

SUMMER 2023
REGISTRATION
OPENS
MARCH 20 - 22
@ 6:00 A.M.

your playbook

online edition

Tips for
Registration
pages 6 -7

SUMMER PROGRAM STAGGERED OPENING:

Mid-June - August programs
& summer/fall sports leagues

MONDAY, MARCH 20, 6:00 A.M.:

Recreation, enrichment
& sports camps & programs

TUESDAY, MARCH 21, 6:00 A.M.:

Swim lessons & aquatics programs

WEDNESDAY, MARCH 22, 6:00 A.M.:

Sports leagues

play for life

CONTACT US



phone: (541) 389-7275



email: info@bendparksandrec.org



website: bendparksandrec.org

ADMINISTRATION & RECREATION SERVICES

799 SW Columbia St. • p. (541) 389-7275

Hours, holidays and more available online at:
bendparksandrec.org

ART STATION

Art Station classes are currently relocated to Harmon Park Clay Studio, Larkspur Community Center and some school locations.

Learn more in Adult Art and Youth Art sections.

p. (541) 389-7275

JUNIPER SWIM & FITNESS CENTER

800 NE 6th St. • p. (541) 389-7665

Hours, holidays, fees and more available online at:
bendparksandrec.org/juniper

Facility details on page 79.

LARKSPUR COMMUNITY CENTER HOME OF THE BEND SENIOR CENTER

1600 SE Reed Market Rd. • p. (541) 388-1133

Hours, holidays, fees and more available online at:
bendparksandrec.org/larkspur

Facility details on page 80.

PARK SERVICES

1675 SW Simpson Ave. • p. (541) 388-5435

Hours, holidays and more available online at:
bendparksandrec.org

THE PAVILION

1001 SW Bradbury Way • p. (541) 389-7588

Hours, holidays, fees and more available online at:
bendparksandrec.org/pavilion

Facility details on page 81.



summer 2023 | online edition

Welcome to “Your Playbook.” You’re invited to play, learn and thrive in the many recreation programs, facilities, parks and trails available to you this season. Whether you are one, one hundred or somewhere in between, the Bend Park & Recreation District is your place for play.

Bienvenido a su Revista de Actividades Recreativas “Playbook.” Los invitamos a participar, aprender y crecer de manera sana en muchos de los programas de recreación, centros de recreación, parques y senderos disponibles durante esta estación del año. Bend Park & Recreation District es el lugar de recreación ya sea para una persona, cientos o menos.

VISION STATEMENT: To be a leader in building a community connected to nature, active lifestyles and one another.

MISSION STATEMENT: To strengthen community vitality and foster healthy, enriched lifestyles by providing exceptional park and recreation services.

BOARD OF DIRECTORS:

Debra Schoen, Board Chair • Nathan Hovekamp, Vice-Chair • Jodi Barram • Xavier Borja • Donna Owens

BUDGET COMMITTEE:

Joanne Mathews • Daryl Parrish • Corey Johnson • Cara Marsh-Rhodes • Cary Schneider

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FOLLOW US:

Facebook - Bend Park & Recreation District, Servicios en Español de Bend Park and Recreation District, Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion, Bend Whitewater Park, Art Station and Bend Senior Center.

Instagram - bendparks, juniperswimandfitness, larkspurcommunitycenter and thepavilioninbend.

Twitter - Bend Park & Rec (@bendparksandrec)

INCLUSION: The Bend Park & Recreation District is committed to making all of our programs, facilities, services and activities accessible to everyone. If you feel that you or your child may require auxiliary aid or special accommodations to participate, let us know at the time of registration. We will work with you in order to make safe and respectful accommodations. For more information or an activity assessment, contact Therapeutic Recreation at (541) 706-6121.

SERVICIOS DISPONIBLES PARA LA COMUNIDAD LATINA | LATINO OUTREACH SERVICES:

Comuníquese con Kathya al Tel. (541) 706-6190
Contact: Kathya Avila p. (541) 706-6190
kathya@bendparksandrec.org

COVER: It's all smiles as a BPRD Therapeutic Recreation hiking group is out chasing waterfalls.



here comes summer



The summer season brings back memories of childhood and recent adventures in equal parts.

For families planning their summer, our Summer Camp Finder tool has nearly 100 offerings and options for reviewing by age levels, for specific weeks or full-day or partial-day options. These include our Operation Recreation and PAC programs, as well as many topics that appeal to specific interests. Take a look on pages 26 - 29.

Adults can join a team or go solo with sports options including pickleball, kickball, fall softball and golf. There's also stained-glass garden art classes and cooking programs with all the season's best harvest ingredients. And art and swim lessons are year-round favorite activities that continue through the summer season.

River recreation will be busy again this summer with a significant project completed just in time at Drake Park. The Deschutes River Trail is being extended with a new board walk to connect under the Newport Ave. bridge to Pacific Park; the riverbanks habitat along Mirror Pond is being improved, and the beach area at the park is enlarged with a courtyard area. The project will be completed by summer and is long-awaited.

The BPRD team hopes to be part of your summer activities. Enjoy the program offerings as you plan for warmer, longer days ahead.

Best,

Don Horton, Executive Director
don@bendparksandrec.org

INTRODUCTION

Contact Us.....	2
Letter from Executive Director	3

REGISTRATION, REFUND/CANCELLATION POLICY & SCHOLARSHIPS

How to Register	4
Refund & Cancellation Policy	5
Recreation Scholarships	5
Opening Day Registration Tips	6 - 7
Rentals.....	8

ADULT RECREATION

Adult Activities.....	9 - 13
Adult Art	14 - 17
Adult Sports.....	18 - 20
Adult Swimming.....	21

THERAPEUTIC RECREATION

Youth & Adult.....	22 - 25
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YOUTH RECREATION

Summer Camp Finder	26 - 29
Young Children.....	30 - 33
Youth Activities.....	34 - 44
Youth Art	45 - 47
Youth Outdoors.....	48 - 51
Youth Sports.....	52 - 64
Youth Swimming & Fitness	65 - 70

RECREATION CENTER DROP-IN ACTIVITIES

Fees & Passes	72 - 73
Roller Skating,	74
Open Recreation & Lap Swim	75
Fitness Classes.....	76 - 77
& Fitness Center Use	
Older Adult Social Activities.....	78

RECREATION CENTERS

Juniper Swim & Fitness Center	79
Larkspur Community Center.....	80
The Pavilion	81

LOCATIONS & PARKS

Program Locations	82
Park Features & Locations.....	84 - 85



Mark Your Calendar:

Summer 2023
registration
opens
March 20 - 22.

how to register

Summer 2023 Registration

Summer 2023 registration opens for mid-June - August programs and summer/fall sports leagues:

- **Monday, March 20, 6:00 a.m.:** Recreation, enrichment and sports camps and programs including all summer camps.
- **Tuesday, March 21, 6:00 a.m.:** Swim lessons and aquatics programs.
- **Wednesday, March 22, 6:00 a.m.:** Sports leagues including adult cornhole, adult fall softball, adult golf, adult kickball, adult roller hockey, youth flag football, kindergarten soccer, youth soccer and middle school tennis leagues.

Once opened, registration is ongoing throughout the season.

About Opening Days

When program registration opens, there can be very high demand for certain activities and a high volume of traffic on the BPRD registration website. To be prepared, please read our tips on pages 6 - 7.

Registration Options

If you are not able to register online, you can register in person at Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion or the BPRD District Office. If you need further assistance, call Customer Service at (541) 389-7275.

REGISTER ONLINE:

<https://register.bendparksandrec.org>

New Accounts

You can go online or come in person to create a new account. New accounts created online must be verified for district residency and accuracy. NOTE: This process is normally completed in 24 hours.

Out-of-District Fee Policy

Out-of-district residents do not pay property taxes that support the district and will be charged an additional 20% for most programs. If you need help determining if you live inside the district boundaries, call us at (541) 389-7275.

Online Registration Instructions

1. Click on the "Register" link on our website or go directly to: <https://register.bendparksandrec.org>

REGISTER

Enter your email and password. You already have an account if you have recently participated in a program or have a pass at Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion or Bend Senior Center. The default password is your last name (first letter capitalized) unless you set it up differently.

2. Make sure all family members are added with correct birth dates and genders.
3. You can select/search for activities in one of three ways:

- > **Activity Number (Fastest)** - Enter the activity number (first six digits) in the box. Click on the Search button. The activity numbers are printed in this guide.

- > **Type or Category** - Simply click on the name for the types of programs that interest you. Scroll down to view all the programs offered.

You can further refine the search using the options at the top of the screen. These include day of week, age, gender and month.

Waitlists

If the registration for a program is listed as "full," be sure to add your name on the waitlist.

This important step lets us know you are interested if an opportunity becomes available.

If you are on a waitlist, be sure to check emails regularly for any notifications about activity openings.

Once a notification email is sent to you, you have 48 hours to respond and register, otherwise your held spot is forfeited.

Being on the waitlist does not guarantee placement in a program or commit you to participating.



Refund & Cancellation Policy

You may cancel a program at any time and are encouraged to do so as soon as possible to make space available for others. Credits and refunds will be granted as follows:

- Within 48 hours of registering: 100% of program fee.
- 15 days or more before program start date: 90% of program fee.
- 7 - 14 days before program start date: 75% of program fee.
- 6 days or less before program start: No credit or refund. It is extremely difficult to fill cancelled spaces with short notice.
- After start date: No credits, refunds or prorating of fees will be given for missed portions or early withdrawals.

Online Cancellations

If you need to cancel a registration, you can do so online.

Learn how to cancel on the [Cancellation Policy & Instructions web page](#).

Recreation Scholarships

We believe that everyone should have the opportunity to participate in recreation activities. Financial need-based scholarship assistance is available to qualifying individuals for many recreation programs. The goal is to remove financial barriers for community members with limited financial resources.

In the past year, more than 1,200 individuals and families have participated in programs with support that provides safe, enriching activities and contribute to a physically active community.

ABOUT SCHOLARSHIPS:

- Visit bendparksandrec.org/scholarship to download application forms or pick up an application at the district office or recreation facilities.
- You may submit your application at any time; allow at least one week for processing prior to registering for an activity.
- Scholarships can be used by children, adults and families for most recreation programs and facility passes.
- Scholarship assistance ranges from 25 percent to 75 percent of the regular fee, depending on the applicant's level of need, and the specific activity or program.
- Eligibility is based on household income and number of dependents living in the household, and aligns with the Federal Poverty Guidelines and other assistance programs. Generally, you may be eligible for scholarship assistance if your household qualifies for SNAP, TANF or Oregon Health Plan.
- Scholarships are valid for one year. You must reapply for renewal.

CLICK TO
LEARN MORE ABOUT
& APPLY FOR
RECREATION
SCHOLARSHIPS



Everyone can play. Additional support with program fees and equipment may be available through funding provided by Bend Park and Recreation Foundation.

tips for

REGISTERING ON OPENING DAYS

for an efficient & successful registration

Registration opening days are by far the busiest transaction days of the year at Bend Park & Recreation District. As our community grows, so has the amount of registration activity during the first hours a season's programs are made available.

So, to help everyone have the best experience possible, we've made improvements including staggered registration opening, upgraded technology and a virtual waiting room.

Read on to learn our tips and best practices for registering on opening day to help you find success.

**REGISTER
ONLINE:**

[https://register.
bendparksandrec.org](https://register.bendparksandrec.org)



REVIEW YOUR ACCOUNT

First things, first...make sure your BPRD account profiles and payment methods are up to date and ready to go:

1. Click on the "Register" link on the BPRD website or go directly to: <https://register.bendparksandrec.org>
2. Enter your username and password. You already have an account if you have previously participated in a program or have a pass at Juniper Swim & Fitness Center, The Pavilion or Larkspur Community Center/Bend Senior Center. The default username is your email address and the default password is your last name (first letter capitalized) unless you set it up differently.
3. Go to "My Account" followed by "Update: Household & Member" and make sure all family members are in your account with correct birth dates and genders. If needed, add a new household member or new person for child pickup by clicking on the buttons at the bottom of the page. Also review, and if needed, update your account address, phone, email and personal information.

Once you've ensured your account is up to date, it's go time.

SET UP FOR SUCCESS

A few important recommendations:

1. Create a list of your priority activities and programs. More on that below.
2. Registration works best on a desktop computer or laptop. While you can use a mobile device, it's not the most efficient and some mobile devices with older apps or operating systems can have conflicts.
3. Use one web browser window with one tab open for registration. That one window and tab should be on the registration page. Close all other windows and tabs when it's time to register.
4. Be patient. You will likely need to wait in line in the virtual waiting room until it's your turn. If during registration your screen slows down dramatically or you see the spinning circle, it means the system is processing your request. Do not refresh your screen nor open another window, tab or computer - you will disrupt that process and likely lose your transaction.

BEFORE OPENING DAYS

- View the programs on the online Playbook or linked to the registration website homepage and make a note of the Activity numbers for the programs you want. One exception in the Playbook is Youth Swim Lessons - click the link in the online Playbook to view the offerings and Activity numbers.
- Have program Activity numbers (first 6 digits) ready when registration begins. Most of the Activity numbers are published in the online Playbook and are all available in the online program preview.
- Another method is to use the "Wishlist." Add the programs you want to your "Wishlist" in your account. At registration opening, you can go to your "Wishlist" and check availability of those specific programs, then add them to your shopping cart. As backup, it can be helpful to take a screenshot of your "Wishlist."
- Whether your list is on paper or digital, keep that list handy for registration opening day.
- Note programs that are a priority to you and your household.

Summer 2023 Registration Opening

Summer 2023 registration opens for mid-June - August programs and summer/fall sports leagues:

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- **Tuesday, March 21, 6:00 a.m.:** Swim lessons and aquatics programs.
- **Wednesday, March 22, 6:00 a.m.:** Sports leagues including adult cornhole, adult fall softball, adult golf, adult kickball, adult roller hockey, youth flag football, kindergarten soccer, youth soccer and middle school tennis leagues.

Once opened, registration is ongoing throughout the season.

ON OPENING DAYS: MARCH 20, 21 & 22

1. Log into your BPRD account. If you log on before 6:00 a.m., you and any others will be randomized at 5:59 a.m. After 6:00 a.m., the line will form one after another just like in person at the movie theater. The wait time may vary, but knowing how many are ahead of you will allow you to plan your morning.
2. Wait for your turn. The virtual waiting room is automated and there's nothing you need to do. If your computer or browser window unintentionally close or shut down, don't panic. Just turn the same device and browser back on and a helpful "cookie" will remember you and your place in line.
3. When it's your turn, add programs to your cart and register. The shopping and registration experience is consistent with past seasons. Use your "Wishlist" and click "Check Availability" or enter Activity #s to add to your shopping cart.
4. Starting with your priority programs, type the Activity number in the search bar and click search.
5. Click the + (plus symbol) on the left to select the Activity.
6. Note the green bar at the bottom of the screen and click "Add To Cart."
7. Confirm details/waivers/etc. for each of the participants.
8. If you have other priority programs you'd like to enroll in, click on the "Continue Shopping" button. Repeat above steps from entering in Activity number to adding the program into your cart. You can have multiple programs in your cart.
9. Once your priority activity or activities are in your cart, check out promptly so you get into the programs you want and your session isn't accidentally timed out due to inactivity. Important: your transaction must be completed before your enrollment is confirmed.
10. Look for your confirmation email.
11. After you've registered for your priority programs, now is the time to go back and shop for the programs that weren't your top priority, repeating the above steps.
12. When you complete your transaction(s), log out of your account. This step helps the virtual waiting room allow others in for their turn.

ACTIVITY SEARCH

Type your 6 digit Activity Number in the space below then click on the Search button.

Search

Select	Activity #	Ages	Description
<div><div></div></div>	208103-20	6-17	With A Child: I

A virtual waiting room, Queue-it will be implemented on the mornings of March 20 - 22 to help control traffic to the registration website.

ABOUT THE

VIRTUAL

WAITING ROOM

Queue-it is a virtual waiting room that serves as a line for our online registration process. It's automatic if you're on the registration website at opening, so there's nothing needed for you to do! Queue-it will display how many shoppers are in line in front of you and you will see the number get smaller until it is your turn.

Patience is appreciated as you wait. By providing information about how many others are in line ahead of you, it should help the morning go smoother.

High demand is still expected, but with three days of staggered registration programs, it will be a smaller number of programs being registered on each morning.

Thank you for your cooperation.





Aspen Hall



Hollinshead Barn



The Pavilion



Picnic Shelter at Rockridge Park

Park & Facility Rentals: For Your Next Event



Consider a Bend Park and Recreation District facility or park for your special celebration, meeting or event. Offering a variety of buildings and places, BRPD has the rental spaces available to match your event needs.

ASPEN HALL is located in beautiful Shevlin Park, just minutes from downtown. The hall features open-beamed ceilings, polished concrete floors with wood-framed windows and a full kitchen. Doors open out to a beautiful patio, towering pines, lawn and shimmering pond.

HOLLINSHEAD BARN rests in a lush park in the heart of Bend. The two-story barn combines the charm of its historic origins with a cozy, intimate atmosphere. Inside, the barn has gorgeous wood floors and an ADA-accessible elevator to the second floor. The outdoor space features a fenced-in lawn, two patios and outdoor benches.

RIVERBEND COMMUNITY ROOM is located in the District Office and available for presentations, meetings or small events fall through spring. The room opens up to an outdoor plaza overlooking Riverbend Park.

THE PAVILION welcomes groups for birthday parties and other special events. Bring the gang for open skate and rent the party room. In addition, the entire facility is available in the non-ice season.

LARKSPUR COMMUNITY CENTER welcomes groups for large gatherings, celebrations, meetings and other events. The event space features a maple hardwood floor, abundant natural light, high ceiling and a full commercial kitchen.

PARKS & SPORTS FIELDS are available for rent. Fees are based on the size of your group, park amenities, type of function and duration of your event. Sports fields are available for rent seasonally from April 1 to October 31.

PARK PICNIC SHELTERS are a great option for a variety of events, including company picnics, birthday parties, family gatherings, weddings, receptions and more. Fees are based on the size of your group, park amenities and type of function.

ART, SKATE & POOL PARTIES can be great options for birthday parties and other celebrations. Held at recreation centers, activity-based parties are available for children and adults. View recreation center web pages at bendparksandrec.org to learn more.

Visit bendparksandrec.org
or call (541) 706-6149
for rental details
and reservations.



play together



Cooking & Baking

Pâte à Choux French Pastry

NEW

Ages: All Adults

Larkspur Community Center

Cream puffs, profiteroles, eclairs, oui, oui! Learn how to make a simple, versatile dough called Pâte à Choux - a French pastry kitchen staple. In this hands-on class, you will be introduced to the wonderful world of Pâte à Choux. If you were in a pastry program at a culinary school, this is one of the first things you would learn to master. Instructor: Andy Hatz.

\$79.00 ID \$94.80 OD

Activity: [202250](#) - Opens Mar. 20

Sa: 1:00 - 3:30 pm

Session: 6/24

Entertaining With Charcuterie Boards

Ages: All Adults

Larkspur Community Center

Impressive and delicious, charcuterie boards can be appetizers, whole meals, tailgate picnics, and the star of wine-pairing parties and are often themed such as Mediterranean, Italian, French or vegan foods. Come learn the fundamentals of designing an outstanding board and have fun creating your very own. Instructor: Suzanne Landry.

\$79.00 ID \$94.80 OD

Activity: [202212](#) - Opens Mar. 20

W: 5:00 - 7:30 pm

Session: 6/28

Cooking With Fresh Herbs & Spices

Ages: All Adults

Larkspur Community Center

Using fresh herbs and dried spices can make a dish memorable. Learn how to purchase, store and use them in entrees, soups, salads and veggie dishes. We will cover the difference between herbs vs. spices; subbing fresh for dried; flavor families of international cuisines; and essentials in your spice rack. Enjoy many recipes from soups, entrees, sides and desserts. Instructor: Suzanne Landry.

\$79.00 ID \$94.80 OD

Activity: [202213](#) - Opens Mar. 20

W: 5:00 - 7:30 pm

Session: 7/12



Learn + play.

This section of classes is designed for those of us of a certain age. As adults, it's important to implement both discovery and play in our lives. Lifelong learning helps keep our brains fresh and play helps us feel young. And who doesn't want that?



Learn to Make Goat Cheese

NEW

Ages: 16 & up

Larkspur Community Center

Chèvre (pronounced "SHEV-ruh" or sometimes simply "SHEV") is the French word for a female goat, but in the culinary arts, it refers to cheese made from goat's milk. In this class you will learn how to make soft goat cheese using pasteurized goat's milk. The simplicity of making soft, fresh Chèvre cheese cannot be under emphasized. You will learn the ins and outs of choosing the appropriate dairy source, flavorings, cultures and rennet. This process will take you from start to finish in a fun-filled and informative class setting. Instructor: Elizabeth Guerin.

\$79.00 ID \$94.80 OD

Activity: [202220](#) - Opens Mar. 20

Sa: 1:00 - 3:30 pm

Session: 7/22

Perfect Pie

Ages: All Adults

Larkspur Community Center

Whether you're a seasoned baker or barely know your way around the kitchen, we'll get you up to speed on the fundamentals of making pie in no time. As we make a seasonal fruit pie in this class, you'll learn the tips and tricks for a tender, flaky crust and how to avoid the dreaded soggy bottom crust. Instructor: Andy Hatz.

\$79.00 ID \$94.80 OD

Activity: [202239](#) - Opens Mar. 20

Sa: 1:00 - 3:30 pm

Session: 7/29

Preserves & Jams Class

NEW

Ages: All Adults

Larkspur Community Center

Turn the sweet, tasty summer harvest into delectable eats year-round! Learn what constitutes a jam and how it differs from a preserve or jelly. We will cover the basics and make a simple recipe for homemade jam. Instructor: Andy Hatz.

\$79.00 ID \$94.80 OD

Activity: [202233](#) - Opens Mar. 20

Sa: 1:00 - 3:30 pm

Session: 8/5

Summer Fruit Desserts

NEW

Ages: All Adults

Larkspur Community Center

This is the best time of the year to prepare fresh fruit desserts! Using fruits that are in season and other natural ingredients, we'll make quick delicious desserts and breakfast treats. Get ready to enjoy the aromas and flavors of summer's bounty. Instructor: Suzanne Landry.

\$79.00 ID \$94.80 OD

Activity: [202216](#) - Opens Mar. 20

W: 5:00 - 7:30 pm

Session: 8/9

"Corn" ucopia

NEW

Ages: All Adults

Larkspur Community Center

Fresh corn off the cob - a summer favorite! In this class, we will discuss the wide varieties of corn and corn products available, their uses and the many nutritional benefits of eating corn. All of the ingredients we'll be using are natural and fresh. Come and enjoy. Instructor: Suzanne Landry.

\$79.00 ID \$94.80 OD

Activity: [202227](#) - Opens Mar. 20

W: 5:00 - 7:30 pm

Session: 8/23

With A Child: Cooking & Baking

With A Child: Let's Make Pizza

Ages: 8 & up with Adult

Larkspur Community Center

Grab your buddy and let's make pizza together! We'll start from the bottom up to create your very own personal pizza. Your artisan bread-baking instructor will walk you through each step, from perfect pizza dough to the finishing touches. Learn the dough basics from thick to thin crusts and achieving that authentic flavor. Bring an apron, rolling pin, and pizza pan or cookie sheet - along with your appetite! Note: This is not a gluten- or dairy-free class. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Elizabeth Guerin.

\$69.00 ID \$82.80 OD

Activity: [202258](#) - Opens Mar. 20

Sa: 1:00 - 3:00 pm

Session: 6/17



With A Child: Marshmallow Madness

NEW

Ages: 8 & up with Adult

Larkspur Community Center

Let's whip up some sweet, fluffy, homemade marshmallows. Join us as we put together a few basic ingredients and learn to make marshmallow magic and how to vary flavorings to create original marshmallow treats. Bring an apron and a 9x9 baking pan to take home your final confection creation. Instructor: Elizabeth Guerin.

\$69.00 ID \$82.80 OD

Activity: [202260](#) - Opens Mar. 20

Sa: 1:00 - 3:00 pm

Session: 7/15

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.



With A Child: Fun Summer Salads NEW

Ages: 6 & up with Adult
Larkspur Community Center

Summer is a fantastic time to use all the produce available to Central Oregon. Kids will build their own salads and create easy dressings from scratch. Pile on a variety of veggies and other ingredients and watch them create their own mouth-watering salads. We will be using proteins, whole grains, legumes, nuts, seeds and tofu to enrich these delicious salads that satisfy. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Suzanne Landry.

\$69.00 ID \$82.80 OD

Activity: [202237](#) - Opens Mar. 20

W: 5:00 - 7:30 pm

Session: 7/26

With A Child: Scones NEW

Ages: 8 & up with Adult
Larkspur Community Center

In this great hands-on class for beginning bakers, you'll learn the basics of measuring, mixing and baking your own scones. We will teach you the key steps to making flaky, tender scones including how to properly cut the butter into the flour - with results that are likely to create new scone lovers in your life. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Andy Hatz.

\$69.00 ID \$82.80 OD

Activity: [202261](#) - Opens Mar. 20

Th-F: 4:00 - 6:00 pm

Session: 8/10

Dancing

Social & Club Dancing

Ages: All Adults
Larkspur Community Center

This class is for beginners and those wanting to refresh their skills. Whether your preference is the Bachata or Smooth Waltz dancing, this fun class will show you all the smooth moves of partner dancing so you look and feel confident on the dance floor. Make new friends! Learn new steps! No partner needed and absolute beginners are always welcome. Instructor: Barry Jost.

\$59.00 ID \$70.80 OD

Activity: [202140](#) - Opens Mar. 20

W: 6:00 - 7:00 pm

Sessions: 6/7 - 28 - Bachata
7/12 - 8/2 - Smooth Waltz



Music & Voice

Beginning Ukulele I

Ages: 16 & up
Larkspur Community Center

Join the growing group of friendly folks who are having a great time playing the ukulele. Learn basic chords, progressions and strumming patterns. You'll even play popular songs at the first class. No experience? No problem! Ukuleles are available to rent from the instructor. Baritone Ukuleles will not be covered in this class. Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD

Activity: [202100](#) - Opens Mar. 20

M: 5:00 - 6:00 pm

Sessions: 7/10 - 31 8/7 - 28

Beginning Ukulele II

Ages: 16 & up
Larkspur Community Center

Now you are ready to learn more about your amazing ukulele! We will take you beyond beginning ukulele and emphasize new strumming and picking techniques while learning to play more advanced chords. Soon you will play the songs you love. You are going to enjoy this class as you progress your skills! Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD

Activity: [202103](#) - Opens Mar. 20

M: 6:15 - 7:15 pm

Sessions: 7/10 - 31 8/7 - 28

Beginning Guitar I

Ages: 16 & up
Larkspur Community Center

Learn the basics of playing the acoustic guitar. Topics include rhythm technique, chords, playing with others, and a little music theory. We will ensure individual attention, a fun learning environment, and plenty of opportunities to address questions. Students need to bring their own acoustic guitar. Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD

Activity: [202106](#) - Opens Mar. 20

Tu: 5:00 - 6:00 pm

Sessions: 7/11 - 8/1 8/8 - 29

Beginning Guitar II

Ages: 16 & up
Larkspur Community Center

Building off Beginning Guitar I, we will expand our knowledge base and learn to use different strum patterns. We will also incorporate picking and simple bar chords to expand our song knowledge, along with a little music theory. Improve your skills and build your confidence. Instructor: Carl Ventis.

\$49.00 ID \$58.80 OD

Activity: [202107](#) - Opens Mar. 20

Tu: 6:15 - 7:15 pm

Sessions: 7/11 - 8/1 8/8 - 29

**More
"With A Child"
classes**

Art on pages 14 - 17



Specialized Fitness & Wellness

Adult Nature Fix NEW

Ages: All Adults

Shevlin Park Aspen Meadow

Immerse yourself in the beauty of Shevlin Park - a healthy start to a summer day! Join us as you are guided in deepening your connection with nature through forest bathing and learn about the many health benefits of spending focused time outdoors. A scientific research-based practice, forest bathing has been shown to have multiple health benefits including increased immunity, reduced anxiety and depression, reduction of stress hormones and a reduction in heart rate and blood pressure, as evidenced by a systematic review published in the Journal for Environmental Health and Preventative Medicine. Ahhhhhh, so come learn more and get a healthy dose of nature.

\$55.00 ID \$66.00 OD

Activity: [207882](#) - Opens Mar. 20

Sa: 8:00 - 10:00 am

Sessions: 6/24 7/8
8/19

Nordic Walking

Ages: All Adults

Larkspur Community Center

Learn to walk with power, propulsion and purpose! One of the main benefits of Nordic walking is that it's a year-round activity you can do on a variety of terrain including asphalt, grass, dirt and indoors. You'll build strength in your upper body and core, improve your posture and burn 46% more calories than regular walking. Poles take weight off the joints and increase coordination and stabilization. Bring your own poles or borrow ours. Sessions held outside Larkspur Community Center. Instructor: Monica McClain-Smith.

\$14.00 ID \$16.80 OD

Activity: [215600](#) - Opens Mar. 20

Th: 10:30 - 11:30 am

Sessions: 7/13 8/17



Travel

For all travel tours, call Larkspur Community Center at (541) 388-1133 for an information packet or stop by Larkspur front desk and pick up tour information.

New England Rails & Trails

Ages: All Adults

Explore the beautiful fall colors of New England on this special eight-day tour. Take in the history of Boston and the beautiful White Mountains of New Hampshire. Enjoy two scenic rail journeys and highlight visits to Portland, Maine and Burlington, Vermont.

\$3,695.00 each

(dbl. occupancy, land/air/ tax from Portland)

Dates: 9/30 - 10/7, 2023



Highlights of England, Scotland & Wales

Ages: All Adults

This nine-day tour to England, Scotland and Wales will be a trip of a lifetime! Your journey starts with a two-night stay in beautiful, historic Edinburgh, Scotland where you'll take in city highlights including a Edinburgh Castle guided tour and a Scotch whiskey tour and tasting. Next, travel to York where you'll see the highlights including the beautiful York Minster and take stroll through The Shambles, York's medieval village street. In Stratford-Upon-Avon, you'll visit historic sites including Shakespeare's birthplace and Anne Hathaway's cottage, Shakespeare's wife's childhood home. In Bath, we'll visit the incredible Roman Bath Museums, and you will marvel at Stonehenge, one of the world's most incredible pre-historic sites. Our final two nights in London will be action-packed and feature many highlights including Westminster Abbey and Buckingham Palace's Changing of the Guard.

\$4,099.00 each

(dbl. occupancy, land/air/ tax from Portland)

Dates: 10/4 - 13, 2023

San Antonio Holiday

Ages: All Adults

Settle into your hotel right on the banks of San Antonio's River Walk for a wonderful four-night stay. Visit the Alamo, the birthplace of Texas, and learn the history of this unique monument. Take a cruise on the beautiful River Walk and get acquainted with this one-of-a-kind city. Visit the artist community of Fredericksburg located in the heart of Texas' hill country and visit the LBJ Ranch, the birthplace of our 36th president. We return to San Antonio's River Walk where you will take in Las Luminarias, the festival of lights, where the entire city is lit up by candlelight and Christmas displays.

\$2,475.00 each

(dbl. occupancy, land/air/ tax from Portland)

Dates: 11/29 - 12/3, 2023

For more information, call (541) 389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



Best of Australia & New Zealand NEW

Ages: All Adults

A trip of a lifetime! This inclusive journey features many great highlights of Australia and both North and South Islands of New Zealand. In Sydney, enjoy a tour of the famed Opera House, a sunset cruise in Sydney Harbour and a visit to Wildlife World to see some of Australia's unique critters. Next, we fly to Cairns in tropical North Queensland where you'll enjoy all aspects of the Great Barrier Reef. You'll see firsthand why Melbourne is considered the cultural capital on a fascinating city tour. We then fly to the South Island of New Zealand to spend three nights in beautiful Queensland on Lake Wakatipu. You'll take a breathtaking drive to beautiful Milford Sound and enjoy a scenic luncheon cruise. Next, we visit the North Island of New Zealand. In Rotorua, home to the island's unique thermal reserves and geysers, you'll enjoy a traditional Maori feast and see the famed Haka firsthand. You'll also visit Hobbiton, the Lord of the Rings movie set and home to hobbits. Your last stop is metropolitan Auckland. It's an epic 17-day bucket list trip!

\$9,195.00 each

(dbl. occupancy, land/air/tax from Portland)

Dates: 2/19 – 3/7, 2024

Best of Chicago NEW

Ages: All Adults

Stay five nights at the beautiful and historic Palmer House Hilton located in the heart of downtown Chicago. Enjoy a city tour on the famed Chicago Architectural Boat Tour on the Chicago River. Also travel to the top of the Willis Tower (former Sears Tower) for incomparable views of the Windy City. Take a trip back in time as you explore Chicago's 1930s history on the Untouchables Tour. Next, visit the home and studio of famed architect Frank Lloyd Wright. You'll also travel to Racine, Wisconsin to explore more Frank Lloyd Wright designs. And no trip to Chicago is complete without a behind-the-scenes tour of Wrigley Field, the historic home of the Chicago Cubs.

