your playbook

a summer full of recreation news & happenings

Celebrating 50 years of play since 1974

park & trail projects in the works

summer 2024

play for life
“We are not the makers of history. We are made by history.”
- Martin Luther King, Jr.

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I hope this letter finds you well and enjoying the many recreational opportunities that our park district has to offer.

I am writing to you with mixed emotions as I announce my retirement this fall, marking the end of a fulfilling 38-year career in park and recreation culminating with almost 22 years with the amazing Bend Park and Recreation District. I am fortunate to have spent my entire career dedicated to enhancing the quality of life for people in communities I have served. It has been an incredible journey, one filled with challenges, triumphs, and above all, a deep sense of pride in the work we have accomplished together.

Throughout my tenure, I’ve had the privilege of contributing to numerous projects that have become an integral part of Bend’s identity. Through a shared commitment with our community, we have developed more than 35 new parks in neighborhoods across Bend including flagship facilities such as the Bend Whitewater Park, Larkspur Community Center, Farewell Bend and Riverbend parks, and Riley Ranch Nature Reserve. Our parks are Bend’s hub for social and recreational activities, with a quality that sets us apart from other communities across the nation.

As I reflect on my time spent raising a family amidst the natural beauty of Bend’s parks and facilities, I am filled with gratitude for the unwavering support of our community. Bend has always been a place where people can thrive, thanks in no small part to the abundance of recreational opportunities available right in our own backyard. It has been a privilege to watch my children grow and explore within the serene surroundings of our parks, knowing that they are part of a community that values and prioritizes outdoor recreation.

I am also grateful for the support and camaraderie that I have experienced throughout my career, and I am confident that the legacy of our parks and facilities will continue to thrive under the capable hands of Michelle Healy, an incredible staff, and dedicated individuals like yourselves. Together, we have created something truly special, and I am excited to see what the future holds for this community.

As our community faces growing urbanization, my hope is that we do not take our eyes off the intrinsic value provided through the provision of park and recreation. It’s these assets that make our community livable and vibrant…and will continue to make Bend a special place to live, work and play.

Thank you all for the incredible opportunity to serve this community.

Best,

Don Horton, Executive Director
don@bendparksandrec.org
Welcome to “Your Playbook.” You’re invited to learn about the many recreation programs, facilities, parks and trails available to you. Whether you are one, one hundred or somewhere in between, the Bend Park and Recreation District is your place for play.

Bienvendido a su “Revista de Actividades Recreativas.” Lo invitamos a conocer los numerosos programas recreativos, centros de recreación, parques y senderos a su disposición. Bend Park & Recreation District es el lugar de recreación ya sea para una persona, un grupo grande o cientos.

VISION STATEMENT:
To be a leader in building a community connected to nature, active lifestyles and one another.

MISSION STATEMENT:
To strengthen community vitality and foster healthy, enriched lifestyles by providing exceptional park, trail and recreation services.

BOARD OF DIRECTORS:
Nathan Hovekamp, Board Chair • Jodie Barram, Vice-Chair • Donna Owens • Cary Schneider • Deb Schoen

BUDGET COMMITTEE:
Joanne Mathews • Daryl Parrish • Corey Johnson • Cara Marsh-Rhodes • Abigail Schneider

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RECREATION SERVICES DIRECTOR:
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FOLLOW US:
Facebook • Bend Park & Recreation District, Servicios en Español de Bend Park and Recreation District, Juniper Swim & Fitness Center, Larkspur Community Center, The Pavilion, Bend Whitewater Park, Art Station and Bend Senior Center.

Instagram - bendparks, bendparkandrec, enespanol, bendwhitewaterpark, bendparks, juniperswimandfitness, larkspurcommunitycenter and thepavilioninbend.

INCLUSION:
The Bend Park & Recreation District is committed to making all of our programs, facilities, services and activities accessible to everyone. If you feel that you or your child may require auxiliary aid or special accommodations to participate, let us know at the time of registration. We will work with you in order to make safe and respectful accommodations. For more information or an activity assessment, contact Therapeutic Recreation at p. 541-706-6121.

SERVICIOS DISPONIBLES PARA LA COMUNIDAD LATINA | LATINO OUTREACH SERVICES:
Comuníquese con Kathya al Tel. 541-706-6190
Contact: Kathya Avila p. 541-706-6190
kathya@bendparksandrec.org

COVER:
Recreation Swim from 1966 at now Juniper Swim & Fitness Center. Bend Parks and Recreation Department Programming by Vince Genna.

Photo Credit: Deschutes County Historical Society.
Cheers to Bend Park and Recreation District!
The home of great places, great people and great play.

Focused on Bend’s recreation needs, Bend Park and Recreation District has been leading Bend’s playful scene since 1974, with roots that trace back decades earlier.

You are an important part of this special district and invited to join the celebration of BPRD’s now fifty years of parks, trails and recreation.

Rejoice in the parks, the trails, the recreation centers, the children’s camps, the fitness classes, the swimming, the Pet Parade, the whitewater park, the thousands of registration programs, the ball fields, the quiet natural spaces, the art, the skateparks, the events, the friendships, the games, the history, the community’s commitment to play and so much more.

In the pages ahead, there are stories and images of days gone by and about those who had hand in BPRD’s history. A tip of the hat and heartfelt thank you to everyone who has played a part in creating BPRD and the places and experiences we celebrate today.

Fifty years ago, today and fifty years from now, parks, trails and play are, and will always be, cherished and celebrated here.

Play for Life brings possibility to all ages in our community, from 1 to 100.

Don’t get us wrong. We take our playful role seriously. We are instigators, planners and stewards, encouraging our community to Play for Life and Live to Play.

For more information, call 541-389-7275 or visit bendparksandrec.org • Register at register.bendparksandrec.org
Recreation centers, activities and registration information on pages 40 - 55. • Park and trail lists on pages 56 - 59.
bprd news & happenings

BPRD BOARD OF DIRECTORS APPOINTS CARY SCHNEIDER

In April, the board of directors appointed Cary Schneider to a vacant board position. The board thanks Zavier Borja who resigned from the board due to frequent travel and job-related responsibilities.

Schneider is a business owner who is approaching 15 years of volunteer board member experience for several non-profit and for-profit organizations including BPRD’s Budget Committee. He has a degree in finance and management from the University of Oregon and has lived in Bend for three years, relocating from the Salem area. He and his family frequently enjoy the parks, trails, recreation programs and facilities.

Schneider will complete the terms of service that end on June 30, 2025, with the seat on the election ballot in May 2025.

PARK HISTORIES NOW FEATURED ON WEB PAGES

Did you know that Shevlin Park featured ice skating on Aspen Pond?
Or that Al Moody Park is named for a 1974 board member?

Now you can surf the Bend Park and Rec website and discover the stories about many of the 80+ district parks on recently added “History” tabs on individual park web pages. So, take a trip back in time at bendparksandrec.org/parks, view a park and learn more.

NEW HOME OF ART STATION

The Art Station and its art programs will get a new home at Larkspur Park! Programs have been housed in temporary locations since Spring 2022.

After evaluating multiple sites, BPRD staff and the board of directors determined that Larkspur Park would be the best home for the Art Station due to location in the community and existing infrastructure. A new facility will be built adjacent to the basketball court and will include an entry space, three classrooms, office space, and restrooms.

The surrounding natural space and trails will be a beneficial asset to the Art Station for inspiration and space to create, while preserving the landscape and trail experience to the fullest extent possible.

The new Art Station is scheduled for opening Summer 2026.
2024 PARKS & TRAILS
LEVEL OF SERVICE UPDATE

The district’s 2018 comprehensive plan identifies level of service targets for three types of park facilities:

- Neighborhood and Community Parks: 7.85 acres per 1,000 residents
- Regional Parks: 10 acres per 1,000 residents
- Trails: 1 mile per 1,000 residents

BPRD staff provides annual updates on current metrics toward these goals. In 2024, there are 1,140 acres of regional parks, 797 acres of community and neighborhood parks, and 97 miles of primary trails. Regional parks exceed targets while neighborhood and community parks and trails are close to meeting goals. The district also works to provide a park within a ½ mile walking distance to as many residents as possible. An estimated 63% of residents live within a park walkshed according to analysis.

AFFORDABLE HOUSING WAIVERS CONTINUE

Over the years, the district has been approached with various requests to support affordable housing through direct financial contributions to projects or causes, fee waivers for services and system development charges (SDC), or by approving tax exemptions.

While some of these requests directly align with the district’s mission, others address broader initiatives that may not be as closely tied to the statutorily designated purpose of the district, but are deemed to be important community needs.

There have been 610 SDC waivers approved that total almost $3.9 million in foregone fees for these efforts.

PLAYFUL OPTIONS FOR SUMMER

Are you looking for fun summer activities? Summer programs and fall sports leagues registration is open now. Sign up for recreation, enrichment, sports camps, swim lessons, aquatics programs, sports leagues such as adult cornhole, adult fall softball, adult roller hockey, youth flag football, kindergarten soccer, youth soccer, youth roller hockey and middle school tennis leagues.

You can view programs and register online at register.bendparksandrec.org and if you’re seeking some spontaneous play, you can learn about drop-in activities on pages 41 - 50.

FALL PROGRAM & WINTER SPORTS LEAGUES
REGISTRATION OPENS AUGUST 5 - 7

Time flies when you’re having fun! Fall registration will be here soon. We’re talking September through December programs - afterschool, sports, ice skating, swim lessons, arts and crafts, outdoors, fall and winter break activities and more!

Mark that calendar for August 5 - 7 and learn more about registration on page 55.
As Bend grows, so is your park and trail system to support our community’s needs. The district is adding new parks and trails while also updating aging facilities, parks and trails. Together, these projects keep staff busy with land purchases, project design, public outreach to gather input, and construction to turn plans into recreational amenities for our community.

Sawyer Park Asset Management Project

Sawyer is one of Bend’s oldest parks. Years of use and increased visitation have led to a need for an updated entrance and parking lot as those have reached the end of their life span and no longer provide the needed functionality and capacity for the park. Following public outreach, a preferred concept design was developed that includes a permanent restroom, shelter, accessibility improvements, new pathways and habitat restoration. The project has been approved for both Land and Water Conservation Fund and Local Government grants to help fund project amenities. This project is expected to be complete by summer 2026.

Pine Nursery Park Phase 5

This project will construct the next phase of the 20-year phased plan for Pine Nursery Park. Work will include renovation of the four-existing baseball/softball fields by adding all-weather turf infields and sports field lighting. The project also includes eight additional pickleball courts, new trail connections, accessibility improvements, off-leash dog area improvements, and maintenance and infrastructure improvements. The project is anticipated to be complete by summer 2026.

Little Fawn Park

This new neighborhood park in southeast Bend along Parrell Road is under construction. Park features include shaded lawn area, preserved natural spaces, picnic shelter, play areas, trails and pathways, a half basketball court, and a small parking lot. Construction is planned to be complete this summer 2024.

Fieldstone Park: COMPLETE

In coordination with Pahlisch Homes, a new neighborhood park in the Petrosa subdivision is complete and now open. Amenities include a playground, single track bike course, open lawn, picnic tables, a seasonal restroom, pathways and natural space.

Located in northwest Bend, Sawyer Park spans both sides of the Deschutes River and has improvements in the works.
Manzanita Ridge Park

Manzanita Ridge is a 3.5-acre property in the Shevlin West development that will provide a new neighborhood park. Planned features include open lawn, picnic and gathering space, play areas, seasonal restroom, natural area and pathways. The park borders district-owned open space with trail connections via the Manzanita Trail to Shevlin Park trails. The park is expected to open in spring 2026.

Riverfront Street & Deschutes River Trail Improvements

The district has partnered with the City of Bend to design improvements to Riverfront Street to increase access for trail users between Drake Park and Miller's Landing Park. The district began work on this project several years ago, but the effort was halted due to the high level of complexity and funding limitations for the project. In early 2023, BPRD and the City of Bend agreed to restart the project with shared costs and resources to complete the project designs. The project is being led by the City of Bend with participation and financial support from BPRD. Project completion is currently estimated for spring 2026.

North Unit Canal Trail Phase 1

The North Unit Canal Trail is a planned trail in northeast Bend along the North Unit irrigation canal. The canal is jointly managed by the U.S. Bureau of Reclamation and the North Unit Irrigation District (NUID). Phase 1 of the trail will run between Canal Row Park and Yeoman Road and provide access to Pine Nursery Park, Fieldstone Park and numerous residential developments along the trail corridor. The trail is planned to be a 10-feet-wide multi-use trail with a primarily compacted gravel surface similar to other canal trails in Bend, but some portions of the trail will have asphalt surface. The district has substantially completed designs for the trail and is currently working on the acquisition of trail easements and the necessary permits for construction.

