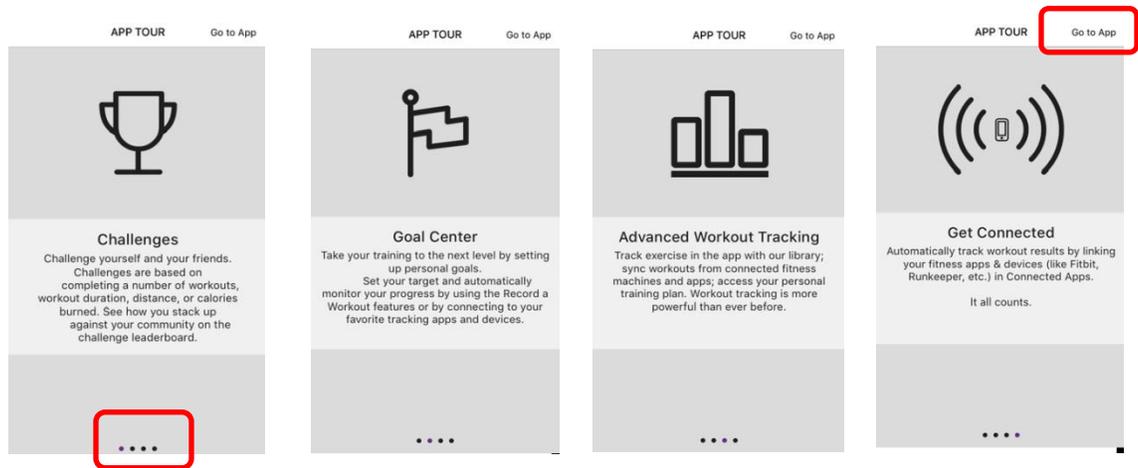
8. EGYM Digital Connect – this is used to pass your data to and from the fitness equipment to the cloud so you can access it on your phone. Please tap **YES** to proceed.



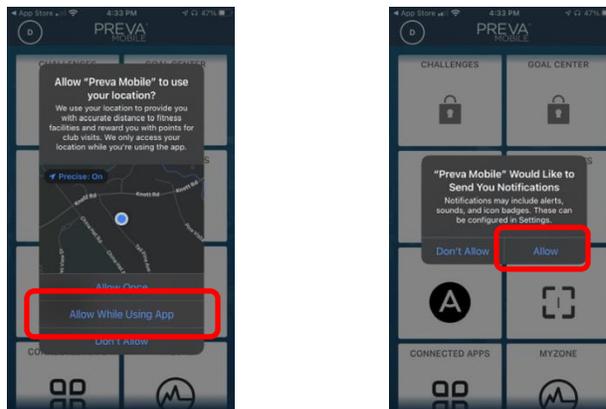
9. EGYM will create a linked account for you. Your email address should appear in the box above. Please **enter the same password** you created above and then tap **CREATE Account**.



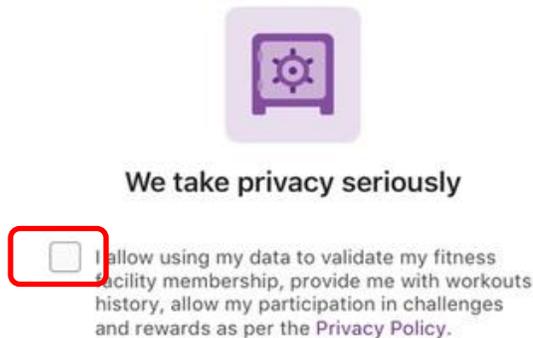
10. The BPRD Fitness App will open and you will be shown four intro screens. Scroll through them by swiping to the left. You'll see there is a lot you can do with the BPRD Fitness App!