\$2875.00 each

(dbl. occupancy, land/air/tax from Portland)

Dates: 5/23 – 28, 2024



Majestic Canadian Rockies NEW

Ages: All Adults

Spend five nights in one hotel in Banff - the heart of the Canadian Rockies. Your hotel is located in the town center with easy access to all the restaurants and shops. Enjoy daily sightseeing to take in the unparalleled beauty of the majestic Canadian Rockies. Visit highlights of the area including Lake Louise, Moraine Lake, the Icefields Parkway, Yoho National Park and so much more.

\$3699.00 each

(dbl. occupancy, land/air/tax from Portland)

Dates: 7/21 – 26, 2024



Highlights of the Douro River in Spain NEW

Ages: All Adults

Travel to Porto, Portugal and embark on a seven-night cruise on the Douro River aboard the MS Amelia Rodrigues. Your ship features all outside cabins and a maximum of 128 guests. All meals and beverages are included for the duration of your cruise including wine, soft drinks, and non-premium spirits. Your ship also features complimentary Wi-Fi for sharing pictures and staying connected. In Portugal you'll enjoy tours in Porto, Vila Real, Lamego and Guimarões. You'll also enjoy a visit and city tour of Salamanca, Spain, several opportunities for wine tasting and Flamenco and Fado entertainment. This trip also offers an opportunity to extend your journey with three nights in Portugal's beautiful capital of Lisbon.

CAT E

\$5195.00 each

(dbl. occupancy, land/air/tax from Portland)

Dates: 10/21 – 29, 2024



MAKE IT
YOURSELF
.....
**FUSED GLASS
CLASSES**
.....
PAGES 15 & 17

the art of play

create yourself.

Whether you're taking classes for the first time or have been creating for years, art is more than just a learned practice, a skill or a form of recreation. It's about connecting and discovering yourself.

Clay

All Skills Pottery

Ages: 16 & up

Harmon Park Clay Studio

Learn basic techniques, including hand building and wheel thrown stoneware pottery techniques as a beginner or an experienced potter. Tools and the first 10 pounds of clay provided; additional clay available for purchase at the studio. Instructor: Hunter Teig.

\$209.00 ID \$250.80 OD

Activity: [211100](#) - Opens Mar. 20

W: 6:00 - 9:00 pm

Sessions: 6/28 - 7/26 8/2 - 30



Day Clay

Ages: 16 & up

Harmon Park Clay Studio

This six-week class provides a supportive atmosphere for all experience levels to learn clay techniques. Practice hand building, wheel throwing and design skills. Explore creative methods and find inspiration in this project-oriented class. Tools and the first 10 pounds of clay provided; additional clay available for purchase at the studio. Instructor: Helen Bommarito.

\$209.00 ID \$250.80 OD

Activity: [211105](#) - Opens Mar. 20

W: 11:00 am - 2:00 pm

Sessions: 6/28 - 8/2 8/9 - 9/13

Th: 11:00 am - 2:00 pm

Sessions: 6/29 - 8/3 8/10 - 9/14

F: 11:00 am - 2:00 pm

Sessions: 6/30 - 8/4 8/11 - 9/15

Work for play at BPRD.

Learn more at
bendparksandrec.org/jobs



Wheel Experience

Ages: 16 & up

Harmon Park Clay Studio

Is trying the wheel on your bucket list? For those who have always wanted to give the wheel a spin and test the water this class is for you. Follow the process of basic wheel throwing practice, trimming and glazing. Instructor: Hunter Teig.

\$209.00 ID \$250.80 OD

Activity: [211108](#) - Opens Mar. 20

T: 11:00 am - 2:00 pm

Sessions: 6/27 - 8/1 (no class 7/4)
8/8 - 9/12



DIY & Multimedia

DIY: Simple Scrapbooking NEW

Ages: All Adults

Larkspur Community Center

Life is about creating memories and today's scrapbooks can be beautiful collections and displays of those memories. In this class we'll learn simple, easy and efficient ways to display what matters from your collection of memories. Please bring 20 - 25 print photos - such as photos of a 50th anniversary, a recent trip, a family reunion or new grand baby. Together, we'll create quick and easy memory books. Instructor: Claire-Anne Wood.

\$59.00 ID \$70.80 OD

Activity: [202441](#) - Opens Mar. 20

Th: 1:00 - 3:30 pm

Session: 6/22

**Work for play
at BPRD.**

Learn more at
bendparksandrec.org/jobs

DIY: Create With Fused Glass

Ages: All Adults

Larkspur Community Center

Explore the basics of fused glass in this fun, introductory workshop. Learn the science of glass fusion, types of glass, fusing add-ons, cutting and shaping glass, using glass tools, and safely working with materials. You'll complete a project of your choice. The projects will be kiln-fired and available for pickup a week after class. Instructor: Diane Burns.

\$79.00 ID \$94.80 OD

Activity: [202415](#) - Opens Mar. 20

F: 2:00 - 4:00 pm

Session: 6/23

DIY: Stained Mosaic Garden Spinners

Ages: All Adults

Larkspur Community Center

Get the look of stained glass without the soldering. To create a handmade masterpiece to hang in your window, we will start with a basic shape and apply colorful stained glass in a simple design. After watching a demo on how to grout, you will take home your project to complete. Instructor: Jessica Carleton.

\$79.00 ID \$94.80 OD

Activity: [202426](#) - Opens Mar. 20

Sa: 12:00 - 4:00 pm

Session: 7/8



DIY: Upcycled Yard Art NEW

Ages: All Adults

Larkspur Community Center

Let's have fun upcycling birdhouses! In this class, we will show you how to decorate an old or new unfinished birdhouse with antiques or odds and ends found around your home. We will also work on the principles of building a bird condo by attaching several birdhouses together. We will place them on a platform to make a unique statement in your yard or patio. Instructor: Claire-Anne Wood.

\$59.00 ID \$70.80 OD

Activity: [202442](#) - Opens Mar. 20

Th: 1:00 - 4:00 pm

Session: 7/20

DIY: Stained Glass Mosaic Garden Gnomes

Ages: All Adults

Larkspur Community Center

Join us as we create delightful garden gnomes by applying the basics of mosaic. Using a colorful array of stained glass, you will make your own unique garden gnome, perfect for your own outdoor decor or as a gift. Time allowing, grout will be applied or demonstrated. All supplies included. Instructor: Jessica Carleton.

\$79.00 ID \$94.80 OD

Activity: [202428](#) - Opens Mar. 20

Sa: 11:00 am - 4:00 pm

Session: 7/29



Art Station's on the move

After calling the historic train depot home for many years, the Art Station has moved.

CLAY CLASSES

Clay programs for youth and adults have moved to the newly updated Harmon Park Clay Studio.

MULTIMEDIA CLASSES

Painting, drawing and multimedia art programs for youth and adults are now hosted at Larkspur Community Center.

ART PARTIES

Art parties are a great time for all ages. Clay parties are available on Sundays at Harmon Park Clay Studio. Visit bendparksandrec.org/artstation to learn more.

DIY: Stained Glass Mosaic Mirror

Ages: All Adults

Larkspur Community Center

Learn the basics of mosaic art while making a one-of-a-kind stained glass mosaic mirror. You will create your own design then apply the materials. Time allowing, grout will be applied or demonstrated. All materials, aprons, gloves and safety glasses provided. Instructor: Jessica Carleton.

\$79.00 ID \$94.80 OD

Activity: [202429](#) - Opens Mar. 20

Sa: 11:00 am - 4:00 pm

Session: 8/12

DIY: Keepsake Boxes NEW

Ages: All Adults

Larkspur Community Center

Learn to create a pretty and practical storage box for special gifts, mementos or desk organizers utilizing various box shapes and sizes. Learn the basics of designing your own unique wallpaper and how-to decoupage the paper to your box. This is a great class to add some pizzazz to the storage and organization of your favorite photos, recipes or cards. Instructor: Claire-Anne Wood.

\$59.00 ID \$70.80 OD

Activity: [202443](#) - Opens Mar. 20

Th: 1:00 - 4:00 pm

Session: 8/17



DIY: Stained Glass Mosaic Garden Hearts

Ages: All Adults

Larkspur Community Center

Bling for your garden! Instead of a stepping stone, a cement heart will be your base. You will decorate it with colorful stained glass - lines, circles and swirls - let your creativity flow! Learn the basics of mosaic while creating a one-of-a-kind piece of outdoor art to adorn your own yard or to give as a gift. Supplies and tools provided. Instructor: Jessica Carleton.

\$79.00 ID \$94.80 OD

Activity: [202423](#) - Opens Mar. 20

Sa: 11:00 am - 4:00 pm

Session: 8/26

Painting

Introduction to Pastel Painting

Ages: All Adults

Larkspur Community Center

Learn the basics of painting with hard and soft pastels. No art experience necessary, just an eagerness to explore and learn something new. Jump into pastel painting with colorful pastel sticks to complete a simple project. All supplies provided by Instructor. \$10 supply fee due to instructor at class. Instructor: Michelle Oberg.

\$25.00 ID \$30.00 OD

Activity: [202411](#) - Opens Mar. 20

Th: 1:00 - 3:30 pm

Session: 6/15

Painting Landscapes of Central Oregon

Ages: 16 & up

Larkspur Community Center

No painting experience is needed for this all-ages painting series. In these two-hour classes, you will be led step-by-step through a series of acrylic paintings inspired by seasonal Summer themed views of well-known Central Oregon landmarks, and will complete one painting each week over four weeks. Art basics like color, composition, texture, materials, painting technique fundamentals and more will be introduced and discussed throughout the series in a playful and approachable manner. If you've always wanted to begin painting but didn't know quite how to start, this class is for you. Instructor: Stephen Teater.

\$175.00 ID \$210.00 OD

Activity: [211110](#) - Opens Mar. 20

Sa: 9:00 - 11:00 am

Session: 7/8 - 29

**Work for play
at BPRD.**

Learn more at
bendparksandrec.org/jobs



Beginning Watercolor

Ages: All Adults

Larkspur Community Center

No art experience is necessary, just a willingness to try something new and have fun. Come begin your journey of watercolor painting. With just two brushes and three colors, explore how to do washes, mix colors, make a color wheel and complete a simple project. \$10 supply fee due to instructor at class. Instructor: Jennifer Ware-Kempke.

\$25.00 ID \$30.00 OD

Activity: [202400](#) - Opens Mar. 20

Th: 1:00 - 3:30 pm

Session: 7/13

Silk Painting NEW

Ages: All Adults

Larkspur Community Center

Hand-painted silk can be a beautiful piece of art and you'll learn how to create your very own. Work with silk and dyes to make a one-of-a-kind wall hanging. No experience is necessary - just have fun with the process. A \$10 supply fee is due to the instructor for supplies. Instructor: Michelle Oberg.

\$25.00 ID \$30.00 OD

Activity: [202404](#) - Opens Mar. 20

Th: 1:00 - 3:30 pm

Session: 8/17





With A Child: Art

With Your Child: Acrylic Pouring on Canvas NEW

Ages: 6 & up with Adult
Larkspur Community Center
 Swirl, slip and slide acrylic paint across a canvas and create amazing results. Learn acrylic pouring technique and applications. The fee includes one child and one required accompanying adult. Instructor: Stephen Teater.

\$69.00 ID \$82.80 OD

Activity: [211541](#) - Opens Mar. 20

Sa: 9:00 - 11:00 am

Sessions: 6/10 6/17
 6/24

With A Child: Paint Night

Ages: 6 & up with Adult
Larkspur Community Center

Enjoy a relaxing time together making a dual-canvas acrylic painting. Each young artist/adult pair receives two canvases to paint an image that when placed together will turn into one masterpiece. The design is prepped prior and the instructor will guide your painting's creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$69.00 ID \$82.80 OD

Activity: [202416](#) - Opens Mar. 20

Th: 5:30 - 7:30 pm

Sessions: 6/22 - Freddie Fox

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.



With A Child: Fused Glass Fun

Ages: 6 & up with Adult
Larkspur Community Center

Come enjoy an evening with your young artist and make a fused glass piece of art. Try your creativity in designing with different shapes and color pieces to make the most of your seasonal decor. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$79.00 ID \$94.80 OD

Activity: [202414](#) - Opens Mar. 20

F: 5:30 - 7:00 pm

Sessions: 6/23 - Tommy Turtle
 6/30 - Tommy Turtle

With A Child: Fun With Clay

Ages: 5 - 15 with Adult
Harmon Park Clay Studio

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand-building skills and techniques, and glaze your pieces with bright colors. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$69.00 ID \$82.80 OD

Activity: [211515](#) - Opens Mar. 20

Sa: 10:00 am - 12:00 pm
 - OR - 12:30 - 2:30 pm

Sessions: 6/24 - Dragons
 7/8 - Mugs
 7/15 - Animal Bowl
 7/22 - Monsters
 7/29 - Garden Gnomes
 8/5 - Coil Bowls
 8/12 - Cool Cacti
 8/19 - Mythical Creatures
 8/26 - Bird Bowl

More "With A Child" classes

Cooking on page 10.





what a kick

Game time.

Play is a key element of our youth. So why not feel like a kid again and have sports in your life? You'll exercise, make new friends and either learn a new skill or keep an old one alive. And that is the real fountain of youth.

Cornhole

Pints n' Play: Adult Cornhole League

Ages: All Adults

The Pavilion

It has been called many things - Corn Toss, Bean Bag, Bean Toss, Soft Horseshoes, and Indiana Horseshoes - but to many of us the game is known as Cornhole. If you can aim and toss a cornhole bag 30 feet then this league is for you! Get out on summer evenings with friends and family and enjoy one of Bend's favorite past times. Local brewery on site. Each team will play six weeks of matches with a tournament held 8/23 - 30.

Registration deadline: 6/15, 11:59 pm or until full.

\$140.00 / team

Activity: [210200](#) - Opens Mar. 22

W: 6:30 - 9:00 pm

Session: 7/12 - 8/30

Golf

Adult Golf League

Ages: All Adults

Lost Tracks Golf

Four-player teams play nine holes each night in a scramble format. Prizes awarded each week for Long Drive, KP and Long Putt. Team tee times vary each week starting at 4:00 pm; we can work with your schedule. Team registration only.

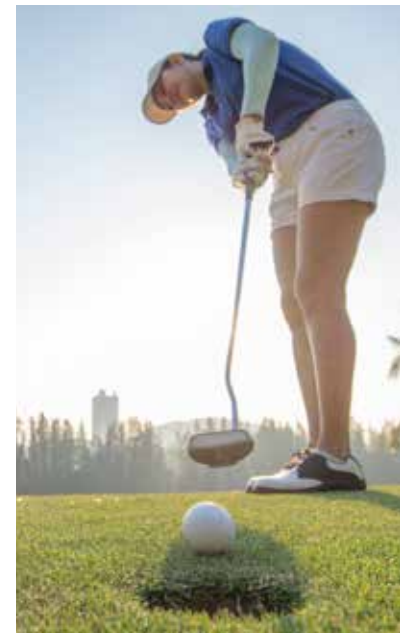
Registration deadline: 5/25, 11:59 pm or until full.

\$729.00 / team

Activity: [203920](#) - Opens Mar. 22

M: 4:00 - 6:15 pm

Session: 6/12 - 7/24 (no play on 7/3)



Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, please call (541) 706-6115.



Kickball

Adult Kickball League

Ages: All Adults

Harmon Park

Get your team together and join the kickball league action! Teams play a seven-game schedule. Tentative start date is June 12. Games played Monday through Wednesday at either 6:00 or 7:00 pm. Team registration only; teams limited to 16 players on their roster with a maximum of 24 teams in the league.

Registration deadline: 5/22,
11:59 pm or until full.

\$239.00 / team

Activity: [203930](#) - Opens Mar. 22

M-W: 6:00 - 8:00 pm

Session: 6/12 - 8/9 (no games 7/3 - 5)

Pickleball

Let's Play Pickleball

Ages: All Adults

Pine Nursery Park

Are you looking for a fun game to play? Ask your kids, pickleball is one of their favorite games. Pickleball is also one of the fastest growing sports in America. So, come learn how to play pickleball with Moment Athletics! Our program aims to provide an inviting and comfortable place to play, improve skills and make some new friends. Players will learn rules and techniques and also practice and play games in an organized, inclusive way that creates maximum engagement for all participants. Equipment provided; bring a water bottle. Instructor: Veteran teacher and coach, CJ Colt.

\$69.00 ID \$82.80 OD

Activity: [203054](#) - Opens Mar. 20

M-Th: 7:15 - 8:30 pm

Session: 6/19 - 22

Rock Climbing

Adult Rock Climbing Clinics

Ages: All Adults

Alpenglow Park & The Pavilion

Welcome to the two-day Climbing Clinic, designed to spark inspiration and help develop confidence and skills in aspiring rock climbers. On Friday, we'll start with a fun 3-hour introduction of the fundamentals at the bouldering walls at Alpenglow Park. On Saturday, we'll enjoy a full day of climbing at Smith Rock State Park. Meet at The Pavilion at 8:00 a.m., return at 3:00 p.m. Transportation to/from Smith Rock and equipment provided. No experience necessary.

\$126.00 ID \$151.20 OD

Activity: [207201](#) - Opens Mar. 20

F: 4:00 - 7:00 pm

Sa: 8:00 am - 3:00 pm

Session: 8/11 - 12

Roller Hockey

Adult Roller Hockey League

Ages: All Adults

The Pavilion

Get into summer evening hockey action with BPRD's Adult Roller Hockey League! Sign up as an individual then be drafted onto a team. Teams play eight 45-minute games on Monday nights; there will be no playoffs. Players will be given a white and dark jersey for the league. For more information, contact Clare at (541) 706-6196 or Clare@bendparksandrec.org.

Registration deadline: 6/20,
11:59 pm or until full.

\$140.00 ID \$168.00 OD

Activity: [210520](#) - Opens Mar. 22

M: 7:30 - 10:30 pm

Session: 7/17 - 9/11 (no games 9/4)



Looking for fitness classes?

Check out specialty fitness classes on page 12 or view drop-in fitness classes at bendparksandrec.org/fitness-swim/



Required Roller Hockey Gear

Players: Helmet, mouth guard, elbow pads, hockey pants, shin pads, hockey socks and hockey stick. Shoulder pads recommended but optional. Goalies: Goalie helmet, chest protector, goalie pants, leg pads, blocker, catching glove and goalie stick.

ADVANCE
YOUR
SWIMMING
.....
SEE
BELOW

dive into play

Adult Swimming

Level 1 Adult Swim Instruction

Ages: 16 & up

Juniper Swim & Fitness Center

This class is designed for the adult swimmer with little to no experience in the water. We will introduce you to basic swim skills and water safety while helping conquer any fears of swimming you may have. The majority of class is in shallow water.

\$93.00 ID \$111.60 OD

Activity: [205554](#) - Opens Mar. 21

M/W: 6:40 - 7:20 pm

Session: 6/19 - 7/17 (no class 7/3)
7/17 - 8/9 (\$107.00 ID \$128.40 OD)
8/14 - 30 (\$80.00 ID \$96.00 OD)

Level 2 Adult Swim Instruction

Ages: 16 & up

Juniper Swim & Fitness Center

Develop your skills in a comfortable environment designed for new swimmers to learn basic front crawl and back strokes. Appropriate for adults unable to swim 15 meters.

\$67.00 ID \$80.40 OD

Activity: [205555](#) - Opens Mar. 21

Tu: 5:45 - 6:25 pm

Session: 6/20 - 7/18
(no class 7/4, \$53.00 ID \$63.60 OD)
7/25 - 8/22

Level 3 Adult Swim Instruction

Ages: 16 & up

Juniper Swim & Fitness Center

This class works on building your confidence, developing stroke technique, and achieving the ability to swim full laps. The focus is on fitness through skill training, short distance repeats and is individualized to meet your goals. Appropriate for adults who can swim 15 meters but not much more.

\$67.00 ID \$80.40 OD

Activity: [205556](#) - Opens Mar. 21

Th: 5:45 - 6:25 pm

Session: 6/22 - 7/20 7/27 - 8/24

Looking for some time
in the pools?

See page 75
for drop-in swim sessions.



Masters Swimming: Bend's Adult Swim Program

Ages: 18 & up

Juniper Swim & Fitness Center

Improve your skills and enjoy training in structured practices with experienced coaches. Masters Swimming emphasizes fitness, fellowship and fun for various ages and abilities. Participants must be able to swim comfortably for 500 meters (20 lengths). Although not required, many choose to race.

Fitness/Swim Pass or drop-in fee.

June 17 - Sept. 3: [Check schedule](#)

M/W/F: 5:35 - 6:50 am

M - F: 11:45 am - 1:00 pm

Sa/Su: 9:00 - 10:15 am

CLICK TO LEARN
MORE ABOUT
MASTERS SWIMMING
& LAP SWIMMING



**Enjoy the water?
Be a lifeguard.**

Learn more at
bendparksandrec.org/jobs

Liquid benefits.

It's never too late to become a swimmer! Our swim program allows you to progress from no experience to becoming a master swimmer. Come swim - gain confidence in the water and feel great.

DID YOU KNOW? Why you should learn to swim for your safety:

More than a third of adults in the United States can't swim the length of a pool, according to the Centers for Disease Control and Prevention, which puts them at risk of being one of the 10 people who drown every day in this country.



Softball

Adult Fall Softball Leagues

Ages: All Adults
Skyline Sports Park

Get your team together now for the fall season! Teams play a seven-game schedule including a single elimination tournament at season's end. Tentative start dates are August 15-16 and play continues until mid-late October. Teams play one or two games per week. Space is limited; first-come, first-served.

Registration opens: 5/16,
8:00 am

Registration deadline:
7/28, 5:00 pm or until full.

\$529.00 / team

Activity: [203945](#) - Opens May 16

Men's

Tu/Th: 6:00 - 10:00 pm

Session: 8/15 - 10/19

Women's

W: 6:00 - 10:00 pm

Session: 8/16 - 10/18

Coed

W: 6:00 - 9:00 pm

Session: 8/16 - 10/25



Adult Pick-up Roller Hockey

Ages: All Adults
The Pavilion

Get some extra game practice with these pick-up hockey times. No officials or scoring. Teams are self-selected each session. Full gear required. Bring light and dark jerseys.

Activity: [210403](#)

Adult: \$12.00 ID
\$14.40 OD / session

MORE SESSIONS = MORE SAVINGS!

Purchase four sessions, get the fifth session for FREE!

Registration: Opens 72 hours prior to scheduled session. You must check-in with the front desk before the session.

Drop-in: If space is available. Check activity # status online prior to arrival.

Sessions: Sunday - Friday times and days will vary. Check online schedule.

Roller Skating

Adult Roller Jam Skate Class

Ages: All Adults
The Pavilion

Get your groove on! Learn a variety of rhythm skating styles, skills and fun routines in the weekly lesson before Saturday Night Adult Jam Skate. Must have basic skating skills; bring your own skates or rent ours for \$3.00. Taught by a rotating team of fantastic instructors, class includes entry to Jam Skate session afterward.

\$15.00 ID \$18.00 OD

Activity: [210510](#) - Opens Mar. 20

Sa: 7:00 - 8:00 pm

Session:	7/8	7/15
	7/22	7/29
	8/5	8/12
	8/19	8/26

Wilderness Safety & First Aid

WFR Recertification

Ages: 16 & up

Hollinshead Barn

This training is specifically designed to recertify the Wilderness First Responder certification* (also Wilderness EMT-wilderness portion only, and WAFA certifications). *For WFRs, you must possess a valid WFR certification of at least 72 hours in order to recertify through this course. Includes CPR.

\$355.00 ID / OD

Activity: [408362](#) - Open now

Tu-Th: 8:00 am - 5:00 pm

Session: 6/27 - 29

Wilderness Safety & First Aid classes are open 6-plus months in advance. Please regularly check online for upcoming classes.



For more information, call (541) 389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee

**YOUTH
THERAPEUTIC
RECREATION**
.....
PAGES 22 - 23

the joy of play

*"It's not our
disabilities,
it's our abilities
that count."
~ Chris Burke*

With inclusion, everybody benefits!

If you or your child has a disability and are interested in participating in a general program, we will help make it happen. When people with disabilities participate in general programs **EVERYBODY** benefits! To ensure successful inclusion, we encourage you to check the box on the registration form that says "check here if you want an assessment team to contact you about disability accommodations." Someone from the Therapeutic Recreation Department will contact you to discuss what we can do to make your experience a success!

YOUTH THERAPEUTIC RECREATION

Camp Discovery

Ages: 6 - 12

Harmon Park

Start your summer discovering exciting opportunities around Central Oregon. Our staff will take you on age appropriate field trips throughout Bend and beyond. Each day there will be a new field trip along with a possible craft or group activity. This program is designed for kids with disabilities, and their siblings or friends.

\$207.00 ID \$248.40 OD

Activity: [204820](#) - Opens Mar. 20

Tu-F: 9:00 am - 4:00 pm

Session: 6/20 - 23

Work for play!

View BPRD jobs available at
bendparksandrec.org/jobs.



GRO

Ages: 6 - 12

Miller Elementary

Let our staff take you on an adventure of recreation and exploration as you spend two weeks making new friends, getting creative with crafts, exploring new parks and enjoying the beautiful outdoors in Central Oregon! Each week the group will spend two days on a field trip and two days on site playing games and doing crafts. This program is designed for kids with disabilities, and their siblings or friends.

\$259.00 ID \$310.80 OD

Activity: [204806](#) - Opens Mar. 20

Tu-F: 11:30 am - 4:00 pm

Session: 7/11 - 21



Camp Exploration

Ages: 7 - 13

Harmon Park

Calling all kids who are up for an adventure! Join in and take new and exciting fields trips around Central Oregon. This program is for youth with disabilities who can transition from activities in a timely manner and walk one mile with minimal assistance.

\$259.00 ID \$310.80 OD

Activity: [204824](#) - Opens Mar. 20

Tu-F: 9:00 am - 4:00 pm

Session: 8/8 - 11



TEEN THERAPEUTIC RECREATION

Camp Excel

Ages: 13 - 21

Harmon Park

Adventurous teens wanted! Sign up to spend the day playing with friends, swimming, engaging in age appropriate crafts and group activities and exploring Central Oregon. Each day we will venture out on a new field trip. This program is designed for teens with disabilities, and their siblings or friends.

\$259.00 ID \$310.80 OD

Activity: [204821](#) - Opens Mar. 20

M-F: 9:00 am - 4:00 pm

Session: 6/26 - 30

Teen Community Outing NEW

Ages: 13 - 21

Harmon Park

Let's get out in the Bend community for an accessible outing. This program is designed for teens with disabilities, and their siblings or friends.

\$50.00 ID \$60.00 OD

Activity: [204120](#) - Opens Mar. 20

Th: 9:00 am - 2:00 pm

Session: 7/6

Excel

Ages: 13 - 21

Miller Elementary

Pack your sun screen, swimsuit, and hiking shoes and prepare for afternoons filled with swimming, hiking, hanging out in local parks and meeting new friends! Each week the group will spend two days on a field trip and two days on-site playing games and doing crafts. This program is designed for teens with disabilities, and their siblings or friends.

\$259.00 ID \$310.80 OD

Activity: [204807](#) - Opens Mar. 20

Tu-F: 11:30 am - 4:00 pm

Session: 7/25 - 8/4

Adventure Quest

Ages: 14 - 21

Harmon Park

Any teens out there looking for an adventure? Adventure Quest will take new and exciting fields trips around Central Oregon. This camp is for teens and young adults with disabilities who can transition from activities in a timely manner and walk two miles with minimal assistance.

\$259.00 ID \$310.80 OD

Activity: [204823](#) - Opens Mar. 20

Tu-F: 9:00 am - 4:00 pm

Session: 8/15 - 18

ADULT THERAPEUTIC RECREATION

Sisters Rodeo

Ages: All Adults

Norton Avenue Apts.

Grab your boots and cowboy hats, as we head to the Sisters Rodeo for the Sunday afternoon events. Giddy-up for the fun!

\$60.00 ID \$72.00 OD

Activity: [204513](#) - Opens Mar. 20

Su: 12:00 - 5:00 pm

Session: 6/11

July Community Outing

Ages: All Adults

Norton Avenue Apts.

Let's spend the morning and early afternoon getting out in the Bend community. The final itinerary will be weather-dependent, but we may take walks in local parks and visit local tourist attractions. No matter where we go, it's sure to be active and fun!

\$45.00 ID \$54.00 OD

Activity: [204501](#) - Opens Mar. 20

W: 9:00 am - 1:00 pm

Session: 7/5





Summer Fest

Ages: All Adults
Norton Avenue Apts.

Enjoy an evening of music, shopping and hanging out with friends as we walk downtown and explore the Bend Summer Festival. This is sure to be a fun night of friends, music and delicious food.

\$25.00 ID \$30.00 OD
Activity: [204110](#) - Opens Mar. 20
F: 5:00 - 8:00 pm
Session: 7/7

Bend Elks Game

Ages: All Adults
Norton Avenue Apts.

Batter up! Join us for an evening of Bend Elks baseball. Come cheer for our local baseball team as they take on the Portland Pickles!

\$30.00 ID \$36.00 OD
Activity: [204514](#) - Opens Mar. 20
F: 5:30 - 9:30 pm
Session: 7/21

Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, call (541) 706-6115.

Hood River Fruit Loop Day Trip

Ages: All Adults
Norton Avenue Apts.

Back by popular demand, embark on the Hood River Fruit Loop as we go around the valley to pick apples, pears and berries and wander through lavender fields. It promises to be a great day and there may be a few more surprises in store as we journey north of Mt. Hood.

\$50.00 ID \$60.00 OD
Activity: [204510](#) - Opens Mar. 20
Sa: 8:00 am - 5:00 pm
Session: 8/19

Arts & Crafts

Summer Art

Ages: All Adults
Twin Knolls Transitions Co-op

Summer art will feature several different art styles all focused on one common theme - summer fun!! Bring those creative juices as we may try painting, sculpting, drawing and more.

\$60.00 ID \$72.00 OD
Activity: [204411](#) - Opens Mar. 20
W: 6:30 - 8:00 pm
Session: 6/21 - 7/5

Artist's Choice

Ages: All Adults
Twin Knolls Transitions Co-op

In this art class, participants will help choose the weekly projects. If there is something you've really been wanting to try, let us know. Together, we'll bring out your inner artist.

\$60.00 ID \$72.00 OD
Activity: [204412](#) - Opens Mar. 20
W: 6:30 - 8:00 pm
Session: 7/12 - 26

Art Exploration

Ages: All Adults
Twin Knolls Transitions Co-op
Did you know egg yolk can be used to paint? Intrigued about smudging charcoal? Maybe you would like to try coloring and shading with pencil? Join us as we explore and experiment with different art mediums.

\$80.00 ID \$96.00 OD
Activity: [204414](#) - Opens Mar. 20
W: 5:30 - 7:30 pm
Session: 8/2 - 23

Cooking & Baking

Light & Refreshing Meals

Ages: All Adults
Twin Knolls Transitions Co-op
Learn how to cook energizing food to help keep you active all summer. You'll create simple, delicious and healthy dishes using summer's freshest ingredients.

\$85.00 ID \$102.00 OD
Activity: [204311](#) - Opens Mar. 20
W: 4:30 - 6:30 pm
Session: 6/21 - 7/5



Chef's Choice

Ages: All Adults
Twin Knolls Transitions Co-op

What sounds tasty? Think of new recipes you'd love to make and bring those ideas with you. Participants in this cooking class will help choose the recipes each week.

\$85.00 ID \$102.00 OD
Activity: [204313](#) - Opens Mar. 20
W: 4:30 - 6:30 pm
Session: 7/12 - 26

Barbeque Favorites

Ages: All Adults
Twin Knolls Transitions Co-op

Baked beans and pulled pork are just a couple of the barbeque favorites we will make in this class. Bring your favorite barbeque sauce and get ready for some flavorful fun!

\$110.00 ID \$132.00 OD
Activity: [204315](#) - Opens Mar. 20
W: 4:30 - 6:30 pm
Session: 8/2 - 23



Fun & Games

Escape Room NEW

Ages: All Adults
Norton Avenue Apts.

Let's challenge ourselves to solve riddles and work as a team to defeat the Escape Room! No experience necessary just a positive attitude and willingness to work together!

\$50.00 ID \$60.00 OD
Activity: [204515](#) - Opens Mar. 20
F: 6:00 - 8:00 pm
Session: 6/16

Outdoor Games

Ages: All Adults
Norton Avenue Apts.