Art Station

Since March 2022, district staff have evaluated options for a new location for art programs. The temporary locations have split the programming into multiple locations creating inefficiencies for managing staff and resources. After discussing opportunities and options, the board approved plans to build an approximately 4,500-5,000 square foot building at Larkspur Park to permanently house and enhance the district’s ongoing Art Station programs. Design is underway and opening is scheduled for summer 2026.

Miller’s Landing Park River Access Project

As part of the preferred concept design created in 2023 for the McKay, Miller’s and Columbia River Access project, this project will improve river access at Miller’s Landing Park. Plans include a river access point for boaters and river users with mobility restrictions, and a hardened access point at the far end of the park for swimming, wading and slow water recreation. Work is estimated for completion in spring 2025.

Currently an undeveloped irrigation district service road, the multi-use North Unit Canal Phase 1 trail in northeast Bend follows the canal from Canal Row Park to Pine Nursery Park and Deschutes Market Rd.
Hollinshead Park Improvement Project

Hollinshead Park is a historic property, treasured by the community and experiencing increased use over recent years. This improvement project aims to provide an inclusive, safe, accessible and enjoyable park experience for all visitors. Proposed work includes permanent restrooms, improving the parking facilities by maintaining the number of parking spaces while addressing accessibility, traffic flow and overall safety, fencing the existing off-leash area for dogs, and enhancing ADA access to and around the Hollinshead Barn. An interpretive trail offering historical information will be added, developed with support from the Deschutes Historical Museum.

Bend Whitewater Park Maintenance & McKay Park River Access

After completion in 2016, the Bend Whitewater Park is due for maintenance. The project began with data collection, site survey and an engineering analysis looking at the current functionality of the existing park features along with the original design intents. Once the engineering report is complete, the district will determine the scope of the project. The project will also improve river access at McKay Park, following the preferred concept design created in 2023 under the McKay, Miller’s and Columbia Park River Access project.

Park Land Acquisition

Staff regularly work with local developers and property owners to acquire property for new parks and trails. These acquisitions are guided by the district’s 2018 Comprehensive Plan, which identifies areas of the district that are underserved by parks and trails, including areas of Bend that are anticipated to develop substantially in the near future. The district is actively working on several property acquisitions throughout the community to bring new parks to underserved areas.

Comprehensive Plan Mid-term Update

Staff are leading a mid-term update to the 2018 Comprehensive Plan. A statistically valid community needs survey was mailed to approximately 5,000 households, followed by an open link survey that was available online for three weeks in October 2023.

The survey results informed project recommendations that were categorized as high, medium or low priority to inform development over the next five years.

For more on BPRD projects, visit bendparksandrec.org/about/current-projects/
2024 marks the 50th anniversary of Bend Park and Recreation District as the special tax district established to manage public park and recreation opportunities for our community.

This anniversary offers opportunity to reflect on and honor the people and events that brought us to today, celebrate current work and opportunities and look ahead to a future supporting recreation in our community for generations to come.

You are invited to learn more about the district’s history of parks and recreation, take part in a recreation program or event, or visit the parks and trails that play an important part in our lives and help make Bend the place we call home.

Researched and written by Julie Brown, Steve Stenkamp & Paula Lowery. Resources and photo credits include: Bend Bulletin, Bend Park & Recreation District and Deschutes Historical Society.

Pre-1900s  We recognize the past, current and future significance of these lands to Indigenous Peoples. Confederated Tribes of Warm Springs, Paiute and Klamath Nations have all called this land home for many generations.

1857  A pioneer wagon train stopped one day in 1857 to camp by the Deschutes River in what is now Pioneer Park. Visited only occasionally by white travelers prior to the mid-1800s, the Bend area began to see the arrival of stockmen, lumbermen, businessmen and other settlers.

1905  The City of Bend incorporated in January 1905 with a population of 300.

1920  Businesses and private citizens began working with the city to meet the need for public spaces for recreation. Shevlin Park is donated by the Shevlin-Hixon lumber company.

1921  The Women’s Civic League led a fight against subdivision of the beautiful site that is now Drake Park.

1924  Bend Commercial Club forms a group to develop playgrounds. Known as the “Lava Bears,” the group loans its name to the high school football team for their mascot.

The first Pet Parade is held.

1932  There were 5,000 spectators at the 1932 Pet Parade and all through the 1930s there was no less than 5,000 spectators at each parade. A badger won 6th place in the 1932 Pet Parade.

In 1932, Doris Grubb won first place in the Pet Parade with her cat riding in a baby stroller. In 2005, Doris, at age 77, returned to the Pet Parade again for Bend’s 100th year anniversary.

1945  City of Bend takes over Harmon Park from the school district. City forms park advisory committee for park and playground development. City Public Works maintains parks.

The city builds a baseball stadium (now called Vince Genna Stadium) on property acquired from Deschutes County.
1947  The city builds the municipal swimming pool—it was the original Juniper Swim & Fitness Center.

1949  City creates recreation department and hires Dave Howard as the first department director. Prior, the city offered summer youth recreation activities jointly with the school district. Wayne Hamilton appointed as new City Recreation Director with two part-time employees.

1954  Vince Genna hired as an assistant recreation director by the City of Bend.

1958  The Deschutes River Trail was first conceptualized by Vince Genna. His vision was for a trail along the river from Tumalo State Park to forest service lands. Still in the works today, the trail is nearing full connectivity.

1964  Bend’s parks and pool continued to be maintained by the city’s public works department until 1964 when the maintenance function was merged with the recreation programs to form a new City of Bend Parks and Recreation Department. Vince Genna appointed as director. In the 1960s, summer playground programs, swimming, tennis and the junior bowling program flourished under the direction of the recreation department.

1966  Bend Parks and Recreation Department receives the National Gold Medal Award for Excellence in Park and Recreation management. The first year of the award, it is given to the best park and recreation agency in the nation for its population category.

1964  Bend’s parks and pool continued to be maintained by the city’s public works department until 1964 when the maintenance function was merged with the recreation programs to form a new City of Bend Parks and Recreation Department. Vince Genna appointed as director. In the 1960s, summer playground programs, swimming, tennis and the junior bowling program flourished under the direction of the recreation department.

1971  Funds are raised by the Chamber of Commerce to send Parks and Recreation Director, Vince Genna, to Washington, D.C. to receive an award on behalf of the city. Shown above, Genna is awarded a 30 Best City Beautification Award by First Lady Pat Nixon and Governor Tom McCall.
1974 The district is established.
As Bend and the surrounding area continued to grow, about one-third of those participating in park and recreation programs were non-residents of Bend, yet city taxpayers were the sole support of the department. A proposal from a citizens’ group led to a feasibility study, followed by community meetings, and finally the City of Bend Commission resolved to form a special district with boundaries that included the nearby, rapidly developing, unincorporated areas.

The petition appeared on the ballot on May 7, 1974, and the Bend Metro Park and Recreation (BMPRD) District was established by a vote of 983 yes to 541 no votes.

First Board of Directors elected to the park district was Dr. Albert Moody, Constance C. Miller, Mary Jane Newton, Robert L. Coats and Leonard Gray.

In the 1970s, an array of youth recreation programs and activities were well received by the community. Many of the mainstay programs continued to be offered such as boxing, baseball, basketball, softball, swimming, tennis, hockey, children’s theater, summer playground activities and Shevlin Day Camp, the beginning of today’s popular Cougar Camp.

New offerings to keep up with the “times” included baton, kid’s nutrition, puppet-making and performances, Children’s Film Festival and kid’s gardening.

1973-74 Vince Genna found an old lifeboat on the lower Deschutes River to use as a “tugboat” playground apparatus. Ken Lehto, a recreation department employee, transitioned the boat for use in Harmon Park. It was named the P.S. Happy Harmon and christened with a bottle of 7-Up. Even today, Harmon is called the “boat park” by kids and parents.

1976 District’s tax base decided by voters. The previous budget for the City Parks and Recreation Department was $200,000.

Children with special needs were included in playground and day camp programs, establishing the beginnings of today’s inclusion programs.

1977 Bend Park and Recreation Foundation created for community-based fund raising efforts.

1978 BPRD summer activities include tennis lessons, soccer, softball, baseball, fitness, jogging, swim lessons, senior travel club, hikes, films in the park, ballet, cycling treks and canoe trips.

There were 12 parks in the district.

1979 The new indoor pool at Juniper Aquatics Center opened.

Youth soccer and Nordic skiing programs surged.

1980 Sawyer Park acquired from Oregon State Parks.

1982 BPRD purchases the 16.5-acre Timberlane Ranch from Dean and Lily Hollinshead to be the future home of Hollinshead Park.

The district also began publishing a quarterly “Program Guide,” a complete listing of recreation offerings. This is the foundation for Your Playbook magazines and Playlist recreation guides today.

1986 The first section of the Deschutes River Trail, then known as the River Strollway, is dedicated.
1989  Afterschool childcare needs led to the creation of the Child-Time program in 1988 with four children enrolled the first week in January 1989. With a name change to Kids Inc. in 1993, this popular afterschool program still runs today and serves more than 1,200 children each year.

Also in 1989, adapted aquatic and skiing activities were established. Combined with inclusion, this was the beginning of today's Therapeutic Recreation programs.

1990  Vince Genna, Executive Director, retires. For 37 years, Vince relentlessly advocated for parks in Bend, persuading people to donate land, lend equipment and volunteer labor. On his watch, the district acquired more than 1,500 acres of land—through donations, land trades and a law he helped establish requiring developers to dedicate 8% of their subdivisions to parks.

1993  Once used for stabling horses, Hollinshead Park’s barn is renovated into a meeting and reception facility.

1998-99  Youth flag and tackle football programs added to fall programs.

2000  The Old Mill District opens to the public. Over the following years, this area will feature Riverbend, Farewell Bend, Miller's Landing and McKay parks, Deschutes River recreational access and numerous miles of trail.

Big Sky Park opens sports complex named in honor of Luke Damon, a Bend youth who loved baseball.

2003  Don Horton, current executive director, is hired.

Larkspur Park’s playground opens. Rotary Clubs of Bend fund construction for this “all children’s playground” to celebrate Rotary Centennial.

2004  Pine Nursery Park land is purchased—requiring two acts of Congress.

2005  Lacrosse hit town, was added to BPRD offerings and exploded in popularity within a very short time.

2006  The district receives its second National Gold Medal Award for Excellence in Park and Recreation management.

2001  Bend Senior Center opens in southeast Bend. The senior population in the community sought more active programs such as fitness and seasonal outdoor activities. The center also provided a venue for health fairs, social gatherings and club-type activities.
2007  Juniper Swim & Fitness Center expanded to include 50-meter pool, outdoor activity pool and fitness center.

2009  The district opens a new office at Riverbend Park.

2010  More than 120 acres of Gopher Gulch Ranch is purchased—the site of Riley Ranch Nature Reserve.

2014  The traditional annual Pet Parade manages to maintain its small town quality and was recognized by the Oregon Heritage Commission as an Oregon Heritage Tradition.

2012  District voters pass $29 million dollar bond measure to help finance Bend Whitewater Park, Deschutes River Trail projects, new parks and The Pavilion, a multi-use ice and recreation facility. With the bond’s help, completion of the Deschutes River Trail comes closer within reach.

Bend Pickleball Club approached the district seeking court space. Initially, space in Larkspur Park was provided and it wasn’t long until the well-organized group had partnered with the district to build eight pickleball courts at Pine Nursery Park. Since then, eight more courts have been added at the park.

2015  The district opens the Bend Whitewater Park, a one-of-kind in-river park, which offers whitewater kayaking, surfing and floating through rapids.

In summer 2015, Discovery Park opens.

Late in 2015, The Pavilion, which features Central Oregon’s only NHL-sized ice rink, opens to large crowds during winter break. Offerings include ice skating, hockey, curling and skating lessons.
**2017** The 36-acre Rockridge Park opens, featuring a lunar-scape skatepark, nine-hole disc golf course, bike skills course, pathways and a nature play area. The park design retained more than 60 percent of terrain as natural space.

**2021** Larkspur Community Center, an expansion of the Bend Senior Center, opens. At 34,000 square feet, the long-awaited recreation facility meets the community’s growing needs across all age groups, including active older adults who have a variety of interests for fitness, recreation and social activities.

**2022** At 37 acres, Alpenglow Park opens in southeast Bend, one of the district’s rapidly growing areas. The park includes a bouldering area, playground and sprayground, event pavilion, off-leash area for dogs, demonstration garden, and accessible trails and multi-use pathways.

**2023** A long-awaited, re-routed section of the Deschutes River Trail that travels along the river north of Drake Park via an underpass at Newport Avenue is completed. The river boardwalk and underpass look a lot like the drawing from the trail’s 1995 plan envisioned by Vince Genna.

Don Horton announced plans to retire in fall 2024, marking the start of a new chapter for BPRD.

**2020-21** The pandemic made deep impacts on BPRD’s operations. Park and trail use skyrocketed and recreation centers were closed for numerous months. For most of 2020, recreation programs were canceled or severely limited. To support local workers unable to stay home with their school-aged children, BPRD created a school-day childcare program that was utilized by first-responders, health care staff and other essential workers.

