

lunch and learn

Tuesdays • 12:00 - 1:30 pm

Co-presented with **PacificSource**

local experts share their knowledge
about topics important to you

*Bring a brown bag lunch; dessert
and coffee are on us. This series
is free and open to the public.*

FREE

APRIL 2025

Apr 1: Wildfire Safety in Central Oregon

Melissa Steele, Fire Inspector with Bend Fire & Rescue and Zara Hickman, Natural Resources and Trails Manager for BPRD

Given recent news of megafires from Western Canada to Southern California, wildfire preparedness has never been more critical. Join us for an important conversation about how to stay safe here in Central Oregon. This event will cover current preventative measures and action plans developed by the City of Bend and Bend Parks and Rec, as well as what steps you can take as a resident to protect yourself, your family, and your property in the event of a wildfire. Don't miss this opportunity to be proactive and ready for a potential fire outbreak.



Apr 8: Creating Your Estate Plan

Kenny Hadden, Financial Advisor and Matthew Matrisciano, Estate Attorney

In honor of National Financial Literacy Month, this presentation will provide an overview of estate planning so you can determine what next steps are appropriate for your individual situation. Topics include: what to consider when creating a will, the benefits of trusts in estate planning, how to help reduce taxes on estates and how insurance can help protect your family.

Apr 15: The Challenges of Mediation: Confrontation - Frustration - Resolution

Charlie Young, Mediator & Instructor

Learn from an expert about the process of mediation, how it's employed within the Deschutes County Circuit Court, and the ways in which mediation skills can foster healthier interactions in an increasingly polarized world. Charlie will share real-life stories of mediation success (and failure!) from his years of experience both inside and outside of the justice system.



play for life



Larkspur Community Center
Home of the Bend Senior Center
bendparksandrec.org

Questions? Call (541) 388-1133

lunch and learn

Tuesdays • 12:00 - 1:30 pm
Co-presented with PacificSource

local experts share their knowledge
about topics important to you

*Bring a brown bag lunch; dessert
and coffee are on us. This series
is free and open to the public.*

FREE

APRIL 2024 (continued)

Apr 22: **Discovering Your Past**

Clark Pederson, Bend Genealogical Society

Ever consider researching your family tree or wonder how best to share your story with your descendants? Join us for an exciting presentation about the work of the Bend Genealogical Society from its President, Clark Pederson, and discover how you can get started learning more about your past. Come with the names of your parents, their birth dates and where you lived in 1950 and following the meeting volunteers will locate you in the 1950 census and print you a copy!



Apr 29: **Aging in Your Own Home: Tips and Resources to Stay Independent Longer**

Lauren Lebien, Hospice of Redmond and Andy Mosman, Right at Home

Are you wanting to live in your own home as long as possible? What might that look like when you start to need a little more assistance? What about when you start to need a lot more assistance? Learn about affordable tips for medication management, resources for mobility challenges, home care options and when hospice might be recommended, so that you can stay ahead of the curve and live your best life.

Larkspur Community Center
Home of the Bend Senior Center
www.bendparksandrec.org
Questions? Call (541) 706-6235



play for life