Game on! In this short session of Outdoor Games, we will spend two weeks learning and playing popular outdoor and backyard games. Some possibilities may include cornhole, bocce ball and horseshoes.

\$25.00 ID \$30.00 OD
Activity: [204107](#) - Opens Mar. 20
Tu: 5:00 - 7:00 pm
Session: 6/20 - 27

Night at the Pool

Ages: All Adults
Norton Avenue Apts.

Come join us for an evening of swimming and games at Larkspur Community Center.

\$20.00 ID \$24.00 OD
Activity: [204509](#) - Opens Mar. 20
F: 5:30 - 7:30 pm
Session: 6/30 8/4

Adventure Game Night NEW

Ages: All Adults
Norton Avenue Apts.

In this series, we will be traveling around different parts of Bend as we play various outdoor adventure games. From scavenger hunts, to lawn game tournaments, to a cardboard boat-building challenge, adventure awaits as teams compete for the adventure champion title!

\$50.00 ID \$60.00 OD
Activity: [204104](#) - Opens Mar. 20
Th: 5:00 - 7:00 pm
Session: 8/3 - 24

Outdoors

Saturday Adventures

Ages: All Adults
Norton Avenue Apts.

Join us for an outing with friends in or around Bend. The outing will be determined based on the weather, but it will certainly be active and scenic! Saturdays have never been more fun!

\$45.00 ID \$54.00 OD
Activity: [204702](#) - Opens Mar. 20
Sa: 9:00 am - 4:00 pm
Session: 6/24 7/29
8/5



Silver Falls NEW State Park Day Trip

Ages: All Adults
Norton Avenue Apts.

Filled with waterfalls, Silver Falls State Park outside of Salem is one of Oregon's beautiful state parks. This will be a full-day trip with several short hikes ranging from 0.5 miles to 1.5 miles.

\$50.00 ID \$60.00 OD
Activity: [204230](#) - Opens Mar. 20
Sa: 8:00 am - 5:00 pm
Session: 7/15

Hiking to Peaks NEW

Ages: All Adults
Norton Avenue Apts.

Join your friends for some hiking throughout Central Oregon as we visit a beautiful new spot each week. This program is great training for summiting one of Bend's buttes or smaller peaks and staying heart-healthy!

\$50.00 ID \$60.00 OD
Activity: [204707](#) - Opens Mar. 20
Tu: 5:00 - 7:00 pm
Session: 8/1 - 22

Hiking & Stargazing

Ages: All Adults
Norton Avenue Apts.

Just as the sun starts to set, we will hike up the lava fields on McKenzie Pass west of Sisters and enter the Dee Wright Observatory to marvel at the night sky. It's guaranteed to be a photo-worthy experience!

\$30.00 ID \$36.00 OD
Activity: [204507](#) - Opens Mar. 20
F: 6:30 - 11:00 pm
Session: 8/11

Sports & Fitness

Aqua Dance & Movement

Ages: All Adults
Norton Avenue Apts.

Who doesn't love music and dancing, and better yet, in the water! This summer we'll be moving our music and movement into the pool at Juniper Swim & Fitness Center to cool off while having fun and getting some exercise.

\$65.00 ID \$78.00 OD
Activity: [204100](#) - Opens Mar. 20
Th: 4:45 - 6:45 pm
Session: 7/6 - 27

Pavilion Sports Night

Ages: All Adults
Norton Avenue Apts.

Let's try out the court sports at The Pavilion! Activities may include basketball, dodgeball, roller skating and more. Time to get moving and have a blast.

\$45.00 ID \$54.00 OD
Activity: [204131](#) - Opens Mar. 20
Tu: 5:15 - 7:00 pm
Session: 7/11 - 25

Summer Youth Camp Finder

Campy McCampface! Check out the summer camp planner!

Designed to make finding the camps that fit your needs a breeze, the finder lets you search by category, age, hours and week to match up to all your summer activities.

HALF-DAY & FULL-DAY CAMPS:

- All camps are held consecutive days each week.
- Half-day camps are for a minimum of two and half hours for at least four consecutive days.
- Full-day camps are for a minimum of six hours for at least four consecutive days.

PLAN
WEEK
BY
WEEK



Search online too!

Go to our website for the same great Summer Camp Finder!

Visit register.bendparksandrec.org and click on the Summer Camp Finder link under Quick Links.

CAMP	ACTIVITY	AGES	CATEGORY	FULL-DAY, MORNING OR AFTERNOON	HOURS	WEEK 1 6/19 - 25	WEEK 2 6/26 - 7/2	WEEK 3 7/3 - 9	WEEK 4 7/10 - 16	WEEK 5 7/17 - 23	WEEK 6 7/24 - 30	WEEK 7 7/31 - 8/6	WEEK 8 8/7 - 13	WEEK 9 8/14 - 20	WEEK 10 8/21 - 27	WEEK 11 8/28 - 9/3
BEND FILM FESTIVAL SUMMER FILM MAKING CAMP	206683	10 - 16	ENRICHMENT	FULL-DAY	9:00 AM - 3:00 PM											
CHESS WIZARDS	206240	6 - 12	ENRICHMENT	FULL-DAY	9:00 AM - 3:00 PM											
ADVANCED WILDERNESS SURVIVAL	207513	10 - 14	OUTDOOR	FULL-DAY	9:00 AM - 4:00 PM											
ADVENTURE CAMP	207500	10.5 - 14	OUTDOOR	FULL-DAY	8:30 AM - 4:30 PM											
COUGAR CAMP 1	207401	7.5 - 10	OUTDOOR	FULL-DAY	9:00 AM - 4:00 PM											
COUGAR CAMP 1 & 2	207412	7.5 - 12	OUTDOOR	FULL-DAY	9:00 AM - 4:00 PM											
COUGAR CAMP 2	207402	9.5 - 12	OUTDOOR	FULL-DAY	9:00 AM - 4:00 PM											
CRAFTER'S CAMP	207819	8 - 12	OUTDOOR	FULL-DAY	9:00 AM - 4:00 PM											
FISH, FORAGE, FLYING ARROWS	207822	8 - 13	OUTDOOR	FULL-DAY	9:00 AM - 4:00 PM											
GIRLS' EARTH SKILLS CAMP	207818	9 - 14	OUTDOOR	FULL-DAY	9:00 AM - 4:00 PM											
INTERMEDIATE WILDERNESS SURVIVAL	207512	8 - 12	OUTDOOR	FULL-DAY	9:00 AM - 4:00 PM											
INTRO TO WILDERNESS SURVIVAL	207511	6 - 8	OUTDOOR	FULL-DAY	9:00 AM - 2:30 PM											
NINJA WARRIOR PARKOUR	207816	9 - 14	OUTDOOR	FULL-DAY	9:00 AM - 3:00 PM											
RILEY RANCH NATURE CAMP	207502	7.5 - 11	OUTDOOR	FULL-DAY	8:30 AM - 4:30 PM											
SEEK & SURVIVAL	207810	7 - 12	OUTDOOR	FULL-DAY	9:00 AM - 4:00 PM											
GAMING AND CODING BY YOUTH TECH	206664	6 - 12	SCIENCE	FULL-DAY	9:00 AM - 2:00 PM											
CAMP	ACTIVITY	AGES	CATEGORY	FULL-DAY, MORNING OR AFTERNOON	HOURS	WEEK 1 6/19 - 25	WEEK 2 6/26 - 7/2	WEEK 3 7/3 - 9	WEEK 4 7/10 - 16	WEEK 5 7/17 - 23	WEEK 6 7/24 - 30	WEEK 7 7/31 - 8/6	WEEK 8 8/7 - 13	WEEK 9 8/14 - 20	WEEK 10 8/21 - 27	WEEK 11 8/28 - 9/3

For more information, call (541) 389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee

CAMP	ACTIVITY	AGES	CATEGORY	FULL-DAY, MORNING OR AFTERNOON	HOURS	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK
						1	2	3	4	5	6	7	8	9	10	11
						6/19 - 25	6/26 - 7/2	7/3 - 9	7/10 - 16	7/17 - 23	7/24 - 30	7/31 - 8/6	8/7 - 13	8/14 - 20	8/21 - 27	8/28 - 9/3
THE GAMING ACADEMY BY YOUTH TECH	206672	9 - 17	SCIENCE	FULL-DAY	9:00 AM - 2:00 PM						■					
APEX FUTBOL SOCCER CAMPS	203216	6 - 12	SPORTS	FULL-DAY	9:00 AM - 3:00 PM					■	■	■				
CHALLENGER SPORTS BRITISH SOCCER CAMPS - FULL DAY	203212	8 - 14	SPORTS	FULL-DAY	9:00 AM - 4:00 PM									■		
JORDAN KENT'S JUST KIDS SKILL CAMPS	203050	6 - 12	SPORTS	FULL-DAY	9:00 AM - 3:00 PM		■		■		■		■		■	
ENDLESS SUMMER	201403	5.2 - 8.5	VARIETY	FULL-DAY	8:30 AM - 4:30 PM										■	■
OPERATION RECREATION - ELK MEADOW	201402	5.2 - 8.5	VARIETY	FULL-DAY	8:30 AM - 4:30 PM	■	■	■	■	■	■	■	■	■		
OPERATION RECREATION - PONDEROSA	201401	5.2 - 8.5	VARIETY	FULL-DAY	8:30 AM - 4:30 PM	■	■	■	■	■	■	■	■	■		
THE PAC	201501	8.5 - 12	VARIETY	FULL-DAY	8:30 AM - 4:30 PM	■	■	■	■	■	■	■	■	■	■	■
WESTSIDE VILLAGE ART & ADVENTURE SUMMER	206510	6 - 14	VARIETY	FULL-DAY	7:45 AM - 5:15 PM	■	■	■	■	■	■	■	■	■		
ART-RAGEOUS CAMP	211228	6 - 11	ART	MORNING	9:00 AM - 12:00 PM		■		■	■	■	■	■	■	■	
FUNWORKS INTRO TO ART	206661	5 - 6	ART	MORNING	9:00 AM - 12:00 PM		■			■			■		■	
FUNWORKS INTRO TO ART OF FLIGHT	206143	5 - 6	ART	MORNING	9:00 AM - 12:00 PM		■			■			■		■	
CHESS WIZARDS	206240	6 - 12	ENRICHMENT	MORNING	9:00 AM - 12:00 PM	■	■		■		■			■	■	
JAPANESE FOOD, LANGUAGE & CULTURE	206230	10 - 14	ENRICHMENT	MORNING	9:00 AM - 12:00 PM		■			■	■					
MOVEMENT & MOTION CAMP BY SAMARA LEARNING CENTER	206758	6 - 10	ENRICHMENT	MORNING	9:00 AM - 12:00 PM							■	■	■	■	■
NATURE WRITING CAMP	206112	7 - 11	ENRICHMENT	MORNING	9:00 AM - 12:00 PM								■			
PAGE TO STAGE CAMP	206111	8 - 12	ENRICHMENT	MORNING	9:00 AM - 12:00 PM					■						
PETER PAN DANCE CAMP	206202	4 - 7	ENRICHMENT	MORNING	9:30 AM - 12:00 PM				■							
SCOOTERING CAMP	206778	6 - 17	ENRICHMENT	MORNING	9:00 AM - 1:00 PM		■		■	■		■		■	■	
STORY CAMP	206110	8 - 12	ENRICHMENT	MORNING	9:00 AM - 12:00 PM		■									
THE HIP HOPPERS DANCE CAMP	206572	5 - 8	ENRICHMENT	MORNING	9:30 AM - 12:00 PM						■					
UNDER THE SEA DANCE CAMP	206203	4 - 7	ENRICHMENT	MORNING	9:30 AM - 12:00 PM							■				
ANCIENT AND CLASSIC UNPLUGGED GAMERS CLUB BY SAMARA LEARNING CENTER	206773	10 - 17	SCIENCE	MORNING	9:00 AM - 12:00 PM		■					■				■
ADVENTURES IN STEM WITH LEGO® MATERIALS	206675	5 - 7	SCIENCE	MORNING	9:00 AM - 12:00 PM				■							
AVIATION CAMP	206141	14 - 17	SCIENCE	MORNING	9:00 AM - 1:30 PM									■		■
BOARD GAME DESIGN AND CONSTRUCTION BY SAMARA LEARNING CENTER	206770	10 - 17	SCIENCE	MORNING	9:00 AM - 12:00 PM						■				■	
FUNWORKS ENGINEERING INTRO TO STEAM USING LEGO®	206660	5 - 6	SCIENCE	MORNING	9:00 AM - 12:00 PM	■			■			■		■		
KPOV RADIO CAMP	206650	10 - 14	SCIENCE	MORNING	9:00 AM - 12:00 PM		■			■					■	
MANDALORIAN TRAINING USING LEGO® MATERIALS	206677	5 - 7	SCIENCE	MORNING	9:00 AM - 12:00 PM							■				
CAMP	ACTIVITY	AGES	CATEGORY	FULL-DAY, MORNING OR AFTERNOON	HOURS	WEEK 1 6/19 - 25	WEEK 2 6/26 - 7/2	WEEK 3 7/3 - 9	WEEK 4 7/10 - 16	WEEK 5 7/17 - 23	WEEK 6 7/24 - 30	WEEK 7 7/31 - 8/6	WEEK 8 8/7 - 13	WEEK 9 8/14 - 20	WEEK 10 8/21 - 27	WEEK 11 8/28 - 9/3

CAMP	ACTIVITY	AGES	CATEGORY	FULL-DAY, MORNING OR AFTERNOON	HOURS	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK
						1	2	3	4	5	6	7	8	9	10	11
						6/19 - 25	6/26 - 7/2	7/3 - 9	7/10 - 16	7/17 - 23	7/24 - 30	7/31 - 8/6	8/7 - 13	8/14 - 20	8/21 - 27	8/28 - 9/3
MUSIC VIDEO PRODUCTION BY SAMARA LEARNING CENTER	206772	10 - 17	SCIENCE	MORNING	9:00 AM - 12:00 PM					■				■		
STOP MOTION ANIMATION BY SAMARA LEARNING CENTER	206771	8 - 16	SCIENCE	MORNING	9:00 AM - 12:30 PM				■				■			
VIDEO GAME DESIGN BY YOUTH TECH	206667	9 - 17	SCIENCE	MORNING	9:00 - 11:30 AM						■					
APEX FUTBOL SOCCER CAMPS	203216	6 - 12	SPORTS	MORNING	9:00 AM - 12:00 PM					■	■	■				
CALDERA HIGH SCHOOL GIRLS SOCCER CAMP	203226	7.5-14	SPORTS	MORNING	9:00 - 11:30 AM	■										
CHALLENGER SPORTS BRITISH SOCCER CAMPS - AM	203211	6 - 14	SPORTS	MORNING	9:00 AM - 12:00 PM									■		
COBO ADVANCED BASKETBALL CAMP - GRADES 3 - 5	203073	7.5 - 11	SPORTS	MORNING	9:30 AM - 12:30 PM				■				■			
COBO LITTLE DRIBBLERS CAMP - GRADES 3 - 5	203070	6.5 - 11	SPORTS	MORNING	9:00 - 11:30 AM	■				■						
JORDAN KENT'S JUST KIDS SKILL CAMPS	203050	6 - 12	SPORTS	MORNING	9:00 AM - 1:00 PM		■		■		■	■	■		■	
MOMENT ATHLETICS BASEBALL CAMP	203052	7 - 14	SPORTS	MORNING	9:00 AM - 12:00 PM	■										
MOMENT ATHLETICS FLAG FOOTBALL CAMP	203056	8 - 13	SPORTS	MORNING	9:00 AM - 12:00 PM										■	
MOMENT ATHLETICS KICK IT SOCCER CAMP	203209	7 - 14	SPORTS	MORNING	9:00 AM - 12:00 PM				■							
MOMENT ATHLETICS MULTI-SPORT FIELD GAMES	203053	8 - 13	SPORTS	MORNING	9:00 AM - 1:00 PM	■	■		■					■		■
SKYHAWKS 4-SPORT SAMPLER	203357	4 - 9	SPORTS	MORNING	9:00 AM - 12:00 PM	■										
SKYHAWKS MIGHTY HAWK 3 SPORT CAMP	203355	5 - 8	SPORTS	MORNING	9:00 - 11:30 AM										■	
SKYHAWKS MIGHTY HAWK BASEBALL	203354	5 - 8	SPORTS	MORNING	9:00 AM - 12:00 PM								■			
SKYHAWKS MIGHTY HAWK FOOTBALL	203352	5 - 9	SPORTS	MORNING	8:30 - 11:30 AM							■				
SKYHAWKS MIGHTY HAWK SOCCER	203351	5 - 9	SPORTS	MORNING	9:00 AM - 12:00 PM				■					■		
SKYHAWKS MINI-HAWK CAMP	203358	4 - 7	SPORTS	MORNING	9:00 AM - 12:00 PM		■			■						
SKYHAWKS MULTISPORT P.E. GAMES	203359	6 - 12	SPORTS	MORNING	9:00 AM - 12:00 PM						■					
STORM TRACK CAMP - GRADES 3 - 8	203260	8.5 - 14	SPORTS	MORNING	9:00 AM - 12:00 PM	■										
YOUTH RUGBY CAMP	203139	5 - 11	SPORTS	MORNING	9:00 - 11:30 AM		■									
ACHIEVEMENT CAMP BY SAMARA LEARNING CENTER	206757	6 - 10	VARIETY	MORNING	9:00 AM - 12:00 PM		■		■	■	■					
ART-RAGEOUS CAMP	211228	6 - 11	ART	AFTERNOON	1:00 - 4:00 PM		■		■	■	■	■	■	■	■	
FUNWORKS ART	206662	7 - 12	ART	AFTERNOON	1:00 - 4:00 PM		■			■			■		■	
FUNWORKS ART OF FLIGHT	206142	7 - 12	ART	AFTERNOON	1:00 - 4:00 PM		■			■			■		■	
CHESS WIZARDS	206240	7 - 12	ENRICHMENT	AFTERNOON	12:00 - 3:00 PM	■	■		■		■			■	■	
READY TO THRIVE CAMP	206360	6 - 12	ENRICHMENT	AFTERNOON	1:00 - 4:00 PM	■	■		■	■	■	■	■	■	■	
GRAPHIC DESIGN BY YOUTH TECH	206668	5 - 7	SCIENCE	AFTERNOON	11:30 AM - 2:00 PM					■						
CODING CAMP BY YOUTH TECH	206651	9 - 14	SCIENCE	AFTERNOON	1:00 - 4:00 PM				■				■			
FUNWORKS ENGINEERING/STEM WITH LEGO®	206674	7 - 12	SCIENCE	AFTERNOON	1:00 - 4:00 PM	■			■			■		■		
CAMP	ACTIVITY	AGES	CATEGORY	FULL-DAY, MORNING OR AFTERNOON	HOURS	WEEK 1 6/19 - 25	WEEK 2 6/26 - 7/2	WEEK 3 7/3 - 9	WEEK 4 7/10 - 16	WEEK 5 7/17 - 23	WEEK 6 7/24 - 30	WEEK 7 7/31 - 8/6	WEEK 8 8/7 - 13	WEEK 9 8/14 - 20	WEEK 10 8/21 - 27	WEEK 11 8/28 - 9/3

CAMP	ACTIVITY	AGES	CATEGORY	FULL-DAY, MORNING OR AFTERNOON	HOURS	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK	WEEK
						1	2	3	4	5	6	7	8	9	10	11
						6/19 - 25	6/26 - 7/2	7/3 - 9	7/10 - 16	7/17 - 23	7/24 - 30	7/31 - 8/6	8/7 - 13	8/14 - 20	8/21 - 27	8/28 - 9/3
MANDALORIAN MISSIONS USING LEGO® MATERIALS	206680	7 - 12	SCIENCE	AFTERNOON	1:00 - 4:00 PM											
ROBLOX STUDIO-PROGRAMMING & GAME DEVELOPMENT BY YOUTH TECH	206665	9 - 15	SCIENCE	AFTERNOON	11:30 AM - 2:00 PM											
ROBOTICS CAMP BY SYLVAN LEARNING CENTER	206657	6 - 11	SCIENCE	AFTERNOON	1:00 - 4:00 PM											
STEM EXPLORATIONS WITH LEGO® MATERIALS	206676	7 - 12	SCIENCE	AFTERNOON	1:00 - 4:00 PM											
VIDEO GAME DESIGN BY YOUTH TECH	206667	9 - 17	SCIENCE	AFTERNOON	11:30 AM - 2:00 PM											
WEB AND APP DESIGN BY YOUTH TECH	206697	8 - 17	SCIENCE	AFTERNOON	11:30 AM - 2:00 PM											
CHALLENGER SPORTS BRITISH SOCCER CAMPS - PM	203211	6 - 14	SPORTS	AFTERNOON	1:00 - 4:00 PM											
COBO ADVANCED BASKETBALL CAMP - GRADES 6-9	203073	10.5 - 15	SPORTS	AFTERNOON	1:00 - 4:00 PM											
COBO ADVANCED BASKETBALL CAMP - GRADES 6-9	203073	10.5 - 15	SPORTS	AFTERNOON	12:30 - 3:30 PM											
COBO MIDDLE SCHOOL BASKETBALL CAMP - GRADES 6-9	203074	10.5 - 15	SPORTS	AFTERNOON	12:00 - 3:00 PM											
SKYHAWKS 4-SPORT SAMPLER	203357	4 - 9	SPORTS	AFTERNOON	1:00 - 3:30 PM											
SKYHAWKS MIGHTY HAWK HOOP	203353	5 - 9	SPORTS	AFTERNOON	12:30 - 3:30 PM											
SKYHAWKS MIGHTY HAWK HOOP	203353	5 - 9	SPORTS	AFTERNOON	1:00 - 3:30 PM											
SKYHAWKS MIGHTY HAWK SOCCER	203351	5 - 9	SPORTS	AFTERNOON	1:00 - 3:30 PM											
SKYHAWKS MULTISPORT P.E. GAMES	203359	6 - 12	SPORTS	AFTERNOON	1:00 - 3:30 PM											
SKYHAWKS OUTDOOR VOLLEYBALL	203356	8 - 12	SPORTS	AFTERNOON	1:00 - 3:30 PM											
SKYHAWKS SOCCER	203350	7 - 12	SPORTS	AFTERNOON	1:00 - 3:30 PM											
AFTERNOON HANG-OUT DAYS BY SAMARA LEARNING CENTER	206765	6 - 16	VARIETY	AFTERNOON	12:00 - 5:30 PM											
CAMP	ACTIVITY	AGES	CATEGORY	FULL-DAY, MORNING OR AFTERNOON	HOURS	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	WEEK 11
						6/19 - 25	6/26 - 7/2	7/3 - 9	7/10 - 16	7/17 - 23	7/24 - 30	7/31 - 8/6	8/7 - 13	8/14 - 20	8/21 - 27	8/28 - 9/3





ACTIVITIES
FOR
AGES 5
& UNDER

play & grow

Discovery through play.

Play is the language of childhood. We provide exciting, enriched play experiences for young children that tickle their imaginations, encourage curiosity and allow for self expression.

Art & Clay

Art Play Group

Ages: 2 - 5 with Adult
Larkspur Community Center
Parents, grandparents, family, nannies and other adults get to connect with their child at this amazing art experience! Each session will have different activities that are play-based and will develop creative thinking, spark curiosity and inspire independence and experimentation. Come and make a mess with us. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Anne Rustand.

\$22.00 ID \$26.40 OD

Activity: [211300](#) - Opens Mar. 20

F: 9:00 - 10:00 am
- OR - 10:30 - 11:30 am

Sessions: 6/23 7/7
8/11

With A Child: Fun with Clay

Ages: 5 - 15 with Adult
Harmon Park Clay Studio

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand-building skills and techniques, and glaze your pieces with bright colors. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$69.00 ID \$82.80 OD

Activity: [211515](#) - Opens Mar. 20

Sa: 10:00 am - 12:00 pm
- OR - 12:30 - 2:30 pm

Sessions: 6/24 - Dragons
7/8 - Mugs
7/15 - Animal Bowl
7/22 - Monsters
7/29 - Garden Gnomes
8/5 - Coil Bowls
8/12 - Cool Cacti
8/19 - Mythical Creatures
8/26 - Bird Bowl

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

Look for With A Child classes:

Art, page 47
Cooking, page 10

FunWorks Intro to Art

Ages: 5 - 6

Miller Elementary

Students are introduced to a new project each day of class, with an emphasis on creativity and self-expression. Projects include drawing, painting, printmaking, sculpture and mixed media. Fun, learning and experimentation are priorities for the class. Students will bring home five projects during the week. Instructor: Izabel Crosby.

\$199.00 ID \$238.80 OD

Activity: [206661](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Sessions: 6/26 - 30 7/17 - 21
8/7 - 11 8/21 - 25

PreClay

Ages: 3 - 5 with Adult

Harmon Park Clay Studio

This is a starter class for little artists to experience the wonders of clay. Children will squish, push, form, flatten and create a ceramic piece and decorate it with bright-colored glazes. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Helen Bommarito.

\$22.00 ID \$26.40 OD

Activity: [211304](#) - Opens Mar. 20

F: 9:45 - 10:45 am

Sessions: 7/7 8/11
9/8



Dance

Come Dance With Me

Ages: 3 - 4

Academie De Ballet

Little budding ballet dancers leap with stronger legs and arms each lesson and their confidence rises as they explore freedom of movement. Learn jumps, leaps, and feet movement in an imaginary setting. Dress code is required; view studio website for more information at abcbend.com/petites-etoiles/petites-etoiles-uniform-guide/

\$82.00 ID \$98.40 OD

Activity: [206573](#) - Opens Mar. 20

Th: 4:15 - 4:45 pm

Sessions: 7/6 - 27 8/3 - 24

Fantasy Ballet

Ages: 5 - 7

Academie De Ballet

A delightful start to ballet! Together we'll develop fundamentals of classical dance and creative movement in a lively environment. Leap over imaginary streams, fly over snow-capped mountains and land lightly on a flower petal in this fun ballet series. Dress code is required; view studio website for more information at abcbend.com/petites-etoiles/petites-etoiles-uniform-guide/

\$82.00 ID \$98.40 OD

Activity: [206570](#) - Opens Mar. 20

Th: 3:30 - 4:15 pm

Sessions: 7/6 - 27 8/3 - 24

Peter Pan Dance Camp

Ages: 4 - 7

Academie De Ballet

Join Peter Pan's lost boys and Captain Hook's band of merry pirates this summer! Dancers will take flight to Neverland with Peter and the Darlings in this summer dance camp. Your dancer will explore a variety of dance genres, make crafts and learn a dance to perform at the end of camp. Bring a healthy snack and a water bottle to keep your energy high.

\$238.00 ID \$285.60 OD

Activity: [206202](#) - Opens Mar. 20

M-F: 9:30 am - 12:00 pm

Session: 7/10 - 14

The Hip Hoppers Dance Camp

Ages: 5 - 8

Academie De Ballet

Become a hip hopper by learning the hottest hip-hop dance trends from stage and screen. Our beginner-friendly hip-hop camp takes inspiration from the latest age-appropriate internet and TV dance crazes. You will get the chance to shine in our end-of-week showcase for parents. Bring a healthy snack and a water bottle to keep your energy high.

\$238.00 ID \$285.60 OD

Activity: [206572](#) - Opens Mar. 20

M-F: 9:30 am - 12:00 pm

Session: 7/24 - 28



Register at register.bendparksandrec.org • Summer registration opens March 20 - 22 at 6:00 a.m. daily. Check Activity # for opening date.

How to register and refund/cancellation policy on pages 4 - 7. • Summer Camp Finder on pages 26 - 29. • Program locations on page 82. • Park lists on pages 84 - 85.

Register in advance to sync with your workout Kids' Corner Childcare

Ages: 6 months - 6 years
Juniper Swim & Fitness Center

A safe and nurturing environment for your young child while you enjoy all that Juniper has to offer. Children enjoy arts and crafts, reading, creative play and cooperative games while you swim, workout or just relax.

- Registration is strongly recommended.
- Registration includes four scheduled 75-minute visits per session at discounted rate. Fee is adjusted for three or five visit sessions.
- Each visit is limited to 75 minutes. Sorry, no discount for less time.
- Drop-ins welcome; space permitting.
- Childcare hours: Monday - Friday from 9:00 to 11:35 am.



Registration Childcare

TODDLER

Ages: 6 - 29 months.
Limited availability
 \$36.00 ID \$43.20 OD / session
 Activity: [205650](#) - Opens Mar. 20

PRESCHOOLER

Ages: 30 months - 6 years old
 \$31.00 ID \$37.20 OD / session
 Activity: [205651](#) - Opens Mar. 20

Weekdays: 9:00 - 10:15 am
 - OR - 10:20 - 11:35 am
 Sessions:

M:	7/3 - 31	8/7 - 28
T:	7/11 - 25	8/1 - 29
W:	7/5 - 26	8/2 - 30
Th:	7/6 - 27	8/3 - 31
F:	7/7 - 28	8/4 - 25

Drop-in Childcare

*Available if space allows.
 Please view online for availability.*

TODDLER

Ages: 6 - 29 months.
Limited availability
 \$9.00 ID \$10.80 OD
 75 minutes maximum.

PRESCHOOLER

Ages: 30 months - 6 years old
 \$7.50 ID \$9.00 OD
 75 minutes maximum.

Weekdays: 9:00 - 11:35 am

Sync up to Adult Fitness Classes

Juniper features a great lineup of fitness classes during childcare.

Learn more and view drop-in fitness classes at bendparksandrec.org/fitness-swim/

Under the Sea Dance Camp

Ages: 4 - 7

Academie De Ballet

Swim with the fishes and play with the mermaids and mermen this summer! Dancers will take a fantasy journey through the magical underwater kingdom with this dance camp. Your dancer will explore a variety of dance genres, make crafts and learn a dance to perform at the end of camp. Bring a healthy snack and a water bottle to keep your energy high.

\$238.00 ID \$285.60 OD

Activity: [206203](#) - Opens Mar. 20

M-F: 9:30 am - 12:00 pm

Session: 7/31 - 8/4

Martial Arts

Lil' Dragons

Ages: 4 - 6

Odyssey Martial Arts

Beginning with the very basics of Tang Soo Do Karate, this class helps children learn discipline, self-control, confidence, and teamwork as well as develop motor skills.

\$89.00 ID \$106.80 OD

Activity: [206750](#) - Opens Mar. 20

M/W: 3:20 - 3:50 pm

Sessions: 7/10 - 8/2 8/7 - 30



Children's Ki Aikido

Ages: 5 - 13

Oregon Ki Society

By helping to cultivate good habits at an early age, the practices of Japanese martial arts, Ki-Aikido and Ki Development, offer children a foundation that can help prepare them for a lifetime of positive growth. While children's bodies are growing so are their minds, so we aim to develop them together in Ki's physically active and cooperative learning environment. The goal is that as children grow, they learn to apply these lessons to many of life's activities - school, play, sports and relationships.

\$90.00 ID \$108.00 OD

Activity: [206756](#) - Opens Mar. 20

Tu/Th: 5:30 - 6:30 pm

Sessions: 6/27 - 7/25 (no class 7/4)
 8/1 - 24

More programs for little guys & gals at:

Art, pages 45 - 47

Martial Arts, page 57

Outdoors, pages 48 - 51

Sports, pages 52 - 64

Swimming, pages 65 - 70

Preschool

Busy Buddies Preschool

includes swim lessons

Ages: 3 - 5

Juniper Swim & Fitness Center

Busy Buddies Preschool is a school-year program that aligns similarly to the Bend-La Pine Schools calendar.

This program includes weekly swim lessons and movement play! Children will enjoy arts and crafts, dramatic play and more while being introduced to basic educational concepts such as numbers, letters and phonics. Class is taught in a small group setting and a daily snack is provided.

Note: No prior swimming experience necessary. Children must be potty-trained.

Registration opens:

Monday, 5/22 at 6:00 a.m.

Limited availability- sign up on wait list if the program is full. This registration will hold your spot for the program that begins in September.

Registration Fee: \$20.00 ID/OD non-refundable registration fee due at time of enrollment.

Monthly Fee: 2 sessions/week:

\$240.00 ID / \$280.00 OD

(payment is due by the 5th of each month; The first payment will be due by 9/5, 2023.)

Activity: [405601](#)

Choose day/time session below. You can register for multiple sessions per week if you choose:

M/W: 1:30 - 4:30 pm

- OR -

Tu/Th: 1:30 - 4:30 pm

Dates: 9/11/23 - 6/13/24

(No school during Thanksgiving Break, 11/20 - 23, Winter Break: 12/18 - 1/1 and Spring Break, 3/25 - 28)



Summer Buddies Preschool

Ages: 3 - 5

Juniper Swim & Fitness Center

Children will enjoy afternoon swimming, making crafts, playing outdoor games, making new friends and much more. Summer Buddies is a great boost before starting preschool or kindergarten! No prior swimming experience required. Children must be potty-trained. Choose day/time session below. You can register for multiple sessions per week if you choose.