**Today** BPRD maintains and operates more than 3,500+ acres of developed and undeveloped parkland. That includes 84 parks/open spaces and 80+ maintained miles of trail.

The district offers more than 1,000 recreation programs for all ages and abilities throughout the area and at the Juniper Swim & Fitness Center, Larkspur Community Center—Home of the Bend Senior Center, and The Pavilion. We also hold several community events including the July 4th Pet Parade. More than 600 full-time and part-time staff are employed at the district and more than 1,800 volunteers contributed their time to recreation programs, events and parks this past year.

Now as much as ever, BPRD is committed to serving the recreation needs of our community. For information on current projects to meet those needs, see pages 8 - 10.
HISTORY OF RIVER PARKS: FROM LOGGING TO RECREATION

The Deschutes River has been many things to many people. It has been a life-sustaining source in many ways including as a spiritual provider, a food source, a wayfinding tool, an economic driver and most recently as a recreation venue.

The logging years began in 1916 with Shevlin-Hixon Co. and a month later rival Brooks-Scanlon began operations. The Old Mill District shares on its website: “At their peak, the Brooks-Scanlon and Shevlin-Hixon operations were two of the largest pine sawmills in the world, running around the clock and employing more than 2,000 workers each. Brooks-Scanlon alone milled an average of 300,000 board feet of lumber a day.”

That pace wasn’t sustainable and the mill was shuttered in 1993 and a new phase of history was about to begin. With the development of the Old Mill District in the late 1990s and early 2000s, approximately 2 1/2 miles of the Deschutes River that was previously blocked off and used exclusively by the timber companies, was able to be accessed by the public.

As the 20th century was ending, Bend Park and Recreation District was planning alongside the Old Mill District and other partners to envision the next “community living room” along the Deschutes River. Drake Park was the original hub of outdoor enjoyment in Bend, but the post-logging era brought new opportunities and vision. A Bend Bulletin article in 1999 called the river parks plans “a new Drake Park for the 21st century.”

With an agreement that included a land swap and a reduced price for a portion of the property, BPRD acquired 22 acres of riverfront land and turned it into what became Riverbend Park and Farewell Bend Park.

“We knew early on that the community wanted to have as much public space along the river as possible, and that hasn’t changed in two decades. River frontage should be in the public trust to use for their enjoyment and to assure that its environment is maintained,” said Don Horton, BPRD executive director.

Bill Smith, developer and the driving force behind the Old Mill District and other projects, was the catalyst and valued collaboration and preserving natural areas balanced with innovation.

“The community is fortunate that Bill had a vision in the Old Mill District that was complementary to our park goals. He wanted to create spaces that people enjoy and we were able to do that together,” Horton added.

The concept for the parks was related to a heated community conversation about if a road and vehicle bridge would be developed. It was resolved and Farewell Bend Park, the Bill Healy Bridge and Reed Market Road were built and are used extensively by community members who can’t imagine not having these amenities as part of their daily experience.

Les Schwab, tire store chain founder, was also instrumental in helping to close the funding cap along with other contributors. Schwab’s mother taught school in a converted railroad car at the sawmill and the family lived at a traveling logging camp for four years in his adolescence.

The Old Mill District and Bend Park and Recreation District demonstrate how the public and private sectors can work together to build community.
Go on the hunt for park history!

Every park has a story to tell. To start your hunt, visit the sites, do the listed activities and create your own (hi)story.

Track your hunting adventures and try to earn prizes.

**HUNT & WIN PRIZES!**

1. Check each park off as you visit each location.

2. Bring or mail your completed list to BPRD's District Office at 799 S.W. Columbia St., open 8:00 a.m. - 5:00 p.m., Monday - Friday.

3. The first 25 completed entries will receive a special 50th anniversary collection of BPRD goodies and be entered into a random drawing for one of ten $50 BPRD gift certificates on August 15, 2024.

**LEARN MORE ABOUT PARKS & THEIR HISTORY:**

Visit the website at bendparksandrec.org/parks for each park and click on the park’s “History” tab.

Park locations, maps and directions are available on each park’s web page.

<table>
<thead>
<tr>
<th>VISITED PARK</th>
<th>ACTIVITY</th>
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<tbody>
<tr>
<td>SHEVLIN PARK’S FISHING POND</td>
<td>Cast a line at this former fish hatchery pond at the century-old park.</td>
</tr>
<tr>
<td>RIVERBEND PARK’S OTTER SCULPTURE</td>
<td>Visit the much-loved river animal that moved from Juniper Park to Riverbend Park.</td>
</tr>
<tr>
<td>HOLLINSHEAD PARK, BARN &amp; HOMESTEAD HOUSE</td>
<td>Stroll the historic ranch that is a favorite place for dogs and gatherings.</td>
</tr>
<tr>
<td>PINE NURSERY PARK</td>
<td>Look for the rows of pines as you walk or roll the trails at this former U.S. Forest Service tree farm.</td>
</tr>
<tr>
<td>PIONEER PARK</td>
<td>Enjoy a picnic and river view at the oldest park in Bend.</td>
</tr>
<tr>
<td>BROOKS PARK &amp; BEND HEROES MEMORIAL</td>
<td>Read the bricks honoring those who serve our county and community.</td>
</tr>
<tr>
<td>PAGEANT PARK</td>
<td>Take the footbridge to the park that celebrates the Bend Water Pageant from days gone by.</td>
</tr>
<tr>
<td>JUNIPER PARK</td>
<td>One of Bend’s favorite places to play in the water, wander through this park which is the site of the first Bend Municipal Swimming Pool.</td>
</tr>
<tr>
<td>DRAKE PARK &amp; MIRROR POND</td>
<td>Stand on the stage and cruise the river boardwalk at this iconic community park.</td>
</tr>
<tr>
<td>BEND WHITESTONE PARK, MILLER’S LANDING PARK &amp; MCKAY PARK</td>
<td>Rich in history from Bend’s logging days, watch the waves, dip a toe at the beach or float through this summer.</td>
</tr>
<tr>
<td>RILEY RANCH NATURE PRESERVE</td>
<td>Take in the view of the Deschutes River canyon and Cascades from the overlook at this former sheep ranch.</td>
</tr>
<tr>
<td>SAWYER PARK</td>
<td>Listen to birds and enjoy the river at this one-time Oregon State Park.</td>
</tr>
</tbody>
</table>
In creating BPRD as a separate legal entity from the City of Bend, the citizens of Bend recognized and acted on a desire to focus attention and resources in making parks, open space and recreational programs a distinctive part of the Bend community. This autonomy has enabled BPRD to deliver exceptional parks and recreation facilities and programs that have benefitted us all.

Cary Schneider, 2024, current

With continued population growth and increased density in our community anticipated, the foresight of previous boards and staff to acquire, develop and now preserve our existing parks, trails and natural areas will be even more treasured by our future residents. I see my role now in part as being a steward of these natural assets and always looking for responsible opportunities to add additional resources in an effort to provide greater access to those currently underserved and also to reduce the load on any one asset.

Ruth Williamson, 2005 - 13

For over fifty years, BPRD has been a trusted partner and community leader across all sectors. Consistency, vision and clear decision-making make this so. Truly, we are better together.

Deb Schoen, 2020 - 24, current

The 50th Anniversary is a time for reflection and appreciation. It provides an opportunity for the community to look back on the evolution of the parks, facilities, and programs vital to the high quality of life residents can enjoy.

It is a time to reminisce about the memories from days gone, such as when Hollinshead Park was a working ranch, Riverbend Park was part of the logging era, and Sawyer Park was part of the Oregon State Park System. The anniversary should also remind the community that the district can endure and thrive through the economic ups and downs and community division. It is a time to reflect on the district’s role in protecting and preserving natural resources and cultural heritage during times of tremendous growth. It is a time to celebrate the district’s contributions to the community while looking toward the future and continued success.

I am confident that the quality recreation services and facilities will continue for the next fifty years. The increasing density in Bend will pose difficulties in acquiring parks and trails. However, because of the excellent staff and leadership, I am confident that BPRD will continue to shine.

Ted Schoenborn, 2003 - 21

I am most proud of the initiative taken by the district to reach the Hispanic population and others who don’t have the resources (time and money) to fully participate in the programs provided by BPRD. The recognition and focus that all citizens should have equal access to programs and services is unusual among government agencies, if not unique. Hiring staff to improve outreach and revising sign up procedures to ensure program registration equity represents the best service for all our citizens.

Scott Wallace, 2007 - 15

It is hard to believe the district has been around since 1974. As a kid I can still remember my dad, Wally Wallace, and BPRD’s first executive director, Vince Genna, turning the fire hoses on the Juniper Park Slab each winter to make ice so we could ice skate during the early-to-mid 1970s.

I think 50 years demonstrates what an integral part of the community BPRD has become. There isn’t anywhere in the city where the influence and contributions of BPRD are not evident to residents and visitors alike. As we all know, Bend is commonly recognized for its quality of life and the abundance of outdoor recreational opportunities in our “backyard”. BPRD is a major reason for what Bend has become, helps set an excellent example for others to emulate, and is why so many want to be here.
Leading with heart and vision

Vince Genna, BPRD’s first executive director

Among the visionaries who helped shape Bend into the place we call home, Vince Genna made his mark as the person that took a small-town park and recreation department and built the framework behind the Bend Park and Recreation District’s nationally recognized parks, trails and recreation facilities that locals and visitors enjoy today.

Genna came to Bend in the 1950s with a passion for baseball and an ability to get people on board with his ideas. The Vince Genna Stadium located in the center of Bend and now leased to the Bend Elks minor league baseball team, bears his name in recognition of his passion for community recreation opportunities and service as the director of parks and recreation for 35 years.

During his tenure, Genna played a key role in the 1974 community vote that established Bend Metro Park and Recreation District as a local special district with tax support separate from city resources. Though sometimes controversial, he was legendary for asking people to donate time and resources and leveraged that to build baseball and soccer fields, complete trail connections from Drake to Sawyer parks, develop many parks including Hollinshead Park and provide equipment to support swimming and recreation opportunities.

In an article about his pending retirement published in The Bend Bulletin in 1989, Vince is quoted to have said, “To be a recreator, you have to feel good when you see kids in a park. You have to feel good seeing a kid with a glove on his bicycle going to a ball game. You have to feel good about seeing people at the swimming pool.”

Words from Vince

“I know that people have accused us of having too many fingers in too many pies, but we have to. One man’s poison is another man’s hobby.”
1978 The Bend Bulletin article

“The future will be dealing with more highly sophisticated types of work, problems and conditions. People will need distraction from the pressures, retreats will need to be provided close at hand.”
1982 memo to the board of directors and budget committee

“The parks along the river and Mirror Pond are the most important assets in the downtown area. The strollway will attract the curious, the hiker and those out for a pleasant stroll along the river. The development of that area will not be easy or quick because more of the property or easements have to be acquired.”
1982 memo to the board of directors and budget committee

“Vandalism is one of our biggest headaches and budget problems. I’m afraid that vandalism is liable to be with us a good long while unless we take some steps to correct the problem.”
1982 memo to the board of directors and budget committee

“We must remember that people and their recreational needs are our most important responsibility. We have an obligation to contribute to maintaining a high quality of life in Bend.”
1982 memo to the board of directors and budget committee
After 21 years of leadership, Don Horton is bidding farewell to the Bend Park and Recreation District on October 1, 2024. During his tenure, the community’s population has doubled from 53,000 to just over 106,000 and BPRD’s offerings for parks, trails and recreation have grown too. Under his guidance, 32 new parks and 23 miles of trail have been added, and recreation program offerings now total more than 1,000 annually.

Don's impact can be seen in many places, including the Larkspur Community Center, the expanded Juniper Swim & Fitness Center, Pine Nursery Park, and Riley Ranch Nature Reserve. He also led the district’s first successful voter-approved bond measure in 2012, which included signature projects: The Pavilion, Bend Whitewater Park, and land purchases for Alpenglow Community Park, which opened in 2022.

“Bend is really special, and a lot of the reason it is special is because of the parks, trails, recreation, open spaces and services we provide,” said Horton.

“If the next 20 years continues on the current trajectory, our community will need more neighborhood parks, both in new neighborhoods and in places where density will make it challenging to get new park land. As long as the community continues to support parks and recreation in the ways they have in the past, then I think we’ll be able to keep up with growth in the future and maintain our levels of service,” he added.

With his family and a U-Haul, Don traveled from Allen, Texas to Bend, arriving on New Year’s Day in 2003. One of his first decisions was to establish a Planning department to plan short- and long-term projects and manage levels of service system-wide.

“If I ever need to recharge my battery, I look at how others are using our parks, trails and recreation programs year-round to see the impacts of our system, every day regardless of the season or weather conditions,” he said.