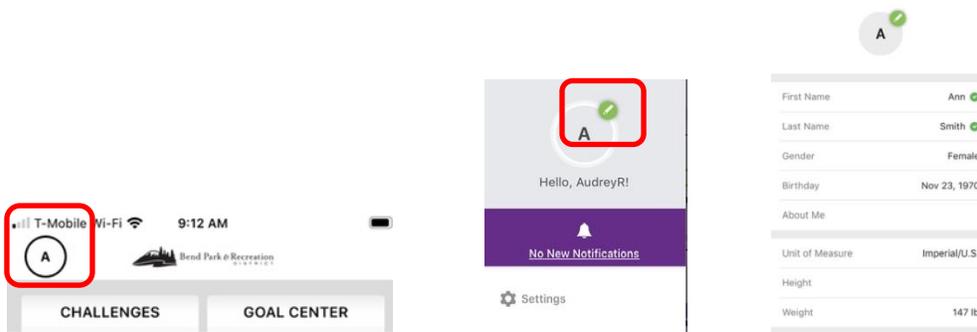
11. Tap on **Go to App** in upper right to go to the home screen. You will be asked to allow the app to use your location. Please select **Allow While Using App**. You will also be asked to **Allow** the app to send you Notifications. Please choose your preference.



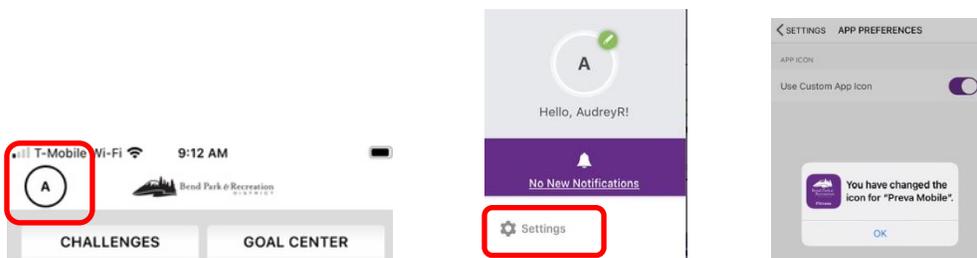
12. Please tap on any tile to see the security message. Check the box and tap OK to continue.



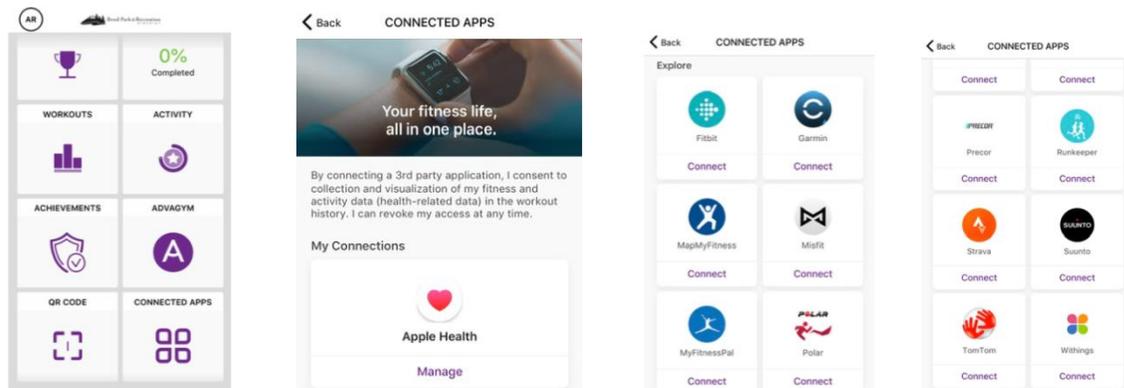
13. To verify your personal information, please tap your initial in the upper right. Then tap the edit pencil (upper right). Please make sure your information is correct. Then tap SAVE in the upper right.



14. One last item – again please tap your initial in the upper right. Then tap SETTINGS. Next tap APP Preferences and turn on the option to use the custom icon settings.



15. You can also have the app include fitness data from other sources. Simply tap on the Connected Apps tile and link those apps you are currently using.



Now you are ready to come into one of our facilities (Juniper Swim & Fitness Center or Larkspur Community Center) and start using the app to track workouts at Bend Park & Recreation District.

Thank you for setting up the BPRD Fitness App and your accounts. If you have any questions or need further assistance please contact Customer Service at 541-388-1133 or 541-389-7275 or email us at info@bendparksandrec.org. For more information go to:

<https://www.bendparksandrec.org/fitness-swim/fitness-centers/?tab=6>