\$135.00 ID \$162.00 OD

Activity: [205600](#) - Opens Mar. 20

M/W: 1:30 - 3:45 pm

Sessions: 6/26 - 7/12

7/17 - 8/2

8/7 - 23

Tu/Th: 1:30 - 3:45 pm

Sessions: 6/27 - 7/13 (no class on 7/4)

7/18 - 8/3

8/8 - 24

Science

FunWorks Engineering Intro to STEAM Using LEGO®

Ages: 5 - 6

Miller Elementary

Students are introduced to (S.T.E.A.M.) Science, Technology, Engineering, Art and Math using motorized LEGO®. Every project is built step-by-step by students with no one left behind. All projects may be modified and decorated while playing. Add wings, jets and a mini figure and create a flying jet car. Imagination has no barriers. A gear drive electric vehicle, a belt drive motorcycle, a monorail and a mosaic art project are just a few of the fun, exciting, educational projects built at camp.

\$199.00 ID \$238.80 OD

Activity: [206660](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Sessions: 6/19 - 23 7/10 - 14

7/31 - 8/4 8/14 - 18

Adventures in STEM With LEGO® Materials by Playwell Teknologies

Ages: 5 - 7

Cascade Middle School

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects and use special pieces to create your own unique designs! Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO® building system

\$199.00 ID \$238.80 OD

Activity: [206675](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Session: 7/10 - 14

Mandalorian Training Using LEGO® Materials by Playwell Teknologies

Ages: 5 - 7

Cascade Middle School

Here's your chance to join your friends and learn what it takes to become a true Mandalorian. Using LEGO®, an experienced instructor will guide us through the skills and equipment needed to earn the title. We will build our gauntlet fighter ship to weave through the galaxy, our Z-6 jetpacks to maneuver through the air, and, of course, defend ourselves with our Mandalorian armor. Coming to a galaxy near you!

\$199.00 ID \$238.80 OD

Activity: [206677](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Session: 7/31 - 8/4



Learn + play.

“Play is often talked about as it were a relief from serious learning. But for children, play is serious learning. Play is really the work of childhood.”
- Fred Rogers, aka Mister Rogers

Play is the focus of youth activities whether it's crafts, dance or science. Because if you're having fun, then discovery and development come easy!

Summer Day Camp

Operation Recreation

Ages: 5.25 - 8.5

Elk Meadow Elementary & Ponderosa Elementary

Join Operation Recreation for a full day of fun in an elementary school setting that includes both indoor and outdoor play. Take part in a variety of sports and games, get creative with crafts and STEAM projects, water play and some old fashioned summer camp fun lead by our professional staff. Field trips will be offered to pools, splash pads, rivers, lakes and local parks several days a week.

Standard Week:

M - F: 8:30 am - 4:30 pm
\$259.00 ID \$310.80 OD / week

Add Extended Care:

M - F: 7:30 am - 5:30 pm
\$29.00 ID \$34.80 OD
additional fee per week

Ponderosa Elementary

Activity: [201401](#) - Opens Mar. 20

Elk Meadow Elementary

Activity: [201402](#) - Opens Mar. 20

WEEK 1:

W-F: 8:30 am - 4:30 pm
6/21 - 23 (\$155.00 ID \$186.00 OD)

WEEK 2:

M-F: 8:30 am - 4:30 pm
6/26 - 30

WEEK 3:

M/W-F: 8:30 am - 4:30 pm
7/3 - 7 (no program 7/4;
\$207.00 ID \$248.40 OD)

WEEKS 4 - 9:

M-F: 8:30 am - 4:30 pm
7/10 - 14 7/17 - 21
7/24 - 28 7/31 - 8/4
8/7 - 11 8/14 - 18



Endless Summer

Ages: 5.25 - 8.5

Bear Creek Elementary & Jewell Elementary

Enjoy the last two weeks of summer with us! We will get creative with crafting, enjoy water play with friends and adventure on off-site field trips.

\$207.00 ID \$248.40 OD

Activity: [201403](#) - Opens Mar. 20

M-Th: 8:30 am - 4:30 pm

Sessions: 8/21 - 24 8/28 - 31



Summer Day Camp

The PAC

Ages: 8.5 - 12

The Pavilion

Each day is different and you get to choose what you want to do! There are always awesome choices whether you want to “play hard or chill out.” We’re talking skateboarding and scootering, playing water games, standup paddle boarding, outdoor adventuring, trying crazy, unique activities, creating art and playing your favorite games. It’s any way you want to spend your day, even just hanging with friends.

Standard Week:

M - F: 8:30 am - 4:30 pm

\$259.00 ID \$310.80 OD / week

Add Extended Care:

M - F: 7:30 am - 5:30 pm

\$29.00 ID \$34.80 OD
additional fee per week

Activity: [201501](#) - Opens Mar. 20

WEEKS 1 - 2:

M-F: 8:30 am - 4:30 pm

6/19 - 23 6/26 - 30

WEEK 3:

M/W-F: 8:30 am - 4:30 pm

7/3 - 7 (no program 7/4;
\$207.00 ID \$248.40 OD)

WEEKS 4 - 9:

M-F: 8:30 am - 4:30 pm

7/10 - 14 7/17 - 21
7/24 - 28 7/31 - 8/4
8/7 - 11 8/14 - 18

WEEKS 10 - 11:

M-Th: 8:30 am - 4:30 pm

8/21 - 24 (\$207.00 ID \$248.40 OD)
8/28 - 31 (\$207.00 ID \$248.40 OD)

AGES: 8.5 - 10

At The PAC, you decide how to spend your day! Choose between your favorite activities like group games and cool art projects plus opportunities to try new things and go on off-site adventures.

AGES: 10 - 12

Banish boring - Don’t just hang out at home, join the PAC! Come spend your day with friends doing your favorite activities! You’ll also get a chance to plan your own off-site special adventures. Bonus! Participants 12 and older are able to check themselves in and out of The PAC (with parent pre-approval) and go off-site as needed.



DAILY FIELD TRIPS OF AWESOMENESS

The PAC offers daily morning and afternoon local field trips and weekly all-day getaways to awesome places around Central Oregon. Off-site trips are designated by ages, 8 - 10 and 10 - 12. (Yep! 10 year-olds choose between the two trips. Lucky!)

Morning field trips will include such fun as Capture the Flag or nature adventures at Shevlin Park, visiting the library and games at local parks.

Afternoons will include cooling off with paddle boarding or visiting Juniper Swim & Fitness Center for recreation swim.

On Tuesdays and Thursdays, the PAC features all-day getaways for Central Oregon adventures such as swimming and picnicking at a variety of Cascade Lakes, or outdoor adventures like biking, caving and fishing.

\$5.00 registration fee per trip.

IT’S YOUR SUMMER TO PLAY YOUR WAY!

SKATE FEATURES

Open skate with skatepark ramps and more. Skateboards and scooters welcome.

SPORTS

Basketball
Volleyball
Badminton
Pickleball
Quidditch
Skate competitions
Dodgeball
Sprout ball
Tag games
Floor hockey
Futsal & Disc golf

TOURNAMENTS

Basketball
Ping pong
Foosball

CONTESTS & GAMES

Lego® & building
Water play
Cornhole
Ladder ball
Bocce ball

OUTDOOR ACTIVITIES

Swimming
Paddleboarding
Biking

DAILY FIELD TRIPS

Columbia Park
Riverbend Park
Farewell Bend Park
Harmon Park
Drake Park
Cascade Lakes
Shevlin Park
Tumalo State Park
and more!

ART & MORE

Nature-inspired art
Phone photography
Beading
Drawing
Paper crafts
Recycled art, upcycling
Chalk art
Science

Register at [register.bendparksandrec.org](#) • Summer registration opens March 20 - 22 at 6:00 a.m. daily. Check Activity # for opening date.

How to register and refund/cancellation policy on pages 4 - 7. • Summer Camp Finder on pages 26 - 29. • Program locations on page 82. • Park lists on pages 84 - 85.



Looking ahead: Fall 2023 Afterschool Programs

Grades: K - 5

Located at your school

KIDS Inc. fall 2023 information will be available in mid-April.

Look for more information at bendparksandrec.org/childcare.

With A Child classes:

Art, page 17
Cooking, page 10

Work for play!

View BPRD jobs available at bendparksandrec.org/jobs.



Summer Day Camps

Westside Village Art & Adventure Summer Camp

Ages: 6 - 14

Westside Village School

Adventures, team building, visual arts, performance arts - let your child dive into a week-long journey packed with drama, singing, dancing, playing ukuleles, guitars, hand drums, microphones, drum kits and more. Create inspiring art projects, try gardening, cook and play engaging games. Enjoy exciting daily walking adventures and play in our beautiful parks. Imagination has no limits! Each week includes all WVMS amenities under the guidance of our professional educators.

\$260.00 ID \$312.00 OD

Activity: [206510](#) - Opens Mar. 20

M-F: 7:45 am - 5:15 pm

Sessions: 6/19 - 23 6/26 - 30

W-F: 7:45 am - 5:15 pm

Session: 7/5 - 7 (\$210.00 ID \$252.00 OD)

M-F: 7:45 am - 5:15 pm

Sessions: 7/10 - 14 7/17 - 21
7/24 - 28 7/31 - 8/4
8/7 - 11 8/14 - 18
8/21 - 25

Art-Rageous Camp

Ages: 6 - 11

Cascade Middle School

Explore, Inspire, Create! Discover your creative side with painting, pastels, drawing and mixed media. Come play in the studio, the possibilities are endless. For full-day enrollment, sign up for both am and pm sessions and care will be provided during 12:00 - 1:00 pm. Instructor: Art Station Staff.

\$140.00 ID \$168.00 OD

Activity: [211228](#) - Opens Mar. 20

M-Th: 9:00 am - 12:00 pm

- OR - 1:00 - 4:00 pm

Sessions: 6/26 - 29

7/10 - 13

7/17 - 20

7/24 - 27

7/31 - 8/3

8/7 - 10

8/14 - 17

8/21 - 24

Cooking & Baking

Japanese Food, Language & Culture

Ages: 10 - 14

Cascade Middle School

Join us to learn Japanese cuisine, language and culture while staying in Bend. Students will get to have hands-on experience, making one dish daily, such as simple vegetable sushi rolls, miso soup, gyoza (pork pot stickers) and mochi ice cream and learning about Japanese culture and language at the same time!

\$209.00 ID \$250.80 OD

Activity: [206230](#) - Opens Mar. 20

M-Th: 9:00 am - 12:00 pm

Sessions: 6/26 - 29 7/17 - 20
7/24 - 27

DIY & Crafts

Kids Woodworking

Ages: 11 - 17

DIYcave

In this two-day workshop, kids will have an outlet for their creativity and tackle design challenges using technical problem-solving skills and mathematics to design and craft something special. Kids will focus on design, measurement, and layout techniques while gaining experience with power tools such as the miter saw, drill press, palm and drum sanders, router and various hand tools. This is a wonderful program for young makers, introducing them to the joy of woodworking and the pride of creating something with their own hands. Beginners and intermediate beginners are welcome and will progress in their skill level. All materials included.

\$169.00 ID \$202.80 OD

Activity: [206157](#) - Opens Mar. 20

Tu-W: 5:00 - 7:00 pm

Sessions: 6/20 - 21 7/25 - 26
8/22 - 23

3D Printing

Ages: 9 - 17

DIYcave

Are you curious about exactly how something gets from an idea to a real-world object? This class will cover everything from how a 3D printer works to creating and printing out custom designs. You will be directed to the proper software to add to your own computer for future self-learning too. Beginners and intermediate beginners are welcome and will progress in their skill level. All materials included.

\$89.00 ID \$106.80 OD

Activity: [206153](#) - Opens Mar. 20

W: 9:00 am - 12:00 pm

Sessions: 6/21 7/12
7/26 8/9
8/23

Kids Welding

Ages: 10 - 17

DIYcave

In this hands-on class, kids will cut steel with a torch and weld those pieces back together. They'll learn some amazing skills and take their creations home. This is a powerful experience for kids and it won't soon be forgotten! Beginners and intermediate beginners are welcome and will progress in their skill level. All materials included.

\$89.00 ID \$106.80 OD

Activity: [206145](#) - Opens Mar. 20

Tu: 5:30 - 7:30 pm

Sessions: 7/11 8/1
9/5



Sheet Metal Art

Ages: 10 - 17

DIYcave

Learn how to use a torch to cut creative forms from sheet metal. Hammer the artwork into shape and braze on a hook to display it. This exciting class provides a great introduction to the world of metal art and sculpture. Beginners and intermediate beginners are welcome and will progress in their skill level. All materials included.

\$89.00 ID \$106.80 OD

Activity: [206151](#) - Opens Mar. 20

Tu: 5:30 - 7:30 pm

Session: 7/18

W: 5:30 - 7:30 pm

Session: 8/2

Metal Shop Course

Ages: 13 - 18

DIYcave

This fun, introductory course will guide students through the process of metal fabrication through creative exploration of the most commonly used tools in the metal shop. Students will learn to metal inert gas/ MIG weld, band saw and plasma cut, heat, form and shape with an oxy/ acetylene torch, and then apply that knowledge to create their own work of art. All materials included.

\$599.00 ID \$718.80 OD

Activity: [206150](#) - Opens Mar. 20

M-W: 10:00 am - 12:00 pm

Session: 8/7 - 16



Kids Beaded Earrings

NEW

Ages: 9 - 17

DIYcave

In this two-hour workshop, students will learn to make two to three pairs of earrings using wire and glass/ metal/stones. This is a wonderful project for young makers because it introduces them to the joy of jewelry-making and helps them create something tangible that they can be proud of. Beginners and intermediate beginners are welcome and will progress in their skill level. All materials included.

\$115.00 ID \$138.00 OD

Activity: [206154](#) - Opens Mar. 20

Tu: 10:00 am - 12:00 pm

Sessions: 8/8 8/15
8/22

Martial Arts

in Youth Sports,
on page 57.



Dance & Movement

Fantasy Ballet

Ages: 5 - 7

Academie De Ballet

A delightful start to ballet! Together we'll develop fundamentals of classical dance and creative movement in a lively environment. Leap over imaginary streams, fly over snow-capped mountains and land lightly on a flower petal in this fun ballet series. Dress code is required; view studio website for information at abcbend.com/petites-etoiles/petites-etoiles-uniform-guide/

\$82.00 ID \$98.40 OD

Activity: [206570](#) - Opens Mar. 20

Th: 3:30 - 4:15 pm

Sessions: 7/6 - 27 8/3 - 24

Peter Pan Dance Camp

Ages: 4 - 7

Academie De Ballet

Join Peter Pan's lost boys and Captain Hook's band of merry pirates this summer! Dancers will take flight to Neverland with Peter and the Darlings in this summer dance camp. Your dancer will explore a variety of dance genres, make crafts and learn a dance to perform at the end of camp. Bring a healthy snack and a water bottle to keep your energy high.

\$238.00 ID \$285.60 OD

Activity: [206202](#) - Opens Mar. 20

M-F: 9:30 am - 12:00 pm

Session: 7/10 - 14

The Hip Hoppers Dance Camp

Ages: 5 - 8

Academie De Ballet

Become a hip hopper by learning the hottest hip-hop dance trends from stage and screen. Our beginner-friendly hip-hop camp takes inspiration from the latest age-appropriate internet and TV dance crazes. You will get the chance to shine in our end-of-week showcase for parents. Bring a healthy snack and a water bottle to keep your energy high.

\$238.00 ID \$285.60 OD

Activity: [206572](#) - Opens Mar. 20

M-F: 9:30 am - 12:00 pm

Session: 7/24 - 28

Under the Sea Dance Camp

Ages: 4 - 7

Academie De Ballet

Swim with the fishes and play with the mermaids and mermen this summer! Dancers will take a fantasy journey through the magical underwater kingdom with this dance camp. Your dancer will explore a variety of dance genres, make crafts and learn a dance to perform at the end of camp. Bring a healthy snack and a water bottle to keep your energy high.

\$238.00 ID \$285.60 OD

Activity: [206203](#) - Opens Mar. 20

M-F: 9:30 am - 12:00 pm

Session: 7/31 - 8/4

Movement & Motion Camp by Samara NEW Learning Center

Ages: 6 - 10

Samara Learning Center

A whimsical and action-packed week of Zumba and West African dance instruction, team initiatives and youth choreography. On Fridays, camp will be held off campus to move in nature.

\$385.00 ID \$462.00 OD

Activity: [206758](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Sessions: 7/31 - 8/4 8/7 - 11
8/14 - 18 8/21 - 25
8/28 - 9/1

Work for play!

View BPRD jobs available at bendparksandrec.org/jobs.

Volunteer with kids!

Contact Kim at (541) 706-6127 for more information.

Games

Chess Wizards

Ages: 6 - 12

Cascade Middle School

Join us this summer for fun and challenging chess lessons, exciting games, and cool prizes. You'll improve your chess skills, meet new friends and work out your most powerful muscle - your brain! Our camps include fun team chess games (like bughouse), recess time, snacks, tournaments and puzzles. Each camper receives a Chess Wizards t-shirt, trophy and puzzle folder. Full-day campers bring lunch. Unleash your brain power and spend some of your summer break with Chess Wizards!

Activity: [206240](#) - Opens Mar. 20

FULL-DAY CAMP

\$465.00 ID \$558.00 OD

M-F: 9:00 am - 3:00 pm

Sessions: 6/19 - 23 6/26 - 30
7/10 - 14 7/24 - 28
8/14 - 18 8/21 - 25

HALF-DAY CAMP

\$325.00 ID \$390.00 OD

M-F: 9:00 am - 12:00 pm

- OR - 12:00 - 3:00 pm

Sessions: 6/19 - 23 6/26 - 30
7/10 - 14 7/24 - 28
8/14 - 18 8/21 - 25



For more information, call (541) 389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



Ancient & Classic Unplugged Gamers Club by Samara Learning Center NEW

Ages: 10 - 17

Samara Learning Center

With an emphasis on strategy and sportsmanship, students will first be taught the history and rules behind some of the world's most classic games before battling it out in friendly, organized tournament and free play. Players will be taught classic card, board and parlor games such as solitaire, backgammon, horseshoes, chess, Scrabble, hearts, cornhole, Risk, bocce ball and more. Hands-on and unplugged, the games will expand and sharpen players' mental and social skill sets, while they learn new activities that will last a lifetime.

\$215.00 ID \$258.00 OD

Activity: [206773](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Sessions: 6/26 - 30 7/31 - 8/4
8/28 - 9/1

Board Game Design & Construction by Samara Learning Center NEW

Ages: 10 - 17

Samara Learning Center

From concept to competition, students will develop, build and bring to life their very own board games. Using an endless variety of building materials, from LEGO®s to tree branches and plenty of hot glue, students will be taught the history and strategies of the world's most classic board games before building their own or re-imagined classic game with their own spin. The class will conclude with a friendly tournament playing the student-created games. Emphasis will be put on following the creative process as practiced in professional, creative fields.

\$240.00 ID \$288.00 OD

Activity: [206770](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Sessions: 7/24 - 28 8/21 - 25

Learning Workshops & Camps

Ready to Thrive Camp

Ages: 6 - 12

Cascade Middle School

A combination of Spanish and STEM (Science Technology Engineering Mathematics), which provide the tools to enrich the overall development of your child in a fun and creative environment.

\$180.00 ID \$216.00 OD

Activity: [206360](#) - Opens Mar. 20

M-F: 1:00 - 4:00 pm

Sessions: 6/19 - 23 6/26 - 30
7/10 - 14 7/17 - 21
7/24 - 28 7/31 - 8/4
8/7 - 11 8/14 - 18
8/21 - 25

Achievement Camp by Samara Learning Center NEW

Ages: 6 - 10

Samara Learning Center

Join our fun-focused camp days exploring a mix of academic and creative-based games, art, crafts and outdoor activities. Designed to help prevent summer slides and support success attributes (proactivity, self-awareness, perseverance, etc.), camps are led by Samara's professional team. Based on a new theme each week, we will adventure out on field trips every Friday.

\$385.00 ID \$462.00 OD

Activity: [206757](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Sessions: 6/26 - 30 7/10 - 14
7/17 - 21 7/24 - 28

Early Morning Hang-out Days by Samara Learning Center NEW

Ages: 6 - 16

Samara Learning Center

A relaxed and flexible morning camp, which can be used as extended care before kids attend Samara's other programs or a fun hang-out camp opportunity itself. Both organized activities and free play times are planned and will include teachable moments to reinforce academic skills, success attributes (proactivity, self-awareness, perseverance, etc.), and exploration of students' interests.

\$68.00 ID \$81.60 OD

Activity: [206759](#) - Opens Mar. 20

M-F: 7:30 - 9:00 am

Sessions: 6/26 - 30 7/10 - 14
7/17 - 21 7/24 - 28
7/31 - 8/4 8/7 - 11
8/14 - 18 8/21 - 25
8/28 - 9/1

Afternoon Hang-out Days by Samara Learning Center NEW

Ages: 6 - 16

Samara Learning Center

A relaxed and flexible afternoon camp, which can be used as extended care for kids attending Samara's other programs, or a fun hang-out camp in itself. Both organized activities and free play times are planned and will include teachable moments to reinforce academic skills, success attributes (proactivity, self-awareness, perseverance, etc.), and exploration of students' interests.

\$235.00 ID \$282.00 OD

Activity: [206765](#) - Opens Mar. 20

M-F: 12:00 - 5:30 pm

Sessions: 6/26 - 30 7/10 - 14
7/17 - 21 7/24 - 28
7/31 - 8/4 8/7 - 11
8/14 - 18 8/21 - 25
8/28 - 9/1

Look for With A Child classes:

Art, page 17

Cooking, page 10



Story Camp NEW

Ages: 8 - 12

Larkspur Community Center

Do you love reading or writing stories? Let your imagination take flight in this dynamic story camp. Through games, art, puppets, theater, reading and writing, we will explore the incredible world of storytelling while also having a whole lot of fun! Learn to create fantastic, interesting characters, design the perfect story setting and figure out how to craft an exciting plot that creates conflict and offers satisfying resolution. Beyond just writing, expect to be creating and collaborating with your peers in a supportive environment. Instructor: Claire Brislin.

\$150.00 ID \$180.00 OD

Activity: [206110](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Session: 6/26 - 30

Page to Stage Camp NEW

Ages: 8 - 12

Larkspur Community Center

In this dynamic, high-energy class, we will explore short stories, book excerpts and poetry through the context of theater and performance. While most reading happens in silence, solitude and stillness, this class will bring reading into the realm of voices, collaboration and movement. Studies show that when we study language through body movement and performance, we internalize ideas in a more concrete way. For those who love words and storytelling and the joy of bringing them to life, this is the course for you! You don't need any theater experience, just a willingness to put yourself out there in a safe, supportive environment with no judgment. Instructor: Claire Brislin.

\$150.00 ID \$180.00 OD

Activity: [206111](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Session: 7/17 - 21

Nature Writing Camp NEW

Ages: 7 - 11

Cascade Middle School

The great outdoors have inspired poets, writers and storytellers since time began! In this fun, interactive writing camp, we will use nature as our inspiration for writing poems, stories and short plays. We will read excerpts from great nature writers, play storytelling games and explore the natural world around us to find seeds of ideas for our own creative projects

\$150.00 ID \$180.00 OD

Activity: [206112](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Session: 8/7 - 11



Technology: Animation, Design, Audio & Video

KPOV Radio Camp

Ages: 10 - 14

KPOV Radio

Learn how to be a DJ, interview a friend, tell a story with sound effects, music and humor and talk live on the air. The show produced will be broadcast on KPOV 88.9 and you'll get a copy to take home!

\$105.00 ID \$126.00 OD

Activity: [206650](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Sessions: 6/26 - 30 7/17 - 21
8/21 - 25

Stop Motion Animation by Samara Learning Center NEW

Ages: 8 - 16

Samara Learning Center

From brainstorming to the final edit, students will be taught stop-motion animation techniques and story-telling strategies necessary to produce original short animated movies. Using a wide variety of materials such as LEGOs, clay, paint, hot glue, and green screens, filmmakers will construct miniature sets, characters, stories, and vignettes reflective of their imaginations. Emphasis will be put on the step by step creative process as practiced in professional, creative fields

\$285.00 ID \$342.00 OD

Activity: [206771](#) - Opens Mar. 20

M-F: 9:00 am - 12:30 pm

Sessions: 7/10 - 14 8/7 - 11



Digital Animation by Youth Tech

Ages: 9 - 17

District Office

In this class, students will learn the basics of animation and digital design. Students who enjoy going to various websites to see fun, interactive animations will love this course. This class will utilize award-winning animation software and students will create fun, interactive animations that they can share with the world. Instructor: Youth Tech Staff.

\$150.00 ID \$180.00 OD

Activity: [206666](#) - Opens Mar. 20

M-Th: 9:00 - 11:00 am

Session: 7/10 - 13

Graphic Design by Youth Tech

Ages: 5 - 7

District Office

This session will cover the basics of digital imaging and key concepts in the world of graphic design. Students enrolled in this course will take photos and learn how to manipulate images using powerful image-editing software to create an image that they envision. This is a great course for students with a big imagination. Instructor: Youth Tech Staff.

\$155.00 ID \$186.00 OD

Activity: [206668](#) - Opens Mar. 20

M-F: 11:30 am - 2:00 pm

Session: 7/17 - 20

Moviemakers by Youth Tech

Ages: 9 - 15

District Office

This hands-on, interactive course will instruct students on the world of digital video design and production. Students will film, direct and edit their own digital video creations. Students enrolled in this course amaze their peers with green screen and special effects work. Instructor: Youth Tech Staff

\$155.00 ID \$186.00 OD

Activity: [206671](#) - Opens Mar. 20

M-Th: 9:00 - 11:00 am

Session: 7/17 - 20

Music Video Production by Samara Learning Center

Ages: 10 - 17

Samara Learning Center

Choosing pop hits or classic songs that resonate with the young artist, students will be guided through the film-making process, bringing to life original, imaginative music videos. Student directors, cinematographers and performers will first be taught the origins of music videos and the evolution of MTV then will collaborate to create their own works of art. Emphasis will be put on the step-by-step creative process as practiced in professional, creative fields. Class will conclude with a parent/friend-invited screening complete with popcorn and refreshments.

\$260.00 ID \$312.00 OD

Activity: [206772](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Sessions: 7/17 - 21 8/14 - 18

Web & App Design by Youth Tech

NEW

Ages: 8 - 17

District Office

This class offers students a hands-on look at the world of app and web design. This interactive course will instruct students about the world of design and development of websites and applications. Students will design their own website and app that they can share with their friends and family. Instructor: Youth Tech Staff

\$155.00 ID \$186.00 OD

Activity: [206697](#) - Opens Mar. 20

M-Th: 11:30 am - 2:00 pm

Session: 7/31 - 8/3



Bend Film Festival Summer Filmmaking Camp

NEW

Ages: 10 - 15

Pilot Butte Middle School

Discover the filmmaker inside of you! Work with creative and fun-focused staff and other enthusiastic young filmmakers to create a short film. Your movie will even be shown on the big screen at downtown Bend's Tin Pan Theater on the last day of camp - how cool is that?!? Throughout camp, we'll use today's easy-to-use yet powerful filmmaking tools including iPads, drones, GoPros and microphones while we learn how to develop a strong story, write a script, complete a storyboard and edit to make a short film you'll be proud to show.

\$400.00 ID \$480.00 OD

Activity: [206683](#) - Opens Mar. 20

M - F: 9:00 am - 3:00 pm

Sessions: 8/7 - 11 8/14 - 18



Wanted! Teen Volunteers

Ages: 12 & up

Volunteer with BPRD's youth recreation programs to make a difference for great kids, learn some things for yourself and maybe even make it your best summer ever!

Here's some of the fun that you can help with:

- Junior Lifeguard & Swim Instructor Aide programs (see page 69)
- Summer Buddies Preschool
- Cougar Camp
- Riley Ranch Nature Camp
- Day camp programs for children with disabilities
- Art and cooking camps
- Kids Triathlon

To find out more and sign up, visit register.bendparksandrec.org and scroll down for the list of "Volunteer Opportunities."

For information, contact Kim at kim@bendparksandrec.org.



Technology: Aviation

FunWorks Intro to Art of Flight NEW

Ages: 5 - 6

Miller Elementary

Learn and experiment with the fundamentals and principles of five aircraft. Each student builds, modifies, decorates and takes home all projects. Paper airplanes, glider airplanes and a water rocket are just a few of the exciting projects built during camp. All aircraft are artistically customized with stickers and pens by students.

\$199.00 ID \$238.80 OD

Activity: [206143](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Sessions: 6/26 - 30 7/17 - 21
8/7 - 11 8/21 - 25

FunWorks Art of Flight NEW

Ages: 7 - 12

Miller Elementary

Learn and experiment with the fundamentals and principles of five aircraft. Each student builds, modifies, decorates and takes home all projects. All aircraft are artistically customized with stickers and pens by students. Motorized paper airplanes, glider airplanes and a solid fuel rocket are just a few of the exciting projects built during camp.

\$199.00 ID \$238.80 OD

Activity: [206142](#) - Opens Mar. 20

M-F: 1:00 - 4:00 pm

Sessions: 6/26 - 30 7/17 - 21
8/7 - 11 8/21 - 25

Aviation Camp

Ages: 14-17

**Leading Edge Flight Academy
at Bend Airport**

Come explore the world of aviation! Learn the fundamentals of flight in both airplane and helicopters. Explore flight in a simulator setting. Tour an aircraft manufacturing facility and learn more about the career path possibilities in aviation.

\$650.00 ID \$780.00 OD

Activity: [206141](#)

M-Th: 9:00 am - 1:30 pm

Sessions: 8/14 - 17 - 8/28 - 31

Technology: Coding, Gaming & Programming

Code Studio by Youth Tech NEW

Ages: 6 - 12

District Office

This course offers young students a fun, interactive look at coding. Students will create virtual apps and write their own programs that they can share with friends and family. This course makes learning to code fun and explores problem-solving and programming logic. Students will have access to their accounts outside of class so the learning does not end at the door. Note: Students need to be able to read prior to taking this course. Instructor: Youth Tech Staff.

\$135.00 ID \$162.00 OD

Activity: [206686](#) - Opens Mar. 20

M-Th: 9:00 - 11:00 am

Session: 6/26 - 29

iGame Creators by Youth Tech

Ages: 6 - 9

District Office

Want to create video games? This is an introductory course for younger students who want to learn how to build simple video games. This course combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun interactive games. Instructor: Youth Tech Staff.

\$135.00 ID \$162.00 OD

Activity: [206663](#) - Opens Mar. 20

M-Th: 12:00 - 2:00 pm

Session: 6/26 - 29

Gaming & Coding by Youth Tech NEW

Ages: 6 - 12

District Office

This course combines two valuable experiences for students: gaming and coding. Students spend the morning taking an interactive look at coding and building virtual apps to share with friends. In the afternoon, students build simple video games combining the art of video game design and animation to create interactive characters that fly around the screen. Students are encouraged to bring a sack lunch. Students should be able to read prior to taking this course. Instructor: Youth Tech Staff.

\$260.00 ID \$312.00 OD

Activity: [206664](#) - Opens Mar. 20

M-Th: 9:00 am - 2:00 pm

Session: 6/26 - 29





Video Game Design by Youth Tech

Ages: 9 - 17

District Office

This course provides students with a fun, interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family. Instructor: Youth Tech Staff.

\$175.00 ID \$210.00 OD

Activity: [206667](#) - Opens Mar. 20

M-Th: 9:00 - 11:30 am

Session: 7/24 - 27

M-Th: 11:30 am - 2:00 pm

Session: 7/10 - 13

Coding Camp by Sylvan Learning Center

Ages: 9 - 14

**Sylvan Learning Center
Northwest Crossing**

Location: Sylvan Learning Center Northwest Crossing Investigate software engineering skills in this new coding camp. Students learn to create their own programs including games and interactive stories and also how to apply basic coding to solve problems. This course introduces students to life-long skills including logic, problem-solving, collaboration, advanced coding skills and, of course, fun.

\$235.00 ID \$282.00 OD

Activity: [206651](#) - Opens Mar. 20

M-Th: 1:00 - 4:00 pm

Sessions: 7/10 - 13 8/7 - 10

The Gaming Academy by Youth Tech

Ages: 9 - 17

District Office

The Gaming Academy is day camp for students who love games. During this camp, students will be immersed into the world of 2D and 3D game design. A combination of our Video Game Design, Advanced Game Design and Roblox 3D Game Design courses, the Gaming Academy offers students a variety of hands-on experiences designing and building their very own games. Students should bring a sack lunch and water bottle. Instructor: Youth Tech Staff.