At Don’s urging, BPRD earned national accreditation in 2015 and was re-accredited in 2020, an accolade shared by less than five percent of agencies across the country. The district was also honored as a National Recreation and Parks Association Gold Medal award winner in 2006. In his view, it was the process that led to excellence rather than the awards, but they reflect his drive to always seek improvement.

His commitment to inclusion and outreach has been evident in his efforts to remove barriers to participation among community members. BPRD distributed $845,000 in recreation scholarships to individuals with financial need over the past 3 years. Financial assistance jumped 55% from 2019 to 2021, with increased investment in programs serving low-income populations. In the past few years, BPRD provided $666,000 in inclusion support services to youth and adults with disabilities in
Michelle Healy begins as executive director July 1

Michelle Healy becomes the next BPRD executive director on July 1.

Healy was the finalist selected in the internal search conducted by the board of directors. She has been with the district for 11 years and currently serves as the deputy executive director.

“Our goal was to find an executive director who is strategic, visionary and values partnerships and collaboration with other organizations. Michelle Healy has all these qualities,” said Nathan Hovekamp, chair of the board of directors. “She is a professional who is well-regarded locally and statewide in the field of park and rec, and she thoroughly understands the community dynamics and opportunities ahead.”

Previously she was the director of planning and development and park services. Her career also includes roles at North Clackamas Parks & Recreation District and in the private sector in environmental consulting.

“I look forward to working with the community and the district’s fantastic team in the new role,” said Healy.

“My career has prepared me for this position and I thank the board of directors for the opportunity.”

Therapeutic Recreation programs and inclusion support for other general recreation programs and activities.

His advocacy efforts extended beyond Central Oregon. He led the district’s participation in the Legislative Forum of the National Recreation and Parks Association for 10 years and served on the Legislative Committee of the Oregon Recreation and Parks Association. His work contributed to expanded, consistent annual funding to the benefit of parks nationwide.

As Don says goodbye to BPRD, his legacy of growth, inclusion and excellence will continue to benefit the community for years to come.

“My hope is that we were able to create a community that people want to live in,” he said.

Bend residents and visitors have many places and activities to enjoy as a result of Don Horton’s years of service. All our best wishes in retirement, Don!
A popular stretch of the Deschutes River Trail and beloved Drake Park received major upgrades recently.

The Pioneer Reach of the Deschutes River Trail has a new look and feel for the connections from Pacific Park to Drake Park underneath Newport Avenue. The new trail is wider than the previous version and includes a boardwalk with railings on both sides, which eases travel through Drake Park.

On the north end, Pacific Park has been transformed into a trailhead with a small parking lot with angled and ADA spaces. At the south end of this trail segment, Drake Park renovations include riverbank habitat improvements, an expanded beach area and new plaza area with seat walls.

The goals of the $7.3 million project were to:

- Advance the community vision for Mirror Pond approved by the district’s Board of Directors and the Bend City Council in March 2015
- Improve the river-right bank from Galveston Avenue Bridge to Portland Avenue Bridge
- Repair the Deschutes River Trail surface through Drake Park and extend the trail through Pacific Park
- Address ADA access to the Deschutes River Trail throughout the project area
- Address environmental issues
- Consider impacts on river-right bank with or without the PacifiCorp dam.

“It seems like it was meant to be like this all along” is the reaction that we’ve heard repeatedly about the new trail section underneath Newport Avenue. In the busy parks with people and animals coming and going, the trail allows multiple users concurrently.

In addition to having an appealing aesthetic, the project met its goal to retain the character of the park with gorgeous tree canopy and glorious photo opportunities along Mirror Pond with the Cascades in the background. While some trees had to be removed, the team worked very hard to save more than a dozen mature Ponderosa pines and Junipers that were slated for removal in original plans. Each saved tree is a reason to celebrate. Twenty new trees have been planted and are getting established now, so they can tower over future generations of park visitors.

New signs improve the experience for residents and visitors to find their way. Directional signs on bollards are frequent and a new kiosk and map at Pacific Park are welcome additions.

Enjoy the park through the seasons, including with new downcast lighting on the boardwalk, to help in low-light conditions.

The project was supported by a Land and Water Conservation grant from the National Park Service.
Opposite page: Pedestrians walk along the river boardwalk, heading south into Drake Park from the Newport Avenue undercrossing and Pacific Park.

Top photo, left: Pedestrians on the peninsula boardwalk on Mirror Pond with Middle Sister in the background.
Top photo, right: A runner on the river boardwalk.
Center photo, right: A cyclist in Pacific Park.
Photo, left: A pedestrian and dog on the Deschutes River boardwalk.
Below photo: Newport Ave. bridge and undercrossing.
You can help with taking care of some of your favorite parks and trails!

Join the BPRD natural resources and trails team to pull weeds, remove trash, close off unofficial trails, and plant native vegetation at several volunteer projects scheduled throughout the summer.

Volunteer at one, two or however many you choose – we’d love to see you.

**Saturday, July 20**
Weed Pull at Discovery Park
8:00 - 11:00 a.m.

**Saturday, August 17**
Weed Pull at Shevlin Park
8:00 - 11:00 a.m.

**Saturday, September 7**
Manzanita Trail or Sawyer Park
(location determined in August)
9:00 - 11:00 a.m.

Learn more and sign up to help at: bendparksandrec.org/events

Central Oregon’s natural world is abundant and diverse and it’s important to protect and boost its resilience. One of Bend Park and Recreation District’s most important roles is as a sustainable land steward.

The BPRD Natural Resources and Trails team maintains the quality of our natural areas that are found in nearly all parks and larger natural areas. The team ensures that the vegetation growing is desired, provides the features we expect, and is sustainable.

“Vegetation management is dynamic,” says Zara Hickman, manager of the team. “It changes with conditions and environmental pressures, including from urban influences in a growing community like Bend.”

The Natural Resources and Trails team manages 2,662 acres of natural open space including Shevlin Park, Riley Ranch Nature Reserve and countless smaller natural areas in parks and along trails. The team leads weed control, fuels reduction, tree thinning, revegetation and restoration and more.

Sustainability includes climate resiliency, ensuring fuels resistance and controlling noxious weeds. Relative to vegetation management, climate change is affecting insect and disease populations, vegetation distribution, fire frequency and intensity, and invasive plant infestations.

Historically, fire played a role in managing vegetation in Central Oregon. Over the past few years, BPRD has successfully reintroduced prescribed fire to its natural parks and areas. The district also enlisted help from a herd of goats in its manual weed removal efforts in spring 2022.

Volunteers can help with weed removal and the assistance is greatly appreciated. If you see BPRD’s “Weed Wagon” parked at your favorite destination, please take a moment to pull some weeds and toss in a few handfuls. Every little bit helps ensure the health of our vegetation.

This summer, the team is hosting a schedule of volunteer events. You can learn more in the column to the left.
five favorite paths

Are you ready to enjoy Bend’s local trails? We’ve got you covered with five of our favorite and lesser-known trails recommended by Bend Park and Recreation District employees. Now is the perfect time to head outside and appreciate the warm days of summer!

1) Cascade Highlands Trail
The Cascades Highlands Trail is a beautiful west-side connector. It runs from Overturf Park to Phil’s Trailhead, a popular gateway to the U.S. Forest Service trail system. It also connects to the West Bend Trail and the Northwest Crossing neighborhood.
- Submitted by Kristin Cunningham, Communications Specialist

ACCESS: Overturf Park, 475 NW 17th Street, Bend  |  Length: 2.9 miles

2) Larkspur Trail
The Larkspur Trail runs through the heart of east Bend. Traveling north and south between Larkspur Park and Neff Road near Pilot Butte Middle School. The trail connects to the Central Oregon Historic Canal Trail, Larkspur Park, Pilot Butte Neighborhood Park, and Pilot Butte State Park. Enjoy wildlife, juniper trees, rabbit brush, and alpine current.
- Submitted by Billie Ameika, Community Relations Assistant

ACCESS: Larkspur Park and Pilot Butte Neighborhood Park  |  Length: 3.9 miles

3) Alpine Trail
The Alpine Trail is a close-to-town escape by the Tetherow neighborhood on Bend’s west side. This dog-friendly trail connects to the U.S. Forest Service system via the COD Trail and offers Cascade views and natural spaces.
- Submitted by Sheila Reed, Assistant to the Executive Director

ACCESS: Alpine Park, 61355 Swarens Ave., Bend  |  Length: 0.7 miles

4) Coyner Trail
Make east side Bend connections on the Coyner Trail which extends between Juniper Park and Ponderosa Park. The paved trail gently rolls along west of Bear Creek Elementary School from park to park and connects Juniper Swim and Fitness Center, Ponderosa Park and Skatepark and Larkspur Community Center via the Larkspur Trail.
- Submitted by Colleen McNally, Marketing Manager

ACCESS: Ponderosa Park, 225 SE 15th St., Bend  |  Length: 1.1 miles

5) Rockridge Park Trails
Located within northeast Bend’s Rockridge Park, the Rockridge Park trails loop through small, rolling hills covered in old-growth juniper, rugged lava rock outcrops, sage and bitterbrush. Good for walking, rolling and more, the trails include fitness loops and a singletrack skills course for beginning mountain bikers.
- Submitted by Kim Johnson, Community Engagement Supervisor

ACCESS: Rockridge Park, 20885 Egypt Drive, Bend  |  Length: 1.7 miles

Get out there.
For more on BPRD trails, visit bendparksandrec.org/trails
we asked: you answered

COMMUNITY RECREATION ASSESSMENT INDICATES HIGH USE & NEED

Every few years, BPRD conducts surveys to gauge use behaviors and priorities of Bend residents in regards to parks and recreation services, including those provided by the park district, as well as by private sector businesses. These results inform projects and priorities for park, trail and recreation services as the community grows and interests wane or intensify.

This survey includes questions asked in previous years to track changes over time and also features new questions based upon recent inquiries and requests for activities or amenities.

In fall 2023, 900 community members returned surveys for statistically valid results. Additionally, more than 1,800 people answered the same questions in our non-statistically valid options online. Thank you for helping us to provide parks, trails and recreation to you!

Top 3 community priorities include maintaining parks and facilities, conserving natural areas along the river and developing parks and trails in underserved areas.

More than 9 in 10 residents use trails in Bend.

Indoor exercise facilities have the highest level of need among respondents (66%), followed by fitness centers/weight rooms (60%) and recreation/leisure pools (58%).

About 50% visited BPRD amenities several times a week.

About 60% of residents say that indoor exercise facilities, fitness centers and pools are most needed.

Top 3 most visited facilities are soft surface trails, nature parks and paved trails.

91% of residents indicate a need for more soft surface trails.

60+% of residents say that indoor exercise facilities, fitness centers and pools are most needed.
Floating the Deschutes River in Bend is on the summer calendar for just about every local and visitor alike. Trust us and plan ahead, respect the wild river for what it is and put safety first to make your time on the river focused on fun.

Between Memorial Day weekend and Labor Day last year, more than 226,000 people floated the river between Riverbend and Drake Parks. The BPRD counter located near the Bend Whitewater Park recorded over 7,000 people on several days last July. That’s a sea of floaties and paddlers.

If you prefer your float to be easy going, here are some suggestions:

**Play it safe.** Be aware of river hazards and how to navigate them. The Deschutes River is wild and may present dangers not easily recognized. Always exercise caution when recreating in and on the river and play at your own risk. There is no lifeguard on duty.

Be mindful to stay hydrated and refrain from consuming alcohol; it can impair judgment and increase the risk of accidents. And for safety sake, please don’t tie together when floating on the river. Tethering creates a serious risk for getting caught underwater.

**Start at Park & Float.** Parking near Riverbend Park is busy and limited. At Park & Float you probably won’t have to circle the lot looking for a parking spot. You can hop on the Ride the River shuttle or it’s only about a 10-minute walk to Riverbend Park and even less to McKay Park.

**Go early or later in the day.** Peak floating time is typically between noon and about 5 p.m., especially on weekends and holidays. Floating in the morning or after 5 p.m. tends to be lighter use.

**Use the right gear.** Sturdy water shoes or sandals make it easy to get to the river or your car before or after your float. They will help protect your feet when you are in the river too. And use a durable tube. While alligator floaties are cute, they are flimsy and can leave you stranded and end up as trash in the river. Speaking of trash, secure your gear and dispose of garbage responsibly. And finally, don’t forget your life jacket and always use life jackets with children under 12 - it’s the law.

For more tips, maps, and information on floating the river including a Guide to Floating the Deschutes River video, scan the QR code at right or visit bendparksandrec.org/float.
Dogs are a part of many Central Oregonians’ lives and are involved with their owners in many recreational adventures. In Bend, there’s so much to do with a four-legged friend including walking and running on the trails and paths, swimming in the Deschutes River and playing off-leash at nine off-leash areas.