\$305.00 ID \$366.00 OD

Activity: [206672](#) - Opens Mar. 20

M-Th: 9:00 am - 2:00 pm

Session: 7/24 - 27

Gamers Paradise by Youth Tech NEW

Ages: 6 - 15

District Office

This class offers students a look at multiple areas of game design. From mobile game development to stand-alone games, this class covers all the gaming topics you want to know. Students will create multiple games that they can share with friends and family. Instructor: Youth Tech Staff.

\$135.00 ID \$162.00 OD

Activity: [206678](#) - Opens Mar. 20

M-Th: 9:00 - 11:00 am

Session: 7/31 - 8/3

Arcade Games - eSports by Youth Tech

Ages: 6 - 12

District Office

This class gives students a look at online game development and puts them in the driver's seat of simple game creation. Students in this course will develop online games including arcade style, platform and other interactive games that they can publish and share online. Students will also use their games in an eSport setting and complete like real gamers.

\$135.00 ID \$162.00 OD

Activity: [206670](#) - Opens Mar. 20

M-Th: 9:00 - 11:00 am

Session: 8/7 - 10

Roblox Studio - Programming & Game Development by Youth Tech

Ages: 9 - 15

District Office

Calling all Roblox users! Join in with millions of gamers and immerse yourself in your own 3D world! Roblox Studio is a 3D-based program that uses physics, LUA programming and individual creativity to build a world around you, and your avatar - unlike any other software. This course will guide students through concepts such as beginning physics, LUA programming and game development. Students in this course will build and publish their game to share with friends and family. Instructor: Youth Tech Staff.

\$155.00 ID \$186.00 OD

Activity: [206665](#) - Opens Mar. 20

M-Th: 11:30 am - 2:00 pm

Session: 8/7 - 10

Technology: Engineering

FunWorks Engineering Intro to STEAM Using LEGO®

Ages: 5 - 6

Miller Elementary

Students are introduced to (S.T.E.A.M.) Science, Technology, Engineering, Art and Math using motorized LEGO®. Every project is built step-by-step by students with no one left behind. All projects may be modified and decorated while playing. Add wings, jets and a mini figure and create a flying jet car. Imagination has no barriers. A gear drive electric vehicle, a belt drive motorcycle, a monorail and a mosaic art project are just a few of the fun, exciting, educational projects built at camp.

\$199.00 ID \$238.80 OD

Activity: [206660](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Sessions: 6/19 - 23 7/10 - 14
7/31 - 8/4 8/14 - 18





FunWorks Engineering/STEM with LEGO®

Ages: 7 - 12

Miller Elementary

Children are introduced to engineering concepts and develop their understanding of STEM relating to every project built. Students typically build two projects per day and modify the mechanics as well as have competitions. Projects use motorized LEGO® and could include a belt-drive motorcycle or a gear drive car and the week ends with an epic monorail/battle. Fun Works is locally-owned and operated.

\$199.00 ID \$238.80 OD

Activity: [206674](#) - Opens Mar. 20

M-F: 1:00 - 4:00 pm

Sessions: 6/19 - 23 7/10 - 14
7/31 - 8/4 8/14 - 18

Robotics Camp by Sylvan Learning Center

Ages: 6 - 11

Sylvan Learning Center Northwest Crossing

Explore the amazing world of robotics by building and programming robots using Lego's® latest technology. Students use creativity and problem-solving skills while building innovative robots that come to life during these summer camps.

\$235.00 ID \$282.00 OD

Activity: [206657](#) - Opens Mar. 20

M-Th: 1:00 - 4:00 pm

Sessions: 6/26 - 29 7/24 - 27
7/31 - 8/3

STEAM Workshop by Sylvan Learning Center

Ages: 6 - 12

Sylvan Learning Center Northwest Crossing

Sylvan™'s newest camp, this no-school workshop incorporates digital art into the fan-favorite robotics and engineering courses our students love! Explore the STEAM world with all-new seasonal projects in every class. Students will use and develop their creativity and problem-solving skills to imagine, draw, build, innovate, engineer and troubleshoot robots that come to life. Students will use digital art, LEGO® robotics and additional interactive hands-on materials to tackle thematic engineering challenges. Bring a sack lunch and water bottle.

\$125.00 ID \$150.00 OD

Activity: [206655](#) - Opens Mar. 20

F: 9:00 am - 2:00 pm

Sessions: 7/7 7/21
8/18 8/25

Adventures in STEM With LEGO® Materials by Playwell Teknologies

Ages: 5 - 7

Cascade Middle School

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects and use special pieces to create your own unique designs! Projects are rotated seasonally to ensure that both new and returning students can explore the endless creative possibilities of the LEGO® building system.

\$199.00 ID \$238.80 OD

Activity: [206675](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Session: 7/10 - 14

STEM Explorations With LEGO® Materials by Playwell Teknologies

Ages: 7 - 12

Cascade Middle School

Master your engineering skills with Play-Well Teknologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering and architecture through engineer-designed projects. Projects are rotated seasonally to ensure that even returning students get a new experience, so join us to design and build as never before and explore your craziest ideas.

\$199.00 ID \$238.80 OD

Activity: [206676](#) - Opens Mar. 20

M-F: 1:00 - 4:00 pm

Session: 7/10 - 14

Mandalorian Training Using LEGO® Materials by Playwell Teknologies

Ages: 5 - 7

Cascade Middle School

Here's your chance to join your friends and learn what it takes to become a true Mandalorian. Using LEGO®, an experienced instructor will guide us through the skills and equipment needed to earn the title. We will build our gauntlet fighter ship to weave through the galaxy, our Z-6 jetpacks to maneuver through the air, and, of course, defend ourselves with our Mandalorian armor. Coming to a galaxy near you!

\$199.00 ID \$238.80 OD

Activity: [206677](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Session: 7/31 - 8/4



Mandalorian Missions Using LEGO® Materials by Playwell Teknologies

Ages: 7 - 12

Cascade Middle School

LEGO® builders assemble! We need you to come join our experienced Play-Well Instructors to save the world. We will use LEGO® to build our strongest Avengers to defeat Thanos, help Thor retrieve Mjolnir, swing through the city with Spider-man, and tell Hulk to Smash! Our journey will take us to battles on this world and beyond. Are you up to the challenge?

\$199.00 ID \$238.80 OD

Activity: [206680](#) - Opens Mar. 20

M-F: 1:00 - 4:00 pm

Session: 7/31 - 8/4



Clay

Fun With Clay

Ages: 6 - 12

Harmon Park Clay Studio

Create something new each class! Including animals, imaginative creatures, bowls and so much more. Learn hand building skills and techniques, and glaze your pieces with bright colors. Instructors: Amanda Krammes and Cat Melone.

\$99.00 ID \$118.80 OD

Activity: [211109](#) - Opens Mar. 20

M: 6:00 - 8:00 pm

Sessions: 6/5 - 26 7/10 - 31
8/7 - 28

W: 3:30 - 5:30 pm

Sessions: 6/7 - 28 7/12 - 8/2
8/9 - 30

Youth Wheel Throwing

Ages: 7 - 13

Harmon Park Clay Studio

All levels are welcome to learn how to throw pots on the wheel. Follow the process of basic wheel throwing practice, trimming and glazing. Small class sizes will allow more one-on-one time with students to improve their skills. Instructors: Hunter Teig and Amanda Krammes.

\$149.00 ID \$178.80 OD

Activity: [211202](#) - Opens Mar. 20

M: 1:00 - 3:00 pm

- OR - 3:30 - 5:30 pm

Sessions: 6/19 - 7/17 (no class 7/3)
7/24 - 8/14

Tu: 3:30 - 5:30 pm

Sessions: 6/20 - 7/11 (no class 7/4)
7/25 - 8/15

Th: 3:30 - 5:30 pm

Sessions: 6/22 - 7/13 (no class 7/6)
7/27 - 8/17

Multimedia

Art-Rageous Camp

Ages: 6 - 11

Cascade Middle School

Explore, Inspire, Create! Discover your creative side with painting, pastels, drawing and mixed media. Come play in the studio, the possibilities are endless. For full-day enrollment, sign up for both am and pm sessions and care will be provided during 12:00 - 1:00 pm. Instructor: Art Station Staff.

\$140.00 ID \$168.00 OD

Activity: [211228](#) - Opens Mar. 20

M-Th: 9:00 am - 12:00 pm

- OR - 1:00 - 4:00 pm

Sessions: 6/26 - 29
7/10 - 13
7/17 - 20
7/24 - 27
7/31 - 8/3
8/7 - 10
8/14 - 17
8/21 - 24

creativity
equals
expression

Art allows each of us
to play and express
our unique thoughts
and individuality.

"I don't say
everything, but I
paint everything."
~ Pablo Picasso



Art Station's on the move

After calling the historic train depot home for many years, the Art Station has moved.

CLAY CLASSES

Clay programs for youth and adults have moved to the newly updated Harmon Park Clay Studio.

MULTIMEDIA CLASSES

Painting, drawing and multimedia art programs for youth and adults are now hosted at Larkspur Community Center.

ART PARTIES

Art parties are a great time for all ages. Clay parties are available on Sundays at Harmon Park Clay Studio. Visit bendparksandrec.org/artstation to learn more.



FunWorks Art

Ages: 7 - 12

Miller Elementary

Similar to the Intro class with more advanced projects and challenges, students are introduced to a new project each day of class with an emphasis on creativity and self-expression. Projects include drawing, painting, printmaking, sculpture and mixed media. Students will bring home five projects during the week. No experience or prerequisite required. Instructor: Izabel Crosby.

\$199.00 ID \$238.80 OD

Activity: [206661](#) - Opens Mar. 20

M-F: 1:00 - 4:00 pm

Sessions: 6/26 - 30 8/7 - 11
8/21 - 25 7/17 - 21

DIY: Simple Scrapbooking NEW

Ages: 8 - 13

Larkspur Community Center

Life is about making memories, and today's scrapbooks are a fun way to share your memories with friends. Together we'll learn simple, easy ways to share yours! Bring 20-25 of your favorite photos. Have you started a journal about them? Feel free to bring your notes too! All scrapbooking materials will be provided. Instructor: Claire-Anne Wood.

\$59.00 ID \$70.80 OD

Activity: [211229](#) - Opens Mar. 20

Tu: 9:00 - 11:30 am

Sessions: 6/27 7/11
8/15

Art & The Young Child

Art Play Group

Ages: 2 - 5 with Adult

Larkspur Community Center

Parents, grandparents, family, nannies and other adults get to connect with their child at this amazing art experience! Each session will have different activities that are play-based and will develop creative thinking, spark curiosity and inspire independence and experimentation. Come and make a mess with us. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Anne Rustand.

\$22.00 ID \$26.40 OD

Activity: [211300](#) - Opens Mar. 20

F: 9:00 - 10:00 am
- OR - 10:30 - 11:30 am

Sessions: 6/23 7/7
8/11

Work for play!

View BPRD jobs available at bendparksandrec.org/jobs.

FunWorks Intro to Art

Ages: 5 - 6

Miller Elementary

Students are introduced to a new project each day of class, with an emphasis on creativity and self-expression. Projects include drawing, painting, printmaking, sculpture and mixed media. Fun, learning and experimentation are priorities for the class. Students will bring home five projects during the week. Instructor: Izabel Crosby.

\$199.00 ID \$238.80 OD

Activity: [206661](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

Sessions: 6/26 - 30 7/17 - 21
8/7 - 11 8/21 - 25



PreClay

Ages: 3 - 5 with Adult

Harmon Park Clay Studio

This is a starter class for little artists to experience the wonders of clay. Children will squish, push, form, flatten and create a ceramic piece and decorate it with bright-colored glazes. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Helen Bommarito.

\$22.00 ID \$26.40 OD

Activity: [211304](#) - Opens Mar. 20

F: 9:45 - 10:45 am

Sessions: 7/7 8/11
9/8



With A Child: Art

With Your Child: Acrylic Pouring on Canvas NEW

Ages: 6 & up with Adult
Larkspur Community Center
Swirl, slip and slide acrylic paint across a canvas and create amazing results. Learn acrylic pouring technique and applications. The fee includes one child and one required accompanying adult. Instructor: Stephen Teater.

\$69.00 ID \$82.80 OD

Activity: [211541](#) - Opens Mar. 20

Sa: 9:00 - 11:00 am

Sessions: 6/10 6/17
6/24

With A Child: Paint Night

Ages: 6 & up with Adult
Larkspur Community Center

Enjoy a relaxing time together making a dual-canvas acrylic painting. Each young artist/adult pair receives two canvases to paint an image that when placed together will turn into one masterpiece. The design is prepped prior and the instructor will guide your painting's creation. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$69.00 ID \$82.80 OD

Activity: [202416](#) - Opens Mar. 20

Th: 5:30 - 7:30 pm

Sessions: 6/22 - Freddie Fox



With A Child: Fused Glass Fun

Ages: 6 & up with Adult
Larkspur Community Center

Come enjoy an evening with your young artist and make a fused glass piece of art. Try your creativity in designing with different shapes and color pieces to make the most of your seasonal decor. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Diane Burns.

\$79.00 ID 94.80 OD

Activity: [202414](#) - Opens Mar. 20

F: 5:30 - 7:00 pm

Sessions: 6/23 - Tommy Turtle
6/30 - Tommy Turtle

With A Child: Fun With Clay

Ages: 5 - 15 with Adult
Harmon Park Clay Studio

Create something new each class including animals, imaginative creatures, bowls and so much more. Learn hand-building skills and techniques, and glaze your pieces with bright colors. The fee includes one child and one required accompanying adult. Please only register the child. Instructor: Harmon Clay Studio Staff.

\$69.00 ID \$82.80 OD

Activity: [211515](#) - Opens Mar. 20

Sa: 10:00 am - 12:00 pm

- OR - 12:30 - 2:30 pm

Sessions: 6/24 - Dragons
7/8 - Mugs
7/15 - Animal Bowl
7/22 - Monsters
7/29 - Garden Gnomes
8/5 - Coil Bowls
8/12 - Cool Cacti
8/19 - Mythical Creatures
8/26 - Bird Bowl



ADULTS CAN GET ARTSY TOO!

Adult Art classes on pages 14 - 17.

Participation in "With A Child" programs is welcomed for parents, guardians, grandparents, aunts, uncles, friends, neighbors, Big Brothers, Big Sisters and more.

Look for With A Child classes:

Art, page 17
Cooking, page 10



Make adventure habit.

Follow a trail.
Go boating.
Camp under the stars. Observe animals in their habitat. Catch a fish. Play in a park. Explore Oregon's culture and history. Make this a summer of discovery and exploration. Be greater outdoors.

Outdoor Camps

Riley Ranch Nature Camp

Ages: 7.5 - 11, entering Grades 3 - 5

Riley Ranch

Explore the great outdoors and nature at Riley Ranch Nature Reserve through art and adventure including crafts, hiking and water play in the Deschutes River. Just five minutes from downtown, Riley Ranch is a natural wonderland filled with flora, fauna, geology and rich history. Discover your love of nature studies and all things outdoors! Campers will enjoy half-day morning or afternoon field trips most days. Drop off 8:30 - 8:45 a.m. and pick up 4:15 - 4:30 p.m. from Riley Ranch parking lot.

\$259.00 ID \$310.80 OD

Activity: [207502](#) - Opens Mar. 20

M-F: 8:30 am - 4:30 pm

Sessions: 6/19 - 23 6/26 - 30
7/10 - 14 7/17 - 21
7/24 - 28 7/31 - 8/4
8/7 - 11 8/14 - 18

M/W-F: 8:30 am - 4:30 pm

Session: 7/3 - 7
(no camp 7/4, \$208.00 ID \$249.60 OD)

M-Th: 8:30 am - 4:30 pm

Sessions: 8/21 - 24 (\$208.00 ID \$249.60 OD)
8/28 - 31 (\$208.00 ID \$249.60 OD)

Adventure Camp

Ages: 10.5 - 14, entering Grades 6 - 9

The Pavilion - Park & Float Lot

Let's go on an adventure! Enjoy a wide variety of adrenaline sports including whitewater rafting (class II rapids), rock climbing at Smith Rock State Park, mountain biking, canoeing, and paddle boarding. Days 1 - 3 meet 8:30 a.m. - 4:30 p.m.; Day 4 is the rafting trip which meets 8:00 a.m. - 6:00 p.m. All transportation and equipment provided.

\$349.00 ID \$418.80 OD

Activity: [207500](#) - Opens Mar. 20

M-W: 8:30 am - 4:30 pm

& Th: 8:00 am - 6:00 pm

Sessions: 6/19 - 22 6/26 - 29
7/10 - 13 7/17 - 20
7/24 - 27 7/31 - 8/3
8/7 - 10 8/14 - 17
8/21 - 24 8/28 - 31

M/W-Th: 8:30 am - 4:30 pm

& F: 8:00 am - 6:00 pm

Session: 7/3 - 7 (no camp 7/4)

Tu-Th: 8:30 am - 4:30 pm

& F: 8:00 am - 6:00 pm

Sessions: 6/20 - 23 6/27 - 30
7/11 - 14 7/18 - 21
7/25 - 28 8/1 - 4
8/8 - 11 8/15 - 18
8/22 - 25 8/29 - 9/1



For more information, call (541) 389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



Intro to Wilderness Survival

Ages: 6 - 8

Shevlin Park Aspen Meadow

Learn the basics of thriving in the wild! Campers learn confidence, take initiative, practice communication skills and good judgement through fun survival scenarios. Skills include shelter-building, cordage, navigation, knots, traps, primitive techniques and more. The week ends with an exciting final scenario and a certificate of achievement. No wilderness experience prerequisites needed. Bring appropriate clothing, snacks and lunch.

\$325.00 ID \$390.00 OD

Activity: [207511](#) - Opens Mar. 20

M-F: 9:00 am - 2:30 pm

Sessions: 6/26 - 30
7/3 - 7 (no program 7/4,
\$260.00 ID \$312.00 OD)
7/24 - 28 7/31 - 8/4
8/21 - 25 8/28 - 9/1

Work for play!

View BPRD jobs available at
bendparksandrec.org/jobs.



Cougar Camp

Shevlin Park

Discover your camp name and make new friends at Cougar Camp - Bend's renowned, traditional summer camp located in Shevlin Park! Our lively staff and the iconic camp setting encourages children to fall in love with the outdoors as they enjoy hiking, biking, swimming, rock climbing, archery, games, exploring nature and creating camp skits.

Days 1 and 2 run from 9:00 a.m. - 4:00 p.m.; Day 3 runs 9:00 a.m. - through the next day to 12:00 noon. On the third day of camp, the whole family can share in a barbecue potluck and camp activities at 6:00 p.m. Campers stay overnight in tipis following the barbecue.

Cougar Camp 1

Ages: 7.5 - 10, entering Grades 3 - 4

\$289.00 ID \$346.80 OD

Activity: [207401](#) - Opens Mar. 20

M-T: 9:00 am - 4:00 pm

W: 9:00 am - overnight

Th: Pick up at 12:00 pm

Sessions: 6/26 - 29 7/10 - 13
7/31 - 8/3 8/14 - 17

Cougar Camp 2

Ages: 9.5 - 12, entering Grades 5 - 6

\$289.00 ID \$346.80 OD

Activity: [207402](#) - Opens Mar. 20

M/W: 9:00 am - 4:00 pm

Th: 9:00 am - overnight

F: Pick up at 12:00 pm

Session: 7/3 - 7 (no camp 7/4)

M-T: 9:00 am - 4:00 pm

W: 9:00 am - overnight

Th: Pick up at 12:00 pm

Sessions: 7/17 - 20 8/7 - 10
8/21 - 24

Cougar Camp 1 & 2

Ages: 7.5 - 12, entering Grades 3 - 6

\$289.00 ID \$346.80 OD

Activity: [207412](#) - Opens Mar. 20

M-T: 9:00 am - 4:00 pm

W: 9:00 am - overnight

Th: Pick up at 12:00 pm

Sessions: 6/19 - 22 7/24 - 27
8/28 - 31



Need Help Selecting an Outdoor Program?

Our outdoor programs offer varying combinations of physical activity, challenge, engaging children with nature, time spent outdoors, environmental education and stewardship opportunities.

If you have questions about the best match for your child, please contact our Outdoor Program Coordinator listed below to discuss your child's interests, skill level and previous experience. We'll help you make the selection.

Outdoor Program Details

Before your register, look for important details on equipment needed, schedules and other information in the programs' online descriptions. It's possible that pertinent information is also sent to you directly via email after registration. Ensure your account contact information is up-to-date so that you're in the loop.

Questions or concerns? Contact:

David "Owl" Chen,
Outdoor Program Coordinator
(541) 706-6116



The Bend Park & Recreation District is an equal opportunity recreation provider under Special Use Permit with the Deschutes National Forest and the Prineville District of the BLM.

Intermediate Wilderness Survival

Ages: 8 - 12

Sawyer Park

Hone your survival skills and test yourself against survival scenarios. Skills include shelter-building, knife safety, tracking, foraging, teamwork, traps, orienteering, cordage and knot-tying and primitive techniques. You'll develop initiative, self control and judgement skills while connecting with the natural world - and most of all, having fun! The week ends with an exciting final scenario and a certificate of achievement. No wilderness experience prerequisites needed. Bring appropriate clothing, snacks and lunch.

\$400.00 ID \$480.00 OD

Activity: [207512](#) - Opens Mar. 20

M-F: 9:00 am - 4:00 pm

Sessions: 6/19 - 23 8/7 - 11
8/21 - 25 8/28 - 9/1



Advanced Wilderness Survival

Ages: 10 - 14

Sawyer Park

This camp goes in depth into critical survival skills using cool scenarios. Participants solve various skills challenges such as shelter-building, tool use, knife safety, traps, rope and knot-tying, plant uses, animal tracking, primitive skills, navigation and more. Campers take initiative and build self-control, confidence and communication skills while making new friends. The week ends with an exciting final scenario and a certificate of achievement. No wilderness experience prerequisites needed. Bring appropriate clothing, snacks and lunch.

\$400.00 ID \$480.00 OD

Activity: [207513](#) - Opens Mar. 20

M-F: 9:00 am - 4:00 pm

Sessions: 6/26 - 30
7/3 - 7 (no program 7/4;
\$320.00 ID \$384.00 OD)
7/31 - 8/4

Kids Nature Fix

NEW

Ages: 8 - 13

Shevlin Park Aspen Meadow

This three-day program guides kids as they develop their relationship with the natural world around them. Participants will practice forest bathing, nature journaling, art, forest yoga and other wellness practices through collaborative games and activities! Participants bring their own water, snacks and lunch.

\$135.00 ID \$162.00 OD

Activity: [207881](#) - Opens Mar. 20

Tu-Th: 9:00 am - 12:30 pm

Sessions: 6/27 - 29 7/11 - 13
8/15 - 17



Seek & Survival

NEW

Ages: 7 - 12

Larkspur Park

With road tripping combined with survival skills, this small-sized camp includes a variety of daily field trips to iconic local outdoor settings and highly-customized instruction. While making new friends, campers will learn about and experiment with navigation, tracking, knots, cordage, foraging, fire safety lessons, traps, fishing, archery and more. Driving time will be used to get to know one another and talk about survival skills concepts and philosophy. Daily destinations may include La Pine State Park, Newberry Crater National Monument, Lava Lands Ice Caves and the Deschutes National Forest along Cascade Lakes Highway and other potential locations. Field trips may range as far as 45 minutes away and will be communicated to parents daily. Pick up and drop off are at Larkspur Community Center outdoor picnic area and participants should bring a lunch, snack, backpack, water bottle, sunscreen and water shoes. If a camper brings a mobile phone, the expectation is to use it only to contact a parent as necessary.

\$495.00 ID \$594.00 OD

Activity: [207810](#) - Opens Mar. 20

M-F: 9:00 am - 4:00 pm

Sessions: 7/10 - 14 8/14 - 18

For more information, call (541) 389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee

Ninja Warrior Parkour

Ages: 9 - 14

Pine Nursery Park

Learn to jump, vault, tumble, bounce and spin your way under, over and through whatever obstacles and features you come across. Campers build strength, timing, balance, flexibility and explosiveness as instructors take participants through a challenging and fun progression of skills and exercises. Instructors incorporate obstacle courses, martial art forms, acrobatic movements and props to learn and choreograph key parkour and free running movements. Led by international instructor Jereme Sanders, the week ends with a final showcase of skills. Bring appropriate clothing, snacks and lunch.

\$415.00 ID \$498.00 OD

Activity: [207816](#) - Opens Mar. 20

M-F: 9:00 am - 3:00 pm

Sessions: 7/10 - 14 7/31 - 8/4



Fish, Forage, Flying Arrows

Ages: 8 - 13

Shevlin Park Aspen Meadow

Immerse yourself in the art of being a true outdoorsperson! Learning and practicing a variety of skills to acquire food, we'll delve into the world of fishing, foraging and archery. Fishing lessons include use of gear, baiting, casting and landing your catch followed by cleaning and cooking a fish. Foraging includes plant identification and harvesting in various seasons. Archery practice will emphasize safety, practical use and proper form. Bring appropriate clothing, snacks and lunch.

\$420.00 ID \$504.00 OD

Activity: [207822](#) - Opens Mar. 20

M-F: 9:00 am - 4:00 pm

Sessions: 7/10 - 14 7/17 - 21

Girls' Earth Skills Camp

Ages: 9 - 14

Shevlin Park Aspen Meadow

A girl's paradise in nature! Work in teams to build communication and leadership skills, and independently to build focus, self-esteem and self-sufficiency by practicing an array of wilderness skills: shelter construction, fire building, tool and knife use, knots and ropes, navigation and plant identification. Instructors make it both fun and challenging with creative scenarios to problem-solve in small groups. Play fun games and make new friends while earning a skills certificate. Bring appropriate clothing, snacks and lunch.

\$400.00 ID \$480.00 OD

Activity: [207818](#) - Opens Mar. 20

M-F: 9:00 am - 4:00 pm

Sessions: 7/17 - 21 8/7 - 11

Crafter's Camp

Ages: 8 - 12

Sawyer Park

Build. Cool. Stuff. This camp is all about tool use, creativity and engineering. Each day we will introduce a new building project that participants will work on throughout the week to bring home. Projects are generally themed for camping and outdoors. We will even try to make the tools we will use to build other things! Projects may include making a bushcraft knife, a bone awl, wood baton, natural fiber cordage, hand carved wood spoon and/or bowl, paracord survival bracelets or belts, feathersticks, leather medicine pouches, bamboo walking sticks, gourd drinking bottle, rocket stove and more. We take breaks to explore the park and look for materials. Bring appropriate clothing, snacks and lunch.

\$420.00 ID \$504.00 OD

Activity: [207819](#) - Opens Mar. 20

M-F: 9:00 am - 4:00 pm

Sessions: 7/24 - 28 8/14 - 18



Rock Climbing

Youth & Teen Rock Climbing Clinics

Ages: 12 - 17

Alpenglow Park & The Pavilion

Welcome to the two-day Climbing Clinic, designed to spark inspiration and help develop confidence and skills in aspiring rock climbers. On Friday, we'll start with a fun 3-hour introduction of the fundamentals at the bouldering walls at Alpenglow Park. On Saturday, we'll enjoy a full day of climbing at Smith Rock State Park. Meet at The Pavilion at 8:00 a.m., return at 3:00 p.m. Transportation to/from Smith Rock and equipment provided. No experience necessary.

\$126.00 ID \$151.20 OD

Activity: [207201](#) - Opens Mar. 20

Ages: 12 - 14

F: 4:00 - 7:00 pm

Sa: 8:00 am - 3:00 pm

Sessions: 6/30 - 7/1 7/28 - 29
8/25 - 26

Ages: 15 - 17

F: 4:00 - 7:00 pm

Sa: 8:00 am - 3:00 pm

Session: 7/14 - 15





Everybody wins.

Sports, whether team-based or individual, are a great activity for kids that provide a variety of benefits other than just physical activity. Sports help build self-esteem and confidence, motivate kids to excel and develop social skills. With those benefits, everyone is a winner.

All-sports Camps:

Skyhawks 4-Sport Sampler

Ages: 4 - 9

Sky View Middle School

A great way to start your summer fun, this camp allows you to try a variety of sports and activities all in one Skyhawk camp setting!

Activity: [203357](#) - Opens Mar. 20

\$145.00 ID \$174.00 OD

M-Th: 9:00 am - 12:00 pm

Session: 6/19 - 22

\$119.00 ID \$142.80 OD

M-Th: 1:00 - 3:30 pm

Session: 6/19 - 22

Work for play at BPRD.

Learn more at bendparksandrec.org/jobs.

Skyhawks Mini-Hawk Camp

Ages: 4 - 7

Pilot Butte Middle School & Skyline Sports Park

This camp is ideal for introducing athletics, allowing your child to sample different sports. It's designed to expose children to different sports at a young age.

\$145.00 ID \$174.00 OD

Activity: [203358](#) - Opens Mar. 20

M-Th: 9:00 am - 12:00 pm

Sessions: 6/26 - 29 - Pilot Butte MS
7/17 - 20 - Skyline Sports Park



Skyhawks Multisport P.E. Games

Ages: 6 - 12

Pilot Butte Middle School & Skyline Sports Park

All your favorite P.E. games wrapped into one awesome week. This camp allows children to sample different P.E. sports - Ultimate, Capture the Flag and dodgeball - in one camp!

Activity: [203359](#) - Opens Mar. 20

\$119.00 ID \$142.80 OD

M-Th: 1:00 - 3:30 pm

Sessions: 6/26 - 29 - Pilot Butte MS
7/24 - 27 - Skyline Sports Park

\$145.00 ID \$174.00 OD

M-Th: 9:00 am - 12:00 pm

Session: 7/24 - 27 - Skyline Sports Park

Volunteer with youth sports and adaptive programs.

Contact Kim at (541) 706-6127 for more information.



Skyhawks Mighty Hawk Soccer

Ages: 5 - 9

Pilot Butte Middle School & Skyline Sports Park

The Skyhawks tradition continues in Bend! Not only do kids learn how to dribble, pass, shoot and head the ball, they also learn lifelong skills in a great environment. Includes camp t-shirt.

Activity: [203351](#) - Opens Mar. 20

Ages: 5 - 9

\$145.00 ID \$174.00 OD

M-Th: 9:00 am - 12:00 pm

Session: 7/10 - 13 - Pilot Butte MS

Ages: 5 - 8

\$119.00 ID \$142.80 OD

M-Th: 1:00 - 3:30 pm

Session: 8/7 - 10 - Skyline Sports Park

Ages: 5 - 8

\$145.00 ID \$174.00 OD

M-Th: 9:00 am - 12:00 pm

Session: 8/14 - 17 - Skyline Sports Park

Skyhawks Mighty Hawk Hoop

Ages: 5 - 9

Cascade Middle School & Pilot Butte Middle School

The focus of this camp is on ball handling, passing, shooting, defense and rebounding. Great camp for kids!

\$119.00 ID \$142.80 OD

Activity: [203353](#) - Opens Mar. 20

M-Th: 1:00 - 3:30 pm

Session: 7/10 - 13 - Pilot Butte MS

M-Th: 12:30 - 3:00 pm

Session: 7/31 - 8/3 - Cascade MS

Skyhawks Outdoor Volleyball

Ages: 8 - 12

Skyline Sports Park

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled camp. All aspects of the game are taught through drills and exercises that focus on passing, setting, hitting and serving.

\$109.00 ID \$130.80 OD

Activity: [203356](#) - Opens Mar. 20

M-Th: 1:00 - 3:30 pm

Sessions: 7/17 - 20 8/21 - 24

Skyhawks Mighty Hawk Football

Ages: 5 - 9

Cascade Middle School

Kids learn lifelong skills in a great environment including how to pass, catch and run routes. Includes t-shirt.

\$145.00 ID \$174.00 OD

Activity: [203352](#) - Opens Mar. 20

M-Th: 8:30 - 11:30 am

Session: 7/31 - 8/3

Skyhawks Mighty Hawk Baseball

Ages: 5 - 8

Skyline Sports Park

Participants learn lifelong skills in a great environment while practicing throwing, catching, hitting, running and defense.

\$145.00 ID \$174.00 OD

Activity: [203354](#) - Opens Mar. 20

M-Th: 9:00 am - 12:00 pm

Session: 8/7 - 10

Skyhawks Soccer

Ages: 7 - 12

Skyline Sports Park

The Skyhawks tradition continues in Bend! Not only do kids learn how to dribble, pass, and shoot the ball, they also learn lifelong skills in a great environment. Includes camp t-shirt.

\$119.00 ID \$142.80 OD

Activity: [203350](#) - Opens Mar. 20

M-Th: 1:00 - 3:30 pm

Session: 8/14 - 17

Skyhawks Mighty Hawk 3-Sport

Ages: 5 - 8

Skyline Sports Park

This camp is designed to introduce young athletes to a variety of different sports in one setting. We combine 3 sports into one fun-filled week. Athletes will learn the rules and essentials of each sport through skill-based games and scrimmages. By the end of the week, your child will walk away with knowledge of new sports along with vital life lessons such as respect, teamwork, and self-discipline.