It’s always a good time to brush up on the dos and don'ts of dog responsibility so that everyone can enjoy the parks and trails. Dogs are required by city ordinance to be on leash in any public area in the city of Bend except in designated off-leash areas. Additionally, dog owners are to clean up after their dog. To help out, dog waste bags and trash receptacles are available at many Bend parks and trails.

The most important step to a successful dog park experience is knowing your dog. If a dog has not had regular interaction with other dogs, it may lack the necessary social skills to make the visit safe and enjoyable, so consider what is best for you, your dog and others at the off-leash areas.

Watch your pet and monitor whom he/she is playing with and if their behavior is appropriate. Remain in sight and voice control of your dog at all times. Not all dogs who visit the dog park are socialized to children, so watch closely for any contact that might put a dog or a child in harm’s way.

Sometimes a little distance is all it takes for everyone to enjoy the off-leash area. If there is a tussle with another dog, always respect the wishes of the owner or handler and be prepared to move to another area of the park to help facilitate dogs getting along.

Instances of off-leash dogs in the other 80+ parks in the Bend Park and Recreation District that are not designated as off-leash areas continue to be one of the most frequent issues raised by park and trail users. The park stewards spend a lot of time offering reminders about the important safety reasons for leashing furry best friends.

While it’s tempting to view all open grass areas as off-leash dog play areas, it’s not safe for other park users. Off-leash dogs can easily get in another user’s way on a trail and cause an accident or injuries. In addition, off-leash dogs can instigate aggression problems or fights with leashed dogs. Each year, BPRD receives numerous reports of problem encounters, several that resulted in dog bites or injuries.

To play it safe for your dog and other park visitors, please keep the leash attached or visit one of the designated off-leash areas. You love ‘em so leash ‘em.

### BPRD’s nine off-leash areas

- **Alpenglow Park**
  (61049 SE 15th St.) 3.9 acres, fenced with small dog area and agility features.
- **Awbrey Reservoir**
  (NW 10th and Trenton) 5 acres, partially fenced, not fully enclosed.
  Note: acreage is approximate.
- **Big Sky Park**
  (21690 Neff Rd.) 5 acres, fenced.
- **Bob Wenger Memorial Off-Leash Area at Pine Nursery Park**
  (3750 NE Purcell Rd.) 18.8 acres, fenced with small dog area and seasonal spray feature.
- **Discovery Park**
  (1315 NW Discovery Park Drive) 1.6 acres, fenced.
- **Hollinshead Park**
  (1235 NE Jones Rd.) 3.7 acres, unfenced.
- **Overturf Butte Reservoir**
  (Skyliner Summit Loop) 4.6 acres, fenced.
- **Ponderosa Park**
  (225 SE 15th St.) 2.9 acres, fenced with small dog area.
- **Riverbend Park**
  (799 SW Columbia St.) 1.1 acres, fenced with river access and small dog area.
COME CELEBRATE IN DOWNTOWN BEND

PARADE LINEUP: 9:00 AM • PARADE: 10:00 AM

Parade in costume with your pet
or stuffed animal on pulled wagons, bikes or trikes
or watch all the action on the parade route.

PARADE DETAILS & PARKING:

• No registration necessary.
• Leash up and clean up after your pet.
• No rabbits, cats or aggressive animals.
• Do not give away or sell animals.
• No E-bikes, motorized vehicles, commercial floats, solicitation or distribution of anything, including candy.
• Large animals need to arrive early; trailer parking on Riverside Blvd.
• Best parking: Outer perimeter of downtown and in parking garage.
• ADA parking at Newport Avenue Church of Christ, downtown parking garage and City of Bend parking lot on Franklin Ave.
• ADA viewing area west of Franklin and Wall St. intersection and at Newport Ave. and Harmon Blvd. intersection.

PARADE ROUTE

STARTS AT HARMON PARK
ENDS AT DRAKE PARK

FOR MORE INFORMATION,
CALL (541) 389-7275 OR VISIT
BENDPARKSANDREC.ORG/JULY4TH

Thank you to our sponsors!
wellness, longevity & connections

FITNESS & SWIM SPOTLIGHT

The district’s commitment to wellness and fitness takes many forms and is intended to serve one’s lifetime. At Juniper Swim & Fitness Center and Larkspur Community Center, Home of the Bend Senior Center, there are a variety of activities and dedicated professional staff members available to meet individuals where they are and where they want to go. Learn more and visit to see if you’ll find your place with us.

Improved living with neurological disease

Michael Long credits water fitness classes at Larkspur Community Center for improvements both physically and mentally as he lives with normal pressure hydrocephalus, a neurodegenerative disease that shares many symptoms of Parkinson’s Disease.

Prompted by a recommendation from a medical professional, Michael tried the shallow water movement class.

“I tried classes and therapies before, but they became either too confusing, too hard or just not enjoyable enough to want to continue,” Michael said. “My wife drives me from Tumalo twice a week, and this class has become a very important part of my life and I prioritize this class over any other activity.”

Michael gives kudos to Fitness Instructor Carolyn Creedican for her knowledge, individualized instruction and how she fosters community within her class.

“When there is a new person to class, she has everyone introduce themselves to him/her to make them feel welcome. I have made some good friends in this class,” Michael added.

“I highly recommend this water class to anyone with a neurodegenerative or movement disorder. I will continue to attend this class indefinitely as long as I am able,” he said.
Rehabilitation leads to swim instructor job

For Joanie Krehbiel, owner of Wheel Fun Rentals, Juniper Swim & Fitness Center has been a part of daily life since 1988 when she moved to Bend for a recreation job at Sunriver Resort. A lifelong swimmer, she was always active and noticed in 2021 that she had difficulty walking in a straight line.

After seeing specialists and undergoing imaging tests, doctors discovered a brain tumor. In two very quick weeks that seemed like a blur, Joanie stepped away from her business, handing over duties to trusted staff members and friends, to have surgery and post-operative rehabilitation and physical therapy.

Four months post-surgery, Joanie started attending twice-weekly circuit training at Larkspur Community Center to gain balance, strength and continue rehabilitation. She still attends the class as a priority item on her busy schedule.

“I found that gaining balance and strength helped me recover from the tumor removal and it also made me a stronger swimmer. I could kick in the pool again, and I got faster, and it brought me back to what I always loved to do,” she said.

In addition to working out at BPRD, she also became a part-time employee, using her decades of swimming experience to become a swim instructor for beginner classes for children.

“I know how to swim. I’m good with people. I should help out in swim lessons in the winter if there is a need for instructors,” she said. For Joanie, this was a way to help the community and share her love of swimming with the next generation.

Newcomer finds fitness, friends at Larkspur Community Center

Ellen Anders moved to Bend from British Columbia in August 2020, knowing only her son and his family in Central Oregon. For Ellen and her husband, putting down new roots and making friends in a new community – especially during a pandemic – was a challenge until they visited Larkspur Community Center.

A retired educator, Anders was a runner before her joints said it was time to quit. She now finds strength, pain relief, mobility and friendship in the warm-water classes at Larkspur Center.

“All of my Bend friends have been ‘hatched’ and grown at the pool. I am in the water with others who have similar limitations under the guidance of wonderful teachers. It has changed my life.”
Hello SUMMER

super fun events

Part of the BPRD mission is to keep recreation inviting to everyone.
Every season, BPRD offers events for our community. The opportunities encourage kids and adults alike to have fun, but it’s also a chance for people to get active, try something new and connect others.

So, take a look at the upcoming events and get out and about!

4th of July Pet Parade
FREE
Thursday, July 4
Lineup: 9:00 a.m.
Parade begins: 10:00 a.m.
Starts at Harmon Park; ends at Drake Park
Bring your bike, pets on leash or stuffed animals and parade with us around the parks in downtown Bend. Details on page 31.

Summer Community Celebration
FREE
Friday, July 26, 5:00 - 8:00 p.m.
Big Sky Park
Free recreation activities for children and families, music, community partner booths and more. Spanish-speaking staff on site.

Movies in the Park
FREE
Fridays in August
Activities start at 6:00 p.m., movies start at 7:00 p.m.
August 2: Mulan (G)
Al Moody Park
August 9: Kung Fu Panda (PG)
Pine Nursery Park
August 16: The Blue Beetle (PG-13)
Mountain View Park
August 23: Elemental in Spanish (PG)
Larkspur Park
August 30: The Little Mermaid (PG)
Alpenglow Park
Free recreation activities, family-friendly movies and fun each week. Spanish-speaking staff on site.

Kids Triathlon
FREE
Sunday, August 25, 8:30 - 11:30 a.m.
Juniper Swim & Fitness Center
The Kids Triathlon is a great way for kids to “tri” out fitness activities, learn new skills and have fun competing in an event just for them. $35/in-district.
Details and advance registration at register.bendparksandrec.org/

Pavilion-Palooza!
FREE
Sunday, September 8, 2:00 - 4:00 p.m.
The Pavilion
$5 per person / ages 5 & under free
Join a fun afternoon of live music, roller skating, open skatepark features, lawn games and more. Food and beverages available for purchase. The event is hosted by the Bend Park & Recreation Foundation. Your admission fee will support people in our community with access to BPRD recreation opportunities.

For more information on community events, visit bendparksandrec.org/events
Bend Park & Recreation District is the largest childcare provider for school-age kids in Central Oregon, with over 900 children registered in the Kids Inc. program this year. Providing families with high-quality afterschool and no-school day care takes almost 100 staff members and finding those caring, enthusiastic employees is an on-going challenge.

To address the need for youth recreation leaders, BPRD has teamed up with education partners to offer area students the opportunity for a scholarship along with a paid job in youth recreation. Students can receive up to $5,250 to apply to their education program and gain real-world experience to use toward career and life goals and earn a competitive wage at the same time.

Alex Pinkerton is studying botany as a dual-enrolled student at COCC and OSU-Cascades and worked as a youth recreation leader with the Kids Inc. program for the 2022-23 school year. Alex shared that the scholarship money was his motivation for applying for the job, but he got more out of the experience than he expected.

“I was able to pay for the majority of my prerequisite classes with the funds provided by the scholarship — that was really helpful,” he shared. “I ended up really liking the job and enjoyed working with the kids. I liked leading the games and being able to give kids a creative outlet.”

To date, over 30 students enrolled at COCC and/or OSU-Cascades have participated in the scholarship program, providing a valuable pool of youth recreation leaders for BPRD, and at the same time, supporting their own education path forward. Scholarship opportunities are available for the current school year.

To learn more, visit: bendparksandrec.org/working-in-youth-recreation-at-bprd

There are lots of ways to combine work and play as a BPRD employee. Regular openings for the season ahead and beyond may include:

- Concessionaire
- Recreation Facility Shift Lead
- Fitness Instructor
- Youth Recreation Leader
- Therapeutic Recreation Leader
- Lifeguard
- Swim Instructor
- Facilities Specialist
- Sports Official

Some positions may be available for 14 years and older; most positions are for 18 years and older.

For current job opportunities and to apply, visit bendparksandrec.org/jobs.
Last year, Bend Park & Recreation District provided more than $670,000 as financial need-based assistance to support people with participating in recreation programs and activities. This amount increases each year with the growth of our community and ever-increasing cost of living in Bend. The park district strives to serve everyone in the community regardless of the ability to pay and is committed to finding the resources to provide this support and continuing outreach efforts to help reduce barriers to participating.

Jared, a local parent, is among many in our community who work hard, yet still face the challenge of finding the money to pay for critical programs like afterschool care, a session of swim lessons or the chance to play on a team.

“I couldn’t work if my daughter didn’t go to the Kids Inc. program after school and the day camps in the summer,” he said. “We’d be out of luck if we didn’t have help with paying… the support has been a lifesaver.”

Jared didn’t want to ask for help, but as a single dad doing his best to make ends meet and care for his young daughter, he needed a hand. “We’ve been through some tough times and knowing that she is in safe place gives me peace of mind. She loves being in the programs and talks about them non-stop when we get home.”

The Bend Park & Recreation Foundation plays a key role in supporting the park district with the funding needed to be able to say “yes” to everyone. The foundation serves as the steward for private donations, works to raise awareness of the need for community support and hosts fund raising activities. Resources provided by the foundation are part of the funds allocated for recreation scholarships, and can offer supplemental support for participant fees or help with getting the equipment needed for someone to fully participate, like sports shoes, a bike helmet or a swim suit.

The organization is led by volunteer board members Molly Cogswell-Kelley, Jane Dunham, Aleta Nissen, Ted Schoenborn, Paul Taylor and Holly Wadsworth. All have a passion for our community and ensuring that recreation opportunities are accessible for everyone today and in the future.

To learn more about recreation scholarships and how you can make a difference for families like Jared’s, visit bendparksandrec.org/foundation.

The Bend Park & Recreation Foundation is recognized by the IRS as a 501(c)(3) tax-exempt organization, Tax ID Number 93-0697553. Contributions to the foundation are tax deductible to the extent the law allows.
A legacy for play

Sally Fleming was a well-known volunteer at the Bend Senior Center and frequent helper with park district programs and activities for children and families. Sally and her husband Merv were playful people who had a special place in their hearts for children and valued fun, safe opportunities for kids to enjoy being kids.

The Flemings established an endowment with Oregon Community Foundation that will provide annual support to recreation scholarships and programs. The Bend Park and Recreation Foundation is honored to be the steward for legacy gifts like the Flemings’ and ensuring that these generous donations are used to create opportunities for play today and for generations to come.

Opdycke Fund: Supporting therapeutic recreation opportunities

The Opdycke Fund of the Bend Park and Recreation Foundation is a designated pool of resources that offers extra support to people that participate in BPRD’s therapeutic recreation programs.

Generous donors, including the Opdycke family, provide funding that is used to support people with participating in specialized programs and general recreation activities and covers the cost for enriching experiences and fun adventures to help make registration fees more affordable for all.

The fund has made it possible to purchase adaptive recreation equipment such as hand cycles, specialized wheelchairs for basketball, and water jackets for swimming programs. The Opdycke Fund helps reduces barriers so that everyone can play and offers families peace of mind knowing their loved ones are enjoying supported, fun recreation experiences.

have some fun! raise some funds! help support recreation scholarships

Join Bend Park and Recreation Foundation at these events and help make recreation opportunities available for everyone.

Pint Night at Cascade Lakes Brewing
Thursday, August 15

Pavilion-Palooza!
Celebrating BPRD’s 50th Anniversary
Sunday, September 8, 2:00 - 4:00 p.m.
The Pavilion
$5 per person / ages 5 & under free

An afternoon of live music, roller skating, open skatepark features, lawn games and more. Food and beverages available for purchase.

Special thanks to our friends from Mountain Burger and Outside In for hosting fund raising events in May. The foundation is honored to be the steward for this generous community support.

Visit the BPRD website for more information about upcoming events and ways to get involved at bendparksandrec.org/events
Volunteer coaches & sponsors:
Making a difference for hundreds of kids & families

Volunteer coaches are an essential part of BPRD youth sport leagues. These volunteers lead practices and games, but more than that, they support the opportunity for children to be part of something, to learn about being active and working with a group, help them build confidence and maybe even fuel a passion that can last a lifetime.

Over 700 volunteer coaches are needed each year for a variety of sport programs, supporting the nearly 6,000 children that want to play. If you enjoy sports and working with children, consider being a coach and make a difference for a great group of kids.

Volunteer coaches needed now for fall youth sports programs

Youth sport programs rely on fabulous volunteers to coach teams and support players. If you enjoy sports and spending time with great kids, consider being a coach. Enrollment is at an all-time high and the opportunity to play sports is more important than ever. We make it easy and we know it will be rewarding and fun!

We are currently seeking volunteer coaches for these fall sports leagues:

- Kindergarten soccer
- Middle school tennis
- Soccer
- Flag football
- Volleyball

Sport experience preferred, but volunteers mostly need to enjoy working with kids. Application and background check required. Training and support provided.

For more information, visit bendparksandrec.org/volunteer or contact sports@bendparksandrec.org.

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Thanks, coach!

You make it a great experience for the young players and their families and we can’t thank you enough. Cheers to each and every great volunteer who coached one (or more!) of these youth sport programs:

- Youth and kindergarten soccer
- Flag football
- Volleyball
- Youth and middle school tennis
- Youth, middle school and bitty basketball
- Lacrosse
- Softball
- Ice and roller hockey

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More than 5,900 children participated in BPRD’s youth sport leagues in 2023. That’s a lot of kids being active and involved, gaining self-confidence, and learning to be part of a team. Volunteer coaches are essential to these programs and it takes hundreds of great people to make these sport programs possible.

Adam Cortese is one of these great volunteers. Adam has coached all three of his children with numerous sport programs, contributing more than 400 hours in support of his kids and many others. While we know his willingness to be involved made those opportunities possible and makes a difference for the kids on those teams, being a coach has also had a big impact on his life.

“I’ve been blessed with the incredible opportunity to coach all three of my children in various activities over the years. It fills me with immense joy to be able to share in something they love and to be there for every step of their journey”, Adam shared. “Witnessing not only my own children, but also all the kids I’ve coached learn, grow, and have fun brings me endless happiness. Even years later, it warms my heart when they call me Coach Adam and give me high fives whenever we meet. The impact these kids have had on me is profound, and it fuels my passion for coaching. Just as coaches have made a difference in my life, I aspire to be that guiding influence for the kids I coach, hoping to leave a positive imprint on their lives.”

A huge thank you to Adam and every volunteer that steps up to coach. A variety of programs are offered throughout the year and if you have a favorite sport and enjoy working with kids, we invite you to consider getting involved. Coaches are needed now for fall sport leagues including youth soccer, flag football, youth volleyball and middle school tennis.

To learn more about volunteer opportunities, visit bendparksandrec.org/volunteer.

For more information, call 541-389-7275 or visit bendparksandrec.org • Register at register.bendparksandrec.org
Recreation centers, activities and registration information on pages 40 - 55. • Park and trail lists on pages 56 - 59.
Park & Facility Rentals: For Your Next Event

Consider a Bend Park and Recreation District facility or park for your special celebration, meeting or event. Offering a variety of buildings and places, BRPD has the rental spaces available to match your event needs.

HOLLINSHEAD BARN rests in a lush park in the heart of Bend. The two-story barn combines the charm of its historic origins with a cozy, intimate atmosphere. Inside, the barn has gorgeous wood floors and an ADA-accessible elevator to the second floor. The outdoor space features a fenced-in lawn, two patios and outdoor benches.

ASPEN HALL is located in beautiful Shevlin Park, just minutes from downtown. The hall features open-beamed ceilings, polished concrete floors with wood-framed windows and a full kitchen. Doors open out to a beautiful patio, towering pines, lawn and shimmering pond.

RIVERBEND COMMUNITY ROOM is located in the District Office and available for presentations, meetings or small events fall through spring. The room opens up to an outdoor plaza overlooking Riverbend Park.

THE PAVILION welcomes groups for birthday parties and other special events. Bring the gang for open skate and rent the party room. In addition, the entire facility is available in the non-ice season.

LARKSPUR COMMUNITY CENTER welcomes groups of various sizes for gatherings, celebrations, meetings and other events. The Event Room features a maple hardwood floor, abundant natural light, high ceiling and a full commercial kitchen. Various meeting rooms are also available.

PARK PICNIC SHELTERS are a great option for a variety of events, including company picnics, birthday parties, family gatherings, weddings, receptions and more. Fees are based on the size of your group, park amenities and type of function.

ART, SKATE & POOL PARTIES can be great options for birthday parties and other celebrations. Held at recreation centers, activity-based parties are available for children and adults. View recreation center web pages at bendparksandrec.org to learn more.

PARKS & SPORTS FIELDS are available for rent. Fees are based on the size of your group, park amenities, type of function and duration of your event. Sports fields are available for rent seasonally from April 1 to October 31.

Visit bendparksandrec.org or call (541) 706-6149 for rental details and reservations.
places to play
recreation centers

Juniper Swim & Fitness Center
Larkspur Community Center
Bend Senior Center
The Pavilion
Bend Park & Recreation District offers three unique recreation centers with hundreds of weekly drop-in activities. To use a BPRD facility, choose the fee structure and payment option that best matches your household’s needs.

No matter what you choose, you can workout, swim, skate and play with the confidence that there are:

- No initiation or start up fees
- No contracts

Match your play with the perfect pass

10-Visit Passes
- Save an average of 15% off regular fees
- Pre-paid to use as you go

10-visit passes may be used for drop-in activities at all locations. Patrons may use visits for themselves or guests at the same or lower entrance fee. This pass doesn’t expire.

Monthly Auto-Renewal, 3-Month & Annual Passes
- Great for the frequent user
- Unlimited in and out privileges
- Quick and easy check-in
- Awesome savings - the more you use your pass, the more you save

Monthly auto-renewal, 3-month and annual passes may be purchased at any time. Full payment is required at time of purchase. Monthly passes feature auto-renewal with three-month minimum commitment and 3-month and annual passes offer online/in-person renewal. Passes are not transferable or refundable, and may not be suspended or extended except for documented medical reasons. Passes are not prorated for scheduled closures such as holidays, special events and maintenance periods.

Annual Pass Discount
Save 20% off the monthly/3-month fee with an annual pass. Combine with partner and family pass for the best value!

Partner Discount
Save 10% off monthly, 3-month and annual passes when two people in the same household purchase a pass at the same time. Includes adults, youth and senior family members in the same household.

Family Passes
Family passes include any adult, youth or senior family members living in the same household. Three-member minimum required.

Out-Of-District Fee Policy
The prices listed are the discounted rates for residents of the Bend Park and Recreation District. Persons residing outside of the Bend Park and Recreation District boundaries are charged an additional 20% because they do not pay property taxes that support the district. If you need help determining if you live inside or outside the district boundaries, view the district map at bendparksandrec.org or call us at (541) 389-7275.
**DROP-IN FITNESS, SWIM & SKATE IN-DISTRICT FEES & PASSES**

Effective beginning June 19, 2024.

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<th>Plan Type</th>
<th>Single Visit Admission</th>
<th>10-Visit Pass</th>
<th>Monthly Auto-Renewal Pass</th>
<th>3-Month Pass</th>
<th>Annual Pass</th>
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<td></td>
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<td>Save an average of 15%</td>
<td>Unlimited visits!</td>
<td>Unlimited visits!</td>
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**JUNIPER SWIM & FITNESS CENTER**

LARKSPUR COMMUNITY CENTER & THE PAVILION

Use for access to drop-in fitness classes, swim activities, hot tub/spa features, fitness centers, indoor track and social activities at Juniper Swim & Fitness Center and Larkspur Community Center.

Includes access to public roller skating sessions and 50% off public ice skating sessions at The Pavilion.

(Skate rental is $4.00.)

Does not include access to registration programs.

See facility details on pages 49 - 50.

**DROP-IN ADULT SOCIAL ACTIVITY IN-DISTRICT FEES & PASSES**

Effective beginning June 19, 2024.

<table>
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<th>Plan Type</th>
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</table>

Older Adult Rate*: Those born on or before December 31, 1961 will receive the older adult rate even though they may not be 65 years or older yet.

For more information, call 541-389-7275 or visit bendparksandrec.org • Register at register.bendparksandrec.org Recreation centers, activities and registration information on pages 40 - 55. • Park and trail lists on pages 56 - 59.
One pass—three facilities & hundreds of sessions

The Fitness, Swim & Skate Monthly, 3-Month and Annual Passes offer unlimited lap swim, rec swim, roller skating, fitness center use, spa features use and access to 200+ weekly fitness programs at Juniper Swim & Fitness Center, Larkspur Community Center and The Pavilion.

More at bendparksandrec.org

Drop-in Roller Skate Sessions

Location: The Pavilion
• Roller season: April – September
• Ice season: late October – April
• Facility information on page 50.
• Fees: Pass or drop-in fee.
  See pages 42 - 43.
• Rental skates available.
• Helmets available to borrow.
More at: bendparksandrec.org/pavilion

Open Skate
All ages
Open Skate sessions offer a recreational opportunity for all ages and abilities to enjoy the rink. Children 6 years and under must be supervised by a responsible person 14 years or older. Sticks, pucks and maneuvers that would endanger others are not allowed.

Family Skate
All ages with adult
$7 per person including skate rental
Open Skate for families at a special discounted fee. All children must be accompanied by parent/guardian.

Cheap Skates
All ages
$7 per person including skate rental
Open Skate at a special discounted fee.

Friday Night Roller Dance
All ages
Open Skate with those Friday night dance vibes. Complete with themes, good music and roller dancing.

Saturday Night Adult Roller Jam
Ages: 18 & over
S-A-T-U-R-D-A-Y Night! We’ll bring out the music, turn down the lights and let the big kids play at these special adults-only skate sessions. We’re talking youthful “skate center” vibes and joy!

With A Child Skate
Ages: 18 & under with adult
$7 per person including skate rental when adult accompanies child
Special discounted Open Skate session for adults to skate with their child, up to age 18. All children must be accompanied by an adult. Adult and children groups such as homeschool groups or young children play groups are welcome. For ages 5 and under, there is skate instructor support available for a positive experience.

During roller skating season, you can expect an open play space (with mats and balls) along with roller skating.

Ice skating & ice sports offered fall through spring
Season to begin in late October.
Drop-in Swim Sessions

Locations: Juniper Swim & Fitness Center and Larkspur Community Center

• Facility information on pages 49 - 50.
• Fees: Pass or drop-in fee. See pages 42 - 43.

More at: bendparksandrec.org/recswim
bendparksandrec.org/lapswim

Open Recreation Swim
All ages
Recreation swim is open to all ages; however, children 6 years and under must be supervised by a responsible person 14 years or older. Hot tub use only available to ages 16 and up.