\$145.00 ID \$174.00 OD

Activity: [203355](#) - Opens Mar. 20

M-Th: 9:00 - 11:30 am

Session: 8/21 - 24



Skyhawks Summer 2023 Schedule

WEEK 1: 6/19 - 22

4-Sport Sampler

WEEK 2: 6/26 - 29

Mini Hawk & Multi-Sport

WEEK 3: 7/3 - 7

No sports camps

WEEK 4: 7/10 - 13

Mighty Hoop

Mighty Hawk Soccer

WEEK 5: 7/17 - 20

Mini-Hawk

Outdoor Volleyball

WEEK 6: 7/24 - 27

Multi-Sport

WEEK 7: 7/31 - 8/3

Mighty Hawk Football & Mighty Hoop

WEEK 8: 8/7 - 11

Mighty Hawk Soccer & Mighty Hawk Baseball

WEEK 9: 8/14 - 17

Mighty Hawk Soccer & Skyhawk Soccer

WEEK 10: 8/21 - 24

3-Sport camp

Outdoor Volleyball



All-sports Camps

Moment Athletics Multi-Sport Field Games Camp

Ages: 8 - 13

Pacific Crest Fields & Skyline Sports Park

Very popular camp offering multi-sport field games. Campers will practice skills and play games; such as soccer, flag football, kickball, rugby and ultimate frisbee. Suited for athletic minded camper looking to play and improve more of the sports they love, while learning new sports and games. Moment Athletics is locally owned and operated by veteran teacher and coach, CJ Colt.

\$169.00 ID \$202.80 OD

Activity: [203053](#) - Opens Mar. 20

M-Th: 9:00 am - 1:00 pm

Sessions: 6/19 - 22
6/26 - 29 - Skyline Sports Park
7/17 - 20
8/14 - 17
8/28 - 31



Jordan Kent's Just Kids Skill Camps

Ages: 6 - 12

Pacific Crest Middle School

Founded by Jordan Kent, University of Oregon Hall of Fame three-sport athlete, this multi-sport skills camp is a week-long day camp offering beginning to intermediate fundamental training in football, soccer or basketball tailored to all abilities. Your camper will participate in skill training, agility training, games, life skills and nutrition education, all while basking in an exciting and engaging camp atmosphere. All campers will receive a camp t-shirt and post-camp goodie. Full-day campers need to bring a lunch.

Also look for Jordan Kent's Pickleball and Baseball Camps.

Activity: [203050](#) - Opens Mar. 20

HALF-DAY CAMPS

\$169.00 ID \$202.80 OD

M-Th: 9:00 am - 1:00 pm

Sessions: 6/26 - 29 7/10 - 13
7/24 - 27 8/7 - 10
8/21 - 24

FULL-DAY CAMPS

\$199.00 ID \$238.80 OD

M-Th: 9:00 am - 3:00 pm

Sessions: 6/26 - 29 7/10 - 13
7/24 - 27 8/7 - 10
8/21 - 24

Baseball

Moment Athletics Baseball Camp

Ages: 7 - 14

Skyline Sports Park

Want to continue playing the sport you love, post Little League season? Come play baseball with the Double Play Baseball program. The camp will focus on skills, drills and games that encourage the love of the game, all while having fun with friends. Designed for baseball players of all ability levels. Bring all your own baseball equipment (glove, bat, etc.) and wear baseball pants, cleats and a hat. Double Play Baseball is locally owned and operated by veteran teacher and coach, CJ Colt.

\$139.00 ID \$166.80 OD

Activity: [203052](#) - Opens Mar. 20

M-Th: 9:00 am - 12:00 pm

Session: 6/19 - 22

Bend Elks Baseball Camp

Ages: 7 - 14

Vince Genna Stadium

A great chance to improve your game! Hosted by the Elks coaching staff and players, this camp is held at Genna Stadium, home of the Elks. Bring your baseball glove, water bottle and a snack each day.

\$83.00 ID \$99.60 OD

Activity: [203090](#) - Opens Mar. 20

M-W: 9:00 - 11:45 am

Sessions: 7/3 - 5 7/31 - 8/2

Tu-Th: 9:00 - 11:45 am

Session: 7/11 - 13

F-Su: 9:00 - 11:45 am

Session: 6/23 - 25



Jordan Kent's Baseball Camp

Ages: 6 - 12

Pacific Crest Middle School

This half-day baseball camp offers beginning to intermediate baseball skill training. Learn the fundamentals and develop your love for the game in a positive, exciting camp atmosphere filled with instruction, games, contests and prizes. A great fit for players looking to expand their baseball skills. All campers receive a camp t-shirt and post-game goodie.

\$119.00 ID \$142.80 OD

Activity: [203050](#) - Opens Mar. 20

M-Th: 9:00 am - 12:00 pm

Session: 7/31 - 8/3



For more information, call (541) 389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



Basketball

Caldera Boys Basketball Camp

Grades: 4 - 8

Caldera High School

Presented by Caldera High School coaching staff and players, this boys basketball camp covers the fundamentals of shooting, passing, dribbling, rebounding and man-to-man defense. Includes camp t-shirt. Grades are for the 2023-24 school year.

\$100.00 ID \$120.00 OD

Activity: [203080](#) - Opens Mar. 20

Grades: 4 - 5

M-Th: 8:00 - 10:00 am

Session: 6/19 - 22

Grades: 6 - 8

M-Th: 9:30 am - 12:00 pm

Session: 6/19 - 22

Caldera Girls Basketball Camp

Grades: 4 - 8

Caldera High School

In this girls basketball camp, you'll improve your game and get ready for your upcoming basketball seasons! Our camp will focus on basketball skill development and court awareness and will prepare you for a strong upcoming season. All Caldera girls basketball camps are under the direction of Caldera High School girls basketball coach Pam Bradbury and her staff. Bring a water bottle each day. Grades are for the 2023-24 school year.

\$100.00 ID \$120.00 OD

Activity: [203081](#) - Opens Mar. 20

M-Th: 12:30 - 2:30 pm

Session: 6/19 - 22

COBO Little Dribblers Camp

Grades: 3 - 5

Cascade Middle School & Pilot Butte Middle School

Directed by former Mtn. View High School basketball coach Craig Reid and his staff, these camps offer a friendly environment to gain basketball knowledge and experience, develop individual skills and learn team concepts. Includes camp t-shirt.

\$99.00 ID \$118.80 OD

Activity: [203070](#) - Opens Mar. 20

M-Th: 9:00 - 11:30 am

Sessions: 6/19 - 22 - Pilot Butte MS
7/17 - 20 - Cascade MS

COBO Advanced Basketball Camp

Grades: 3 - 9

Cascade Middle School & Mountain View High School

Directed by former Mtn. View High School basketball coach Craig Reid and his staff, these camps offer a friendly environment to gain basketball knowledge and experience, develop individual skills and learn team concepts. Includes camp t-shirt.

\$115.00 ID \$138.00 OD

Activity: [203073](#) - Opens Mar. 20

Grades: 3 - 5

M-Th: 9:30 am - 12:30 pm

Session: 7/10 - 13 - MVHS

M-Th: 9:00 am - 12:00 pm

Session: 8/7 - 10 - Cascade MS

Grades: 6 - 9

M-Th: 1:00 - 4:00 pm

Session: 7/10 - 13 - MVHS

M-Th: 12:30 - 3:30 pm

Session: 8/7 - 10 - Cascade MS

COBO Middle School Basketball Camp

Grades: 6 - 9

Cascade Middle School & Pilot Butte Middle School

Directed by former Mtn. View High School basketball coach Craig Reid and his staff, these camps offer a friendly environment to gain basketball knowledge and experience, develop individual skills and learn team concepts. Includes camp t-shirt.

\$112.00 ID \$134.40 OD

Activity: [203074](#) - Opens Mar. 20

M-Th: 12:00 - 3:00 pm

Sessions: 6/19 - 22 - Pilot Butte MS
7/17 - 20 - Cascade MS





Fall Flag Football Leagues

Youth Flag Football

Boys & Girls, Grades 1 - 8 (2023 - 24 school year)

Locations vary in Bend

Flag football promotes physical fitness and teaches youngsters valuable life skills including teamwork, good work ethic and sportsmanship. Kids will learn basic football fundamentals, game play, and most importantly, have tons of fun.

Teams will practice twice a week and games will be played on Sundays.

Practice day, time and location chosen by volunteer coaches.

This program is dependent on volunteer coaches. Anyone interested in coaching a team, please go to our website to complete a Volunteer Application.

Registration opens: 3/22

Registration deadline: 7/31, 11:45 pm or until full

\$90.00 ID \$108.00 OD

Season: 9/5 - 10/29

Activity: Grade:

[203451](#) Grades 1 - 2

[203453](#) Grades 3 - 4

[203455](#) Grades 5 - 6

[203457](#) Grades 7 - 8

Tackle Football Program Update

BPRD will not offer a tackle football program in fall 2023. For grades 6-8 tackle football opportunities, check out our camp offerings and touch base with your middle school office for their fall program (including grade 6) with registration beginning in August.

The BPRD flag football league program (above) is another great option to learn fundamentals and gain teamwork experience.



Football

Storm Middle School Football Camp

Grades: 6 - 8

Summit High School

Join Summit High School football coach Corbin Hyatt and his outstanding staff for this fast-paced camp as a great kickoff to your upcoming season! Wear t-shirt, shorts and cleats each day. No helmets or pads will be used during this camp. Includes camp t-shirt

\$69.00 ID \$82.80 OD

Activity: [203159](#) - Opens Mar. 20

M-Th: 6:00 - 8:00 pm

Session: 7/31 - 8/3

Storm Youth Football Clinics

Grades: 2 - 6

Summit High School

Join Summit High School coach Corbin Hyatt and his outstanding staff for this camp as a great kickoff to your upcoming season! Skills include passing, running, catching, agility drills and game concepts. Wear t-shirt, shorts and athletic shoes each day. No helmets or pads will be used during this camp. Includes camp t-shirt.

\$49.00 ID \$58.80 OD

Activity: [203161](#) - Opens Mar. 20

W-Th: 10:00 am - 12:00 pm

Session: 8/2 - 3

Full-contact Football Camp

Grades: 6 - 8

Mountain View High School

Come join us for a fast-paced, full-contact, pre-season camp and get ready for the coming 6th through 8th grade football season. Contact your middle school football coach for gear check out.

Registration deadline: 7/31, 11:59 pm, or until full

\$65.00 ID \$78.00 OD

Activity: [203156](#) - Opens Mar. 20

Tu-Th: 5:30 - 7:30 pm

Session: 8/1 - 3

Air Bear Football Camp

Grades: 4 - 8

Bend High School

This camp is a great way to prep for your season! Campers will receive quality instruction in the fundamentals of the game of football. Wear t-shirt, shorts and cleats each day. No helmets or pads will be used during this camp. Includes camp t-shirt.

\$56.00 ID \$67.20 OD

Activity: [203158](#) - Opens Mar. 20

M-Th: 9:00 - 11:00 am

Session: 8/7 - 10

Moment Athletics Flag Football Camp

Ages: 8 - 13

Skyline Sports Park

Prepare for the upcoming flag football season with skills, drills and games. These non-contact training sessions allow players to advance their skills and have fun with friends. Designed for players of all ability levels.

\$139.00 ID \$166.80 OD

Activity: [203056](#) - Opens Mar. 20

M-Th: 9:00 am - 12:00 pm

Session: 8/21 - 24

Middle School Pre-season Football Camp

Grades: 6 - 8

Sky View Middle School

Middle school football coaches will help you get a jump on the season and improve your game. Coaching emphasizes individual and team skills for both offense and defense with conditioning through scrimmage and game situations. Wear t-shirt, shorts and cleats each day. No helmets or pads will be used.

\$52.00 ID \$62.40 OD

Activity: [203162](#) - Opens Mar. 20

Tu-Th: 4:00 - 6:00 pm

Session: 8/22 - 24

Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, call (541) 706-6115.



Golf

Junior Golf Lessons at River's Edge

Ages: 6 - 15

Rivers Edge Golf

Introduce your child to golf - a great lifelong sport! Taught by director of instruction Stuart Allison, these small-group lessons focus on the fundamentals of golf, golf etiquette and having fun. Each session consists of 6 hours of instruction and is designed to build knowledge and technique through experience. Bring your own clubs, a snack and a water bottle each day. Choose multiple sessions throughout the summer.

\$169.00 ID \$202.80 OD

Activity: [203170](#) - Opens Mar. 20

Ages: 6 - 8

M-W: 10:00 am - 12:00 pm

Ages: 9 - 15

M-W: 1:00 - 3:00 pm

Sessions: 6/26 - 28 7/10 - 12
7/17 - 19 7/24 - 26
7/31 - 8/2 8/7 - 9
8/14 - 16 8/21 - 23
8/28 - 30

Martial Arts

Lil' Dragons

Ages: 4 - 6

Odyssey Martial Arts

Beginning with the very basics of Tang Soo Do Karate, this class helps children learn discipline, self-control, confidence, and teamwork as well as develop motor skills.

\$89.00 ID \$106.80 OD

Activity: [206750](#) - Opens Mar. 20

M/W: 3:20 - 3:50 pm

Sessions: 7/10 - 8/2 8/7 - 30

Beginning White Belt Karate

Ages: 6.5 - 12

Odyssey Martial Arts

Discover what martial arts is all about in this class designed for white belt beginners. Students will acquire control, focus, discipline, self-defense skills, confidence and respect, while learning karate techniques and having fun.

\$109.00 ID \$130.80 OD

Activity: [206751](#) - Opens Mar. 20

M/W: 3:55 - 4:40 pm

Sessions: 7/10 - 8/2 8/7 - 30

Children's Ki Aikido

Ages: 5 - 13

Oregon Ki Society

By helping to cultivate good habits at an early age, the practices of Japanese martial arts, Ki-Aikido and Ki Development, offer children a foundation that can help prepare them for a lifetime of positive growth. While children's bodies are growing so are their minds, so we aim to develop them together in Ki's physically active and cooperative learning environment. The goal is that as children grow, they learn to apply these lessons to many of life's activities - school, play, sports and relationships.

\$90.00 ID \$108.00 OD

Activity: [206756](#) - Opens Mar. 20

Tu/Th: 5:30 - 6:30 pm

Sessions: 6/27 - 7/25 (no class 7/4)
8/1 - 24



Pickleball

Jordan Kent's Pickleball Camp

Ages: 6 - 12

Pacific Crest Middle School

This half-day camp is sure to provide loads of fun. Take a swing with one of the fastest growing sports in the country in Jordan's fun and exciting pickleball camp! Campers will build fundamental skills while participating in games, contests and nutrition education in a positive atmosphere. Camp will include a t-shirt and post-camp goodie.

\$119.00 ID \$142.80 OD

Activity: [203050](#) - Opens Mar. 20

M-Th: 9:00 am - 12:00 pm

Session: 6/19 - 22

Let's Play Pickleball

Ages: 10 - 16

Pine Nursery Park

Are you looking for a fun game to play? Not only is it fun, pickleball is also the fastest growing sport in America. So, come learn how to play pickleball with Moment Athletics! Our program aims to provide an inviting and comfortable place to play, improve skills and make some new friends. Players will learn rules and techniques and also practice and play games in an organized, inclusive way that creates maximum engagement for all participants. Equipment provided; bring a water bottle. Moment Athletics is locally-owned and operated by veteran teacher and coach, CJ Colt.

\$69.00 ID \$82.80 OD

Activity: [203054](#) - Opens Mar. 20

M-Th: 7:15 - 8:30 pm

Session: 6/26 - 29



Roller Hockey

Youth Roller Hockey League

Ages: 6 - 15

The Pavilion

Want to keep your hockey game fresh while the ice is gone? Sign up for BPRD's Youth Roller Hockey League - your next step in developing your hockey skills and prepping for the ice season ahead. Confident roller skating experience recommended. Practices on Tuesday evenings; games on Saturday mornings.

Registration deadline: 8/1, 5:00 pm or until full.

\$124.00 ID \$148.80 OD

Activity: [210204](#) - Opens Mar. 22

Tu: 6:30 - 8:00 pm

Sa: 10:30 am - 12:00 pm

Season: 9/5 - 30

Youth Stick Time

Ages: 6 - 17

The Pavilion

Bring your sticks, skates and gear and work on your skating, stick handling and shooting in these no pressure hockey-only sessions. Nets and pucks provided.

Activity: [210401](#)

\$10.00 ID \$12.00 OD / session

Purchase four sessions, get your fifth session for FREE!

Registration: Opens 72 hours prior to scheduled session. You must check-in with the front desk before the beginning of the session.

Drop-in: If space available. Check activity # status online prior to arrival.

Sessions: Times and days will vary. Check online schedule.

Required Roller Hockey League Gear

Protective equipment is required for each participant including: helmet with full face mask, mouthpiece, stick, shin pads, gloves, shoulder pads, pants and elbow pads. Rental equipment is available for \$50.00 for the six-week season.

Uniforms including jersey and socks will be provided and are for the players to keep.



Rugby

Youth Rugby Camp

Ages: 5 - 11

Big Sky Sports Complex

If you like sports, you will like rugby! Come immerse yourself and learn a new sport while having fun and making new friends.

\$100.00 ID \$120.00 OD

Activity: [203139](#) - Opens Mar. 20

M-Th: 9:00 - 11:30 am

Session: 6/26 - 29

Scootering

Scootering Camp

Ages: 6 - 17

Ponderosa Skate Park

Learn new skills and tricks while we have a blast with games and activities. Riders will be grouped by age and skill set. Pro riders will instruct with guest appearances from other pros! On the last day, we will show off our skills in a mini-competition with prizes for the riders. Scooter, helmet and pads required. Bring a water bottle and sack lunch. Program is weather dependent.

\$275.00 ID \$330.00 OD

Activity: [206778](#) - Opens Mar. 20

Tu-F: 9:00 am - 1:00 pm

Session: 6/27 - 30

M-Th: 9:00 am - 1:00 pm

Sessions: 7/10 - 13 7/17 - 20
7/31 - 8/3 8/14 - 17
8/21 - 24

SoccerJrs

Using props and games to enhance their soccer skills, this series is designed to develop motor skills, promote physical fitness, and create self-confidence.

SoccerJrs - Teddies

Ages: 18 - 35 months

Parents participate with the child as they learn soccer basics and fun activities.

\$85.00 ID \$102.00 OD

Activity: [203320](#) - Opens Mar. 20

HARMON PARK

M: 9:00 - 9:55 am

Sessions: 6/19 - 7/24 (no class 7/3)
7/31 - 8/28

Tu: 5:00 - 5:55 pm

Sessions: 6/20 - 7/25 (no class 7/4)
8/1 - 29

W: 10:00 - 10:55 am

Sessions: 6/21 - 7/26 (no class 7/5)
8/2 - 30

Th: 5:00 - 5:55 pm

Sessions: 6/22 - 7/27 (no class 7/6)
8/3 - 31

PINE NURSERY PARK

Tu: 6:00 - 6:55 pm

Sessions: 6/20 - 7/25 (no class 7/4)
8/1 - 29



SoccerJrs - Cubs

Ages: 3 - 4

This introductory class teaches the basics to kicking, dribbling, foot-eye coordination, and balance, as well as listening and following directions.

\$85.00 ID \$102.00 OD

Activity: [203322](#) - Opens Mar. 20

HARMON PARK

M: 10:00 - 10:55 am

- OR - **5:00 - 5:55 pm**

Sessions: 6/19 - 7/24 (no class 7/3)
7/31 - 8/28

Tu: 9:00 - 9:55 am

- OR - **4:00 - 4:55 pm**

Sessions: 6/20 - 7/25 (no class 7/4)
8/1 - 29

W: 9:00 - 9:55 am

- OR - **6:00 - 6:55 pm**

Sessions: 6/21 - 7/26 (no class 7/5)
8/2 - 30

Th: 10:00 - 10:55 am

- OR - **6:00 - 6:55 pm**

Sessions: 6/22 - 7/27 (no class 7/6)
8/3 - 31

PINE NURSERY PARK

M: 5:00 - 5:55 pm

Sessions: 6/19 - 7/24 (no class 7/3)
7/31 - 8/28

Tu: 5:00 - 5:55 pm

Sessions: 6/20 - 7/25 (no class 7/4)
8/1 - 29

W: 5:00 - 5:55 pm

Sessions: 6/21 - 7/26 (no class 7/5)
8/2 - 30

Th: 5:00 - 5:55 pm

Sessions: 6/22 - 7/27 (no class 7/6)
8/3 - 31

REGISTER
NOW
FOR FALL!



Kindergarten Soccer League

Boys & Girls, Kindergarten
(2023 - 24 school year)

Skyline Sports Complex

Designed for the player too young to participate in our Youth Fall Soccer program, this league highlights soccer skill development, learning teamwork and sportsmanship, being active and having fun! Teams meet on Saturdays for 50 minutes, this includes practices and scrimmages. Teams play 3-v-3 on a short field without a goalie. Includes team t-shirt.

This program is dependent on volunteer coaches. If you are interested in coaching this season, visit our website to complete a Volunteer Application.

\$83.00 ID \$99.60 OD / season

Activity: [203400](#)

Registration opens: 3/22

**Registration deadline: 7/7,
11:59 am or until full**

**Sa: Times to be
announced**

Season: 9/9 - 10/14



Youth Fall Soccer League

Boys & Girls, Grades 1 - 8 (2023 - 24 school year)

Let's play soccer! Both new and returning players are welcome in this development league. School-based and divided by grade, teams practice twice a week and play games on Saturdays. Instruction, number of players on teams and game field sizes are age-appropriate and grow incrementally. Each child receives their own jersey, shorts and socks.

Grades 1 & 2 Division: Fun in nature, this division emphasizes development of basic ball-handling and passing skills and understanding of the game. Games are officiated by coaches and parents.

\$80.00 ID \$96.00 OD / season

Grades 3 - 5 Division: With a focus on ball handling and passing skills, this refereed division establishes understanding of the game, strategy, sportsmanship, teamwork and individual player roles.

\$85.00 ID \$102.00 OD / season

Grades 6 - 8 Division: With games on the big fields, this refereed division emphasizes conditioning, advanced development of ball handling and passing skills, the importance of teamwork and game strategy.

\$90.00 ID \$108.00 / season

This program is dependent on volunteer coaches. If you are interested in coaching, visit our website to complete a Volunteer Application.

Practice days, time and location chosen by volunteer coaches. Coaches will contact players regarding specific days and times after teams have been determined.

Registration opens: 3/22

Registration deadline: 7/7, 11:45 pm

Season: 9/5 - 10/28

COED		BOYS		GIRLS	
Activity:	Grade:	Activity	Grade:	Activity:	Grade:
203401	Grade 1	203403	Grade 2	203404	Grade 2
		203405	Grade 3	203406	Grade 3
		203407	Grade 4	203408	Grade 4
		203409	Grade 5	203410	Grade 5
		203411	Grade 6	203412	Grade 6
		203413	Grade 7	203414	Grade 7
		203415	Grade 8	203416	Grade 8



SoccerJrs - Bears

Ages: 5 - 6

This class is designed for kids with little or no soccer experience. Using props and games to enhance your child's soccer skills, this series is designed to develop motor skills, promote physical fitness and create self-confidence. No class the week of July 3.

\$85.00 ID \$102.00 OD

Activity: [203324](#) - Opens Mar. 20

HARMON PARK

M: 6:00 - 6:55 pm

Sessions: 6/19 - 7/24 (no class 7/3)
7/31 - 8/28

Tu: 10:00 - 10:55 am

Sessions: 6/20 - 7/25 (no class 7/4)
8/1 - 29

W: 5:00 - 5:55 pm

Sessions: 6/21 - 7/26 (no class 7/5)
8/2 - 30

Th: 9:00 - 9:55 am

Sessions: 6/22 - 7/27 (no class 7/6)
8/3 - 31

PINE NURSERY PARK

M: 6:00 - 6:55 pm

Sessions: 6/19 - 7/24 (no class 7/3)
7/31 - 8/28

W: 4:00 - 4:55 pm

Sessions: 6/21 - 7/26 (no class 7/5)
8/2 - 30

Th: 6:00 - 6:55 pm

Sessions: 6/22 - 7/27 (no class 7/6)
8/3 - 31

Soccer

Caldera High Girls Soccer Camp

Grades: 3 - 8

Caldera High School

The Caldera High girls soccer team and its coaches will be hosting this soccer camp that will support the development of fundamental soccer skills associated with field awareness and ball control. The coaching staff's goal is to encourage and mentor players to know the importance of teamwork, self-discipline and leadership through the challenges that they will face on the field as well as in life. Bring appropriate clothing, water bottle and snack each day.

\$84.00 ID \$100.80 OD

Activity: [203226](#) - Opens Mar. 20

Tu-F: 9:00 - 11:30 am

Session: 6/20 - 23

Moment Athletics Kick it Soccer Camp

Ages: 7 - 14

Skyline Sports Park

Prepare for the upcoming soccer season with outdoor skills, drills and games. Designed for players of all ability levels, these training sessions allow players to advance themselves and have fun with friends. Moment Athletics and is locally-owned and operated by veteran teacher and coach, CJ Colt.

\$139.00 ID \$166.80 OD

Activity: [203209](#) - Opens Mar. 20

M-Th: 9:00 am - 12:00 pm

Session: 7/10 - 13

Adaptive Equipment

Bend Park & Recreation has adaptive equipment for people with physical disabilities. Sports wheelchairs, adult hand-cycles and two child hand-cycles are available. If you are interested in using this equipment or renting it for an outing with friends and family, call (541) 706-6115.

For more information, call (541) 389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee

Apex Futbol Soccer Camps

Ages: 6 - 12

Big Sky Sports Complex

A fun and interactive curriculum brought to you by long-time Central Oregon camp directors Tara Bilanski and Jen Davin along with Apex Futbol Club Coaching Directors Greg Ryan and John O'Sullivan. This group of highly experienced soccer professionals will ensure each camper receives a multitude of touches on the ball in a fun environment. Each session of this four-day camp will have a soccer theme where players will focus on dribbling, shooting, receiving and small-sided games. We look forward to seeing your player on the field with us this summer!

Activity: [203216](#) - Opens Mar. 20

FULL-DAY

\$249.00 ID \$298.80 OD

M-Th: 9:00 am - 3:00 pm

Sessions: 7/17 - 20 7/24 - 27
7/31 - 8/3

HALF-DAY

\$195.00 ID \$234.00 OD

M-Th: 9:00 am - 12:00 pm

Sessions: 7/17 - 20 7/24 - 27
7/31 - 8/3

Storm Girls Soccer Camp

Grades: 3 - 8

Summit High School

Summit High School soccer coach Jamie Brock and her staff lead this camp for girls of all ability levels, teaching the skills and techniques required in programs of all levels. Bring soccer ball, appropriate clothing, water bottle and snack each day.

\$99.00 ID \$118.80 OD

Activity: [203225](#) - Opens Mar. 20

M-Th: 9:00 - 11:15 am

Session: 7/31 - 8/3

Bend High Soccer Camp

Grades: 2 - 8

Hal Puddy Field

Bend High School soccer coach Nils Eriksson and his players lead this camp that is committed to teaching the skills and techniques required to participate in soccer programs of all levels. Coach Eriksson is considered one of the best youth soccer coaches in the state, so come join him for a fantastic camp! Campers will be split into two groups based on age: grades 2 - 5 and grades 6 - 8. Bring a soccer ball, water bottle and snack each day.

\$79.00 ID \$94.80 OD

Activity: [203230](#) - Opens Mar. 20

Tu-Th: 9:30 am - 12:00 pm

Session: 8/8 - 10

Challenger Sports British Soccer Camps

Ages: 6 - 14

Pacific Crest Fields

This is the largest soccer camp provider in North America! Focused on learning and encouraging players to improve with maximum participation, maximum touches on the ball and maximum fun. No line drills or long speeches! The full day camp provides advanced training with game-related techniques, tactical development and match play.

HALF DAY CAMP

Ages: 6 - 14

\$199.00 ID \$238.80 OD

Activity: [203211](#) - Opens Mar. 20

M-F: 9:00 am - 12:00 pm

- OR - 1:00 - 4:00 pm

Session: 8/14 - 18

FULL DAY CAMP

Ages: 8 - 14

\$259.00 ID \$310.80 OD

Activity: [203212](#) - Opens Mar. 20

M-F: 9:00 am - 4:00 pm

Session: 8/14 - 18

Yo! Sports Fans!

Plan ahead for play!

2023 Youth Sports

League Registration Deadlines

All registrations are dependent on availability; some leagues fill faster than others.

Summer 2023 Registration: Leagues open Mar. 22

Program/League	Dates	Deadline or until full
Kindergarten Soccer League	Sept. - Oct.	7/7
Youth Fall Soccer League	Sept. - Oct.	7/7
Youth Flag Football League	Sept. - Oct.	7/31
Middle School Tennis League	Sept. - Oct.	8/15

Fall 2023 Registration: Early August (tentative)

Program/League	Dates	Deadline or until full
Youth Volleyball League	Nov. - Dec.	Early Oct.
Bitty Basketball	Nov. - Dec.	Early Oct.
Youth Basketball League	Jan. - Mar.	Mid-Nov.
Middle School Basketball - Girls	Jan. - Mar.	Mid-Dec.
Middle School Basketball - Boys	Nov. - Dec.	Early Oct.
High School Basketball League	Dec. - Feb.	Mid-Nov.

Winter 2024 Registration: to be determined

Program/League	Dates	Deadline or until full
Youth Hockey League	Jan. - Mar.	TBD
Youth Lacrosse League	April - June	TBD
Youth Softball League	April - June	TBD

Spring 2024 Registration: to be determined

Program/League	Dates	Deadline or until full
Boys Volleyball League	April - May	TBD
Youth Roller Hockey League	May - June	TBD

Be sure to check future Playbooks or the registration website for updates.

CLIP IT OUT!
.....
(RE) PLACE
IT ON
YOUR FRIDGE!
.....
DON'T MISS OUT
ON THE
ACTION!



Tennis

QuickStart Tennis

Ages: 5 - 11

Juniper Park

An instructional format for learning tennis, designed to bring kids into the game of tennis by utilizing shorter court dimensions, lower bouncing balls and graduated racquet sizes. Youngsters feel like they are playing real tennis from their first lesson.

\$69.00 ID \$82.80 OD

Ages: 5 - 6

Activity: [203500](#) - Opens Mar. 20

M-Th: 8:30 - 9:30 am

Ages: 7 - 8

Activity: [203501](#) - Opens Mar. 20

M-Th: 9:45 - 10:45 am

Ages: 9 - 11

Activity: [203502](#) - Opens Mar. 20

M-Th: 11:00 am - 12:00 pm

Sessions: 6/19 - 29 7/10 - 20
7/24 - 8/3 8/7 - 17

Tennis I

Ages: 12 - 14

Juniper Park

Instruction is geared towards the novice player and their desire to learn the rules, develop basic playing skills, and understand court positioning. The goal is to see steady progress in their tennis game during these fun, action-oriented sessions!

\$69.00 ID \$82.80 OD

Activity: [203504](#) - Opens Mar. 20

M-Th: 12:15 - 1:15 pm

Sessions: 6/19 - 29 7/10 - 20
7/24 - 8/3 8/7 - 17

Tennis Tournament Training

Ages: 12 - 17

Juniper Park

Get tournament tough! Improve your game through match play, advanced skills, strategies and conditioning. These sessions will build on previous tournament experience or get players tournament ready. Tournament and game experience not necessary, but players should be able to rally and serve.

\$99.00 ID \$118.80 OD

Activity: [203510](#) - Opens Mar. 20

M/W: 2:00 - 4:00 pm

Sessions: 6/19 - 7/19 (no class 7/3 - 5)
7/24 - 8/16

Jr Storm Tennis Camps

Grades: 3 - 8

Summit High School

Storm tennis camps offer players of all levels a chance to learn and grow their game with small-group training sessions along with personalized instruction and match play opportunities. Learn directly from Summit High School coach Jake Oelrich and his staff. Includes a camp t-shirt. Bring a water bottle each day.

\$79.00 ID \$94.80 OD

Activity: [203274](#) - Opens Mar. 20

Grades: 3 - 5

M-Th: 10:00 am - 12:00 pm

Session: 6/26 - 29

Grades: 6 - 8

M-Th: 12:30 - 2:30 pm

Session: 6/26 - 29

Middle School Tennis League

Grades: 6 - 8 (2023-24 school year)

Juniper Park

This program emphasizes skill development, maximum participation, good sportsmanship and fun. Players register by school and will receive a team uniform. Each team meets two days per week at Juniper Park. Teams are instructed by volunteer coaches.

This program is dependent on volunteer coaches. If you, or anyone you know, are interested in coaching a team, please go to our website to complete a volunteer application.

Registration deadline: 8/15, 5:00 pm or until full.

\$73.00 ID \$87.60 OD

Activity: [203800](#) - Opens Mar. 22

M-Th: 5:00 - 6:30 pm

Season: 9/12 - 10/19

**Work for play
at BPRD.**

Learn more at
bendparksandrec.org/jobs.



Track & Field

Storm Track Camp

Grades: 3 - 8

Summit High School

Summit High School track coach Dave Turnbull, his staff and athletes lead this camp for all ability levels. Our coaches aim to teach the best techniques and improve your skills. Bring running shoes, appropriate clothing, water bottle and snack each day.

\$79.00 ID \$94.80 OD

Activity: [203260](#) - Opens Mar. 20

M-Th: 9:00 am - 12:00 pm

Session: 6/19 - 22

XC Running Camp

Grades: 5 - 8

Pilot Butte Middle School

Open to runners from all middle schools, this camp will be a pre-season base and injury prevention program to help runners become better, faster and smarter athletes. It's an educational and inspirational experience for all abilities and a great way to prep for the upcoming cross-country season. Bring running shoes, appropriate clothing and water bottle each day.

\$48.00 ID \$57.60 OD

Activity: [203261](#) - Opens Mar. 20

M-Th: 3:00 - 4:30 pm

Session: 8/21 - 24

Triathlon

Kids Triathlon Clinic

Ages: 4 - 12

Juniper Swim & Fitness Center

Have fun and learn the skills of competing in a triathlon. Give it a "tri" as you learn new skills and make new friends. Each clinic will include activities in each of the disciplines, so be prepared to jump in the pool, and bike and run around Juniper Park. Bring your bike, helmet, swimsuit, towel, running shoes and a water bottle. Finish your session with a tip to stay active and motivated all summer. Sign up for one clinic or all four. Whatever you choose, it will be tons of fun! All abilities welcome. If you register for all 4 clinics, then you will receive a \$5 discount.

\$15.00 ID \$18.00 OD

Activity: [205607](#) - Opens Mar. 20

Tu: 5:30 - 6:30 pm

Sessions: 8/1 8/8
8/15 8/22

Kids Triathlon

Ages: 4 - 12

Juniper Swim & Fitness Center

Swim! Bike! Run! Do a triathlon. The swimming portion of this non-timed event will be held in the supervised Olympic 50-meter pool. The mountain biking and running portions will be held in Juniper Park. The event focuses on sportsmanship, participation and fun. Adults - come support your kids as you cheer them on from poolside and on the bike course, and maybe even run with them to the finish line. All abilities welcome. Build your skills and get ready by signing up for the weekly clinics.

Registration deadline: 8/23,
11:59 pm or until full.

\$29.00 ID \$34.80 OD

Activity: [205608](#) - Opens Mar. 20

Su: 8:30 - 11:30 am

Session: 8/27

Volleyball

Junior Lava Bear Volleyball Camp

Grades: 2 - 9

Bend High School

Bend High volleyball coach Kristin Cooper, her staff and players lead this camp for athletes of all ability levels. Learn passing, setting, hitting, digging and serving from a positive, enthusiastic staff. Includes camp t-shirt. Bring your knee pads and water bottle each day.

Activity: [203270](#) - Opens Mar. 20

Grades: 2 - 6

\$66.00 ID \$79.20 OD

M-W: 8:00 - 10:00 am

Session: 6/19 - 21

Grades: 7 - 9

\$96.00 ID \$114.00 OD

M-Th: 11:00 am - 1:00 pm

Session: 6/19 - 22

Caldera Jr Wolfpack Volleyball Camp

Grades: 3 - 9

Caldera High School

Take your volleyball skills to the next level! Join Caldera High School volleyball staff and returning players in a fun, fast-paced and fundamentally strong camp! Athletes will learn new skills and apply them immediately in game play with proper technique and focused coaching. Perfect for the aspiring player and those looking to build and grow their game. Bring your knee pads and water bottle each day.

Activity: [203271](#) - Opens Mar. 20

Grades: 3 - 6

\$60.00 ID \$72.00 OD

M-W: 8:00 - 10:00 am

Session: 6/26 - 28

Grades: 7 - 9

\$100.00 ID \$120.00 OD

M-Th: 11:00 am - 1:00 pm

Session: 6/26 - 29



NPJ Sand Volleyball Camp

Grades: 5 - 8

Pine Nursery Park

Take your game outdoors! Join the North Pacific Juniors club volleyball coaching staff for a camp that includes passing, serving, setting, hitting and agility drills. Bring a water bottle each day.

\$83.00 ID \$99.60 OD

Activity: [203277](#) - Opens Mar. 20

M-Th: 8:45 - 10:45 am

Sessions: 6/26 - 29 7/10 - 13
7/24 - 27 8/14 - 17

Jr Storm Volleyball Camps

Grades: 3 - 8

Summit High School

Elevate your game this summer and have fun! Join the Summit High School Storm volleyball staff and players to learn the fundamentals, improve your skills and get ready for the upcoming season! Athletes will learn proper technique and how to properly implement those skills. Our camp is perfect for aspiring athletes, regardless of their current skill level. Includes camp t-shirt. Bring your knee pads and water bottle.

\$89.00 ID \$106.80 OD

Activity: [203273](#) - Opens Mar. 20

M-W: 9:00 - 11:30 am

Session: 7/10 - 12

Weight Training

Weight Training & Strength Camp

Grades: 6 - 9

Mountain View High School

Learn safe, effective weight and strength training techniques to increase your strength, stamina, speed and agility. Use the Mtn. View High School weight room free of charge under the direct supervision of our high school coaches in July and August. Activity is held in the Mountain View High weight room.

\$45.00 ID \$54.00 OD

Activity: [203290](#) - Opens Mar. 20

M-W: 9:00 - 11:00 am

Session: 6/26 - 28





Volunteer coaches & sponsors: Making a difference for hundreds of kids & families



Thanks, coach!

Cheers to the volunteers that gave their time and heart as coaches for these winter sport programs. You made it a great season for the young players and their families and we can't thank you enough!

- Youth basketball
- Girls middle school basketball
- Youth hockey



Thanks, sponsors!

Sport program sponsors provide resources for recreation scholarships so everyone has a chance to play. Thank you to these spring sport sponsors:

KRUEGER & LENOX ORAL & MAXILLOFACIAL SURGERY

Sponsor for youth lacrosse and girl's softball

MILLER LUMBER

Sponsor for adult ice hockey and curling

Ready to coach youth team sports?

We need you!

Youth sport programs rely on fabulous volunteers to coach teams and support players. If you enjoy sports and spending time with great kids, consider being a coach. Enrollment is at an all-time high and the opportunity to play sports is more important than ever. We make it easy and we know it will be rewarding and fun!

We are currently seeking volunteer coaches for these fall sports leagues:

- Kindergarten soccer
- Youth soccer
- Flag football
- Middle school tennis

Sport experience preferred, but mostly need to enjoy working with kids. Application and background check required. Training and support provided. For more information, contact Rich at (541) 706-6126 or rich@bendparksandrec.org.



Dive into fitness and swimming.

Get your kids started with fitness and swimming! These important programs teach life-long skills to help your child be comfortable and safe around water. Lessons enable kids to understand how good swimming can feel and can unlock many outdoor water activities available in Central Oregon.

Youth & Teen Fitness

Teen Fitness

Ages: 11 - 17

Juniper Swim & Fitness Center
& Larkspur Community Center

FITNESS CENTER USE: Improve strength and conditioning in our state-of-the-art fitness center. 16 - 17 year-olds may use the fitness center without restriction; although, a Fitness Center Orientation is recommended. 11 - 15 year-olds may workout in the fitness center under parent/guardian supervision or complete a Fitness Center Orientation to use the fitness center independently. Children 10 years and younger are not allowed in the fitness center. Orientations are free and offered weekly. See details [online](#).

GROUP FITNESS CLASSES: Get fit and have fun with our many group exercise class options. 16 - 17 year-olds are welcome in all of our regular group exercise classes. 11 - 15 year-olds may attend some classes under parent/guardian supervision.

[View classes and schedules available online.](#)

**Enjoy the water?
Like helping people?
Be a lifeguard or swim instructor.**

Learn more at
bendparksandrec.org/jobs.



Drop in and jump in at Rec Swim!

BPRD has three great recreation swim sessions available at two facilities:

Family Swim

Parent-Child Swim

Open Recreation Swim

Learn more on page 75 and view schedules at
bendparksandrec.org/recswim



Youth Swim Lessons

Our year-round youth swim lessons are...

- **Age-Appropriate:** Offered for infants, preschoolers, youth and teens.
- **Skill-Appropriate:** Based on progressively learned swim skills.
- **Safe:** Lifeguards are always on duty to provide extra protection.
- **Small:** Maximum class size of five for preschoolers and six for other levels.
- **Professional:** All instructors are trained in our own best practices program.
- **Fun:** We believe learning to swim should be a positive, fun experience!

For more information, call (541) 389-7665

Swim lessons fill quickly! How to register:

1. **Based on your child's age, select a lesson group:**
 - 0 - 36 months: Parent-Tot
 - 30 - 36 months: Sea Stars
 - 3 - 5 years: Journey
 - 6 - 12 years: Level
 - 12 - 16 years: Teen Level
2. **Review lesson descriptions and select level for your child's skills and required class prerequisites. Still not sure? Schedule a swim assessment (below right).**
3. **Determine preferred location.**
4. **Click on blue "View" hyperlinks to see offerings. Fees vary with session lengths.**
5. **Register for the class that matches your child's level.**
6. **If the appropriate lessons are full, be sure to sign up on the waitlist.**

Parent Tot Swim Lessons

Ages: 6 - 36 months

Developmentally appropriate classes provide a safe, encouraging and fun introduction to the wonderful world of water. Parents/guardians work directly with their child under instructor's guidance.

Parent Tot 1: (6 - 18 months) Hands-on work, skill-oriented games and songs emphasize water adjustment and enjoyment.

Parent Tot 2: (19 - 36 months) More skill-building fun and games with an increased emphasis placed on basic swim skills and independence.

Fees: \$67.00 - \$77.00 ID
\$80.40 - \$92.40 OD

Frequency: 1, 2 days and
4 days a week

Opens Mar. 21

Juniper Swim & Fitness Center
[View Parent-Tot 1-2 at Juniper](#)

Larkspur Community Center
[View Parent-Tot 1-2 at Larkspur](#)

Sea Stars Swim Lessons

Ages: 2 1/2 - 3

Has your child attended Parent Tot lessons multiple times? Is your child 2 and a half years old and ready for more? Specially-designed for the independent not quite 3 year old, this fun and encouraging class will teach your child the basic skills of floating, gliding and water safety. Prerequisite: Parent Tot lessons. Parent participation in the water is required.

Fees: \$54.00 - \$77.00 ID
\$64.80 - \$92.40 OD

Frequency: 1, 2 days and
4 days a week

Opens Mar. 21

Juniper Swim & Fitness Center
[View Sea Stars at Juniper](#)

Larkspur Community Center
[View Sea Stars at Larkspur](#)

Journey Swim Lessons

Ages: 3 - 5

A progressive journey for preschoolers/kindergartners that develops swimming skills in a creative environment for your child's comfort, confidence and enjoyment. Children work on kicking, gliding and basic strokes. Journey 1 through 5 levels are available.

Journey 1: Water adjustment, underwater exploration, floating on front and flutter kicking. Prerequisite: Ability to participate in a class environment.

Journey 2: Front and back floats, glides and kicks. Prerequisite: Float on front with face in water for 3-5 seconds.

Journey 3: Front crawl stroke and backstroke with big pool exposure. Prerequisite: Float and kick on front and back for 5 seconds.

Journey 4: Crawl stroke with side breathing, back crawl stroke and increased endurance with extensive work in the big pool. Prerequisite: Completion of Journey 3.



**CLICK TO VIEW
THE NEW ONLINE
SWIM LESSON
FINDER**

NEW

Journey 5: More advanced stroke work including technique and endurance with both crawl stroke and backstroke. Prerequisite: Completion of Journey 4 or front crawl with side breathing 20 feet and backstroke for 20 feet.

Fees: \$54.00 - \$77.00 ID
\$64.80 - \$92.40 OD

Frequency: 1, 2 days and
4 days a week

Opens Mar. 21

Juniper Swim & Fitness Center
[View Journey 1 - 5 at Juniper](#)

Larkspur Community Center
[View Journey 1 - 5 at Larkspur](#)

For more information, call (541) 389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee

Level Swim Lessons

Ages: 6 - 12

This progressive program designed for school-age children will be fun and challenging as swimmers progress to refine strokes and breathing, build confidence and further develop skills. There are Levels 1 through 6 for your child's progression.

Level 1: Water adjustment, front and back floats and glides and flutter kick. Prerequisite: Ages 6 years and older.

Level 2: Streamline kicking on front, back and side, basic crawl stroke, into back crawl stroke and deep water exposure. Prerequisite: Float, glide and kick comfortably on front and back for 5 seconds.

Level 3: Crawl stroke with side breathing and back crawl stroke for 45 feet. Prerequisite: Strong kick on front and back in proper body position for 10 seconds.

Level 4: Crawl stroke with rhythmic side breathing and back crawl stroke for 25 meters with increased emphasis on proper technique. Elementary backstroke, breast stroke and dolphin kick introduced. Prerequisite: Comfortably swim crawl stroke with side breathing and backstroke for 45 feet.

Level 5: Refinement of crawl stroke, back stroke and elementary backstroke; introduction of breast stroke, butterfly and open turns. Prerequisite: Comfortably swim crawl stroke with rhythmic side breathing, back stroke and elementary backstroke for 25 meters.

Level 6: Increased endurance and technique in all previously learned strokes including butterfly and breast stroke; flips turns and diving from starting blocks. Prerequisite: Completion of Level 5.

Fees: \$54.00 - \$77.00 ID
\$64.80 - \$92.40 OD

Frequency: 1, 2 days and 4 days a week
Opens Mar. 21

Juniper Swim & Fitness Center
[View Level 1 - 6 at Juniper](#)

Larkspur Community Center
[View Level 1 - 6 at Larkspur](#)

Teen Level Swim Lessons

Ages: 12 - 16

Designed to teach teens basic swim skills: kicking in an arrow, front crawl stroke, backstroke and exposure to deep water. There are Levels 1 through 6 for effective progression.

Levels 1 - 6 descriptions available above.

Fees: \$54.00 - \$67.00 ID
\$64.80 - \$80.40 OD

Frequency: 1 and 2 days a week
Opens Mar. 21

Juniper Swim & Fitness Center
[View Teen Level 1 - 6 at Juniper](#)



Swim Lesson Assessment FREE

Not sure where to start? Take the guesswork out with a free swim assessment to ensure your child is in the right class. Come by the pools at:

Larkspur Community Ctr.:

M-Th: 3:45 pm & 6:15 pm
Sa: 3:00 pm
Dates: Now - 6/8
(except 3/25 - 4/2)

Juniper Swim & Fitness Ctr.:

M-Th: 10:45 am
M/W: 4:00 & 6:30 pm
Sa: 12:30 pm
Dates: Now - 6/8
(except 3/25 - 4/2)

Call (541) 706-6183 to arrange an appointment to work with your schedule.

Frequently Asked Questions

When does registration begin?

Registration opens Tuesday, March 21 at 6:00 a.m. and is ongoing.

Why are swim lessons so popular? I can't seem to get my child registered.

Youth swim lessons are some of the most in-demand recreation programs in our community. There are several reasons why. The facility shutdown of the pandemic coupled with area population growth created a backlog of children needing lessons. Now, current staffing challenges do not support offering a full schedule of lessons. If you are unable to get a spot, please sign up on a waitlist so that we know of your interest and can try to accommodate your child. We appreciate everyone's understanding as we try our best to remedy this situation.

I am on a waitlist, what should I do?

If there is room for additional swimmers, we will email the waitlist participants in the order received. Keep your eye on your email. Once an email notice is sent, you have 48 hours to register or your held spot will be forfeited.

What lesson level is my child is signed up for?

At your lesson, the deck supervisor has the information and can help you find the appropriate class.

I don't remember what facility my lesson is at?

When you registered, you should have received an e-mail receipt with your class location listed with the activity.

You can also look up your registration information on the registration site, <https://register.bendparksandrec.org>. Once logged in, select "my account" in the top menu and select "Household Calendar" under "Reports". Select one or all fields in the "Select Output" field and the applicable months in the "Select Months" field. Then, select "Yes" in the "Print Location/Extra Information Line:" field. You will then receive a report in your household's e-mail account. If you still need assistance, customer service can assist you by e-mail or phone.

What do I do if I signed my child up for the wrong level?

Contact customer service and ask about updating the customer question on your swim lesson registration.

I have multiple children and would like them in lessons at the same time.

Most of our lessons have the opportunity to occur at the same time. If you weren't able to sign up for the same time due to the class being full, we encourage you to place your child on the waitlist for the time you like and sign up for the class closest to that time. If the class has an opening, you will have the opportunity to transfer.

My child is signed up for a level they already passed.

Contact customer service and ask about updating the customer question on your swim lesson registration.

Are private or semi-private swim lessons available?

We are unable to offer private or semi-private lessons at this time as group lessons are our priority. As we bring on more staff, we hope to offer additional swim lesson opportunities.

Register in advance to sync with your workout

Kids' Corner Childcare

Ages: 6 months - 6 years
Juniper Swim & Fitness Center

A safe and nurturing environment for your young child while you enjoy all that Juniper has to offer. Children enjoy arts and crafts, reading, creative play and cooperative games while you swim, workout or just relax.

- Registration is strongly recommended.
- Registration includes four scheduled 75-minute visits per session at discounted rate. Fee is adjusted for three or five visit sessions.
- Each visit is limited to 75 minutes. Sorry, no discount for less time.
- Drop-ins welcome; space permitting.
- Childcare hours: Monday - Friday from 9:00 to 11:35 am.



Registration Childcare

TODDLER

Ages: 6 - 29 months.
Limited availability

\$36.00 ID \$43.20 OD / session
Activity: [205650](#) - Opens Mar. 20

PRESCHOOLER

Ages: 30 months - 6 years old

\$31.00 ID \$37.20 OD / session
Activity: [205651](#) - Opens Mar. 20

Weekdays: 9:00 - 10:15 am
- OR - 10:20 - 11:35 am

Sessions:

M:	7/3 - 31	8/7 - 28
T:	7/11 - 25	8/1 - 29
W:	7/5 - 26	8/2 - 30
Th:	7/6 - 27	8/3 - 31
F:	7/7 - 28	8/4 - 25

Drop-in Childcare

*Available if space allows.
Please view online for availability.*

TODDLER

Ages: 6 - 29 months.
Limited availability

\$9.00 ID \$10.80 OD
75 minutes maximum.

PRESCHOOLER

Ages: 30 months - 6 years old

\$7.50 ID \$9.00 OD
75 minutes maximum.

Weekdays: 9:00 - 11:35 am

Sync up to Adult Fitness Classes

Juniper features a great lineup of fitness classes during childcare.

Learn more and view drop-in fitness classes at bendparksandrec.org/fitness-swim/

Preschool

Busy Buddies Preschool includes swim lessons

Ages: 3 - 5

Juniper Swim & Fitness Center

Busy Buddies Preschool is a school-year program that aligns similarly to the Bend-La Pine Schools calendar.

This program includes weekly swim lessons and movement play! Children will enjoy arts and crafts, dramatic play and more while being introduced to basic educational concepts such as numbers, letters and phonics. Class is taught in a small group setting and a daily snack is provided.

Note: No prior swimming experience necessary. Children must be potty-trained.

Registration opens:

Monday, 5/22 at 6:00 a.m.

Limited availability- sign up on wait list if the program is full. This registration will hold your spot for the program that begins in September.

Registration Fee: \$20.00 ID/OD non-refundable registration fee due at time of enrollment.

Monthly Fee:

2 sessions/week:
\$240.00 ID / \$280.00 OD

(payment is due by the 5th of each month; The first payment will be due by 9/5, 2023.)

Activity: [405601](#) - Opens May 22

Choose day/time session below. You can register for multiple sessions per week if you choose:

M/W: 1:30 - 4:30 pm
- OR -

Tu/Th: 1:30 - 4:30 pm

Dates: 9/11/23 - 6/13/24

(No school during Thanksgiving Break, 11/20 - 23, Winter Break: 12/18 - 1/1 and Spring Break, 3/25 - 28)



Summer Buddies Preschool

Ages: 3 - 5

Juniper Swim and Fitness

Children will enjoy afternoon swimming, making crafts, playing outdoor games, making new friends and much more. Summer Buddies is a great boost before starting preschool or kindergarten! No prior swimming experience required. Children must be potty-trained. Choose day/time session below. You can register for multiple sessions per week if you choose.

\$135.00 ID \$162.00 OD

Activity: [205600](#) - Opens Mar. 20

M/W: 1:30 - 3:45 pm

Sessions: 6/26 - 7/12
7/17 - 8/2
8/7 - 23

Tu/Th: 1:30 - 3:45 pm

Sessions: 6/27 - 7/13 (no class on 7/4)
7/18 - 8/3
8/8 - 24



Aquatics Programs

Clases de Natacion para Familias en espanol / Family Swim Lesson in Spanish

Ages: 3 & up with Adult

Juniper Swim & Fitness Center

Actualmente, ésta es la única clase de natación que BPRD ofrece en español, por tal motivo, las familias de habla hispana tienen la prioridad al momento de la inscripción. Esta clase es para niños, jóvenes y adultos, enseñaremos natación de manera progresiva para toda la familia. Incluye el ingreso al horario de recreación para público en general en las piscinas, inmediatamente después de la clase.

Designed for Latino families, this combined youth and adult class features a progressive swim lesson for the whole family! Since this is BPRD's only swim class in Spanish, registration is prioritized for Spanish-speaking families. Includes admission to Open Recreation Swim immediately after class.

\$66.00 ID \$79.20 OD

Activity: [205260](#) - Opens Mar. 21

F: 12:30 - 1:00 pm

Session: 6/23 - 7/21 7/28 - 8/25

Juniper Summer Swim League

Ages: 6.5 - 14

Juniper Swim & Fitness Center

An introduction to competitive swimming and training designed to challenge and refine swimming skills. Participants must be able to swim 25 meters front crawl stroke using side breathing and 25 meters backstroke with level body position. Groups divided by age and ability levels. We'll teach the rest! Participants swim three days a week of their choice (except for afternoon participants).

\$275.00 ID \$330.00 OD

Activity: [205411](#) - Opens Mar. 21

Ages: 6.5 - 14

M-F: 9:45 - 10:40 am

- OR - 10:45 - 11:40 am

Session: 6/19 - 8/11 (no class 7/3 - 4)

Ages: 8.5 - 14

T/Th/F: 4:15 - 5:10 pm

Session: 6/20 - 8/10 (no class 7/4)



Junior Lifeguard & Swim Instructor Aide Training & Volunteer Programs

Ages: 12 - 15

Juniper Swim & Fitness Center & Larkspur Community Center

Be part of the BPRD aquatics team, provide a valuable service to our community and have a great summer at the pool! Learn the skills, standards and expectations for being a lifeguard or swim instructor and put your training into practice through supervised volunteering during summer programs.

Participants will complete a swim skills test and must attend training. Volunteering is a required part of these programs. Session dates listed are for program orientation/training. Participants should register for one of these dates and will be able to select volunteer shifts after training. Students may participate in only one of these programs per summer.

No fee.

SWIM INSTRUCTOR AIDE

Juniper Swim & Fitness Center & Larkspur Community Center

Activity: [209501](#)

Required Training: Must attend all days/times of the session that you register for.

T/Th: 4:45 - 6:45 pm

Session 1: 5/30, 6/1, 6/6, 6/8

- OR -

M/W/F: 9:45 - 11:45 am

Session 2: 7/5, 7/7, 7/10, 7/12

JUNIOR LIFEGUARD

Juniper Swim & Fitness Center

Activity: [209502](#)

Parent and Participant meeting:

W: 4:00 - 5:30 pm

Session: 6/14

- OR -

W: 6:00 - 7:30 pm

Session: 6/21

Weekly Ongoing Training:

W: 11:30 am - 2:00 pm

Session: 6/26 - 8/16



Springboard Diving Level 1

Ages: 9 - 12

Juniper Swim & Fitness Center

Learn the basics of how to dive from the 1-meter springboard. The instructor will lead you through the specifics of how to do a diving approach, front jumps, front dives as well as basic introduction to the back dive. Additional instruction includes introductions to front flips and twist jumps along with basic step-by-step progressions. Focused on developing your confidence in a safe environment. These skills and others will help you become a successful diver. Prerequisite: Ability to comfortably swim two widths of the pool in the deep end and tread water.

\$77.00 ID \$92.40 OD

Activity: [205570](#) - Opens Mar. 21

T: 4:15 - 5:00 pm

Sessions: 6/20 - 7/18 (no class 7/4)
7/25 - 8/24

Th: 4:15 - 5:00 pm

Sessions: 6/22 - 7/20 7/27 - 8/24

F: 11:30 am - 12:15 pm

Sessions: 6/23 - 7/21 7/28 - 8/25

Springboard Diving Level 2

Ages: 9 - 14

Juniper Swim & Fitness Center

This class will challenge the student to learn new skills on the 1-meter springboard while further developing your existing skills. Participants will be focusing on improved diving mechanics for front and back dives and front flips while also learning new diving skills such as back flips and twisting dives. Instruction also includes introduction to advanced dives such as inward dives and reverse dives. Prerequisite: Participation in Level 1 Springboard Diving.

\$77.00 ID \$92.40 OD

Activity: [205571](#) - Opens Mar. 21

Tu: 5:20 - 6:05 pm

Sessions: 6/20 - 7/18 (no class 7/4)
7/25 - 8/24

Th: 5:20 - 6:05 pm

Sessions: 6/22 - 7/20 7/27 - 8/24

F: 12:15 - 1:00 pm

Sessions: 6/23 - 7/21 7/28 - 8/25

Triathlon

Kids Triathlon Clinic

Ages: 4 - 12

Juniper Swim & Fitness Center

Have fun and learn the skills of competing in a triathlon. Give it a "tri" as you learn new skills and make new friends. Each clinic will include activities in each of the disciplines, so be prepared to jump in the pool, and bike and run around Juniper Park. Bring your bike, helmet, swimsuit, towel, running shoes and a water bottle. Finish your session with a tip to stay active and motivated all summer. Sign up for one clinic or all four. Whatever you choose, it will be tons of fun! All abilities welcome. If you register for all 4 clinics, then you will receive a \$5 discount.

\$15.00 ID \$18.00 OD

Activity: [205607](#) - Opens Mar. 20

Tu: 5:30 - 6:30 pm

Session: 8/1 8/8
8/15 8/22

Kids Triathlon

Ages: 4 - 12

Juniper Swim & Fitness Center

Swim! Bike! Run! Do a triathlon. The swimming portion of this non-timed event will be held in the supervised Olympic 50-meter pool. The mountain biking and running portions will be held in Juniper Park. The event focuses on sportsmanship, participation and fun. Adults - come support your kids as you cheer them on from poolside and on the bike course, and maybe even run with them to the finish line. All abilities welcome. Build your skills and get ready by signing up for the weekly clinics.

Registration deadline: 8/23,
11:59 pm or until full.

\$29.00 ID \$34.80 OD

Activity: [205608](#) - Opens Mar. 20

Su: 8:30 - 11:30 am

Session: 8/27

Volunteer With Kids Triathlon Clinics & Event

Ages: 14 & up

Juniper Swim & Fitness Center

The Kids Triathlon is a great way for kids to "tri" out fitness activities, learn new skills and have fun. Volunteers assist with activity set up and serve as mentors and cheerleaders for the young participants. Volunteers welcome for one session or all! Volunteer application also needed and background check will be processed for volunteers age 18 and over.

Activity: [209516](#)

Tu: 5:00 - 6:45 pm

Sessions: 8/1 8/8
8/15 8/22

Su: 7:45 am - 1:00 pm

Event: 8/27



Bend Senior Center



Larkspur Community Center

places to play

recreation centers



Juniper Swim & Fitness Center



The Pavilion



LET'S GO!

Facility Fee & Pass Information

Bend Park & Recreation District offers three unique recreation centers with multiple fee options and activities.

To use a BPRD facility, choose the fee structure and payment option that best matches your needs.

No matter what you choose, you can workout, swim, skate and play with the confidence that there are:

- **No initiation or start up fees.**
- **No contracts.**

With our monthly and annual passes you can enjoy:

- **Unlimited in and out privileges.**
- **Online pass renewal.**
- **Quick & easy check-in.**
- **Awesome savings.**

Pass Types

10-Visit Passes

10-visit passes may be used for facility access at all locations of equal or lesser value. Patrons may use visits for themselves or guests at the same entrance fee. This pass doesn't expire.

Monthly & Annual Passes

Monthly and annual passes may be purchased at any time. Full payment is required at time of purchase. Passes are not transferable or refundable, and may not be suspended or extended except for documented medical reasons. Passes are not prorated for scheduled closures such as holidays, special events and maintenance periods.

Annual Pass Discount

Save 20% off the monthly fee with an annual pass. Combine with couple and family pass specials for the best value!

Family Pass Special

Family passes include any adult, youth or senior family members living in the same household. Three member minimum required.

Partner Discount

Save 10% off monthly and annual passes when two people in the same household purchase a pass at the same time. Includes adults, youth and senior family members in the same household. Not applicable to Social Activities pass.

Out-Of-District Fee Policy

The prices listed are the discounted rates for residents of the Bend Park and Recreation District. Persons residing outside of the Bend Park and Recreation District boundaries are charged an additional 20% because they do not pay property taxes that support the district. If you need help determining if you live inside or outside the district boundaries, please call us at (541) 389-7275.

For more information, call (541) 389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee

FACILITY
STANDARD
IN-DISTRICT
FEES & PASSES

JUNIPER SWIM & FITNESS CENTER
& LARKSPUR COMMUNITY CENTER

ONE PASS - TWO FACILITIES

Unlimited access to over 100 weekly group fitness classes & full facility use, including use of pools, fitness center, hot features, masters swim practices and Bend Senior Center.

See facility details on pages 79 - 80.

BEND SENIOR
CENTER

Social Pass

Includes participation in ongoing social activities, including games, billiards & Senior Center events.

THE PAVILION:
ICE SEASON

Without Skates

Admission to all public skate sessions.

Ice Season:
October - April

Skate rental: \$3.00

THE PAVILION:
ROLLER SEASON

Without Skates

Admission to all public skate sessions.

Roller Season:
April - September

Skate rental: \$3.00

Single
Visit
Admission

Adult (19-61)
Older Adult* (62-79)
Youth (3-18)/Honored Citizens (80+)
Children under 3 with paying adult

\$8.00
\$7.00
\$6.00
Free

\$3.50
\$1.50
\$1.25
N/A

\$9.00
\$8.00
\$7.00
Free

\$7.00
\$6.00
\$5.00
Free

10-Visit
Pass

Save an
average
of 15%

Adult (19-61)
Older Adult* (62-79)
Youth (3-18)/Honored Citizens (80+)

\$68.00
\$59.00
\$51.00

\$29.00
\$12.00
\$10.00

\$72.00
\$64.00
\$56.00

n/a
n/a
n/a

Monthly
Pass
Unlimited
Visits!

Adult (19-61)
Older Adult* (62-79)
Youth (3-18)/Honored Citizens (80+)

\$59.00
\$46.00
\$32.00

\$24.00
\$16.00
\$13.00

Monthly
Family
Pass

Any mix of three or more household members

\$110.00

N/A

CLICK TO
LEARN MORE ABOUT
& PURCHASE
PASSES



*Effective Jan. 1, 2023, the Older Adult age for recreation facility access passes begins at 62. Each year, the beginning age will increase one year until 2026 when the minimum age requirement reaches 65. Individuals born on or before December 31, 1961 will qualify as older adults throughout the transition.



USE YOUR
MONTHLY & ANNUAL
FITNESS/SWIM
PASS FOR ROLLER
SKATING
AT THE PAVILION

NEW

(Does not include skate rental.)

Register at register.bendparksandrec.org • Summer registration opens March 20 - 22 at 6:00 a.m. daily. Check Activity # for opening date.

How to register and refund/cancellation policy on pages 4 - 7. • Summer Camp Finder on pages 26 - 29. • Program locations on page 82. • Park lists on pages 84 - 85.

recreation center activities

USE YOUR MONTHLY & ANNUAL FITNESS/SWIM PASS FOR ROLLER SKATING AT THE PAVILION

(Does not include skate rental.)

NEW

ROLLER SKATING PARTIES AVAILABLE

Great for birthday parties and more, The Pavilion features an indoor viewing room with fireplace, making comfortable and fun viewing opportunities and a place to enjoy food, drinks and a celebratory dessert.

To learn more about parties and other events, see the [Pavilion Rental page](#).