Family Swim
All ages with adult
A perfect time for families to use the pools for recreating and swimming. All children must be accompanied by parent or guardian. Hot tub use available to ages 6 and up only with an adult.

Parent-Child Swim
Ages: 6 & under with adult
A special time in the pool for parents and their young kids to explore the wonderful world of water and practice swimming skills. Adult supervision in the water is required. Swim diapers are required for those who are not toilet trained.

Lap Swimming & Water Work Out on Your Own
All ages
Swim for fitness! Swim for fun! Check the website for pool schedule, pool length, number of lanes and requirements.

Masters Swimming
Bend’s Adult Swim Program
Ages: 18 & up
Improve your skills and enjoy training in structured practices with experienced coaches. Masters Swimming emphasizes fitness, fellowship and fun for all adults and abilities, who can swim comfortably for 500 meters (20 lengths).

Current Channel
Work Out on Your Own
Ages: 16 & up; 11–15 with adult
Uninstructed, drop-in times at Larkspur Community Center with moderate levels of resistance for you to walk, stabilize, stretch and tone for all abilities and levels. No swimming.

Hot Tub, Sauna & Steam Room Use
Ages: 16 & up
The coed hot features, including hot tub, sauna and steam room, are available when Juniper’s indoor pool is open. The hot tub at Larkspur is open when Larkspur’s pool is open. Youth ages 6 years and up are only allowed in the hot tubs with an adult; not allowed during Open Recreation Swim.

RECREATION SWIM SPECIAL
Adults are $7 each when adult accompanies paid child.
Good for: Open Recreation Swim, Family Swim and Parent-Child Swim

let’s party!
ROLLER & ICE SKATING PARTIES
Great for birthday parties and more! During ice season, The Pavilion features an indoor viewing room with fireplace. During roller season, guests can enjoy the outdoor pavilion.

POOL PARTIES
Make waves at your next celebration with a pool party.
Available at both Juniper and Larkspur pools with options for both indoor and outdoor pool parties.

To learn more about parties and event rental facilities, visit bendparksandrec.org or call 541-389-7275.

For more information, call 541-389-7275 or visit bendparksandrec.org • Register at register.bendparksandrec.org
Recreation centers, activities and registration information on pages 40 - 55. • Park and trail lists on pages 56 - 59.
Drop-in Fitness Classes

Indoor Cycling
Features: Experience the Ride! Based on a road cycling experience, indoor cycling is an individually paced, non-impact cardio workout. Classes are held in our theater-style indoor cycle studio with beautiful park views. Our state-of-the-art, Spinner® Chrono™ Power bikes use accurate power measurements and watts-based training, giving you the ability to customize the ride to meet your goals.
More at: bendparksandrec.org/indoor-cycling/

Mind & Body
Features: Rooted in traditional practices, Mind & Body classes aim to improve your overall health and well-being through stretching, focused breathing, relaxation techniques, movements and poses that bring flexibility and strength together to develop joint mobility. Yoga, Pilates, Tai Chi, meditation and other practices are known to support both physical and mental awareness and wellness.
More at: bendparksandrec.org/mind-and-body

Strength & Conditioning
Features: Improve your day-to-day function with strength and conditioning! Burn calories at a higher rate through resistance training and use a variety of equipment to increase your muscle strength, metabolic rate, endurance, bone density and balance.
More at: bendparksandrec.org/strength-and-conditioning

Cardio Fitness & Dance
Features: Move and groove with us. These classes are full of variety with dance, step, kickboxing and always your choice of high- or low-impact. Engage your muscles and get your heart pumping for increased strength and resilience.
More at: bendparksandrec.org/cardio

Water Fitness
Features: Water is a great equalizer! Help rehabilitate an injury, cross train to enhance athletic performance or simply enjoy the feel-good nature of a water workout. The buoyancy and natural resistance of the water creates an optimal exercise environment with little to no impact on your joints while improving cardio fitness and strengthening muscles. No swimming skills are needed and classes held in deep water use flotation devices. Water shoes recommended.
More at: bendparksandrec.org/water-fitness
**Therapeutic Fitness**

BPRD can help you make the most of your fitness with targeted therapeutic fitness programs which research has shown to offer health benefits. Here are some health challenges where therapeutic fitness could offer help: mobility issues; chronic conditions, especially related to joints and muscles; preventing injury; preparing for surgery; recovering from surgery or injury; next steps from physical therapy and weight loss. Whether you are seeking low-impact and light-intensity, cardio, strength or mobility, you can take a class or work individually with staff to get back on track.

More at: bendparksandrec.org/therapeuticfitness

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**Virtual Fitness Classes**

**Online**
- Fee: Pass or $4.00 fee.

Keep moving, even remotely! BPRD online classes are brought to you using Zoom, a web-hosted video conference application. Step-by-step instructions are provided to help you get connected. Variety of classes offered in Cardio Fitness & Dance and Strength & Conditioning.

Advance registration is required.

More at: bendparksandrec.org/virtualfitness/

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**Drop-in Fitness Center Use**

**Juniper Swim & Fitness Center and Larkspur Community Center**
- Facility information on pages 49 - 50.
- Fees: Pass or drop-in fee. See pages 42 - 43.

**Ages:** 16 & up; 11-15 with adult

**Fitness Center Orientation**

Designed to give you the basic skills to use the equipment safely and effectively. Orientations are strongly recommended prior to using the fitness center, and in some cases, it may be required.

**Fitness Center & Under 18 Use**

Youth ages 16-17 may use the fitness center without restriction although we recommend completing a Fitness Center Orientation.

Youth ages 11-15 may only workout in the fitness center under direct parent/guardian supervision or complete a Fitness Center Orientation to use the fitness center independently. After orientation, 11-15 year-olds need to check in at front desk for a wristband for each fitness center visit.

Children 10 years and younger are not allowed in the fitness center.

More at: bendparksandrec.org/fitness-centers

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**Personal Training**

**Juniper Swim & Fitness Center and Larkspur Community Center**
- Facility information on pages 49 - 50.

A BPRD personal trainer can help you:
- Focus on your personal goals.
- Prepare for an adventure, race or event.
- Make your fitness routine fresh and interesting.
- Meet your desired activity and fitness level.
- Take the next step in your recovery from an injury or surgery.
- Train as an individual or group.

BPRD has a diverse group of trainers and services to meet your needs.

Personal training requires advanced registration and separate fees.

More at: bendparksandrec.org/fitness-swim/personal-training/

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For more information, call 541-389-7275 or visit bendparksandrec.org • Register at register.bendparksandrec.org

Recreation centers, activities and registration information on pages 40 - 55. • Park and trail lists on pages 56 - 59.
There is a low-cost or no-cost fitness pass option for insurance-reimbursed fitness programs, including: Active & Fit Enterprise, Active & Fit Direct, AARP Renew Active, Optum One Pass and Silver & Fit. Eligible programs will include unlimited access to BPRD fitness centers, virtual fitness classes, lap swimming and drop-in fitness classes, including water fitness classes and workout-on-your-own sessions. Learn more at: bendparksandrec.org/medicare

Drop-in Older Adult Social Activities

**Larkspur Community Center - Home of the Bend Senior Center**
- Facility information on page 50.
- Fees: Pass or drop-in fee. See pages 42 - 43.
- More at: bendparksandrec.org/bend-senior-center

BPRD is proud to serve and welcome older adults to social activities, such as games and group gatherings. Check the website regularly for additional information, schedules and updates.

**Wednesday Afternoon at the Movies**

Drama, comedy, adventure! Join us weekly to watch a movie with friends. We'll show both contemporary and classic films. Check online schedules for times and movies offered.

**Super Tuesday Brunch**

Join us for a tasty brunch on the second Tuesday of each month. Check online schedules for cost and times.

**Crochet, Knitting, Quilting, Rug Hooking & Stitching Groups**

Celebrate and enjoy fiber arts together! Bring in your hand work and knit, stitch and/or hook projects together while making friends. Four different groups meet regularly. Check online schedules for more details.

**Pool/Billiards**

You don't have to be a pool shark to enjoy a game of billiards. Fun times and good friendships guaranteed! Check online schedules for days and times.

**Cards & Games**

Join in for a game of Bridge, Mexican Train, Canasta, Mahjong or Pinochle. Inquire at the front desk to join a game.

**The ABC & D’s of Medicare**

Join us for an informational Q & A session about Medicare on the fourth Wednesday of each month. Check online schedules or call for next session.

**AARP Smart Driver Class**

The AARP Smart Driver Course is one of many programs offered by AARP Driver Safety. It’s the nation’s largest classroom and online driver safety course and it’s designed especially for drivers age 50 and older. The class meets 9:00 a.m. - 4:00 p.m. with a lunch break. Fees are $26.95 for AARP members; $29.95 for non-members. For the next class and to register, call 503-676-3653.
centered on play

Bend Park and Recreation District features three recreation centers - Juniper Swim and Fitness Center, The Pavilion and Larkspur Community Center - Home of the Bend Senior Center.

You're invited to visit one, two or all three for any of the hundreds of hosted weekly activities including fitness classes, swim sessions, roller or ice skating and enrichment activities.

- Fees and Passes, pages 42 - 43
- Drop-in Roller Skating, page 44
- Drop-in Swimming, page 45
- Drop-in Fitness, pages 46 - 47
- Drop-in Adult Social Activities, page 48

Juniper Swim & Fitness Center

Located in the heart of Bend's east side, Juniper serves as our community swim and fitness facility and features fitness and recreation opportunities to people of all ages and abilities.

Location

800 NE 6th Street, Bend, OR 97701

Juniper Swim & Fitness Center is located in Juniper Park.

For public transportation, Juniper is located two blocks from the Hawthorne Street transit center of Cascade East Transit and a bus stop is located on Franklin Avenue.

Phone

541-389-7665 (POOL)

Hours

Monday - Thursday: 5:30 a.m. - 8:00 p.m.
Friday: 5:30 a.m. - 7:30 p.m.
Saturday: 8:00 a.m. - 6:00 p.m.
Sunday: 8:00 a.m. - 6:00 p.m.

Holiday hours at left.

Fees, Schedules & Information

Visit bendparksandrec.org/juniper for schedules, rules and regulations. Fees on pages 42 - 43.

Social Media

facebook.com/JuniperSwimandFitnessCenter
instagram.com/juniperswimandfitness

Activities

Childcare & Preschool
Fitness Classes
Fitness Center
Personal Training
Swim Lessons
Swimming
Therapeutic Fitness
Wellness & Relaxation

Swimming Pools, Spa Features & Fitness Amenities

Indoor/Outdoor Olympic 50-Meter Pool
Indoor 25-Meter Pool
Indoor Children's Pool
Outdoor Activity Pool (Open Late May to early September)
Hot Tub / Steam Room / Dry Sauna
Fitness Center, Studios & Equipment
Larkspur Community Center

Larkspur is a vibrant place where people of all ages, interests and abilities can gather for lifelong fitness, learning and recreation. Larkspur is Home of the Bend Senior Center.

Location
1600 SE Reed Market Road
Bend, OR 97702
Larkspur is located in Larkspur Park. For public transit, use Cascade East Transit routes #5, 6 or 9.

Phone
541-388-1133

Hours
Monday - Friday: 6:00 a.m. - 8:00 p.m.
Saturday: 8:00 a.m. - 6:00 p.m.
Sunday: 10:00 a.m. - 2:00 p.m.
Holiday hours on page 49.

Fees, Schedules & Information
Visit bendparksandrec.org/larkspur for schedules, rules and regulations. Fees on pages 42 - 43.

Social Media
facebook.com/Larkspur-Community-Center
instagram.com/larkspurcommunitycenter

Activities
Enrichment Activities for All Ages
Fitness Classes
Fitness Center
Personal Training
Swim Lessons
Swimming
Therapeutic Fitness
Wellness & Relaxation

Swimming Pool, Hot Tub, Fitness Amenities & Walk/Jog Track
Recreation & Leisure Pool
Current Channel with Hydro Feature
Accessible, ADA-friendly Features including an elevator-style wheelchair lift for independent control.
Hot Tub
Fitness Center & Group Fitness Rooms
Walk/Jog Track

Bend Senior Center
3,500-sq.-ft. Event Room and Kitchen
Social Lounge, Billiards Room, Book and Puzzle Lending Library and Free Wi-Fi

The Pavilion

Two kinds of play - The Pavilion has distinct personalities! Cold and fresh for ice sports and skating. Bright, active and ever-evolving for roller sports, kids camps and other activities.

Location
1001 SW Bradbury Way
Bend, Oregon 97702
The Pavilion is located at the Simpson and Colorado Avenue roundabout. For public transportation, The Pavilion can be accessed via Cascade East Transit. A bus stop is located a block away.

Phone
541-389-7588 (SK8T)

Hours
Days and times vary. Check online schedules for sessions.
Holiday hours on page 49.