Drop-in Skate Sessions

The Pavilion

- Roller season: April - September
- Ice season: mid-October - April
- Facility information on page 81.

Fees: Pass or drop-in fee.

- Rental skates available.
- Helmets available to borrow.
- See pages 72 - 73.

Open Skate

ROLLER SKATING

All ages

Regular drop-in fees

Open Skate sessions offer a recreational opportunity for all ages and abilities to enjoy the rink. Children 6 years and under must be supervised by a responsible person 14 years or older. Sticks, pucks and maneuvers that would endanger others are not allowed.

Skatepark open for skates, scooters and skateboards. Helmets are required in the skatepark.

Check online schedules prior to coming to the rink so you know what to expect.

More at: bendparksandrec.org/pavilion

Family Skate

ROLLER SKATING

All ages with adult

SPECIAL RATE: \$5 per person with skate rental.

Open Skate for families at a special discounted fee. All children must be accompanied by parent/ guardian.

During Roller Skating season, the Skatepark is open for skates, scooters and skateboards.

More at: bendparksandrec.org/pavilion

CLICK FOR
SKATING
SCHEDULES

Parent-Tot Skate & Play

ROLLER SKATING

Ages: 5 & under with adult

SPECIAL RATE: \$5 per person with skate rental.

Open skate and activities for toddler and preschool-age children. All children must be accompanied on rink by parent/guardian.

During roller skating season, you can expect an open play space (with mats and balls) along with roller skating.

More at: bendparksandrec.org/pavilion



Friday Night Roller Dance

ROLLER SKATING

All ages

Open Skate with those Friday night dance vibes. Complete with themes, good music and roller dancing.

More at: bendparksandrec.org/pavilion

Saturday Night Adult Roller Jam

ROLLER SKATING

Ages: 21 & over

S-A-T-U-R-D-A-Y Night! We'll bring out the music, turn down the lights and let the big kids play at these special adults-only skate sessions with local brewery on site. We're talking youthful "skate center" vibes and joy!

For Adult Roller Jam lessons prior to the skate session, see page 20.

More at: bendparksandrec.org/pavilion



Drop-in Swim Sessions

Juniper Swim & Fitness Center
and Larkspur Community
Center

- Facility information on pages 79 - 80.
- Fee: Pass or drop-in fee. See pages 72 - 73.

Open Recreation Swim

All ages

Recreation swim is open to all ages; however, children 6 years and under must be supervised by a responsible person 14 years or older.

More at: bendparksandrec.org/recswim

Family Swim

All ages with adult

A perfect time for families to use the pools for recreating and swimming. All children must be accompanied by parent or guardian.

More at: bendparksandrec.org/recswim

RECREATION SWIM SPECIAL

Adults are \$6 each when adult accompanies paid children.

Good for: Open Recreation Swim, Family Swim and Parent-Child Swim

Parent-Child Swim

Ages: 6 & under with adult

A special time in the pool for parents and their young kids to explore the wonderful world of water and practice swimming skills. Adult supervision in the water is required. Swim diapers are required for those who are not toilet trained.

More at: bendparksandrec.org/recswim

CLICK FOR
RECREATION SWIM
SCHEDULES



Lap Swimming & Water Work Out on Your Own

Ages: 16 & up; 11 - 15 with adult

Swim for fitness! Swim for fun! Check the website for pool schedule, pool length, number of lanes and requirements.

More at: bendparksandrec.org/lapswim

CLICK FOR
LAP SWIMMING &
CURRENT CHANNEL
SCHEDULES



Masters Swimming Bend's Adult Swim Program

Ages: 18 & up

Improve your skills and enjoy training in structured practices with experienced coaches. Masters Swimming emphasizes fitness, fellowship and fun for all adults and abilities, who can swim comfortably for 500 meters (20 lengths).

More at: bendparksandrec.org/lapswim

Current Channel Work Out on Your Own

Ages: 16 & up; 11 - 15 with adult

Uninstructed, drop-in times at Larkspur Community Center with moderate levels of resistance for you to walk, stabilize, stretch and tone for all abilities and levels. No swimming.

More at: bendparksandrec.org/lapswim

Hot Tub, Sauna & Steam Room Use

Ages: 16 & up

The coed hot features, including hot tub, sauna and steam room, are available when Juniper's indoor pool is open.

The hot tub at Larkspur is open when Larkspur's pool is open.

Youth ages 6 years and up are only allowed in the hot tubs with an adult; not allowed during Open Recreation Swim.

USE YOUR
MONTHLY &
ANNUAL
FITNESS/SWIM
PASS FOR ROLLER
SKATING
AT THE PAVILION

(Does not include skate rental.)

NEW
NEW

POOL PARTIES

Make waves at your next celebration with a pool party.

Available at both Juniper and Larkspur pools.

Details at: bendparksandrec.org/poolparty

One pass - two facilities & hundreds of sessions

The fitness and swim pass offers unlimited lap swim, rec swim, fitness center use, hot features and access to 200+ weekly exercise programs at both Juniper and Larkspur.

More at bendparksandrec.org

Register at register.bendparksandrec.org • Summer registration opens March 20 - 22 at 6:00 a.m. daily. Check Activity # for opening date.

How to register and refund/cancellation policy on pages 4 - 7. • Summer Camp Finder on pages 26 - 29. • Program locations on page 82. • Park lists on pages 84 - 85.



One pass - two facilities & hundreds of classes

The fitness and swim full-access pass offers unlimited lap swim, rec swim, fitness center use, hot features and access to more than 200 weekly group exercise programs at both Juniper and Larkspur.

Details at bendparksandrec.org



USE YOUR MONTHLY & ANNUAL FITNESS/SWIM PASS FOR ROLLER SKATING AT THE PAVILION

(Does not include skate rental.)

NEW

Drop-in Fitness Classes

Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 79 - 80.
- Fee: Pass or drop-in fee. See pages 72 - 73.

Ages: 16 & up; 11 - 15 with adult

DROP-IN CLASSES & SCHEDULES:

All ages and fitness levels are welcome and you can start at any time. Classes are offered on a first-come, first-served basis. Classes are held on a weekly basis. Check schedules at bendparksandrec.org. You can even download to your own mobile device calendar.

DROP-IN PASSES / FEES:

Numerous pass options are available to suit your needs and one pass grants access to both facilities. Check out the monthly, quarterly and annual passes to take advantage of great savings along with great workouts! Pass information on pages 72 - 73.

SAME INSTRUCTORS: Both locations feature the same great instructors so you can find the facility that suits your needs.

ADVISED: We strongly recommend checking with your physician before starting any exercise program.

CLICK FOR
FITNESS
SCHEDULES



Cardio Fitness & Dance

Features: Move and groove with us. These classes are full of variety with dance, step, kickboxing and always your choice of high- or low-impact. Engage your muscles and get your heart pumping for increased strength and resilience.

More at: bendparksandrec.org/cardio

Indoor Cycling

Features: Experience the Ride! Based on a road cycling experience, indoor cycling is an individually paced, non-impact cardio workout. Classes are held in our theater-style indoor cycle studio with beautiful park views. New, state-of-the-art, Spinner® Chrono™ Power bikes use accurate power measurements and watts-based training, giving you the ability to customize the ride to meet your goals.

More at: bendparksandrec.org/indoor-cycling/

Mind & Body

Features: Rooted in traditional practices, Mind & Body classes aim to improve your overall health and well-being through stretching, focused breathing, relaxation techniques, movements and poses that bring flexibility and strength together to develop joint mobility. Yoga, Pilates, Tai Chi, meditation and other practices are known to support both physical and mental awareness and wellness.

More at: bendparksandrec.org/mind-and-body

Fitness passes through health insurance

There is a low-cost or no-cost fitness pass option for insurance-reimbursed fitness programs, including: Active & Fit Enterprise, Active & Fit Direct, Silver & Fit and AARP Renew Active. Eligible programs will include unlimited access to BPRD fitness centers, virtual fitness classes, lap swimming and drop-in fitness classes, including water fitness classes and workout-on-your-own sessions. Learn more at: bendparksandrec.org/medicare

For more information, call (541) 389-7275 or visit bendparksandrec.org

ID = In-district Resident Fee • OD = Out-of-district Resident Fee



Strength & Conditioning

Features: Improve your day-to-day function with strength and conditioning! Burn calories at a higher rate through resistance training and use a variety of equipment to increase your muscle strength, metabolic rate, endurance, bone density and balance.

More at: bendparksandrec.org/strength-and-conditioning



Water Fitness

Features: Water is a great equalizer! Help rehabilitate an injury, cross train to enhance athletic performance or simply enjoy the feel-good nature of a warm water workout. The buoyancy and natural resistance of the water creates an optimal exercise environment with little to no impact on your joints while improving cardio fitness and strengthening muscles. No swimming skills are needed and classes held in deep water use floatation devices. Water shoes recommended.

More at: bendparksandrec.org/water-fitness



Virtual Fitness Classes

Online

- Fee: Pass or \$4.00 fee.

Keep moving, even remotely! BPRD online classes are brought to you using Zoom, a web-hosted video conference application. Step-by-step instructions are provided to help you get connected.

Variety of classes offered in Cardio Fitness & Dance, Mind & Body and Strength & Conditioning.

Advance registration is required.

More at: bendparksandrec.org/virtualfitness/



Drop-in Fitness Center Use

Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 79 - 80.
- Fee: Pass or drop-in fee. See pages 72 - 73.

Ages: 16 & up; 11 - 15 with adult

Fitness Center Orientation

Designed to give you the basic skills to use the equipment safely and effectively. Orientations are strongly recommended prior to using the fitness center, and in some cases, it may be required.

Fitness Center & Under 18 Use

16 - 17 year-olds may use the fitness center without restriction although we recommend completing a Fitness Center Orientation. 11 - 15 year-olds may workout in the fitness center under direct parent/guardian supervision or complete a Fitness Center Orientation to use the fitness center independently. Children 10 years and younger are not allowed in the fitness center.

More at: bendparksandrec.org/fitness-centers

Personal Training

Juniper Swim & Fitness Center and Larkspur Community Center

- Facility information on pages 79 - 80.

A BPRD personal trainer can help you:

- Focus on your personal goals.
- Prepare for an adventure, race or event.
- Make your fitness routine fresh and interesting.
- Meet your desired activity and fitness level.
- Take the next step in your recovery from an injury or surgery.
- Train as an individual or group.

BPRD has a diverse group of trainers and services to meet your needs.

Personal training requires advanced registration and separate fees.

More at: bendparksandrec.org/fitness-swim/personal-training/



Drop-in Older Adult Social Activities & Community Connections

Larkspur Community Center - Home of the Bend Senior Center

- Facility information on page 80. Adult Activity and Art programs on pages 9 - 17.
- Fee: Social pass, Fitness/Swim pass or drop-in fee. See pages 72 - 73.

Bend Senior Center is proud to serve and welcome older adults to social activities, such as games and group gatherings. BPRD is currently expanding these offerings as available.

Check the website regularly for additional information, schedules and updates.

More at: bendparksandrec.org/bend-senior-center

Adult Activities & Specialized Fitness Programs

on pages 9 - 13.

Adult Art Programs

on page 14 - 17.

Adult Swim Programs

on page 21.

Afternoon at the Movies

FREE

Drama, comedy, adventure! Join us weekly to watch a movie with friends. We'll show both contemporary and classic films. Check online schedules for times and movies offered.

Souper Tuesday Brunch

NEW

Join us for a tasty brunch on the second Tuesday of each month. Check online schedules for more details and times.

Brown Bag Lunch & Learn Series

FREE

Presented in partnership with PacificSource Medicare Health Plans

Feed your body and your mind as local experts share their knowledge about issues important to you on Tuesdays at 12:00 - 1:30 pm. You bring your lunch; dessert and coffee are on us. Offered fall through spring with a break during summer months. Check online schedules for dates, topics and other details.

Crochet, Knitting, Quilting, Rug Hooking & Stitching Groups

Celebrate and enjoy fiber arts together! Bring in your hand work and knit, stitch and/or hook projects together while making friends. Three different groups meet regularly. Check online schedules for more details.

Pool/Billiards

You don't have to be a pool shark to enjoy a game of billiards. Fun times and good friendships guaranteed! Check online schedules for days and times.

Cards & Games

Join in for a game of Bridge, Mexican Train, Dominoes, Mahjong or Pinochle. Inquire at the front desk to join a game.



The ABC & D's of Medicare

FREE

Join us for an informational Q & A session about Medicare. Check online schedules or call for next session.

SHIBA Medicare Presentation

FREE

Senior Health Insurance Benefits Assistance (SHIBA) is a program dedicated to educate and advocate for Oregonians with Medicare. Counselors can help you understand your Medicare benefits and identify and compare health insurance options.

AARP Smart Driver Class

The AARP Smart Driver Course is one of many programs offered by AARP Driver Safety. It's the nation's largest classroom and online driver safety course and it's designed especially for drivers age 50 and older. The class meets from 9:00 am to 4:00 pm with a lunch break. Fees are \$20 for AARP members; \$25 for non members. For the next class and to register, call 503-676-3653.

CLICK FOR
OLDER ADULT
ACTIVITIES
SCHEDULES &
INFORMATION





Juniper Swim & Fitness Center

Situated in the heart of beautiful Juniper Park, our community health and fitness facility has the amenities, services and location to make your heart beat a little faster. Because we offer fitness and recreation opportunities to people of all ages and abilities, Juniper Swim & Fitness is the perfect place for every body.



Location

[800 NE 6th Street](#)
[Bend, OR 97701](#)



Phone

p. (541) 389-7665 (POOL)



Hours, Fees, Schedules & Information

Visit bendparksandrec.org/juniper for schedules, rules and regulations.

Fees on pages 72 - 73.



Social Media

facebook.com/JuniperSwimandFitnessCenter
instagram.com/juniperswimandfitness

Activities

Childcare & Preschool (page 33)

Fitness Classes

Fitness Center

Hot Features: Spa & Sauna

Personal Training

Swim Lessons

Swimming

How to Get There

Juniper Swim & Fitness Center is centrally located in Bend within Juniper Park.

The NORTH ENTRANCE is located at the end of NE 6th Street, two blocks south of Greenwood Avenue. It can also be accessed from NE 3rd Street by turning east on Hawthorne Avenue.

The SOUTH ENTRANCE is located off Franklin Ave opposite of NE 7th Avenue.

PUBLIC & ALTERNATIVE TRANSPORTATION:

Bike racks are located at each entrance. For public transportation, Juniper is located two blocks from the Hawthorne Street transit center of Cascade East Transit and a bus stop is located on Franklin Avenue.

CLICK FOR
SWIM
SCHEDULES



Swimming Pools & Aquatic Facilities

Indoor/Outdoor Olympic 50-Meter Pool

With a removable roof system, this 82-degree pool is ideal for year-round training. Moveable bulkhead allows the pool to be divided into two 25-meter pools.

Indoor 25-Meter Pool

Perfect for swim lessons, water exercise, therapy and recreation swimming, the Indoor Pool features 85-degree water, 4' - 12' depth, soft-touch flooring, water basketball hoops and two one-meter diving boards.

Indoor Children's Pool

With soft-touch flooring, the Indoor Children's Pool is 90 degrees with a pool depth of 2'6" - 3', a small slide and splash features.

Outdoor Activity Pool Open May to early September.

At 0" - 3'6" deep, the Outdoor Activity Pool offers 85-degree water, slides, tumble buckets and a splash pad.

Hot Tub / Steam Room / Dry Sauna

Perfect after a workout, the hot tub, steam room and dry sauna are coed and available when the indoor pool is open. Ages: 16 & up.

CLICK FOR
FITNESS
SCHEDULES



Fitness Center, Studios & Equipment

Fitness Center & Fit Studio

Juniper's fitness center features state-of-the-art equipment and floor-to-ceiling windows and park views and the Fit Studio offers a dedicated space for functional fitness.

Fitness Studios and Classes

Filled with natural light and offering more than 100 weekly classes, Juniper's studios include three Group Exercise Rooms - Cardio, Mind/Body and Indoor Cycling.

Drop-in Swim

on page 75.

Drop-in Fitness

on pages 76 - 77.

Adult Swim Programs

on page 21.

Youth Swim Programs

on pages 65 - 70.

Register at register.bendparksandrec.org • Summer registration opens March 20 - 22 at 6:00 a.m. daily. Check Activity # for opening date.

How to register and refund/cancellation policy on pages 4 - 7. • Summer Camp Finder on pages 26 - 29. • Program locations on page 82. • Park lists on pages 84 - 85.

Larkspur community center

home of the bend senior center

Larkspur Community Center

Larkspur is a vibrant place where people of all ages, interests and abilities can gather for lifelong fitness, learning and recreation. Larkspur is Home of the Bend Senior Center.



Location

[1600 SE Reed Market Road
Bend, OR 97702](#)



Phone

p. (541) 388-1133



Hours, Fees, Schedules & Information

Visit bendparksandrec.org/larkspur for schedules, rules and regulations.

Fees on pages 72 - 73.



Social Media

facebook.com/Larkspur-Community-Center
instagram.com/larkspurcommunitycenter

Drop-in Swim

on page 75.

Drop-in Fitness

on pages 76 - 77.

Activities

Enrichment Activities
for All Ages

Fitness Classes

Fitness Center

Hot Tub

Personal Training

Swim Lessons

Swimming

How to Get There

Larkspur Community Center - Home of the Bend Senior Center is located in southeast Bend within Larkspur Park. From 3rd Street, go east on Reed Market Road. After crossing 15th Street, turn left into the Bend Senior Center/Larkspur Park entrance.

PUBLIC & ALTERNATIVE

TRANSPORTATION: Bike racks are available at the facility and you can get to the center via the Larkspur Trail as well as other trails and bike routes. For public transportation, use Cascade East Transit routes #5 or 6.

Adult Activities Programs

on pages 9 - 13.

Adult Swim Programs

on page 21.

Youth Swim Programs

on pages 65 - 70.

CLICK FOR
SWIM
SCHEDULES

Swimming Pool & Aquatic Facilities

4,000-Square-Foot Indoor Aquatics Center

The aquatic center features ADA-friendly showers, locker rooms with free locker use for patrons and private changing areas.

135,000-Gallon Recreation & Leisure Pool

Set at 87 to 89 degrees, the pool depth ranges from 2' 6" to 6' 3" with soft-touch flooring.

Current Channel with Hydro Feature

The Current Channel is the perfect setting for therapeutic water fitness or a fun relaxing float. It's great for exercise and play!

Accessible, ADA-friendly Features

ADA upgrades including accessible showers, grades, a chair lift and an elevator-style wheelchair lift for independent control.

Hot Tub, On-Deck Shower and More

The aquatic center has hot tub for relaxation and an on-deck shower for a quick rinse before your swim.

CLICK FOR
FITNESS
SCHEDULES

Fitness Center, Walk/Jog Track, Studios & Equipment

Larkspur features two dedicated group fitness rooms, a 5,000-square-foot fitness center and walk/jog track with alcoves for functional workouts. The building's multi-purpose rooms are used for fitness classes too.

The fitness center includes:

- Precor fitness cardio equipment
- Three SciFit bikes with removable seats and wheelchair ramps.
- The Precor Resolute line of easy-to-use selectorized equipment.
- Free weights, balance equipment and cable-cross machines.

Bend Senior Center

3,500-sq.-ft. Event Room and Kitchen

Senior Social Lounge and Billiards Room

Free Wi-Fi

CLICK FOR
OLDER ADULT
ACTIVITIES
INFORMATION



The Pavilion

Two kinds of play - The Pavilion has distinct personalities! Cold and fresh for ice sports and skating. Bright, active and ever-evolving for roller sports, kids camps and other activities. No matter the season, come join in all that's offered and get to know the amazing and oh-so chill versatility of The Pavilion.



Location

1001 SW Bradbury Way,
Bend Oregon 97702



Phone

p. (541) 389-7588 (SK8T)



Hours, Fees, Schedules & Information

Visit bendparksandrec.org/pavilion for schedules, rules and regulations.

Fees on pages 72 - 73.



Social Media

[facebook.com/
thepavilioninbend](https://facebook.com/thepavilioninbend)

[instagram.com/
thepavilioninbend](https://instagram.com/thepavilioninbend)

CLICK FOR
DROP-IN SKATING
SCHEDULES



Activities

April - September

Roller Skating & Hockey
Skateboarding & Scootering
Skate Parties
Adult Sports Leagues
Youth Summer Camps

Late October - April

Ice Skating & Lessons
Hockey
Curling
Skate Parties

How to Get There

The Pavilion is located in southwest Bend at the Simpson and Colorado Avenue roundabout. The entrance is located on SW Bradbury Way. Both on-site and street parking are available.

PUBLIC & ALTERNATIVE TRANSPORTATION:

Bike or walk to The Pavilion. Bike racks are located at the entrance. To get here by public transportation, The Pavilion can be accessed via Cascade East Transit. A bus stop is located a block away and the Mt. Bachelor Park n' Ride is a few blocks to the west of The Pavilion.



Facility Features

Roller Sports Flooring (April - September)

In June 2019, the Bend Bullets Roller Hockey club donated brand new roller sports surfacing for The Pavilion. Through their volunteer efforts, they provided a more skateable surface that is also multipurpose for other activities. Each summer, The Pavilion also hosts a popular all-day summer camp.

Skatepark (April - September)

Skatepark open for skates, scooters and skateboards. Helmets are required in the skatepark and available to borrow.

The Ice Sheet (Late October - April)

Central Oregon's first and only NHL-size, 200' x 85' ice sheet complete with full-height dasher boards, players boxes and a refrigeration system consisting of over thirteen miles of tubing to ensure quality ice conditions even in marginal weather.

Skate Parties

Learn more online at
bendparksandrec.org/skateparties



Drop-in Skating Sessions

page 74.

Roller Hockey

Adult Sports on pages 18 - 20.
Youth Sports on pages 52 - 64.



Summer 2023 Program Locations

Locations of all seasonal programs are in alphabetical order below.

Academie De Ballet Classique

162 NW Greenwood Ave, Bend, OR 97701

Alpenglow Park

61049 SE 15th St, Bend, OR 97702

Aspen Hall

18920 Shevlin Park Rd, Bend, OR 97703

Bear Creek Elementary

51 NE 13th St, Bend, OR 97702

Bend High School

230 NE 6th St, Bend, OR 97701

Bend Senior Center

at Larkspur Community Center

1600 SE Reed Market Rd, Bend, OR 97702

Big Sky Sports Complex

21690 Neff Rd, Bend, OR 97701

BPRD District Office

799 SW Columbia St, Bend, OR 97702

Caldera High School

60925 SE 15th St, Bend, OR 97702

Cascade Middle School

19619 Mountaineer Way, Bend, OR 97702

DIYcave

444 SE 9th St #150, Bend, OR 97702

Elk Meadow Elementary School

60880 Brookwood Blvd, Bend, OR 97702

Hal Puddy Field

8 SE 15th St, Bend, OR 97702

Harmon Park Clay Studio

1100 NW Harmon Blvd, Bend, OR 97701

Hollinshead Park & Barn

1235 NE Jones Rd, Bend, OR 97701

Jewell Elementary School

20550 Murphy Rd, Bend, OR 97702

Juniper Swim & Fitness Center

800 NE 6th St, Bend, OR 97701

Juniper Park

800 NE 6th St, Bend, OR 97701

KPOV Radio

501 NW Bod St, Bend, OR 97703

Larkspur Community Center - Home of the Bend Senior Center

1600 SE Reed Market Rd, Bend, OR 97702

Lost Tracks Golf Club

60205 Sunset View Rd, Bend, OR 97702

Miller Elementary School

300 NW Crosby Dr, Bend, OR 97701

Mountain View High School

2755 NE 27th St, Bend, OR 97701

Norton Ave Apartments

415 NE Norton Ave, Bend, OR 97701

Odyssey Martial Arts

924 B SE Wilson Ave, Bend, OR 97702

Oregon Ki Society

20685 Carmen Lp, Bend, OR 97702

Pacific Crest Middle School

3030 NW Elwood Ln, Bend, OR 97703

Pacific Crest Fields

19150 NW Skyliners Rd, Bend, OR 97703

The Pavilion

1001 SW Bradbury Way, Bend, OR 97702

Pilot Butte Middle School

1501 NE Neff Rd, Bend, OR 97701

Pine Nursery Park

3750 NE Purcell Blvd, Bend, OR 97702

Ponderosa Elementary School

3790 NE Purcell Blvd, Bend, OR 97701

Ponderosa Skatepark

1411 SE Wilson Ave, Bend, OR 97702

Riley Ranch Nature Reserve

19975 Glen Vista Rd, Bend, OR 97701

River's Edge Golf Course

400 NW Pro Shop Dr, Bend, OR 97701

Samara Learning Center

230 NE 9th St, Bend, OR 97701

Sawyer Park

62999 O.B. Riley Rd, Bend, OR 97701

Shevlin Park - Aspen Meadow

18920 NW Shevlin Park Rd, Bend, OR 97701

Skyline Sports Park

19617 Mountaineer Way, Bend, OR 97702

Sky View Middle School

63555 NE 18th St, Bend, OR 97701

Summit High School

2855 NW Clearwater Dr, Bend, OR 97703

Sylvan Learning Center - Northwest Crossing

2754 NW Crossing Dr #101, Bend, OR 97701

The Pavilion

1001 SW Bradbury Way, Bend, OR 97702

The Pavilion - Park & Float Lot

1001 SW Bradbury Way, Bend, OR 97702

Twin Knolls Transition Co-op

2500 NE Twin Knolls Dr, Bend, OR 97702

Vince Genna Stadium

401 SE Roosevelt Ave, Bend, OR 97702

Westside Village School

1101 NW 12th St, Bend, OR 97703

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Park Features & Amenities

Get out and play with our features and amenities guide. Need to know how to get to a park? An interactive map is available online at bendparksandrec.org and a print map is available at our facilities.

For additional information on parks and trails, visit our website at bendparksandrec.org or call (541) 389-7275.

Park & Trail Rules & Regulations:

These rules are in place for the safety and enjoyment of all park users. Park users are responsible for knowing and following all park rules. This is a partial list.

For the full rules and regulations text, call 541-389-7275 or visit our website at bendparksandrec.org.

For non-emergency police matters, call 541-693-6911.

For emergencies, dial 911.

- Parks and trails are open 5:00 am to 10:00 pm daily.
- City ordinances require that dogs must be on leash at all times within the city limits (except at designated off-leash areas) and their waste properly removed. Dog “rest stops” along the trails and in the parks provide you with disposal bags and trash cans. Dogs are allowed in all parks except for Riley Ranch Nature Reserve.
- Do not litter. Trash cans are located throughout the park and trail system.
- Vehicles must remain on roadways or in parking areas. No parking on district property between 10:00 pm and 5:00 am.
- No camping, smoking or fires allowed. Alcoholic beverages allowed by permit only.
- Feeding geese, ducks, other waterfowl and wildlife is not allowed.
- Removing vegetation is not allowed.
- Propane cook stoves are allowed; no charcoal grills allowed.
- Metal detectors allowed by permit only.
- The use of airborne projectiles, including golf and archery, is not allowed.
- Sales and concessions are allowed by permit only.

Trail Use:

- Some sections of the trail are on private property. Please stay on the designated trail.
- Areas along the river are sensitive wildlife habitat. Please do not walk along the river bank.
- Bicyclists are not allowed on some sections of the trails or in Riley Ranch Nature Reserve. Please observe pedestrian-only trail sections. No motorized vehicles allowed on trails.



NAME	ADDRESS	BALL FIELDS	BASKETBALL	DISC GOLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
Al Moody Park	2225 NE Daggett Ln		•								•	•		•			
Alpenglow Park	61049 SE 15th St				•	•			•		•	•	•				
Alpine Park	61355 SW Swarens Ave								•								
Awbrey Village Park	3015 NW Merchant Way											•					
Bend Senior Center	1600 SE Reed Market Rd					•			•				•				
Bend Whitewater Park	166 SW Shevlin Hixon Dr														•		
Big Sky Park	21690 NE Neff Rd	•			•				•		•	•	•				
Blakely Park	1155 SW Brookwood Blvd		•									•	•				
Boyd Park	20750 NE Comet Ln		•								•	•		•			
Brooks Park	35 NW Drake Rd						•								•		
Canal Row Park	1630 NE Butler Market Rd								•		•	•		•			
Columbia Park	264 NW Columbia St							•			•	•	•		•		
Compass Park	2500 NW Crossing Dr								•		•	•	•				
Discovery Park	1315 NW Discovery Dr				•				•		•		•				
Dohema River Access	35 NW Drake Rd														•		
Drake Park	777 NW Riverside Blvd						•						•		•		
Eagle Park	62891 NE Nolan St										•	•		•			
Empire Crossing Park	63145 Lancaster Street								•		•						
Farewell Bend Park	1000 SW Reed Market Rd						•		•		•	•	•		•		
First Street Rapids Park	1980 NW First St						•		•				•		•		
Foxborough Park	61308 Sunflower Ln		•									•		•			
Gardenside Park	61750 Darla Pl										•	•		•			
Goodrich Pasture Park	941 NW Quimby Ave										•			•			
Harmon Park	1100 NW Harmon Blvd	•									•	•	•		•		
Harvest Park	63240 NW Lavacrest St											•		•			
Hillside I Park	2050 NW 12th St		•									•	•				
Hillside II Park	910 NW Saginaw Ave				•												
Hixon Park	125 SW Crowell Way																
Hollinshead Park	1235 NE Jones Rd				•	•							•				
Hollygrape Park	19489 SW Hollygrape St											•	•				
Jaycee Park	478 Railroad St		•									•		•			
Juniper Park	800 NE 6th St	•						•	•		•	•	•				•
Juniper Swim & Fitness Center	800 NE 6th St					•							•				
Kiwanis Park	800 SE Centennial Blvd	•	•								•	•		•			
Larkspur Community Center	1600 SE Reed Market Rd											•					
Larkspur Park	1700 SE Reed Market Rd		•					•	•		•	•	•				
Lewis & Clark Park	2520 NW Lemhi Pass Dr		•									•					

NAME	ADDRESS	BALL FIELDS	BASKETBALL	DISC GOLF	DOG OFF-LEASH AREAS	FACILITY RENTALS	FISHING	HORSESHOES	NATURAL AREAS	PICKLEBALL	PICNIC SHELTER	PLAYGROUND	RESTROOMS (YEAR-ROUND)	RESTROOMS (SEASONAL)	RIVER ACCESS	SKATEBOARDING	TENNIS
McKay Park	166 SW Shevlin Hixon Dr						•						•		•		
Miller's Landing Park	55 NW Riverside Blvd						•				•		•		•		
Mountain View Park	1975 NE Providence Dr		•									•		•			
Northpointe Park	63800 Wellington St											•		•		•	
Orchard Park	2001 NE 6th St		•								•	•		•			
Overturf Park	475 NW 17th St				•			•	•			•					
Pacific Park	200 NW Pacific Park Ln						•										
Pageant Park	691 NW Drake Rd						•								•		
The Pavilion	1001 SW Bradbury Way					•											•
Pilot Butte Neighborhood Park	1310 NE Highway 20	•									•	•	•				
Pine Nursery Park	3750 NE Purcell Blvd	•		•	•		•		•	•	•	•	•				
Pine Ridge Park	61250 Linfield Ct										•	•		•			
Pioneer Park	1525 NW Wall St						•				•		•				
Ponderosa Park	225 SE 15th St	•	•		•					•	•	•	•			•	
Providence Park	1055 NE Providence Dr		•									•		•			
Quail Park	2755 NW Regency St		•						•	•	•	•		•			
Riley Ranch Nature Reserve	19975 Glen Vista Rd						•		•				•		•		
River Canyon Park	61005 Snowbrush Dr								•								
River Rim Park	19400 Charleswood Ln								•							•	
Riverbend Park	799 SW Columbia St						•				•		•		•		
Riverview Park	225 NE Division St								•								
Rockridge Park	20885 Egypt Dr			•					•		•	•	•			•	
Sawyer Park	62999 O.B. Riley Rd						•		•				•		•		
Sawyer Uplands Park	700 NW Yosemite Dr								•			•					
Shevlin Park	18920 NW Shevlin Park Rd					•	•		•		•		•		•		
Skyline Sports Complex Park	19617 Mountaineer Way	•									•	•	•				
Stone Creek Park	61531 Stone Creek Ln								•		•			•			
Stover Park	1650 NE Watson Dr	•										•	•				
Summit Park	1150 NW Promontory Dr		•						•								•
Sun Meadow Park	61150 Dayspring Dr		•								•	•		•			
Sunset View Park	990 NW Stannium Rd								•								
Sylvan Park	2996 NW Three Sisters Dr								•			•					•
Three Pines Park	19089 Mt Hood Pl											•					
Wildflower Park	60955 River Rim Dr										•	•					
Woodriver Park	61690 Woodriver Dr		•									•		•			



Alpenglow Park



Goodrich Pasture Park



Rockridge Park



let's play
together

play for life