Fees, Schedules & Information
Visit bendparksandrec.org/pavilion for schedules, rules and regulations. Fees on pages 42 - 43.

Social Media
facebook.com/thepavilioninbend
instagram.com/thepavilioninbend

Activities
APRIL - SEPTEMBER:
Roller Skating & Hockey
Skateboarding & Scootering
Skate Parties
Adult Sports Leagues
Youth Summer Camps

LATE OCTOBER - APRIL:
Ice Skating & Lessons
Hockey
Curling
Skate Parties

Amenities
NHL-size Ice Sheet (Late October - April)
Roller Sports Flooring (April - September)
Skatepark (April - September)
Viewing Room
ways to play
registration
recreation activities
let’s play, learn and grow

REGISTRATION FOR RECREATION ACTIVITIES

No matter the season, BPRD has a multitude of programs and classes available for children and adults.

The following pages feature categories of registration programs for now through fall.

Registration opens seasonally. You can sign up for summer programs and fall sports leagues now. Fall programs and fall/winter sports leagues open for registration in August.

SUMMER ACTIVITIES

For current offerings, learn more online in the digital “Your Playlist” at bendparksandrec.org/playbook or on the registration website at register.bendparksandrec.org.

For information on how to register, see page 55.

FALL ACTIVITIES

Look for the “Playlist” fall activities guide to be available online on or before August 1.

Fall registration opens August 5 - 7 at 6:00 a.m., daily.

See page 55 for more information.

Visit register.bendparksandrec.org to view programs and register.

Aquatics & Swimming

Our swim program allows you to progress from no experience to becoming a master swimmer.

Lessons are available for ages 6 months and up.

Registration classes and programs include:

- PARENT-TOT SWIM LESSONS
- SEA STARS YOUTH SWIM LESSONS
- JOURNEY YOUTH SWIM LESSONS
- LEVEL YOUTH SWIM LESSONS
- LEVEL TEEN SWIM LESSONS
- CLASES DE NATACION PARA FAMILIAS EN ESPANOL / FAMILY SWIM LESSON IN SPANISH
- YOUTH SWIM LEAGUES
- YOUTH SPRINGBOARD DIVING
- WATER POLO
- ADULT SWIM INSTRUCTION
- MASTERS SWIMMING: BEND’S ADULT SWIM PROGRAM (drop-ins welcome with pass; check online schedules)

Arts & Crafts

Create yourself.

Whether you’re taking classes for the first time or have been creating for years, art is more than just a learned practice, a skill or a form of recreation. It’s about connecting and discovering yourself.

Registration classes and programs for youth and adults include:

- CLAY & POTTERY
- DIY/DO-IT-YOURSELF INCLUDING SCRAPBOOKING, UPCYCLING & YARD ART
- FUSED GLASS
- MULTIMEDIA
- PAINTING INCLUDING PASTEL, OIL, WATERCOLOR, SILK & ACRYLIC
- WITH A CHILD: ART INCLUDING CLAY, FUSED GLASS & PAINTING
- ART PARTIES FOR YOUTH & ADULTS IN CLAY OR MULTIMEDIA
Childcare & Youth Camps

Learn + play.
“Play is often talked about as it were a relief from serious learning. But for children, play is serious learning. Play is really the work of childhood.”
- Fred Rogers, aka Mister Rogers

BPRD childcare and youth camps aim to combine play with learning. Because if you’re having fun, then discovery and development come easy!

Registration classes and programs for children include:

- PRESCHOOL
- ENRICHMENT WEDNESDAYS
- KIDS CORNER CHILDCARE
- KIDS INC. AFTERSCHOOL CARE
- OPERATION RECREATION DAY CAMP
- THE PAC DAY CAMP

Enrichment Activities

Let’s discover something new - together! No matter one’s age, having fun, learning new skills and connecting with others is beneficial for both body and mind.

Registration classes and programs for youth and adults include:

- COOKING & BAKING
- DANCE & MOVEMENT
- ENGINEERING
- GAMES
- GENERAL ENRICHMENT
- LEARNING
- MATHEMATICS
- MUSIC, THEATER & VOICE
- SCIENCE
- TECHNOLOGY
- TRAVEL, TOURS & TRIPS
- OUTDOORS & NATURE
- WILDERNESS SAFETY & FIRST AID

Fitness & Wellness

Throughout the year, BPRD offers a variety of special fitness classes, workshops and events to complement the drop-in weekly fitness classes and cater to a wide range of people and their fitness goals.

Registration classes and programs for adults include:

- FITNESS EVENTS
- SPECIALIZED FITNESS
- TRIATHLON
- WELLNESS

Ice & Roller Activities

Put some time in at the rink!

Whether you roll, slide or skate, The Pavilion offers a rink and activities for every season. Fall through spring, the rink is a sheet of ice then on the flip seasons of spring through fall, the rink is covered with roller sports flooring. Ice or not, there’s plenty of fun and action to be had for youth and adults alike.

Spring - fall registration programs and leagues include:

- ROLLER HOCKEY
- ROLLER SKATING

Fall - spring offerings include:

- CURLING
- ICE HOCKEY
- ICE SKATING

Drop-in fitness, swimming and skating activities offered at recreation centers.

- Juniper Swim & Fitness Center
- Larkspur Community Center
- The Pavilion

No registration needed and discount passes available.

Learn more on pages 41 - 50.
With inclusion, everybody benefits!

If you or your child has a disability and are interested in participating in a general program, we will help make it happen. When people with disabilities participate in general programs EVERYBODY benefits!

To ensure successful inclusion, we encourage you to check the box on the registration form that says “check here if you want an assessment team to contact you about disability accommodations.” Someone from the Therapeutic Recreation Department will contact you to discuss what we can do to make your experience a success!

Sports

Everybody wins.

Sports, whether team-based or individual, are great activities that provide a variety of benefits other than just physical activity. Sports help build self-esteem and confidence, motivate us to excel and develop social skills. With those benefits, everyone is a winner.

Registration programs and leagues include:

• ALL-SPORTS CAMPS
• ARCHERY
• BASEBALL
• BASKETBALL
• CORNHOLE
• DISC GOLF
• FOOTBALL
• GOLF
• KICKBALL
• LACROSSE
• MARTIAL ARTS
• PICKLEBALL
• ROCK CLIMBING
• RUGBY
• SCOOTER & SKATEBOARD
• SOCCER
• SOFTBALL
• TENNIS
• TRACK & FIELD
• ULTIMATE
• VOLLEYBALL
• WEIGHT TRAINING

Therapeutic Recreation

Limitless ways to play.

The district provides recreation for people of all abilities including youth and adults with disabilities. We provide a wide variety of program options that offer opportunities for our participants to engage in activities that promote socialization, skill development and physical activity.

Registration classes and programs include:

• ADULT, TEEN & YOUTH OFFERINGS
• ADAPTIVE SPORTS
• COMMUNITY OUTINGS & FIELD TRIPS
• ARTS & CRAFTS
• COOKING & BAKING
• FITNESS
• FUN & GAMES
• OUTDOORS
• SPORTS
• SWIMMING & SWIM LESSONS
Recreation Scholarships

We believe that everyone should have the opportunity to participate in recreation activities. Financial need-based scholarship assistance is available to qualifying individuals for many recreation programs. The goal is to remove financial barriers for community members with limited financial resources.

In the past year, more than 3,200 individuals have received financial support to participate in programs that provide safe, enriching activities and contribute to a physically active community.

ABOUT SCHOLARSHIPS:

• Visit bendparksandrec.org/scholarship to download application forms or pick up an application at the district office or recreation facilities.
• You may submit your application at any time; allow at least one week for processing prior to registering for an activity.
• Scholarships can be used by children, adults and families for most recreation programs and facility passes.
• Scholarship assistance ranges from 25 percent to 75 percent of the regular fee, depending on the applicant’s level of need, and the specific activity or program.
• Eligibility is based on household income and number of dependents living in the household, and aligns with the Federal Poverty Guidelines and other assistance programs. Generally, you may be eligible for scholarship assistance if your household qualifies for SNAP, TANF or Oregon Health Plan.
• Scholarships are valid for one year. You must reapply for renewal.

Everyone can play. Additional support with program fees and equipment may be available through funding provided by Bend Park and Recreation Foundation.

For more information, call 541-389-7275 or visit bendparksandrec.org • Register at register.bendparksandrec.org
Recreation centers, activities and registration information on pages 40 - 55. • Park and trail lists on pages 56 - 59.
Hit the trails! Here are some favorites in the more than 80 miles of trails in the BPRD system.

Looking for more details and/or more trails?
An interactive map is available online at bendparksandrec.org and a print map is available at our facilities.

For additional information on parks and trails, visit bendparksandrec.org or call 541-389-7275.

TRAIL ACCESSIBILITY
It is the goal of Bend Park and Recreation District to provide trail access for all. However, some trails may present obstacles, running slopes, cross slopes, narrow tread widths and unstable surfaces, making them inaccessible for some users. Trails at Alpenglow, Farewell Bend, Riverbend, Pioneer and Pine Nursery parks offer the best access for visitors with mobility aids. Updated information about the condition and accessibility of trails is available by calling 541-389-7275. It is the trail user’s responsibility to determine if trail difficulty is appropriate for their skill level.

DOGS ON TRAILS & IN PARKS
Unless otherwise indicated, dogs must be leashed on trails and in parks. Bend has nine areas for people to recreate with their dogs off-leash. Dogs are not allowed in Riley Ranch Nature Reserve.
### Park Features & Amenities

*Get out and play with our features and amenities guide.*

Need to know how to get to a park? An interactive map is available online at bendparksandrec.org and a print map is available at our facilities.

For additional information on parks and trails, visit bendparksandrec.org or call 541-389-7275.

#### Park Features & Amenities

<table>
<thead>
<tr>
<th>PARK NAME</th>
<th>ADDRESS</th>
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<th>BASKETBALL</th>
<th>DISC GOLF</th>
<th>DOG OFF-LEASH AREAS</th>
<th>FACILITY RENTALS</th>
<th>FISHING</th>
<th>HORSESHOES</th>
<th>NATURAL AREAS</th>
<th>PICKLEBALL</th>
<th>PICNIC SHELTER</th>
<th>PLAYGROUND</th>
<th>RESTROOMS (YEAR-ROUND)</th>
<th>RESTROOMS (SEASONAL)</th>
<th>RIVER ACCESS</th>
<th>SKATEBOARDING</th>
<th>TENNIS</th>
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<td>Al Moody Park</td>
<td>2225 NE Daggett Ln</td>
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<td>19617 Mountaineer Way</td>
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**Park & Trail Rules & Regs**

These rules are in place for the safety and enjoyment of all park users. Park users are responsible for knowing and following all park rules. This is a partial list.

For the full rules and regulations text, call 541-389-7275 or visit our website at bendparksandrec.org.

For non-emergency police matters, call 541-693-6911.

For emergencies, dial 911.

- Parks and trails are open 5:00 a.m. to 10:00 p.m. daily.
- City ordinances require that dogs must be on leash at all times within the city limits (except at designated off-leash areas) and their waste properly removed. Dog “rest stops” along the trails and in the parks provide you with disposal bags and trash cans. Dogs are allowed in all parks except for Riley Ranch Nature Reserve.
- Do not litter. Trash cans are located throughout the park system.
- Vehicles must remain on roadways or in parking areas. No parking on district property between 10:00 p.m. and 5:00 a.m.
- No camping, smoking or fires allowed. Alcoholic beverages allowed by permit only.
- Feeding geese, ducks, other waterfowl and wildlife is not allowed.
- Removing vegetation is not allowed.
- Propane cook stoves are allowed; charcoal grills are not allowed.
- Metal detectors allowed by permit only.
- The use of airborne projectiles, including golf and archery, is not allowed.
- Sales and concessions are allowed by permit only.

**Trail Use:**

- Some sections of the trail are on private property. Please stay on the designated trail.
- Areas along the river are sensitive wildlife habitat. Please do not walk along the river bank.
- Bicyclists are not allowed on some sections of the trails or in Riley Ranch Nature Reserve. Please observe pedestrian-only sections.
- No motorized vehicles allowed on trails.
There’s a mega dose of free adventure and fun just waiting for everyone with Bend Park & Recreation District. No matter what you choose, you’ll get to do some cool stuff, meet new friends and make great memories. And that, is the way to spend your summer.

**FREE EVENTS**
- 4th of July Pet Parade
- Summer Community Celebration
- Movies in the Park

**FREE ACTIVITIES**
- Biking & bike park
- Floating the river
- Paddleboarding
- Fishing
- Sprayground
- Off-leash dog parks
- Skateboarding
- Basketball
- Surfing
- Horseshoes
- Picnicking
- Playgrounds
- Bird watching
- Rock climbing
- Disc Golf
- Kayaking
- Bocci ball
- Hiking
- Tennis
- Pickleball

Learn more at bendparksandrec.org or call 541-389-7275.